# Alexandra Primary School



Our purpose is to build a learning community that challenges and supports young minds to develop as independent and lifelong learners, continually striving for excellence.

RESPECT CARE INTEGRITY ACHIEVE

#### Thursday May 18th Term 2 Week 4

Last week all of our students learnt about kindness, and being a good friend. Each student tied a blue ribbon to our school fence as a way of demonstrating their promise to treat others with care.



#### **Coming Up**

- May 22 Incursion: Lucas Proudfoot
   Circular Rhythm
- May 26 Division Cross Country
- May 29 & 30 Grade 2 Camp
- June 9 No Buses Running
- June 12 King's Birthday Public Holiday



Mothers' Day - P2
Mountain Bike Riding - P3
Achievement Awards - P5

## Mothers' Day Breakfast

A huge thank you to everyone who braved the cold last Friday to attend our Mothers' Day Breakfast! We had an amazing turnout, with mums, grandmas, aunties and important women getting together to celebrate Mothers' Day. We could not have pulled it off without our outstanding Parents' Group and volunteers. Thank you all!





## **Mountain Bike Riding**

Over the first three weeks of Term a group of students from Grade 3-6 took part in our Outdoor Leadership Program. Students were required to apply for their place on this program, where they developed their mountain biking skills. In week one we practised skills locally on our own mountain biking track, in week two we travelled to Eildon and then Buxton in week three. We owe a big thank you to our parent helpers, Cooper from Joy Ride Mountain Bike Coaching, and Mick from Rubicon Outdoor Centre, we would not have been able to run this program without their help.



### Social and Emotional Learning

As well as teaching academic skills, we plan a specific program to promote student resilience, wellbeing and positive social attitudes. One way that schools can achieve this is through the teaching of evidence based programs that explicitly foster personal and social capabilities.

Social and Emotional Learning (SEL) is the process through which children and build and effectively apply the knowledge, attitudes and skills necessary to:

- Understand and manage emotions
- Set and achieve positive goals
- Feel and express empathy
- Establish and maintain positive relationships
- Make responsible decisions
- Develop resilience to deal with change
- Create positive gender norms
- Contribute to social cohesion

Our SEL program includes:

- Smiling Mind aimed at promoting self-care
- ZONES Of Regulation aimed at recognising and coping with our emotions
- Resilience, Rights and Respectful Relationships focused on understanding how we relate to others and care for ourselves

This is all linked back through to our Values - Respect, Care, Integrity and Achieve.

We are very keen to work with you on supporting our young people to be the best that they can be. If you would like any further information about any of these programs, speak to your teacher or Mrs McInnes (Monday, Wednesday, Thursday).







#### Star of the Week Mia Keath - 3/4A

Mia shows our school values every day. She is a fun and energetic friend and a conscientious student. Thanks for making us laugh so often, Mia! We are proud to have you in our learning community. Mia, you are a STAR!



#### **Achievement Awards**

Foundation	Edie Kijlstra: For her amazing writing. Edie drew a picture with close up detail and labels to help her structure a sentence. Using the 5W's Edie was able to tell us who, where, when, why and what they did on Mothers' Day. Edie, you are a super learner, keep up the super work!
1/2A	Marlee Creighton: For consistently showing our school values and setting a great example for her peers. Marlee, thank you for always doing the right thing and being someone who can always be relied on. You should be very proud of yourself!
1/2B	Hamish Anderson: For showing us his amazing addition skills in our maths topic of 'Money' this week. Hamish, we were impressed with your mathematical thinking and helping other students with their understanding of the topic as well. Well done, Champ!
3/4A	lliana Robben: For her amazing learning during maths and literacy. Iliana, you have listened to feedback, tried your best and achieved great things this week! I particularly love that you have been including details in your writing during our traits learning on ideas. It has been an absolute joy to read your work!
3/4B	Millie Ferguson: For bringing her smile and learning attitude each and every day. Millie shows great respect to her learning by listening to the lessons and asking questions when she isn't sure. These are the qualities needed to achieve. Keep up the wonderful effort Millie!
5/6A	Kael Robben: For working hard in Maths and always talking through his thinking when explaining how he solved a Maths problem. Kael is able to use mental calculations with ease and apply this skill to harder investigations. He participates with enthusiasm and readily provides his mathematical knowledge with the class. Keep up the super work, Kael! Well Done!
5/6B	Asher Mullins: Thank you for always following instructions and making good attempts at your work. We really love the way you will ask clarifying questions when you are not sure. It shows that you are focused on your learning and improvement. Your writing is developing well and you are taking on all the suggestions given to you. Well done Asher, Keep it up!
Art	Logan Robins: Logan has been trying really hard to listen, cooperate and work to the best of his abilities. He has been working at developing his personal resilience, and trying new things, even if they are difficult and challenging tasks. Well done Logan.

#### **Art Room Calling for Shoe Boxes**

The Art Room is after any empty shoe boxes you may have! Please drop them into the Office or Art Room.

#### **After School Care Available at APS**

At least 1 spot available every day 3:20pm - 6pm Contact Jacqui to book 0449 764 911

We're joining in on National eSmart Week









#### Be part of Shaping Murrindindi's Future

An exciting community-led project is launching in Murrindindi Shire with a focus on towns in Alexandra, Taggerty, Buxton and Marysville.

Shaping Murrindindi's Future is a 2 year project that will empower community to identify and understand it's strengths, assets, people and opportunities that can support building capacity and innovative development whilst fostering resilient, connect and thriving local communities.

#### YOU ARE INVITED

We warmly invite interested community members to the official project launch.

Come connect with us, learn about the project and take part in a short workshop by guest speaker Paul Ryan – Director of the Australian Resilience Centre.

All events are free and include food/dinner and drinks.

Bookings are essential for catering purposes.

Please scan the QR code to book.

Come see how you can be part of Shaping Murrindindi's Future.

#### **EVENT 1**

Friday 19 May 2023

Marysville Golf & Bowls Club Marysville 6.00pm – 8.30pm



#### **EVENT 2**

Saturday 20 May 2023

Bonfire Station Microbrewery Taggerty 3.30pm – 6.30pm



For more information contact Allisha Milestone – Project Manager

M: 0458 758 379

E: amilestone@murrindindi.org.au www.shapingmurrindindisfuture.com.au

This project is funded through the Victorian Forestry Plan with support from the Department of Energy, Environment and Climate Action, RMIT University and Murrindindi Shire Council



## HEALTHY LUNCHBOXES

fun & cost friendly ideas for your kids lunches





Wednesday 24th May, 10am @ Alexandra Primary School in the multipurpose room



FOR MORE INFORMATION CONTACT: MELISSA (ALEXANDRA DISTRICT HEALTH) ON 5772 0900 OR MELISSA.STOREY@ADH.ORG.AU OR ALEXANDRA PLAYGROUP AT ALEXANDRAPLAYGROUP@GMAIL.COM











Home Creek Spring Creek
Landcare Group would like to
present the following Speakers
at our Forum at the Yarck Hall
on Sunday 28th May 2023

10am -2.30pm

Morning Tea and Light Lunch to be provided Please RSVP by 22nd May for catering numbers to: Pres.HCSCLG@gmail.com

Julie Aldous on
Country Kids &Industry Opportunities
Robert Dahni on
Live Weather - Information for Better
Decision Making
Craig Castree on
Healthy Soil – Edible Gardens
Alexandra Lapidary Gem Club on
Local Geology