

# Uplifting Constructions

**Category of Competencies:** Effecting Positive Change Skills

**Description:**

A hands-on game designed to improve understanding of leadership and listening skills.

**Activity Categories:**

Group, In-person, Easy to Prepare, Requires Equipment

**Main Competencies Involved:**

Leadership, Listening Skills, Dealing with Complexity

**Other Competencies (Different Category):**

Attention to Detail, Cooperation, Time Management

**Resources Needed and Practical Considerations:**

Bricks (e.g., LEGO or similar), A4 sheets of technical paper, markers, adequate space for building and movement between groups. Building designs can be printed or drawn by either the group or facilitator.

**Estimated Time:**

1 hour

**Description of Activity:**

Step 1: Divide the group into mini-teams of 4–6 people each.

Step 2: Show the blocks to each team and have them draw a design for a building that can be constructed with these blocks. Alternatively, create building designs in advance and do not show them to the participants.

Step 3: In each group, choose 1 or 2 members to act as structure leaders. The remaining participants will be builders.

Step 4: All structure leaders gather in the middle of the room to exchange their designs with each other.

Step 5: Each group has a set amount of time (e.g., 10–15 minutes) to construct the building. Only builders are allowed to physically handle the blocks and construct the building, while only the leaders can see the design. Leaders must communicate effectively with their team to ensure the structure is built accurately.



Step 6: Once time is up, you can:

- a) Swap designs and roles (leader and builder).
- b) Introduce a new rule (e.g., builders cannot talk, or some builders may only handle specific colours, such as green or red blocks).

Step 7: Hold a discussion with participants to evaluate the exercise. Ask both leaders and builders to share how they felt in their roles and whether the leaders communicated effectively. Reflect on challenges faced, how teams adapted, and what could be improved.

