Lesson 2 Assessments

Psychomotor Assessment

**Psychomotor Assessment: Rally Counter Student Sheet**

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Partner Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Instructions:** Rally with your partner using forehand and backhand strokes. Count how many times you can hit the ball back and forth before the rally ends. Your goal is to reach **3 or more consecutive hits** without the ball bouncing twice or going out.

**Directions:**

* Rally with your partner for 3 minutes.
* After each rally attempt, write down how many successful hits you made.
* Try to beat your previous highest number.

|  |  |
| --- | --- |
| **Attempt** | **Rally Count** |
| 1 | \_\_\_\_\_\_\_\_\_\_\_ |
| 2 | \_\_\_\_\_\_\_\_\_\_\_ |
| 3 | \_\_\_\_\_\_\_\_\_\_\_ |

**My personal best rally count today:** \_\_\_\_\_\_\_\_\_\_

**Reflection:** What helped you and your partner keep the rally going?

One thing I will try to improve for next time:

Affective Assessment

**Pickleball Partner Reflection Sheet**  
*Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_ | Partner’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

At the end of today’s class, take a minute to reflect on how you and your partner worked together during rallying. Be honest, respectful, and thoughtful.

**1. My partner…**  
(Check all that apply)  
☐ Encouraged me during the activity  
☐ Helped me improve or gave me tips  
☐ Stayed positive, even if we missed the ball  
☐ Took turns fairly and played safely  
☐ Showed good sportsmanship

**2. I felt like our teamwork today was...**  
☐ Excellent – we worked great together and supported each other  
☐ Pretty good – we had fun and kept trying  
☐ Okay – we got along but could communicate better  
☐ Not great – we struggled to work together

**3. What’s one thing your partner did well today?**

**4. What’s one thing you could both do better next time to improve your teamwork?**

**5. How did you feel during the rallying activity today? (Circle one)**  
😊 Happy  😐 Neutral  😞 Frustrated

**Optional: Any comments for your teacher?**

Lesson 3 Assessments

**Cognitive Assessment: Pickleball Court and Rules Exit Slip**

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Draw a simple pickleball court and label these parts:
   * Baseline
   * Sideline
   * Non-Volley Zone (Kitchen)

(Draw here)

1. What is the "Double Bounce Rule" in pickleball?
2. What makes a serve legal in pickleball?
3. Why is it important to get to the non-volley zone line after serving or returning?