

# MICRONUTRIENT TESTING

UNLOCK OPTIMAL HEALTH WITH THE  
WORLD'S FIRST FUNCTIONAL  
INTRACELLULAR ANALYSIS™

## DISCOVER THE POWER OF MICRONUTRIENTS

Nutrition is the primary influence on well-being. Micronutrient status, a reflection of one's dietary intake, is a critical piece of this puzzle. Deficiencies today can create the potential for long-term chronic disease and illness, affecting quality of life over time.

Since 1993, we have remained the Global leader with our unique, proprietary live blood analysis that measures functional deficiencies at a cellular level, assessing how the body utilizes more than 30 vitamins, minerals, amino/fatty acids, antioxidants, and metabolites. It identifies the micronutrients needed to enable the production of enzymes and hormones for good health.

ORDER YOUR  
MICRONUTRIENT TEST  
TODAY!



## CONTACT

OCCH Services, LLC.  
N2193 County Road K  
Merrill, WI 54452  
(715)539-6641  
[info@occhservices.com](mailto:info@occhservices.com)  
[www.occhservices.com](http://www.occhservices.com)

 SpectraCell Laboratories  
Science + Health + Solutions



Call OCCH Services Today  
to order your Test!!  
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# MICRONUTRIENT TESTING

CELLULAR PRECISION,  
PERSONALIZED SOLUTIONS



## DID YOU KNOW...?

**43%** of the people taking multivitamins are micronutrient deficient, despite supplementation.\*

## WHY IS CELLULAR NUTRITION STATUS IMPORTANT?

Contrary to established paradigms about health in America, the majority of chronic disease is attributable in large part to cellular deficiencies in micronutrients. By correcting deficiencies, you can prevent, treat and reverse many medical conditions—from the most serious to the most common.

## HEALTH CONDITIONS ATTRIBUTED TO NUTRITIONAL DEFICIENCIES

- ☐ Immunological Disorders
- ☐ Arthritis
- ☐ Autism
- ☐ Cardiovascular disease
- ☐ ADD/ADHD
- ☐ Weight management
- ☐ Cancer
- ☐ Metabolic Disorders
- ☐ Sports Performance
- ☐ Hypothyroidism
- ☐ Inflammation
- ☐ Fertility
- ☐ Anxiety
- ☐ Stress tolerance
- ☐ Hypertension
- ☐ Diabetes
- ☐ Depression
- ☐ Concussions

By analyzing your white blood cells, nutritional deficiencies are uncovered, providing insights with our patented Spectrox® (Total Antioxidant Status) and Immunidex (Total Immune Function) to enhance your overall well-being.

## MANY PEOPLE LEAD HEALTHY LIFESTYLES, YET THEY STRUGGLE WITH DEFICIENCIES. WHY?

Micronutrient deficiencies may still exist for a host of reasons:

### Biochemical Individuality

Individual needs vary, thus micronutrient requirements for you may be quite different from another.

### Prescriptions & Over-The-Counter Medications

Just as micronutrient deficiencies can set the stage for disease, health conditions — and the medications often prescribed to treat them — can contribute to micronutrient depletions.

### Poor Absorption

Malabsorption is common, and is often aggravated by stress or Methylation Dysfunction, consider SpectraCell's MTHFR Genetic Mutation Test.

### Aging

Our micronutrient requirements at age 20 are quite different from our requirements at age 40, 50, and later in life. Consider SpectraCell's Telomere Test to monitor Biological Age.

### Lifestyle

What we eat, physical activity, sleep and stress management — all profoundly affect micronutrient demands.



## WHICH MICRONUTRIENTS DO WE ANALYZE...

### VITAMINS

Vitamin A  
Vitamin B1  
Vitamin B2  
Vitamin B3  
Vitamin B6  
Vitamin B12  
Vitamin C  
Vitamin D  
Vitamin K  
Biotin  
Folate  
Pantothenate

### MINERALS

Calcium  
Magnesium  
Zinc  
Copper  
Manganese  
Chromium

### AMINO ACIDS

Asparagine  
Glutamine  
Serine

### ANTIOXIDANTS

Alpha Lipoic Acid  
Coenzyme Q10  
Cysteine  
Glutathione  
Selenium  
Vitamin E

### CARBOHYDRATE METABOLISM

Fructose Sensitivity  
Glucose-Insulin Interaction

### FATTY ACIDS

Oleic Acid

### METABOLITES

Choline  
Inositol  
Carnitine

### SPECTROX®

Total Antioxidant Function

### IMMUNIDEX

Immune Response Score