



THE ART OF SLOW FOOD

Thigatterra

✧ Allergen Menu ✧

✧ Salads	SO ₂	Shellfish	Molluscs	Lactose	Nuts	Peanuts	Sesame	Celery	Mustard	Egg	Lupine	Gluten	Soy	Garlic	Cumin	Fish
Greek Salad	✧			✧	✧				✧			✧				
Slow Food Salad	✧			✧	✧											✧
Green Salad	✧			✧	✧	✧	✧		✧	✧		✧	✧			

✧ Cold Appetizers	SO ₂	Shellfish	Molluscs	Lactose	Nuts	Peanuts	Sesame	Celery	Mustard	Egg	Lupine	Gluten	Soy	Garlic	Cumin	Fish
Our Dips	✧			✧	✧	✧	✧		✧			✧		✧		
Greek Cheeses Platter					✧	✧	✧					✧				
Beef Carpaccio Fillet				✧	✧	✧	✧		✧			✧				
Prosciutto from Evrytania				✧	✧		✧	✧	✧		✧	✧		✧		
Fish Roe Salad					✧	✧		✧	✧	✧		✧			✧	✧
Stuffed Smoked Salmon Rolls				✧	✧	✧							✧			✧

✧ Hot Appetizers to Share	SO ₂	Shellfish	Molluscs	Lactose	Nuts	Peanuts	Sesame	Celery	Mustard	Egg	Lupine	Gluten	Soy	Garlic	Cumin	Fish
Shepherd's Handbag				✧	✧	✧	✧			✧		✧		✧		
Cheese Gnocchi with Smoked Pork				✧	✧	✧	✧			✧		✧				
"Saganaki" Mastelo Fried Cheese				✧	✧		✧									
Seafood Stuffed Vine Leaves	✧	✧		✧	✧	✧	✧	✧						✧		
Shrimp Mini Pita Bread		✧			✧		✧			✧		✧		✧		
Fried Squid			✧	✧	✧	✧	✧	✧	✧	✧		✧	✧			
"Trahanas" with Mushroom Stew	✧			✧	✧			✧		✧		✧		✧	✧	
Grilled Octopus with "Fava" split peas	✧		✧					✧	✧			✧				
Fried Potatoes with "Staka"				✧								✧				
"Thigatterra" Meatballs				✧	✧	✧	✧	✧	✧	✧		✧	✧	✧	✧	
Eggs with "Staka" & Potatoes				✧			✧			✧		✧				
Liver Savore	✧			✧		✧	✧					✧	✧			
"Saganaki" Mussels			✧	✧	✧	✧		✧				✧				

PLEASE INFORM OUR STAFF OF ANY ALLERGIES OR INTOLERANCES YOU MAY HAVE

✧Allergen Menu✧

✧ Main dishes	SO ₂	Shellfish	Molluscs	Lactose	Nuts	Peanuts	Sesame	Celery	Mustard	Egg	Lupine	Gluten	Soy	Garlic	Cumin	Fish
Goat fricassee	✧			✧				✧		✧		✧			✧	
Black pork pancetta	✧			✧	✧	✧	✧	✧	✧	✧		✧	✧	✧		
Curly Cretan noodles with chicken	✧			✧	✧	✧	✧	✧		✧		✧				
"Wedding pilaf" risotto				✧				✧				✧				
Beef cheeks	✧			✧	✧	✧	✧	✧	✧	✧		✧	✧	✧	✧	
Sauteed fagri, carrot puree with almonds				✧	✧		✧	✧	✧	✧		✧		✧	✧	✧
Our shrimp spaghetti	✧	✧		✧	✧			✧		✧		✧		✧	✧	
Stuffed beef burger				✧	✧	✧	✧	✧	✧	✧		✧	✧	✧	✧	
Sea bass in salt										✧						✧

✧ Garnishes																
Baby potatoes in the oven with rosemary														✧		
Seasonal salad	✧								✧							
Fresh fried potatoes																
Potatoes puree				✧												
Corn with flavored butter				✧								✧		✧		

✧ Sauces																
Mustard from greens					✧			✧	✧			✧		✧	✧	
Homemade BBQ sauce	✧			✧	✧	✧	✧	✧	✧			✧	✧	✧		
Greek aromatic butter				✧	✧							✧	✧	✧		
Sweet wine sauce	✧			✧	✧	✧		✧	✧	✧		✧	✧			

✧ Kids Menu																
Breaded Chicken Fillets				✧	✧	✧	✧		✧	✧		✧				
Linguine with Minced Meat					✧		✧	✧		✧		✧			✧	
Linguine with Red Sauce					✧		✧	✧		✧		✧				

✧ Our Desserts																
Semifreddo Tiramisu	✧			✧	✧	✧	✧			✧		✧				
Mastic Panacotta with Blueberries, Raspberries, salted caramel.				✧	✧	✧	✧					✧				
Chocolate Mousse on Carob Rusk "Myzithra" Greek cheese ice cream				✧	✧	✧	✧			✧		✧	✧			
Mango - Passion Fruit Tart				✧	✧	✧	✧			✧		✧	✧			
Ice Cream "Solo Gelato"				✧	✧	✧	✧			✧		✧	✧			
Ice Cream Sorbets				✧	✧	✧	✧			✧		✧	✧			

Manager in case of market inspection: Emmanouil Vozikakis | Chef: Emmanouil Mplemenos

Visit our website: www.thigaterra.gr