

Chantel Rose Balint

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Core Numbers

Life Path #: 3

Your life path number tells you about your core self, your individual strengths and weaknesses, and reveals your true purpose in life. This number represents the road you travel in life, revealing the opportunities and challenges you'll find along the way. From your life path number, you can glean the lessons you are meant to learn in this lifetime.

Life Path 3 You are the life of the party! A social butterfly, you make new friends everywhere you go and love to be the center of attention. Your sunny demeanour inspires the people you meet, and in the face of obstacles, your unflappable optimism prevails. Your life path is all about expression and creativity, and you were likely born with some kind of artistic talent, be it visual, musical, or some other type. To hone the gift of self-expression, you must commit to disciplined study. Practice your skills, or you risk wasting your talents. Watch out for a tendency toward disorganization, which may lead you to be irresponsible with both your skills and your money. To maintain that bright attitude, you may hide your sensitivity from others, covering up your pain with laughter and jokes. You must learn to let yourself be vulnerable; resist withdrawing from others, and do not hide your true feelings.

Birthday #: 11

Your birthday number represents a core part of your nature you develop early in life. The birthday number describes the talents and particular abilities a person has brought into this life. The birthday number also tells you a little about how you see yourself, and these gifts describe some of your best features. You may feel a stronger connection to your birthday number than to the description of your life path – and your close friends would probably describe you the same way.

MASTER NUMBER 11 Your intuitive gifts are abundant. You are kind, and you are a peace-keeper. Your powerful intuition helps you understand and guide others. You're capable of spotting trends and pushing boundaries. You can also be manipulative and capable of extremes. Your lesson is to learn decisiveness and to not give up on your dreams.

Expression/Destiny #: 7

While your life path number helps uncover the lessons you are meant to learn in this lifetime, your expression number reveals how you will accomplish what you set out to do on your life path. This is why it is sometimes called the destiny number. It tells you about the talents and shortcomings you brought with you into this life and, along with your life path number, is one of the most influential numbers in your chart.

Expression 7 Driven by a great desire for knowledge and wisdom, you are ready and eager to dive deep into both the spiritual and intellectual realms in search of truths. Highly logical and analytical, you have everything you need to make the most of the knowledge you gain. The downside is that you may struggle to relate to other people, who might find your esoteric ways off-putting. You tend towards being suspicious of others and thus isolate

yourself, because you look for problems where there are none.

Personality #: 7

As the name implies your personality number represents your personality. It represents the traits and characteristics you show to the world outwardly. In contrast to your expression number, which describes your core self, your personality number reveals how you present yourself to others and how you relate to the outside world. It also relates to your individual sense of style and how you dress. Embracing the energies of your personality number is key to practising self-compassion and living your best life.

Personality 7 A bit of an outsider, your highly philosophical mind can make you seem enigmatic or aloof, but once others get to know you, they find that you're a genuine and kind person. You're insatiably curious and love to discover what makes things tick. You either pay no mind to fashion or prefer classic or vintage styles.

Soul Urge/Heart's Desire #: 9

The soul urge/heart's desire number reveals your innermost, private desires and sense of self. It is the guiding force that brought you into this life, and it is reflected in your innermost wishes, as well as your darkest fears. Harnessing the power of your soul urge number can be deeply healing. Many report improvements in their mental health upon discovering their soul urge number and learning of their truest motivations in life.

Soul Urge 9 Your pure heart desires nothing more or less than to make the world a better place. A humanitarian at heart, you only want the best for others and possess the rare gifts of profound empathy and wisdom. Altruism is your highest ideal, and you will find

fulfillment by leaving a lasting legacy of love on this earth. An idealist and optimist, you always see the silver lining. The downside to this perspective is that the faith you have in others is not always warranted; you believe everyone shares the same ideals as you. In fact, you are in danger of being taken advantage of, forever giving of yourself to those who do not deserve it.

Bonus Numbers

Hidden Passion #: 5

The hidden passion number is not considered one of the core numbers in your numerological chart, but nonetheless, it should not be overlooked, as it reveals much about you. Your hidden passion is a reflection of the vibrations that occur most often in your name, and it tells you about your natural talents and personal power.

Hidden Passion 5 Your hidden passion is a zest for life! You're all about travelling and taking adventures, and you embrace every new challenge. You have a way with words and a talent for learning languages. Careers that utilize writing or speaking will suit you well. If you have six or more 5s in your name, though, you lack discipline; prone to overindulgence, you can be a slave to your impulses if you're not vigilant.

Maturity #: 1

Our maturity number in numerology indicates our level of emotional and spiritual maturation, as its name implies. Sometimes called the reality number or realization number, our maturity number can tell us a lot about our mission in life. It relates to the lessons we learn during our earlier years, so you may find yourself giving less and less thought to the things that once held you back, until one day they're not on your radar at all. This number's influence doesn't "kick in" until later in life. Its influence will come on gradually, sometime between age

30-35, and build throughout your 30s and into your 40s, and even 50s. Once it reaches its peak, it will continue to affect the remainder of your life.

Maturity 1 With a maturity of 1, as you age, you'll feel a shift related to independence. You may experience a strong drive to break away from dependencies you held earlier in life. Your financial situation may change drastically, and you will be called to evaluate your self-defeating behaviours.

Karmic Numbers

Karmic Debt #: None

You reap what you sow, and karmic debt numbers represent the consequences in this life of your actions in past lives. These numbers show us the trials and tribulations that we will see repeated over and over again in our lives. The power of karmic numbers lies in our ability to learn the lessons they have to teach, thus overcoming them and breaking the cycle, bringing a deep sense of spiritual peace to our lives. But we cannot overcome patterns we do not recognize, and that's why it's beneficial to know about any karmic debt numbers we may have in our numerological chart. It's vital to remember, though, that these karmic debt numbers do not reflect on anything you've done here in this life. You cannot blame yourself for these circumstances, but you must face them nonetheless. Do not fear them; many people have karmic debts. Instead, embrace the challenge – the only way out is through.

Karmic Lesson # : 4 & 7

Karmic lesson numbers are simply the missing numbers in your birth name. Those numbers that are not represented in your name show you the vibrational frequencies you're missing, or the energies you did not carry

over from previous lifetimes. Thus, these missing vibrations teach us karmic lessons; they show us where we need to grow spiritually. If you think of the energies in your birth name as tools to help you manifest in this life, karmic numbers represent the tools you don't have at your disposal. You will have to find them in this life in order to reach spiritual wholeness.

Karmic Lesson 4 The missing 4 is like a missing inner compass; without it, you may find yourself lost, without direction or focus. This makes you likely to seek solutions outside of yourself, and the next shiny thing always seems to be the solution... until it isn't. Your challenge is to cultivate self-discipline and concentration to build a solid foundation for your life.

Karmic Lesson 7 The karmic lesson of the 7 is to look more deeply at your life and do the work required to fully develop your mental and spiritual abilities. You tend towards only a superficial understanding of many subjects, and you must cultivate determination to perfect your talents. Otherwise, you will never reach your full potential.

Life Cycles

There are both personal and universal cycles in numerology. Universal cycles are based on calendar dates; they occur on a broad scale and tell us about universal trends. In contrast, personal cycles are based on your date of birth, and their influence is unique to you. Some personal cycles have a prolonged effect and influence us over the entire course of our lives. These are the period cycles (also called life cycles), pinnacle cycles, and life challenges. The remaining personal cycles are the personal day cycle, personal month cycle, and personal year cycle. These are like your own spiritual calendar,

with each period in time represented by the energies of single-digit numbers 1-9 in a continuous loop.

Period Cycles: Life Path #3

Just as there are three acts in most traditional plays, the stories of our lives follow a “three-act” structure, if we live long enough to see them to their natural end. Just like your life path number, your period cycles are based on your date of birth, and like your other personal cycles, are closely related to your life path. The exact period of your life when each cycle begins and ends is variable, and based on your life path number.

1st Period Cycle #: 1

Age: Birth-33

The influence of this number is mostly felt from your teen years on, since in childhood we are heavily influenced by vibrations outside of ourselves; infants are, after all, dependent on adults. During your first period cycle, you are groping around for your true nature but have not yet fully grasped yourself. As you are coming into your own, you're dealing with powerful forces that surround you. In story arc terms, the first period is the inciting incident in your life, because it is here where you begin your story. The transition between your first and second period cycles can be quite jarring, since it's the first such transition you experience in life. Your first period cycle is based on your month of birth.

First Period 1 : Your first period cycle is a time of great progress and intensity. You will be called upon to exercise every one of your talents to persevere. Life's hard knocks will test your resiliency, but you'll emerge much stronger. You'll need to be brave, strong, and independent, and these qualities will shape your personality as you mature.

2nd Period Cycle # : 11

Age: 33-60

This cycle is the second act of our lives, when the action slowly rises and the tension builds. With it, we welcome gradual growth, and the slow emergence of our talents and wisdom, as if watching flowers bloom. The first part of this cycle is about our challenge to find our place in this world, while in our late 30s and onward we begin to realize self-mastery. Your second period begins when your first one ends, and lasts 27 years, until its influence fades to welcome in the third-period cycle.

Second Period 11 With master number 11 ruling your second period cycle, this is a time of spiritual advancement for you, during which you will accumulate much wisdom. You seek higher ideals, but you're at risk of having your head too far in the clouds to see any tangible benefit from this growth. Work on bettering yourself so you can better serve your world.

3rd Period Cycle #: 9

Age: 60+

The third and final life cycle represents the climax and denouement of our lives. It lasts from the end of the second period until death. This last period cycle is like harvest time for our souls; the flowers that bloomed in the second period have produced ripe fruit. During this cycle, your self-expression is at a high, as is your personal power.

Third Period 9 The final period of your life finds you striving to give back; you will do well in volunteer work. Your humanitarian ideals shine through, and your open-minded attitude and wisdom will guide you toward success in selfless endeavours. You have a strong

sense of justice and may find yourself drawn to politics. Your creativity will also increase during this time.

Pinnacle Cycles: Life Path #3

Each of us has four pinnacle cycles in our lives, which represent the major lessons we are to learn on our life path. These are the most important of the personal cycles in numerology. While the period cycles tell us about our personal growth, the pinnacle cycles reveal the external influences that we must face. Your first pinnacle cycle, like your first period cycle, lasts until about 30. The second and third pinnacle cycles last 9 years each, and the fourth remains with you for the rest of your life. The actual ages of transition between one pinnacle cycle and the next are crucial. These are often ages of great change and potential. Numerologists call these “turning points,” and they last for about a two-year period around each pinnacle’s beginning and end.

1st Pinnacle #: 3

Age: Birth – 33

First Pinnacle 3 Your first pinnacle cycle is a very creative time for you, during which your self-expression and artistic talents are greatly enhanced. Your lesson will be to apply yourself. With a focused discipline in the arts, you’ll experience much success. You’ll have a broad social circle during these years and develop strong emotional connections with many people in your life.

2nd Pinnacle #: 11

Age: 33-42

Second Pinnacle 11 Your second pinnacle cycle, ruled by master number 11, is a time of great adversity and emotional turmoil. You will have all your values and even your sense of identity called into question. You may shrink away from the world and seek to find a comfortable, predictable place in life. You will sense that you're being driven towards a greater destiny, and you must learn to let go and surrender to the universe.

3rd Pinnacle #: 5

Age: 42-51

Third Pinnacle 5 Your third pinnacle cycle will teach you the value of letting go. You will be called to pursue your freedom during this period, which will cause strife in your relationships and work life. But through this, you will learn how to love unconditionally; that to hold on tightly to a person, place, or job is to place conditions on your love for that thing. Your challenge will be to not shy away from this – maintaining superficial relationships to maintain the status quo will hold back both you and your loved ones.

4th Pinnacle #: 1

Age: 51+

Fourth Pinnacle 1 During your fourth pinnacle cycle, you must keep your dreams in sight. Don't lose confidence, and stay focused on your vision. You'll have many innovative ideas and the necessary skills at this point in your life to turn them into reality. During these years, you'll make an excellent leader or politician, and you'll have many opportunities for success.

Principle Challenges

The challenges will test you in order to teach you. Don't be discouraged by your challenges; they are there to help on your life's path, if only you will draw inspiration from them. The challenges represent a cycle of learning from our weaknesses to develop them into strengths. With each challenge, we are called upon to embody the best qualities of these numbers while shedding their self-destructive and unproductive habits.

1st Challenge #: 1

Age: Birth – 30/35

Challenge 1 A challenge of 1 is calling you to stand up for yourself and be self-reliant. You must step up to the plate and take responsibility with your own initiative, as success will not simply fall into your lap. You'll need courage and independence to face a challenge of 1.

During this period, you should work to cultivate leadership and people skills so you can be your most effective at work – and learn to leave your ego at the door. This challenge is likely related to a sense of control. You may feel that you're being dominated by others, either professionally or personally, which can lead you to develop a highly competitive personality. Your challenge is to both stand up for yourself and strive for your goals while avoiding a sense of self-righteousness or developing a control-freak streak.

2nd Challenge #: 7

Age: 30/35 – 55/60

Challenge 7 With a challenge number of 7, you are called to inner exploration. You'll find yourself contemplating the intricacies of life, the big questions, and see yourself on a path to spiritual growth. You'll be faced with both inner difficulties and external obstacles.

Remember that every difficult experience in life, like every bit of knowledge you gain from soul-searching, fuels your betterment. Becoming a master is slow work, and it requires that you trust yourself. During this time in your life, you're likely to feel pulled to withdraw from others – isolation and a sense of loneliness are common themes. You may feel detached, as if you can't relate to or share with others, or you may find yourself feeling resentful of others and thinking they're beneath you. Both of these attitudes can lead to repressed feelings. The key is to get out of your head and live in the moment.

3rd Challenge #: 6

Age: Whole life

Challenge 6 With a 6 for a challenge number, you are being called not only to serve others but to find the balance between committing to others and committing to yourself, and you're likely to find it harder than it sounds. The key here is that you cannot eschew your caring nature; you cannot simply avoid commitments to others to nurture yourself. Otherwise, the nurturing energy of the 6 will warp into greed and conceit. This challenge may be related to codependency and other unhealthy attachment styles in your relationships. You may find that you hold people in your life to very high standards or that you let them walk all over you. Either habit needs to be addressed during this time in your life. Ultimately, the 6 asks you to embrace unconditional love, to accept both yourself and others.

4th Challenge #: 8

Age: 55/60+

Challenge 8 With the 8 for a challenge number, you are being called to step up to the plate and make things happen. This is a period of your life for great achievement, but reaching success is, itself, your obstacle. With an 8 challenge, you'll either go big or go home empty-

handed. This is not a time to focus on developing relationships, as your major focus will be on your work. You will feel pulled towards greed and corruption, having the sense that you must safeguard your achievements by accumulating more and more and locking it all up tightly. But the challenge of the 8 asks you to be ethical with your money. To embody the best of the 8, you'll need to find altruism and devote yourself to philanthropy. Otherwise, material gains may rot your spiritual side. Exercise balance and moderation during these years.

Balance #: 5

We all react to challenges differently, both in our internal world and through our external actions. Some of us use a challenge as an opportunity to take stock of our approaches and reevaluate. Others may explode with emotion before reigning themselves in and getting back to it, while still others will let those feelings fester under the surface rather than show them at all. Often, these responses are knee-jerk reactions that we don't analyze enough, but with maturity and a commitment to self-betterment, we can learn new, more effective ways of dealing with difficult situations. The balance number in numerology can provide guidance on how to do just that. Our balance number is with us our whole life, but it remains dormant until it's needed. You'll feel the effects of this number most strongly when you're in emotional turmoil. The good news is that your balance number gives you everything you need to get your life back into balance!

Balance 5 You may find yourself prone to avoidance of conflict or turning away from your goals at the slightest setback. You must learn to face your problems head-on and avoid escapism, especially when it comes to indulging in food or drugs. You've cultivated a great

perspective on life through all the new and different people you've met along the way. Use these lessons to find a creative solution to your challenges.

Personal Year

Numerology works on an evolving pattern of a 9-year cycle and then begins again from 1. Each year of the 9-year cycle carries its own unique demands, rhythm, and patterns. Within each year, there is also a cycle of months and days. The combined energy of your Personal Years, Months, and Days greatly impacts the timing of your life and how things uniquely unfold for you. Understanding these cycles and their respective energies can also help you plan for the future. Personal Cycles are one of the most exciting aspects of Numerology and are amazingly accurate predictors of the themes, challenges, and opportunities that you'll encounter at a given time.

Attitude #: 3

This number is about how you present to the world—the attitude and vibration you naturally exude.

ATTITUDE NUMBER 3 You come across as happy and carefree, but you are very sensitive and secretly fear criticism and disapproval. You can be scattered, often telling more than one story at a time. You love to laugh and make others laugh. You're extremely social, smart, and witty. You can seem moody and hard on yourself. There's no need to carry that emotional baggage around: Work through it, and don't take everything so personally.

Personal Year #: 3

Each year of the 9-year cycle carries its own unique demands, rhythm, and personality. There are lessons to be learned, options to be weighed, and moments to be seized within each cycle, so knowing where you fall can unlock important mysteries about your life path.

PERSONAL YEAR 3: THE YEAR OF SOCIAL & EMOTIONAL EVENTS Your Personal Year 3 will be a social one, and you may find yourself more popular than usual. 3's are the great connectors: Be open to invitations. The Universe wants to make some connections for you this year! Let them happen. This is your year of "yes." Accept every invitation you get, and meet as many people as you can. It will also be an emotional year, and this means ALL of the emotions: anger, fear, sadness, joy, frustration, and more. Find a creative outlet you can channel your heightened emotional energy into. Your creativity and communication skills will be at their peak this year. This is also your date with destiny! In a Year 3 you will likely meet someone who has a major impact on your life or gives you a life-changing opportunity. The 3 loves expansion. Be cautious not to exaggerate and embellish too much. Be even more cautious about gaining weight.

Age Vibration #: 8

This energy will be an undercurrent to your Personal Year. Your Age Vibration will run from one birthday to the next, when you will recalculate it. Pay special attention to your Master Number Age Vibrations, such as, 22, 33, 44, 55, 66, and so on. These years hold destined and significant events!

8 - Power, success, material abundance, authoritative, and achievement.

Personal Months

Once you are familiar with the unique tools that each month brings, you can plan accordingly. Use the energy that is available to you! For instance, in your Month 1 get your game plan together, promote yourself in your Month 3, sell your idea in your Month 5, and plan to visit family in your Month 6. Since everything in Numerology works on the cycle of 9 and there are 12 months in the year, there are 3 months in every year when you will experience repeat Numerological energy. January, February, and March hold the same energy as October, November and December. The halo effect provides a fresh vibration for the second round of these numbers.

September is the 9th month, meaning it will always be the same as your Personal Year. During this month your Personal Year and Month are intensified. By October, you'll be ready for some relief. Pay special attention to the month of October. It is the best fortune-teller of things to come. It holds the numerical vibration of what will be your theme for your next Personal Year. You can mindfully influence this energy by sending messages to the Universe of what you desire and want to call in. If you have trouble getting places on time, be punctual in October, and it will be less of a struggle in the following year. Want more time to read? Make time for reading now and the habit will stick. If you set the tone in October, the Universe will help you achieve what you've set out to do for the rest of your year. Pay attention to unexpected and unplanned events—think injuries, chance meetings, or travel delays—these are hints of what will come next year. I'm equally diligent about what I don't want more of: I don't take my dog to the vet, go to the dentist, or take my car for so much as an oil change. I don't want more of any of those things in my year unless absolutely necessary. Fill October with what you love, and set clear intentions. This goes for every October, for everyone! Most & Least Compatible Cycles Certain months and days will flow better within certain years than others. Some work very harmoniously together; some are in opposition. For example, If you are in a 7 Year and 3 Month, these two numbers want different things. The Personal Year 7 may be making you feel reclusive while the 3 wants to be very social, causing inner turmoil. The 7 also rules your mental faculties and depression; when combined with the emotional energy of the 3, you may hit a whole new level of feelings you didn't even know you had. The Personal Month 1's (there will be two) of your Personal Year 9 can create a real push/pull in your life. The 9 wants to bring things to completion while the aggressive 1 energy wants to begin new

things. Learning how to balance these two powerful energies and taking advantage of their vibrations are the best ways for you to find fulfillment throughout the year and achieve your goals. When you are in a numerically compatible cycle, it is a great opportunity for progress and success. For example, a 4 Month of an 8 Year can bring organization to your taxes or paperwork. The 4 provides the natural energy for details and discipline, and the 8 will help you tap into the tools to complete projects or create a strong foundation for business and career. The 9 Month of a 6 Year can give you the motivation to complete a home project or renovation. You'll finally be able to realize and enjoy your creative vision.

April: 7 Become the expert on something. Investigate and research. Self-care is important now. You may feel reclusive.

May: 8 This month brings the revolving door of money: There may be a bonus or unexpected funds coming your way. Watch out—it will leave just as quickly due to unforeseen expenses.

June: 9 Forgive, get rid of things, donate your time and money, and perform random acts of kindness. Collect your reward! Work with the Full Moon to release and make room for new blessings in your next 9-month cycle.

July: 1 Just begin! Start something new and manifest your plans with the New Moon.

August: 2 This month's focus will be on relationships. Cooperate and be patient.

September: 3 This month is your date with destiny. Socialize, have fun, and find a creative outlet. Your emotions will be running high.

October: 4 Don't procrastinate! Take care of details and anything you've left undone. Stay on top of your health.

November: 5 Avoid gossip and drama. Embrace change. You may be clumsy and accident-prone this month.

December: 6 Beautify your surroundings. Focus on family and pets.

Lucky Numbers: Series 3: 3, 12, 21, 30, 39, 48, 57, 66, 75, 84, 93

BirthCards

Combining Numerology and Tarot, this card combination is connected to your birthday. It represents your life path, your destiny, and what you need to do while your here.

21/3) World/Empress



This is all about sharing your creativity with the world. The Empress is open, receptive and always inspired, and she is creating for the purpose of sharing with the world. This is her drive and her passion, and the World is ready for her creative expression. The Empress is living her dreams and always expressing herself in new creative ways.

Primary Life Challenge

Everyone comes into this life with a challenge to overcome, and the primary life challenge is the hardest thing you are going to overcome in your life time. When you overcome it, it becomes your greatest strength. The solution is always whatever number added to your challenge # brings it to 9.

Primary Life Challenge 3. The Empress – You worry if people will judge your creative expression.

Solution 6. Share with the world and stop worrying about judgment from others