

A Magical Week of Learning Through Disney

Turn screen time into meaningful moments with these simple, story-based learning activities your kids will actually enjoy.

Whether you're homeschooling full-time, adding a little learning to your Disney trip countdown, or just looking for a fun way to make screen time more intentional, this magical mini challenge is for you!

For the next 7 days, you'll watch a beloved Disney or Pixar movie and explore hands-on learning through creativity, conversation, and connection. These are quick and flexible activities designed to spark curiosity without adding more stress to your day.

Let's make memories and learning stick, because when kids are having fun, they're also building knowledge and confidence.

Inside you'll find:

- ✓ 8 movie-based learning days
- ✓ A quick activity + one "level up" extension per day
- ✓ Character-based reflection questions
- ✓ A themed movie snack to add to the magical memories and learning

P.S. Want more? Be sure to check out our full unit studies and printable packs at ourtogetherfamily.com/shop. And come join our free [Facebook group](#), The Most Magical Homeschool on Earth, to connect with other parents who love learning through play and storytelling.

[Explore unit studies](#)

[Join the community](#)

Talk to you soon, pal

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MOANA

Learning Activity:

Moana's story takes us across the ocean, and it's the perfect way to explore geography. Start by printing or drawing a world map, or simply use a globe.

Identify the Pacific Ocean and talk about islands like Fiji, Samoa, and Hawaii. Then, trace a possible version of Moana's journey across the sea, using markers, yarn, or stickers. Ask your child: Where do you think Motunui would be on the map?

You can add compass directions, draw boats, and even label major landmarks. Let your child imagine what Moana might've seen along the way: volcanoes, coral reefs, dolphins? You're building mapping skills and imagination all at once!

Level Up Extension:

Learn about real Polynesian wayfinders who navigated the seas without GPS or compasses. Watch a video about stars, waves, and nature as navigation tools, then try your hand at making a simple cardboard canoe or constellation map. There are several kid friendly videos about these topics (reach out if you would like help finding them) and we would LOVE to see you canoe or constellation maps, share them with @mostmagicalhomeschoolonearth

Character Reflection Prompt:

Moana shows bravery and determination even when people don't believe in her dream.

Ask your child: "Have you ever followed your heart even when it felt a little scary?"

Snack Idea:

Tropical Fruit Boats: Slice bananas in half lengthwise and top with pineapple chunks, strawberries, or blueberries. Stick a small triangle of paper on a toothpick to create a "sail" like Moana's canoe



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Encanto

Learning Activity:

In a magical house tucked into the mountains of Colombia, every member of the Madrigal family has a unique gift, except for Mirabel. But when their magic begins to fade, it's Mirabel who might be the key to saving it.

Create Your Magical Door

Design your own magical door to show what makes you special! Fold a paper in half like a card. On the front, draw symbols that represent your strengths, personality, or things you love. Inside, write or draw how your “gift” helps others, kindness counts too!

Level Up Extension:

Draw a simple family tree. Next to each person, write one thing they're great at, like being funny, cooking, helping others, or fixing things. Celebrate the real-life gifts that make your family magical.

Character Reflection Prompt:

Mirabel didn't have a magical gift, but she still made a big impact. What's something you've done that helped someone, even without any special powers?

Snack Idea:

Cheesy Arepas (or mini grilled cheese bites) inspired by Julieta's healing cooking!

**Love this activity? There are so many more like it in our full
Encanto-inspired unit study:**

**The Magic Within: Discover the World, and Your Gifts, on a
Journey through Columbia.**

(not affiliate with the Walt Disney Company, just an independent
educational resource that pairs well with some of our favorite stories)

[Grab it here →](#)



OurTogetherFamily.com

Inside Out

Learning Activity:

This movie is a fun and heartfelt way to explore social-emotional learning. Start by creating a “Feelings Journal” or one-time activity page. Draw five big circles (or use paper plates) and label them: Joy, Sadness, Anger, Fear, and Disgust.

Help your child draw each emotion’s face or color them using matching colors from the movie. Then think of real-life situations where they’ve felt each emotion and talk through them together.

This can lead to great conversations about emotional regulation, self-awareness, and how we all feel lots of emotions every day, and that’s okay!

Level Up Extension:

Let your child design their own “headquarters” with rooms for each emotion. You can use paper or a shoebox diorama. Add colored buttons, yarn, or textures that match how each emotion feels. This creative activity builds empathy and understanding. We would LOVE to see your diorama, share them with @mostmagicalhomeschoolonearth

Character Reflection Prompt:

In the movie Inside Out, we meet the emotions inside Riley’s mind, Joy, Sadness, Fear, Anger, and Disgust. Each emotion plays a role in helping Riley understand the world and make decisions. Which of Riley’s emotions do you think you feel the most often? Can you think of a time when Sadness helped you in a good way, even if it didn’t feel good at first? How do you show Joy in your everyday life? Do you think all feelings are important? Why or why not?

Snack Idea:

Emotion Popcorn Bowls: Make 5 small bowls of popcorn with different colors (use food coloring or colored candy melts). Assign each bowl a different emotion from the movie, Joy (yellow), Sadness (blue), Anger (red), etc. Mix and match your feelings as you snack!



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Ratatouille

Learning Activity:

In Ratatouille, Remy dreams of becoming a chef, even when the world says he shouldn't. This story is packed with learning opportunities: it takes place in Paris, introduces kids to the culinary arts, and celebrates perseverance and creativity.

Today, let your child become the chef! Talk about how Remy uses all five senses when he cooks, especially smell and taste. Then invite your child to invent their own dish!

They can name it, describe the ingredients, draw what it would look like, and even decide how it would be cooked (baked, stirred, grilled, etc.).

Little ones can role-play with toy food or help you in the kitchen with safe steps. Older kids can write out a real recipe and even try to make it (with supervision)!

You can also take a virtual field trip to Paris! Find France on a map, look up a photo of the Eiffel Tower, or listen to French music while you cook.

Character Reflection Prompt:

Remy had to work hard to prove that “anyone can cook.” What’s something you dream of doing, even if it feels tricky right now? What steps could you take to get closer to your goal?

Snack Idea:

Create a mini “ratatouille” snack by letting kids build their own veggie skewers using toothpicks, cherry tomatoes, zucchini slices, bell peppers, and more!



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Finding Nemo

Learning Activity:

Finding Nemo introduces us to the beauty and wonder of the ocean. Start by turning a blue bin, bowl, or piece of poster board into an ocean habitat. Add toy fish, paper coral, or even drawings of sea creatures like clownfish, turtles, and sharks. Label each animal and talk about what they eat, where they live, and how they survive in their ecosystem.

Use this as a chance to introduce the idea of biodiversity, food chains, and environmental care in kid-friendly terms. The ocean is a magical place to learn! There are so many amazing resources out there for learning about the ocean, you can see some of my favorites here or you can find some fun resources books and learning videos on your own, adventure is out there!

Level Up Extension:

Take a virtual field trip to the ocean! Watch a video from the Monterey Bay Aquarium or explore coral reefs through online webcams. If you're near water, visit a local aquarium or tide pool and bring along a nature journal to sketch what you see.

Character Reflection Prompt:

Nemo was small, and he had a fin that made things harder for him, but he didn't let that stop him from being brave.

What's something that makes you unique? How can that part of you be a strength?

Snack Idea:

Ocean Jello Cups: Make blue gelatin and add gummy fish or sea creatures. Serve in clear cups to create an edible "aquarium" your little learners will love to dive into.



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Frozen

Learning Activity:

This chilly activity is part science, part sensory fun! Freeze small toys or nature items in ice cubes and give your child tools (droppers, spoons, warm water) to try and melt them. Talk about solids and liquids, and observe how temperature changes matter. What works best to melt the ice fastest?

You can record results and talk about cause and effect. Bonus: This keeps little ones happily engaged and learning while they play!

Level Up Extension:

Make your own “snow” using baking soda and conditioner or shaving cream. Use it for sensory exploration, to sculpt snowmen, or even for writing letters and numbers with fingers or tools.

Design Your Own Ice Castle Challenge!

Elsa created her ice castle using only her imagination and her powers. Your task? Design a magical hideaway that shows your personality and powers too!

- Grab paper, markers, or building blocks (like LEGO).
- Think about where you'd put your rooms, decorations, and magical features.
- Write a short description (3–5 sentences) explaining what your castle says about you and how it reflects your strengths.

Character Reflection Prompt:

Elsa tried to hide her powers because she was scared they would hurt others—but once she learned to use them with love and confidence, she could help more people than she ever imagined.

Have you ever felt nervous to share something about yourself? What's a special talent or interest you have that could be used to help others if you were brave enough to let it shine?

Snack Idea:

Snowflake Pretzels: Dip mini pretzels in white chocolate, then sprinkle with silver and blue sprinkles. Lay them in snowflake shapes for a frosty treat fit for Arendelle!



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Toy Story

Learning Activity:

Give a favorite toy the spotlight by turning them into a story character. Let your child choose one stuffed animal or toy, then write or draw an adventure starring them. Maybe they rescue another toy, go on a secret mission, or discover a new world under the bed!

This builds narrative skills, creativity, and encourages kids to see stories everywhere, even in their toy box.

Level Up Extension:

Create a cardboard version of Andy's Room or design a comic strip version of the story. I'd LOVE to see you show off your creations, just tag @mostmagicalhomeschoolonearth

Bonus activity: Sort your toys by type (plush, action, dolls, etc.) for a quick math lesson on categories! You can graph the results and talk about percentages.

Character Reflection Prompt:

Woody and Buzz learn how to be good friends and share the spotlight.

Ask your child: "What do you think makes a great friend? How can we be good friends too?"

Snack Idea:

Alien Grapes on a Stick: Stack 3 green grapes on a skewer and add 3 candy eyes with a dot of icing. Finish with a triangle paper ear on each side. Instant Toy Story aliens!



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Zootopia

Learning Activity:

In Zootopia, animals take on all kinds of jobs! Print out or draw a mix of animals (real or imaginary), then help your child assign them creative jobs based on their traits. Maybe a rhino is a construction worker, a cheetah delivers mail, or a sloth runs a smoothie shop. This encourages critical thinking and connects animal adaptations to real-world ideas.

You can also talk about how our bodies (and brains!) are designed to do special things too.

Level Up Extension:

Look up real animal facts: What makes a giraffe's neck so long? How do arctic animals stay warm? Create a mini "Wildlife Wonders" notebook with facts and sketches for each animal they learn about.

Character Reflection Prompt:

Judy Hopps doesn't let stereotypes stop her from following her dreams.

Ask your child: "What's something you want to be or do when you grow up, and how can we take small steps toward it today?"

Snack Idea:

Judy's Carrot Snacks: Peel baby carrots and serve with ranch in mini paper cups labeled "Officer Judy Hopps Fuel." Bonus: Add some bunny ears to the cup for extra fun.



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