GENERAL ENGLISH FLUENCY & COMMUNICATION MASTERY PROGRAM

General English Fluency & Communication Mastery Program, designed for adults or young professionals from diverse backgrounds who want to move from Intermediate to Advanced level in spoken and functional English. A 12-week, 3-sessions-per-week (90 minutes per session) program that follows the same structure as top global centers like the British Council, Berlitz, and EF English Live. The program is 75% practical and 25% theoretical — focused on speaking, pronunciation, listening, conversation skills, and presentation.

Level: Intermediate → Advanced

Duration: 12 Weeks | 3 Sessions per Week (90 minutes each)

Approach: 75% Practice – 25% Theory

Audience: General learners from diverse professional and educational backgrounds

Instructor: English Language Coach

FROGRAM OVERVIEW

Focus Area	Description
Goal	Build strong spoken fluency, natural pronunciation, and confident communication for
	personal, social, and professional life.
Approach	Communicative, task-based learning with real-life contexts (daily life, travel, work,
	relationships, current events).
Tools &	Zoom / Google Meet, ELSA Speak, YouGlish, BBC Learning English, Grammarly,
Platforms	Quizlet, Flipgrid, TED Talks, ChatGPT, Padlet.
Assessment	Weekly oral tasks, end-of-module presentation, and fluency evaluation.

WEEKLY PROGRAM STRUCTURE

WEEK 1 — Foundations of Fluent Communication

Objectives:

- Rebuild core vocabulary and grammar for daily conversation.
- Boost comfort in speaking spontaneously.

Outcomes:

• Learners can introduce themselves naturally and discuss basic topics confidently.

Tools: Quizlet, BBC Learning English, Zoom breakout rooms, ChatGPT.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Self-introduction and describing	Pair interview and dialogue	Present simple vs. present
	routines	practice	continuous
2	Talking about likes, dislikes,	Conversation circles	Sentence structure
	and hobbies		
3	Everyday small talk	Real-life simulation: "Meet	Common expressions
		someone new"	

WEEK 2 — Pronunciation, Accent, and Clarity

Objectives:

- Improve pronunciation, stress, and rhythm for clearer English.
- Recognize and self-correct pronunciation errors.

Outcomes:

• Learners speak more clearly and confidently in varied accents.

Tools: ELSA Speak, YouGlish, Flipgrid, BBC Sounds.

Session	Lesson Focus	Practice Activities	Theory Focus
1	English sounds & mouth position	ELSA drills	Phonemes and syllable stress
2	Intonation and rhythm	Shadowing and repetition	Sentence stress
3	Accent clarity	Record and review Flipgrid task	Connected speech

WEEK 3 — Daily Conversations & Real-Life Situations

Objectives:

• Use English confidently in everyday life and basic social interactions.

Outcomes:

• Learners handle small talk, service situations, and requests.

Tools: Zoom, YouTube, Padlet, Quizlet.

Session	Lesson Focus	Practice Activities	Theory Focus
1	At a restaurant, store, or office	Role-plays in pairs	Functional phrases
2	Making polite requests	Listening and response drills	Modal verbs: can, could, would
3	Handling misunderstandings	Scenario practice	Repair strategies

WEEK 4 — Mastering English Tenses in Conversation

Objectives:

• Use correct tenses naturally in conversation.

Outcomes:

• Learners accurately express time, plans, and experiences.

Tools: Grammarly, ChatGPT, Kahoot.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Talking about the past	"Yesterday's story" activity	Past simple vs. present perfect
2	Talking about the future	Planning weekend dialogue	Future simple and "going to"
3	Storytelling and sequencing	Interactive story game	Time markers

WEEK 5 — Expressing Opinions and Emotions

Objectives:

• Express personal views and feelings naturally and persuasively.

Outcomes:

• Learners engage confidently in discussions and debates.

Tools: TED Talks, Zoom, Padlet.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Giving opinions	Debate in small groups	Opinion phrases
2	Agreeing/disagreeing politely	"Discuss & defend" activity	Polite language
3	Expressing emotions	Storytelling: emotional moments	Adjectives and adverbs

WEEK 6 — Listening and Comprehension Skills

Objectives:

• Develop active listening and response strategies.

Outcomes:

• Learners follow conversations and respond appropriately.

Tools: BBC Learning English, TED-Ed, YouTube.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Listening for gist and detail	Video comprehension tasks	Note-taking
2	Predicting meaning	Guess-the-ending listening game	Context clues
3	Responding naturally	Q&A discussions	Listening markers

WEEK 7 — Describing, Explaining, and Narrating

Objectives:

• Improve storytelling and explanation skills.

Outcomes:

• Learners narrate past events and explain ideas logically.

Tools: Flipgrid, YouTube, ChatGPT.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Describing events	"Describe your best trip"	Narrative tenses
2	Explaining ideas	"How does it work?" activity	Linking words
3	Storytelling practice	Flipgrid story task	Cohesion and clarity

WEEK 8 — Social and Cultural Communication

Objectives:

• Navigate multicultural and polite interactions.

Outcomes:

• Learners use appropriate expressions across social contexts.

Tools: YouTube, Padlet, BBC English at Work.

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Session	Lesson Focus	Practice Activities	Theory Focus

1	Formal vs. informal English	Identify tone and register	Language of respect
2	Cross-cultural communication	Discuss etiquette and customs	Pragmatic awareness
3	Group simulation	"Hosting an international guest"	Tone and politeness review

WEEK 9 — Public Speaking & Presentation Skills

Objectives:

• Learn to speak confidently to groups.

Outcomes:

• Learners deliver short, clear presentations with good structure.

Tools: PowerPoint, Flipgrid, Zoom.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Speech structure	Analyze model presentations	Speech outline
2	Preparing visual aids	Create slides & visuals	Signposting language
3	Presenting to peers	Live delivery & peer feedback	Nonverbal communication

WEEK 10 — Persuasion and Negotiation in English

Objectives:

• Build persuasive speaking and reasoning skills.

Outcomes:

• Learners can convince, suggest, and respond tactfully.

Tools: Zoom, TED Talks, ChatGPT.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Persuasive language	"Sell your idea" pitch	Persuasive vocabulary

2	Handling objections	Debate & counterargument drill	Modal verbs
3	Negotiation scenarios	"Buyer and seller" activity	Tone and empathy

WEEK 11 — Integrated Communication Practice

Objectives:

• Combine all skills for natural communication in diverse situations.

Outcomes:

• Learners maintain fluent interaction in mixed topics.

Tools: Zoom, Padlet, BBC Learning English.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Review of key skills	Conversation marathons	Grammar recap
2	Role-play rotation	10 real-world scenarios	Fluency over accuracy
3	Group discussion	Problem-solving in English	Self-correction skills

WEEK 12 — Final Assessment & Showcase

Objectives:

• Demonstrate mastery in fluent, confident English communication.

Outcomes:

• Learners deliver presentations and engage in discussions at an advanced level.

Tools: Zoom, Flipgrid, Google Docs.

Session	Lesson Focus	Practice Activities	Theory Focus
1	Final review	Pronunciation and tense drills	Reflection
2	Presentation rehearsal	Peer feedback	Accuracy and flow

TINAL DELIVERABLES

- Short video presentation (5–7 mins).
- Oral and written assessment.
- Peer evaluation report.
- Certificate: "English Fluency & Communication Mastery Advanced Level."