

Alexandra Primary School



Our purpose is to build a learning community that challenges and supports young minds to develop as independent and lifelong learners, continually striving for excellence.

RESPECT CARE INTEGRITY ACHIEVE

Thursday 24th July
Term 3
Week 1

Coming Up

Term 3 -

- July 25 - 3 / 4 Camp notes due
- July 30 - 100 days of Prep
- 1 August - Grade 6 Transition
- 5 August - Jeans for genes day
- 6, 7, 8 August - Grade 3 / 4 Camp at Gundiwindi
- 13 Aug - Family STEM night

**There will be no buses running on
Wednesday the 30th of July
Mountain biking has been
cancelled this week due to
weather**

**Welcome back for a busy
term 3.**

See page 3 for the terms
calendar.

2026 Enrolments -

Enrolments for 2026 are open.
Enrolment packs are available
from the office or on our website.
Enrolments are due by 25th
July. Tours are welcome, please
contact the office to book.

Alexandra Primary School acknowledges the Taungurung People as the traditional custodians of the land on which our school is built. We pay our respects to the Elders, past and present of the Kulin Nation and extend that respect to other Aboriginal people joining our learning community.

Interview with Sarah

By Logan and Millie

How long have you been working at this school?

3 years

What is your favourite thing about this school?

Working with the kids

What is your favourite job at school?

Art & Craft, and maths

What Primary School did you go to?

Parktone Primary School

What have your previous jobs been?

Aged care nursing

What is your favourite thing to do outside of school?

Spending time with friends and family, reading, and gardening.

What is your favourite colour, sport and food?

Pink, Netball & Mexican

What sports teams do you go for?

Geelong in AFL

What is your favourite book?

Alice in Wonderland

Thank you for sharing your answers with us!



Star of the week!

Penny Timbury 3/4A

Poppy has shown great resilience this week. She was an organised and supportive learning leader during our science session. She has approached her tasks with enthusiasm and dedication. We are proud to have you in our learning community, Penny. You are a STAR!



Foundation	Izzy Chase - For showing the school value of Care by consistently being mindful and aware of others' feelings. Great job Izzy, keep up the amazing work!
1/2A	Byron Pitts - Byron has been extra focussed this week, especially in mathematics. Your cheerful and friendly learning manner helps others to stay on track in learning time. Keep shining Byron, Well done!
1/2B	Millie Stewart - For her outstanding reading! Millie, you have shown wonderful perseverance and focus, steadily moving up reading levels through your hard work and commitment. Your expression, comprehension, and enthusiasm for books continue to grow each day. Keep up the amazing work, Millie. We are so proud of you!
3/4A	Zander Williamson - In recognition of his outstanding dedication and focus throughout his daily learning. Zander has consistently demonstrated a strong commitment to doing his very best, choosing each day to embrace challenges and grow through hard work and determination. Keep up the wonderful efforts, Zander!
3/4B	Alexis Farley - For always upholding our school values and approaching each day with positivity and determination, we proudly recognise Alexis for her care, respect, integrity, and commitment to achieving her best. Keep up the great work!
5/6A	Stevee Wright - In recognition, of her kind heart, helping others with a smile, and putting in her best effort--even when things get tricky. Your caring nature and determination make our classroom a better place every day. Keep being amazing!
5/6B	Gemma Cole - For the tremendous effort she showed during our Technology lesson this week. Gemma was listening, having a go and helping a classmate to understand too. What a fabulous attitude you displayed towards your learning and assisting others! Great work, Gemma!
PE	Georgia Clark - For showing excellent resilience when trying new activities. Georgia, you always give everything a go with a smile. Well done!

Term Three

	Mon	Tues	Wed	Thurs	Fri
1	21/7 Term 3 start!	22	23	24	25 3 /4 Camp notes due
2	28 Parents Group meeting 6pm	29	30 100 Days of Prep	31	1/8 Grade 6 transition
3	4	5 Jeans for Genes day	6 3 /4 camp - Gundiwindi	7 3 /4 camp - Gundiwindi	8 3 /4 camp - Gundiwindi
4	11	12	13 Family STEM Night.	14 Curriculum Day	15 Grade 6 transition
5	18 Mad about science Incursion School Council meeting - 6pm	19	20	21 Grade 1 sleep over	22 PJ day
6	25	26	27	28 Neon Disco Party	29
7	1/9	2	3	4	5 Father's Day Breakfast
8	8	9	10 Student teacher interviews	11 Student teacher interviews	12 Footy Colours Day Grade 6 transition day
9	15 General waste Incursion (Book Week)	16	17 Division Athletics	18	19 Elf reading day. Early finish - 2.30pm



Alexandra Secondary College Open Night



Wednesday 6th of August 6.00pm to 8.30pm

Time	Sessions for 2026 classes.	Length	Room
6.00pm	Information session about YEAR 7	30 min	Library
6.30pm	A showcase of the opportunities that ASC students look forward to from Year 7 to Year 12	15 min	Library
6.30pm	Information session about YEAR 9	30 min	M8
7.00pm	Information session about YEAR 7	30 min	Library
7.00pm	Information session about YEAR 10	15 min	M8
7.30pm	Information session about LATER YEARS	30 min	M8
7.30pm	A showcase of the opportunities that ASC students look forward to from Year 7 to Year 12	15 mins	Library
6pm—8.30pm	The college is open for families to look around, visit different subject areas and speak to our teaching staff.		

Come along to our combined Open Night for families who are interested in what Alexandra Secondary College has to offer. There are also specific sessions for families of students who in 2026 will be starting Year 7, 9, 10 or VCE. It's one evening where we will present all of the information you need.

Families just need to attend the sessions that interest them.

The entire College will be open for families to take guided or self-guided tours. Staff from the different learning areas will be available throughout the College for parents and students to talk to and also there will be displays of everything the College has to offer.

Whole School Gem Chat Week 2



This week's Gem Chat was chosen by 1/2B and is based on practising gratitude. The practise of gratitude is linked with positive mental health and resilience into adulthood.

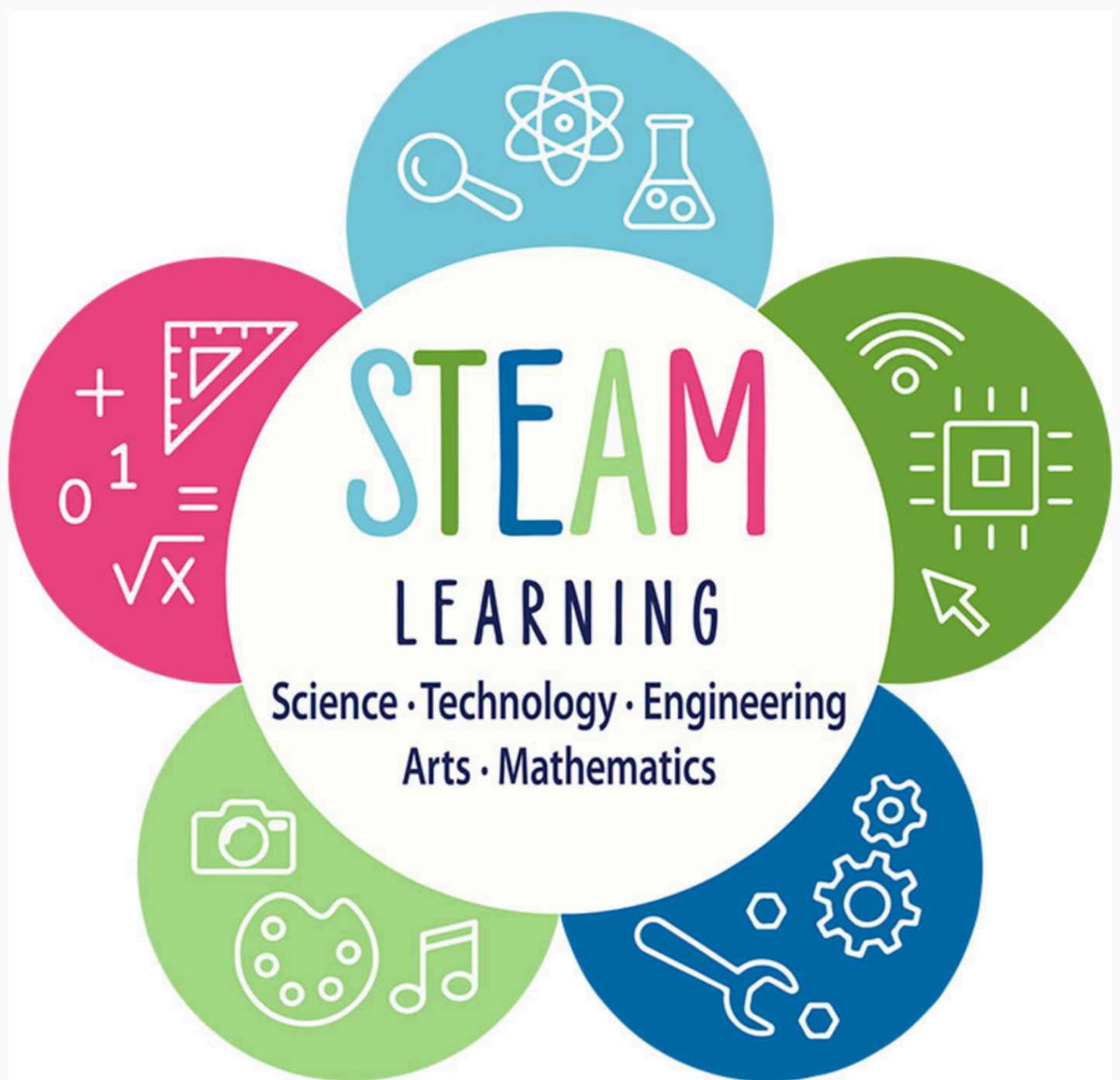
What is a Gem Chat?

Gem Chats are conversation starters that can help embed the principles of The Resilience Project into our everyday lives.

Students will be using them in the classroom and across the school to help them tune into the principles of Gratitude, Empathy, Mindfulness and Emotional Literacy.

They are also a really easy way for kids to share their learning at home. Try bringing up this week's Gem chat around the dinner table, on a car trip or on the walk to school!

Want to know more about the Resilience Project? Come and speak to your child's classroom teacher or our Mental Health and Wellbeing Leader, Kristen McInnes, on a Thursday or Friday.



Please join us for

Family STEAM Night

**A night of Science, Technology, Engineering, Art
and Maths activities at APS.**

**Wednesday 13th August
5-7pm**

Your brain explained



as a hand



Hold out your palm

Your survival brain

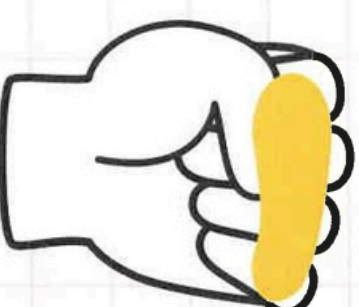
This is where the brain stem and cerebellum is, your reptilian brain. It is responsible for basic functions like breathing. This is also where you will find the Hippocampus, the brain's memory centre.



Fold in your thumb

Your feeling brain

The thumb represents the amygdala (the brain's guard dog), which is in charge of sounding the alarm when there is danger, and triggering fight, flight, or freeze! The amygdala does an incredible job of keeping us safe.



Fold over your fingers

Your thinking brain

This is the prefrontal cortex which is in charge of thinking, planning, and rationalising. When you are calm and regulated, this wise owl is connected and calling the shots.



Sometimes, we flip our lids! When this happens, our prefrontal cortex is no longer in charge. The amygdala is calling the shots! We need to return to calm to put those lids back on.