

Alexandra Primary School



Our purpose is to build a learning community that challenges and supports young minds to develop as independent and lifelong learners, continually striving for excellence.

RESPECT CARE INTEGRITY ACHIEVE

Thursday 6th March
Term 1
Week 6

Coming Up

- Mar 7 – House Athletics ribbon presentation 9am
- Mar 10 – Public Holiday
- Mar 11 – Cluster Athletics
- Mar 17 – Investiture Assembly
- Mar 24 – School Council AGM
- Mar 26 – Family Games Night & Picnic
- Apr 3 – BMX Trick Show Incursion
- Apr 4 – Term 1 finishes at 2.30pm

Cluster Athletics

Volunteers needed for Cluster Athletics BBQ

volunteersignup.org/7H9DF

Let's Eat!

10:00am: Munch and Crunch in class

- Vege sticks
- Fruit

11:00am – 11:10am

- Snack time

12:30pm – 12:40pm:

- Lunch

2:00pm

- Play break (nude food time)

Nude food is allowed in the playground at playtime!

PLAY! Grade 5's Leadership

We all walked into the multipurpose room, then they told us to write their names on some name tags, then we had a group chat about leadership and what we will be doing for the day. They also told us their names the girls name is Sally and the boys name is Scott .

Then we got straight into the games, first we played 'the name game' because they wanted to get to know are names really well, second we played poison were Scott would hold out his hand and he would get five of us to hold his fingers and make up a story and when he said poison we would have to let go and run and then he will chase us, then on the other side of the multipurpose room was Sally and we would run and touch her hand.

- Stella Brewer.



First thing at 9:00am, we got a name tag so they knew our names. Next we did a leadership talk, after the talk we then played a name game, and then we played a game called poison, basically how the game poison works is someone puts five fingers out and then the same person will have a lot of words that start with P.

And then the same person would call out poison, after that everyone else will run away, to the safe zone. We played in and out of the water, it's like a line when they said 'in' and we jump over the line and when they say 'out' the water we jump back over the line.

- Millie Ferguson



Star of the week!

Harry Armstrong - 1/2A

Harry showed all the school values on camp. He was resilient when faced with challenges, he was proud of his achievements, and he supported others when they were struggling. We are proud to have you in our learning and camping community, Harry! You are a STAR!



Foundation	Ashlyn Kells - for consistently showing our school values of Achieve and Integrity this week, displaying great resilience and maturity in class.
1/2A	Jack Stewart - For being a superstar at camp! Jack, you demonstrated strong problem-solving skills and how to be both a good team mate, and a great leader. Well done, legend!
1/2B	Lexy Williams - for her awesome effort on Grade 2 Camp. Lexy, we were so proud of you for giving everything a go even when it was a bit tricky. You were kind, cooperative, and helpful and gave all the activities your very best. Well done, Sweetheart; keep shining on!
3/4A	Noa Madeira - For her incredible focus during her Place Value understanding in Maths. Noa's achieved a huge learning growth by 35.6%, due to her fantastic attitude towards her learning! You are a super learner Noa, keep it up!
3/4B	Elsie Buckett - For working consistently on her Place Value understanding in maths. Elsie has improved her Place Value test score by 33%. That's a huge jump in understanding. Awesome Elsie!
5/6A	Oscar Price - In recognition, for his engagement in classroom activities. Well Done Oscar for joining in and participating as part of our class. I was particularly impressed with your efforts last Friday at our PLAY! training. Keep up the amazing work!
5/6B	Oli Lavery - For her awesome work in Maths. Oli has been showing us her strong mathematical skills and understanding of Place Value. She quickly grasped the concept of decimals and larger numbers into the hundreds of thousands. What a super star you are, Oli!
PE	Marlee Creighton - For being helpful and encouraging in PE. Marlee you show enthusiasm and are always eager to help others in PE. Keep up the awesome attitude!
Art	Charlotte Milner - Charlotte is off to a great start in the Art Room. She listens at 'Tuning In Time,' so she always starts her projects with confidence and in a timely manner. She has a fabulous work ethic, which helps her to produce great results. Well done, Charlotte!

Interview with Mrs Clacy

By Logan & Ash.

How long have you been working at this school?

2 Years.

What brought you to APS?

My family moved here for a change to the country.

What is your favourite thing about this school?

The sport and the community.

What is your favourite job to do at school?

P.E and going to sporting days.

What Primary School did you go to?

Lilydale West Primary School.

What have your previous jobs been?

A Bakery, Chicken Shop and other Primary Schools.

What is your favourite thing to do outside of school?

Playing Sports with my children, motorbike riding and camping.

What is your favourite colour, sport and food?

Rainbow, cross country running and apple crumble.

What ALF team do you go for?

AFL - St. Kilda, Soccer - Melbourne City FC.

What is your favourite book?

Lots of children's books.

Thank you for sharing your answers with us!



A great way to mix reading/maths and eating is by cooking your own snacks! Kids are more likely to eat what they have helped make.

Nut-Free Muesli Bars

125g butter, chopped

1/4 cup honey

1/3 cup caster sugar

1 cup traditional rolled oats

1/2 cup sultanas

1/2 cup dried cranberries

1/2 cup dried & diced apricots

1/4 cup pepitas

2 tbs white chia seeds

1/2 cup plain flour

1 tbs mixed spice

Method

Step 1

Preheat oven to 180°C/160°C fan-forced. Grease a 20 x 30cm lamington pan. Line base and sides with baking paper, extending paper 3cm above edges.

Step 2

Place butter, honey and sugar in a small saucepan over medium heat. Cook, stirring, for 5 minutes or until butter has melted and sugar has dissolved. Simmer for 2 minutes or until mixture reduces slightly. Remove pan from heat.

Step 3

Meanwhile, combine remaining ingredients in a large heatproof bowl. Add butter mixture, stirring to combine. Using back of a metal spoon, press mixture into base of pan to compact. Bake for 25 minutes or until light golden and firm to touch. Cool completely, then slice and serve.

GEM Chats

Emotional Literacy

CREATING WELLBEING HABITS & CONNECTION

GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections through daily conversations**.

HOW TO USE GEM CHATS

Make GEM Chats a part of your dinner routine to reflect, check in, and practice emotional literacy.

Try these prompts:

- ★ What **emotion** do you feel right now and why?
- ★ What are **some emotions** you have felt today/this week? How did you **identify** them?
- ★ Describe a moment from your day when you **felt excited**.
- ★ What emotions have you noticed today in your **friends, teachers** or **family members**? How did you recognise these emotions?
- ★ What could you do today/tomorrow to **experience a positive emotion**?



TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



@theresilienceproject__



The Resilience Project



The Resilience Project



theresilienceproject.com.au

Term One

	Mon	Tues	Wed	Thurs	Fri
6	3 Parents Group AGM 6.30pm Corner Hotel, Alex	4 Grade 2 Camp Leaving at 8.45am	5 Last foundation rest day Grade 2 Camp Returning at 3pm	6	7 9am Assembly - Athletics ribbons presentation
7	10 PUBLIC HOLIDAY	11 Cluster Athletics 	12	13	14 9am Investiture Assembly - Gr 6 Leadership & Jumper presentation with Cr Damien Gallagher
8	17	18	19	20	21 9am Assembly
9	24 School Council Meeting & AGM 6pm	25	26 Family Games Night+ Picnic	27	28 9am Assembly
10	31	1/4	2	3 BMX Incursion Prep-6	4 9am Assembly Term 1 ends School finishes at 2.30pm

Feeling overwhelmed or just need a defrag?

Parenting Support

Raising Healthy Minds app |
Raising Children Network for a
range of parenting support
Parentline - 13 22 89
Medicare Mental Health
Service - 1800 595 212

Domestic Violence Support

1800RESPECT - 1800 737 732
Men's Referral Service
1300 766 491
MensLine Australia
1300 78 99 78

Support for First Nations People

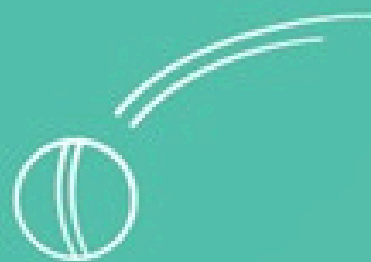
Yarning SafeNStrong | Victorian
Aboriginal Health Service (VAHS)
- 1800 959 563
Brother to Brother | Dardi
Munwurro - 1800 435 799

Support for Kids

Kids Helpline - 1800 55 1800



Girls, JOIN THE TEAM!



Make memories and friendships learning the skills of Cricket.

Alexandra Cricket Club All Girls Cricket Program

Alexandra Primary School Oval, Webster Street

Thursdays - 27th Feb, 6th, 13th & 20th Mar.

START TIME 2:20pm FINISH TIME: 3:30pm

This girls only cricket program allows girls to Come N Try cricket, delivered by Cricket Victoria.



SIGN UP TODAY!

 Play Cricket



PIANO/keyboard Music Lessons

Individual one-to-one or two-to-one piano/keyboard lessons.

Site reading, rhythm and technique in a fun way with an experienced qualified teacher.

Skills gained from this programme include

- Focus and concentration - Time management skills - Music for enjoyment and fun - Music literacy skills - Respect encouragement and supporting others



Prices

Half hour lesson (pairs) - \$25

Private 1:1 half hour lesson - \$40

Theory Book - \$20

Invoices per term.

8-10 lessons per term.

Book a place for your child in 2025!

Contact Jane

Email janeyfraga@yahoo.com.au or text 0418 584 119 with your child's first name, age and school.

