

Year Wise Details of the Research Publications by the Faculties.

Dr Navjot Singh:

1. Singh N, Thakur S. Akalaja Jara (Premature Aging) and the Role of Manasika Bhavas (Mental States) in Ayurveda: A Holistic Perspective. Journal of Ayurveda and Integrated Medical Sciences, Vol. 10, Issue 4, April 2025. ISSN 2456-3110. (Peer-reviewed, Published)
2. Singh N, Thakur S, Chaudhary V, Mishra A. A Comparative Clinical Study to Evaluate the Effect of Pathyadi Churna and Shunthyadi Kwatha in the Management of Amavata w.s.r. to Rheumatoid Arthritis. R.G.G.P.G. Ayurvedic College & Hospital, Paprola, Himachal Pradesh, India. (Clinical Research)
3. Attended CME on [Agni Vidha Karma evam Marma Chikitsa] – [sanskriti sadan mandi], [29 June 2025]
4. Attended CME on [Role of panchkarma in Rheumatoid arthritis, Psoriasis, vata-vyadhi, Ayurveda chikitsa in Grahani roga w.s.r to IBS] – [Rattan Professional education college mouli Road sec-78 , SAS nagar Punjab], [6th July 2025]

Dr Nikita Verma:

- (1) A Review Article on “Ayurveda and modern concept of Marma as vital points w.s.r to Urdhwa Jatrugata Marma” in International Journal of Ayush, Feb 2024.
- (2) An Article on “The Concept Of Kala Sharir & It’s Anatomical Applied Aspect” in World Journal Of Pharmacy And Pharmaceutical Sciences, 28th March, 2025

Dr. Cynthia Thakur:

1. A Clinical Study to Evaluate the Effect of Triphala Kwath with Gomutra Yoni Prakshalana followed by Dhatakyadi Taila Yoni Pichu in Kaphaja Yonivyapad W.S.R. to Vulvovaginal candidiasis. (Publication awaited)
2. Management of Shwet Pradara in Diabetic Women – Case Report. Published in JAIMS – Indexed, Peer-Reviewed, Open Access Journal in 2025.
3. Role of Medicated Ghritha/Taila in Female Infertility w.s.r. Anovulation: A Review. Published in IAMJ – Peer Reviewed, Indexed in Google Scholar in 2023.
4. Infertility – Dushi Visha as a causative factor, published in JETIR Peer-Reviewed, Refereed, Open Access & Indexed Journal in 2022.
5. Understanding the Role of Shatavari (Asparagus racemosus) in Enhancing Female Fertility: A Traditional Perspective, as a Co-author published in IJAPR – an International Peer Reviewed Monthly Open Access Journal in 2025.