

Everyday Choices

Category of Competencies: Ethics and diversity skills

Description:

A reflective activity where participants consider and discuss real-life scenarios that test their honesty and integrity, encouraging them to demonstrate and articulate their values.

Activity Categories:

Individual or Group, In-person or Online, Easy to Prepare, Single Session

Main Competencies Involved:

Honesty, Integrity, Ethical Judgement, Ethical Responsibility, Transparency
Trustworthiness

Other Competencies (Different Category):

Decision-Making

Resources Needed and Practical Considerations:

Printed or written scenario cards (or digital versions for online sessions), Pens and paper for participants to write down their responses

Estimated Time:

30 minutes

Description of Activity:

Step 1: Begin by discussing the importance of honesty and integrity in building trust, maintaining ethical standards, and fostering healthy relationships. Share examples of how honesty plays a role in daily life, such as admitting mistakes or being truthful in challenging situations. Encourage participants to reflect on how honesty impacts both themselves and others, and to share their own experiences.

Step 2: Distribute or present a series of ethical scenarios that challenge honesty. Allow participants time to think about each scenario individually and write down their responses, considering the reasons behind their choices.

Step 3: Pair participants or form small groups. Ask them to share their responses and explain their reasoning. Encourage them to discuss how their values influenced their decisions and what challenges they might face in acting honestly in these scenarios.



Step 4: Bring everyone back together and invite volunteers to share highlights from their discussions.

Processing Questions:

Which scenario did you find the most challenging to answer, and why?

How do you think others would perceive your actions in each scenario?

What personal values guided your decisions?

How do honesty and integrity contribute to trust in everyday life?

What can you do to practise honesty more consistently?



Everyday Situations

You find a wallet on the street with €50 and an ID card inside. No one else is around to see you pick it up. What do you do?	A classmate asks you for the answers during a test, promising they'll help you with your homework later. How do you respond?
A cashier accidentally gives you too much change after a purchase. No one else notices. What do you do?	You overhear someone spreading false rumours about a friend. Your friend doesn't know about the situation. Do you step in?
You arrive late to a meeting, and someone assumes it was because of heavy traffic. The real reason is you overslept. Do you correct them?	During a group project, your teammate takes credit for an idea that was yours. The teacher believes them. What do you do?
During a sports match, the referee mistakenly awards your team a point even though the ball was out. Do you correct the referee?	You forget to do your homework and the teacher asks if you've completed it. Do you admit you didn't or make up an excuse?
You accidentally knock over and break a family member's favourite vase. They haven't noticed yet. What do you do?	At work, you are asked if you completed a task you forgot to finish. The deadline is in a few hours. How do you respond?



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