Alexandra Primary School



Our purpose is to build a learning community that challenges and supports young minds to develop as independent and lifelong learners, continually striving for excellence.

RESPECT CARE INTEGRITY ACHIEVE

Thursday October 19th Term 4 Week 3

Coming Up

- Oct 20 Crazy Hair Day
- Oct 20 Mango Forms due back
- Nov 1 Kinder Transition begins
- Nov 2 Pink Day
- Nov 7 Melbourne Cup Public Holiday
- Nov 24 Family Picnic and Colour Run
- Nov 27 Swimming program starts

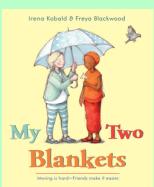
Tomorrow is Crazy Hair Day! Please bring a gold coin to support The Brain Cancer Centre.

The Art Room is looking for buttons. If you have any spares, we would appreciate any donations! Thank you.

Foundation Writing - P2 3/4B Mappen - P3 Achievement awards - P5

Writing with Foundation

This week in Foundation, students read the book 'My Two Blankets' and then drew on their understanding of the book to draw their own blankets, using colours and patterns that make them feel safe.





3/4B MAPPEN







The 3/4B students are beginning to work on their frame-by-frame stop motion planning for their MAPPEN projects.

They are planning, designing characters and sets, and working out how they will tackle making a moving video out of only pictures.

PINK DAY

On November 2nd, we will be running a pink day to support people who are effected by Breast cancer. Can everybody please wear their pink clothes in support. Please bring your lunch to eat at the longest lunch table and a gold coin to donate to a charity chosen by Mrs G. Zooper Doopers will be on sale for \$1! Thanks for helping provide this day and making it all possible. -Cheyanne R and Chloe W

Lunchtime Mountain Bike Timetable Term 4 2023

Week 4 - No mountain biking this week.		
Week 5 Wednesday November 1st	Foundation - Grade 3	
Week 6 Wednesday November 8th	Grade 4 - 6	
Week 7 Wednesday November 15th	Foundation - Grade 3	
Week 8 Wednesday November 22nd	Grade 4 - 6	
Week 9 Wednesday November 29th	Foundation - Grade 3	
Week 10 Wednesday December 6th	Grade 4 - 6	

Star of the Week Flynn Price- 5/6A

Flynn shows amazing resilience and persistence. He has overcome great obstacles to return to school and do his best. He is joining in with both classroom and playground antics to the best of his current abilities and almost always has a smile on his face! You are very brave, Flynn! We are proud to have you in our learning community. Flynn, you are a STAR!



Achievement Awards

Foundation	Meg Clark: For her efforts in Writing. This term Meg has really put in time and effort to improve her writing. She listens to feedback and uses her writing goal consistently. Super work Meg, you are a learning legend!
	Max Spencer: Max's motivation and enthusiasm for our measurement activity was contagious. Max led his team to find solutions that were beyond expectation. A leader and a Mathematician. Way to go, Max!
1/2В	Chase Godden: For working well and applying himself to tasks. Chase has been making great attempts with his spelling and challenging himself with his learning. He made some fun alliteration ice-cream flavours including 'Sour Snail Surprise'. Keep up the good work, Chase!
3/4A	Ryder Clacy: For your wonderful learning in all areas. This week you got a new Scriibi strategy and you are already using it to improve your writing. You should be proud of the effort you are showing and the care that you are taking to complete tasks. I'm SO proud of you champion. Keep it up!
3/4в	Zoe Gibb: For your incredible learning ethics, regardless of the topic or subject. Zoe you always give 100%, if you are unsure about a task, you ask questions to gain understanding. This is a superstar trait, keep your fabulous learning going Zoe!
5/6A	Noah Hollingshed: For showing excellent work with his debate speech, 'Why Children Should Be Banned From Social Media'. Noah worked hard, showing exceptional focus and organisation. He researched his topic well, conducted a survey and wrote some very convincing arguments. When presenting his speech, he spoke precisely and made eye contact with the audience. I'm so proud of your efforts, Noah! What a pleasure it is to have you in our classroom and see your positive work ethic.
5/6B	Eadie Gibson: Well done on a great week in reading, Eadie! I've really enjoyed your contributions to our discussion on Rowan of Rin this week. It is wonderful to see how deeply you think about the books we read, and how much you are taking in. You have a great way of thinking about narratives and making sense of them. Keep up the great work!
Art	Gemma Cole: Gemma has a wonderful work ethic in the Art Room. She listens carefully to all instructions, and always produces quality work to the best of her ability. She consistently looks after her work space ensuring all her tools are tidy at the end of each art session. Well done Gemma!

Alexandra Primary School

Respect Care Integrity Achieve

Principal: Vicky Draper

Monday 2nd October, 2023

Parents Group Fundraiser- Mangoes!

Dear Parents/Guardians,

If you love mangoes, here's your chance to indulge in fresh juicy Kensington Pride mangoes and support our fundraising drive.

We are selling trays of mangoes picked and packed during the premium harvest for **\$27 per tray**. The mangoes are Bowen Special mangoes, formally known as Kensington Pride. Trays are packed in a single layer tray with approximately 4.5kg of mangoes per tray. The number of mangoes per tray depends on the size of the fruit.

Trays will be delivered in the last week of November – first week of December. A date is yet to be confirmed.

If you would like to purchase a tray (or more) please fill out the form below and return to school, along with the correct money, by **Friday 20th October**. <u>Please note- Only orders with money will be processed</u>.

	Parents Group Fundraiser- Mangoes!	
Name:		. (^)
Contact phone number:		
l would like to order \$27 per tray.	(total number) tray/s	of mangoes at a cost of
I have enclosed \$	which is the total cost of	my order.

This form, along with the correct money, is to be returned to the office by <u>Friday 20th October.</u>

Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of homebased treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

- 🔇 (07) 3735 3351
- 📈 cadrp@griffith.edu.au
- griffith.edu.au/childhood-anxiety-treatment-study



Australian Government National Health and Medical Research Council



Jueensland, Australia

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ALEXANDRA PRIMARY SCHOOL 5-7PM

BYO PICNIC AND PICNIC RUG

WEAR APPROPRIATE COLOUR RUN CLOTHING

BRING THE WHOLE FAMILY

FREEVENTS



van. Have your photo taken on a fire truck

Jumping Castle



Facebook page. If you would like to be added to our email list or have any question please contact us via Facebook or email alexandraswimmingclub@gmail.com https://www.trybooking.com/CLUXC







