

What You'll Recieve

Gut Microbiome Index | DiseasesRisk Index |
Antibiotic Susceptibility | Pathogen
Characterization | Nutritional
Recommendation | Probiotic & Prebiotic
Recommendation



Scan the QR code to
watch how it is done

What You'll Learn

- GutScore – Measure of gut diversity & balance
- Good vs. Bad Bacteria – Identify beneficial microbes & harmful pathogens
- Vitamin & SCFA Production – Assess B12, K2, butyrate & more
- Neurotransmitter Status – GABA, serotonin levels that affect mood

Benefits You Will Experience

- Calmer mind & reduced stress
- Improved digestion & regularity
- Better sleep & relaxation
- More energy for daily life
- Emotional stability & clarity
- Improvements in Skin

Clinical evidence shows targeted Gut health optimization can reduce sick days by up to 45%, boost mental clarity by 20%, and significantly cut annual healthcare costs.

Book your test today!

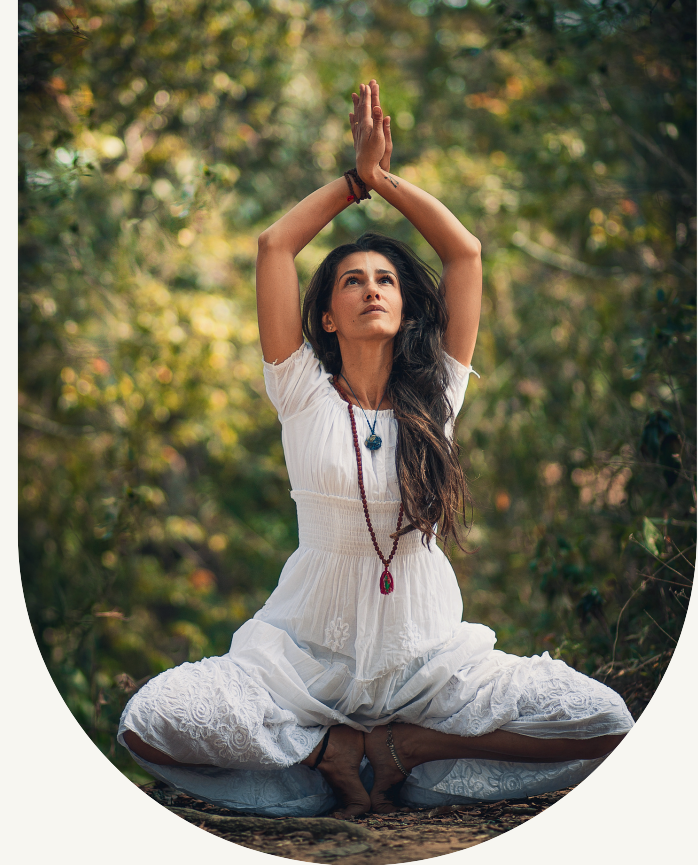


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Gut–Mind Wellness

*A Holistic Path to Stress
Relief & Balance*





✿ About Us

OUR INTEGRATIVE APPROACH

Your gut holds trillions of microbes influencing digestion, nutrient absorption, immunity, mood, and chronic disease risk.

We decode your microbiome using Advanced Next- Generation Sequencing (NGS) to deliver personalized, actionable health insights.

✿ Why Gut Health Matters for Your Mind

In Ayurveda and modern science, the gut is considered the “second brain.” It influences not just digestion, but also stress, sleep, mood, and energy.

- Imbalanced gut microbes → anxiety, fatigue, cravings
- Healthy gut → calm mind, stronger immunity, emotional balance

HOW GUT & MIND STAY CONNECTED

- Neurotransmitters – Serotonin & GABA made in the gut influence peace of mind.
- Inflammation – Imbalances trigger toxins (ama), leading to brain fog & irritability.
- Prana Flow – A balanced gut supports smoother energy and focus.



COMMON WELLNESS CONCERNS WE ADDRESS

- Stress, anxiety & restlessness
- Sleep disturbances & fatigue
- Emotional eating & digestive issues (bloating, constipation, acidity)
- Mood swings & irritability
- Low energy and burnout

What We Analyze

We evaluate 11 key parameters of the gut microbiome:

Top Abundant Species

Foundation Microbiota

Vitamin Production Potential

Pathogen Characterization

Neurotransmitter Production

Probiotic Characterization

Antibiotic Resistance Genes

Kingdom Distribution

Microbiota Recovery Potential

(SCFA) Production

Propensity to Disease Development