

Alexandra Primary School



Our purpose is to build a learning community that challenges and supports young minds to develop as independent and lifelong learners, continually striving for excellence.

RESPECT CARE INTEGRITY ACHIEVE

**Thursday May 11th
Term 2 Week 3**



Coming Up

- May 12 – Mother's Day BBQ and stall
- May 17 – No Buses Running
- May 22 – Incursion: Lucas Proudfoot Circular Rhythm
- May 26 – Division Cross Country
- May 29 & 30 – Grade 2 Camp
- June 9 – No Buses Running
- June 12 – King's Birthday Public Holiday

Our House Captains showing off some of the new sports equipment we received this week! This equipment was purchased by our Parents' Group with APS fundraising funds.

Cross Country – P2
MAPPEN – P3
PMP – P4
Achievement Awards – P6

Cross Country

On Monday the whole school travelled to Eildon to take part in Cross Country. It was a great day, and congratulations to those students who made it through to Division!



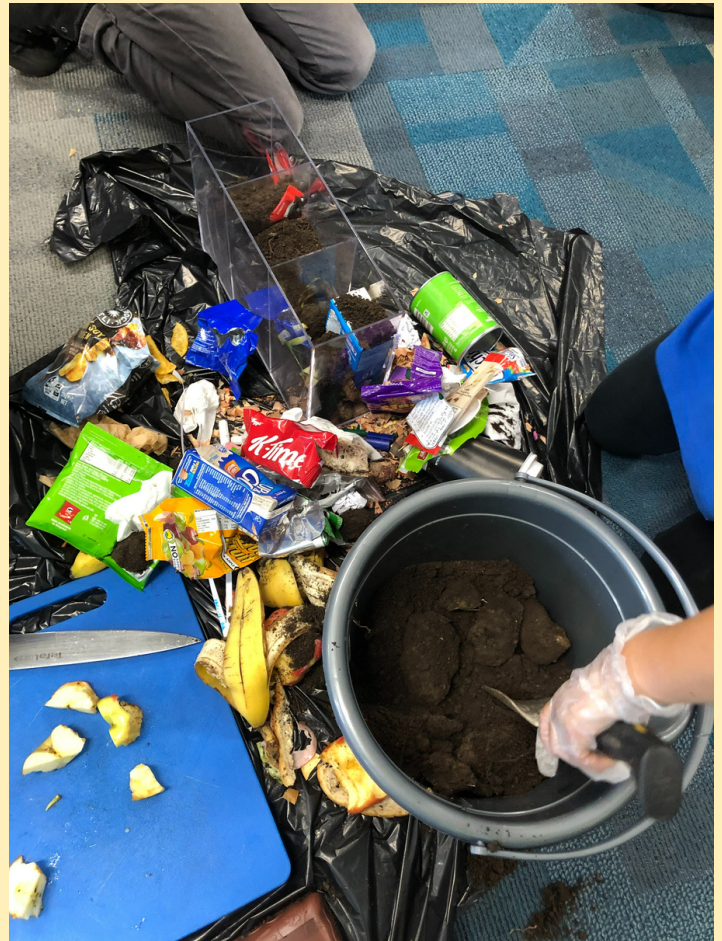
MAPPEN with the Grade 1/2s

The Grade 1/2s have started a MAPPEN unit focussing on our environment and preserving it for future generations called "Tip Toe Through Our World".

These photos show an experiment we are currently conducting.

Last Thursday after lunch we tipped out the bin and food scraps from one of the 1/2 classes, then we chose 6 different items to bury in a special composting container which we covered with soil. We made predictions about what would happen to four of these items by the end of term. The special container we have used means we are able to check on these every day to witness any changes that are made.

We are learning about decomposition, recycling, reusing, and reducing waste. By the end of the unit, the students will have a better appreciation of the importance of looking after the environment and some deeper knowledge of how they can contribute towards this.



PMP



You've got a friend in me!

Friday May 12 is officially Do It For Dolly Day. This is a day where we think about how our words and actions can make people feel. Primary school is a great place to learn how to be a good friend, how to be respectful and what to do when that goes wrong. Families are where it all begins. Our responsibility is to work with you to help our children be the best that they can be.

What can parents do?

- Check in regularly with your children about what's happening in their friendship groups.
- Remind your children of what makes a good friend. Someone who:
 - looks out for you,
 - cares about you,
 - includes you, and
 - treats you with respect.
- Encourage your children to make friends from different places –
 - Sporting clubs
 - Community groups
 - Extended family
- If you're worried about a friendship, focus on the behaviour, rather than the person.
 - Try "I think you can find kind people to play with that make you feel safe and happy".
 - Don't ask "Is your friend bullying you?"
 - Children often don't relate to the word 'bullying' when it comes to their friends. You might find it easier to ask, "Are you getting along with your friends?"
- Help your children work out tactics to help them when they feel worried about friendships.
 - Make sure they know where to get help
 - Give them the opportunity to have play dates with children outside their friendship group
 - Help them be comfortable with telling the hostile friend to stop what they're doing.
- Remind your children that if they want to confront a friend.
 - It's usually best to do this face-to-face, privately and calmly, and to focus on changing the behaviour.
 - For example, "Maybe you didn't mean it, but what you said before really upset me. Please don't say stuff like that again."
- Remind your children that they should not use hurtful behaviours themselves.
 - Threats
 - Insults
 - Nasty gossip
- Remind your children of their strengths and all the things that make them likeable.
- Make sure your children can name people they could talk to about a friendship problem.
 - a relative
 - Teacher or other school grown up
 - Dolly's Dream Support Line on 0488 881 033,
 - [Kids Helpline](https://www.kidshelpline.com.au) 1800 55 1800
 - [ReachOut](https://www.reachout.org.au)
 - [eheadsapce](https://www.eheadsapce.com.au).
- Encourage your children to do things that help them feel better.
 - Exercise
 - Music
 - Spending time with family
 - Reading a favourite book
 - Caring for a pet

Star of the Week

Olenka Sawicki

Olenka shows our school values every day. I appreciate Olenka's 'can do' attitude and her excellent sense of humour. She is a dynamic learner who tries to get the most out of every day at school. We are proud to have you in our learning community. Olenka, you are a STAR!



Achievement Awards

Foundation	Owen Anderson: For his attention to detail. During writing this week Owen has been learning to add detail to ensure that he has lots to write about. Owen drew a beautiful detailed picture of some gumtrees adding the finest details. Owen you are a true artist, keep up the super learning!
1/2A	Zander Williamson: For being super brave and facing his fears at Cross Country this week. Zander you did a great job of giving it your best go, even though you were really nervous. You set a great example for your peers and you should be very proud of yourself! Well done!
1/2B	Zarhlia Weatherald: For working so hard in Reading and going up a level like a boss! Well done, Zarhlia! You have proved that practising your reading and trying your hardest pays off! Keep up the awesome learning!
3/4A	Griff Thomas: For challenging yourself to do something you weren't sure you could do. I couldn't be prouder of your focus, determination and trust in yourself to do your best and achieve something great!
3/4B	Ashleigh Francis: For Ashleigh's fantastic ability to push past her nerves, when lining up for her 1500 metres Cross Country race at Eildon. Even though Ashleigh has won the race for four years in a row, she still gets a bit nervous and demonstrates great respect to the other competitors. You're a star Ashleigh!
5/6A	Obi Russell: For the exceptional piece of narrative writing he completed. Obi focused on all stages of the writing process to produce a story titled, 'Grassfire'. He was able to plan, draft, edit, revise and publish his work, proudly stating that he thought it was the best piece of writing he's ever done! This has inspired Obi to keep writing and he is now enthusiastically writing another creative story. Way to go, Obi! Super proud of you!
5/6B	Eadie Gibson: Well done Eadie on your achievements this week. You have been focused on your work and making good progress, especially in your writing. I really like the way you are asking for help and guidance, and then continuing on independently and having a go. Keep up the excellent work!
Art	Noah Robins: Noah can always be relied on to listen, cooperate and work to the best of his abilities. Noah has been working really hard at developing his personal resilience, trying new things even when they seem difficult. Well done, Noah.

Art Room Calling for Shoe Boxes

The Art Room is after any empty shoe boxes you may have! Please drop them into the Office or Art Room.

After School Care Available at APS

At least 1 spot available every day

3:20pm – 6pm

Contact Jacqui to book 0449 764 911



We're joining in on
**National
eSmart Week**

Be your **Best Self**



Online

STOP • THINK • ACT

National eSmart Week: 22 - 28 May 2023





ALEXANDRA PARENTS GROUP

Mother's Day Breakfast

FOR THE BENEFIT OF

All the important women in our life

MAY 12 • 8 - 8.45AM

PLEASE COME AND JOIN US FOR AN EGG
AND BACON ROLL

ANY DADS WANTING TO HELP OUT PLEASE CONTACT
ALICE IN THE FRONT OFFICE.
WE WILL NEED HELPERS TO:

SET UP
COOK
SERVE
PACK UP



SHAPING MURRINDINDI'S FUTURE

Be part of Shaping Murrindindi's Future

An exciting community-led project is launching in Murrindindi Shire with a focus on towns in Alexandra, Taggerty, Buxton and Marysville.

Shaping Murrindindi's Future is a 2 year project that will empower community to identify and understand it's strengths, assets, people and opportunities that can support building capacity and innovative development whilst fostering resilient, connect and thriving local communities.

YOU ARE INVITED

We warmly invite interested community members to the official project launch. Come connect with us, learn about the project and take part in a short workshop by guest speaker Paul Ryan – Director of the Australian Resilience Centre.

All events are free and include food/dinner and drinks.

Bookings are essential for catering purposes.

Please scan the QR code to book.

Come see how you can be part of Shaping Murrindindi's Future.

EVENT 1

Friday 19 May 2023

Marysville Golf &
Bowls Club
Marysville
6.00pm – 8.30pm



EVENT 2

Saturday 20 May 2023

Bonfire Station
Microbrewery
Taggerty
3.30pm – 6.30pm



For more information contact Allisha Milestone – Project Manager

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www.shapingmurrindindisfuture.com.au

This project is funded through the Victorian Forestry Plan with support from the Department of Energy, Environment and Climate Action, RMIT University and Murrindindi Shire Council