



Blood Tests


There may be a time when I need to have a blood test. The results from my blood test are used by a Doctor to tell if I am unwell or if I have a medical condition .

I may feel happy and well but my family  or support workers may have

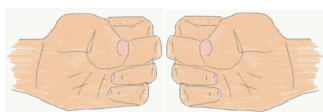
seen a small change in me or be concerned about me and the Doctor  agrees.

When I have a blood test, the trained medical staff will take a small sample of my

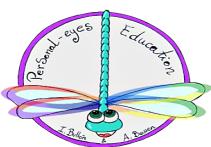
blood from my arm , right where it bends.

The trained medical staff will use a small needle, called a syringe  to take the blood out of my arm.

I will only feel a small scratch and I can help myself by squeezing my fists tight



and by looking  straight ahead and NOT at my arm.



The blood test will take less than a minute



and afterwards the trained

medical staff will put cotton wool and a plaster on my arm



, which I should

leave on for an hour



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I will be able to carry on with the rest of my day and forget all about the blood

test.

