



2025 4th QUARTER

AREA 57

COMMUNITY

OKLAHOMA'S AA NEWSLETTER

KEEPING THE OKLAHOMA FELLOWSHIP INFORMED
CONFIDENTIAL DOCUMENT FOR AA MEMBERS ONLY

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Thank you for being a part of YOUR Area 57 Newsletter!

For more information, email newsletter@aaoklahoma.org

CHECK OUT YOUR AA OK WEBSITE AT AAOKLAHOMA.ORG

Welcome to the Quarterly Update!

As we work to make this publication a meaningful reflection of the service work happening in our area, your submissions and updates are essential. Whether it's a brief committee update, an upcoming event, or a personal reflection on service, your input will help make this newsletter a valuable resource for all. Please email your submissions to newsletter@aaoklahoma.org (submission deadline is always 10 days prior to each Area Meeting).

Your Area 57 Panel 75 Officers & Committee Chairs: Panel 75: January 1st 2025 through January 1st 2027

<u>Area Chair</u>	<u>Jason B.</u>	<u>chair@aaoklahoma.org</u>
<u>Alt Area Chair</u>	<u>Andy D.</u>	<u>alt-chair@aaoklahoma.org</u>
<u>Area Delegate</u>	<u>Bryan T.</u>	<u>delegate@aaoklahoma.org</u>
<u>Alt Area Delegate</u>	<u>Mary Beth H.</u>	<u>alt-delegate@aaoklahoma.org</u>
<u>Area Treasurer</u>	<u>Jennifer N.</u>	<u>treasurer@aaoklahoma.org</u>
<u>Alt Area Treasurer</u>	<u>Phil S.</u>	<u>alt-treasurer@aaoklahoma.org</u>
<u>Area Secretary</u>	<u>Novie H.</u>	<u>secretary@aaoklahoma.org</u>
<u>Area Accessibilities Chair</u>	<u>Callie H.</u>	<u>accessibilities@aaoklahoma.org</u>
<u>Area Archives Chair</u>	<u>Roger B.</u>	<u>archives@aaoklahoma.org</u>
<u>Area Bridge the Gap Chair</u>	<u>Gabe S.</u>	<u>btg@aaoklahoma.org</u>
<u>Area Corrections Chair</u>	<u>PJ T.</u>	<u>corrections@aaoklahoma.org</u>
<u>Area CPC Chair</u>	<u>April W.</u>	<u>cpc@aaoklahoma.org</u>
<u>Area Grapevine Chair</u>	<u>Jessica G.</u>	<u>grapevine@aaoklahoma.org</u>
<u>Area Gratitude Chair</u>	<u>Marti F.</u>	<u>gratitude@aaoklahoma.org</u>
<u>Area Newsletter Chair</u>	<u>Amy T.</u>	<u>newsletter@aaoklahoma.org</u>
<u>Area Policy & Procedures Chair</u>	<u>Terry J.</u>	<u>policy_and_procedures@aaoklahoma.org</u>
<u>Area Public Information Chair</u>	<u>Brian H.</u>	<u>pi@aaoklahoma.org</u>
<u>Area Technologies Chair</u>	<u>Thomas R.</u>	<u>technologies@aaoklahoma.org</u>
<u>Area Treatment Chair</u>	<u>Chad S.</u>	<u>treatment@aaoklahoma.org</u>
<u>Area Webmaster</u>	<u>Josh L.</u>	<u>webmaster@aaoklahoma.org</u>
<u>Area Archivist</u>	<u>Ken E.</u>	<u>archivist@aaoklahoma.org</u>
<u>Area Recorder</u>	<u>Nancy C.</u>	<u>nancy-creager@cox.net</u>
<u>2025 Area Conference Chair</u>	<u>Laura T.</u>	<u>conf_chair@aaoklahoma.org</u>
<u>2025 Fun in the Fellowship Chair</u>	<u>Rikki E.</u>	<u>eichlerriikki3@gmail.com</u>

The Official Podcast of the General Service Office of
Alcoholics Anonymous
Available [here](#) and on [popular podcast platforms](#) (in
English only).



CONTACT INFORMATION

OK STATE AA COMMITTEE OFFICE AREA 57 OFFICE

Office Phone:	405-842-1200
Office Hours:	Fri 10-6, Sat 10-2
Physical Address:	4509 N Classen, #101 Oklahoma City, OK 73118
Mailing Address:	PO Box 18415 Oklahoma City, OK 73154
Email:	secretary@aaoklahoma.org
Website:	aaoklahoma.org

OKC Intergroup Office

Office Phone:	405-949-0910
Hotline Phone:	405-524-1100
Office Hours:	M-F 9-6; Sat 10-3
Address:	3833 NW 63rd St Oklahoma City, OK 73116
Email:	admin@okcintergroup.org
Website:	okcintergroup.org

NE Central Service Office

Office Phone:	918-627-2224
Hotline Phone:	918-627-2224
Office Hours:	M-F 9-5; Sat 9-1
Address:	4833 S Sheridan Rd, #410 Tulsa, OK 74145
Email:	necs@aaneok.org
Website:	aaneok.org

Hispanic Groups

Spanish Hotline:	405-772-0184
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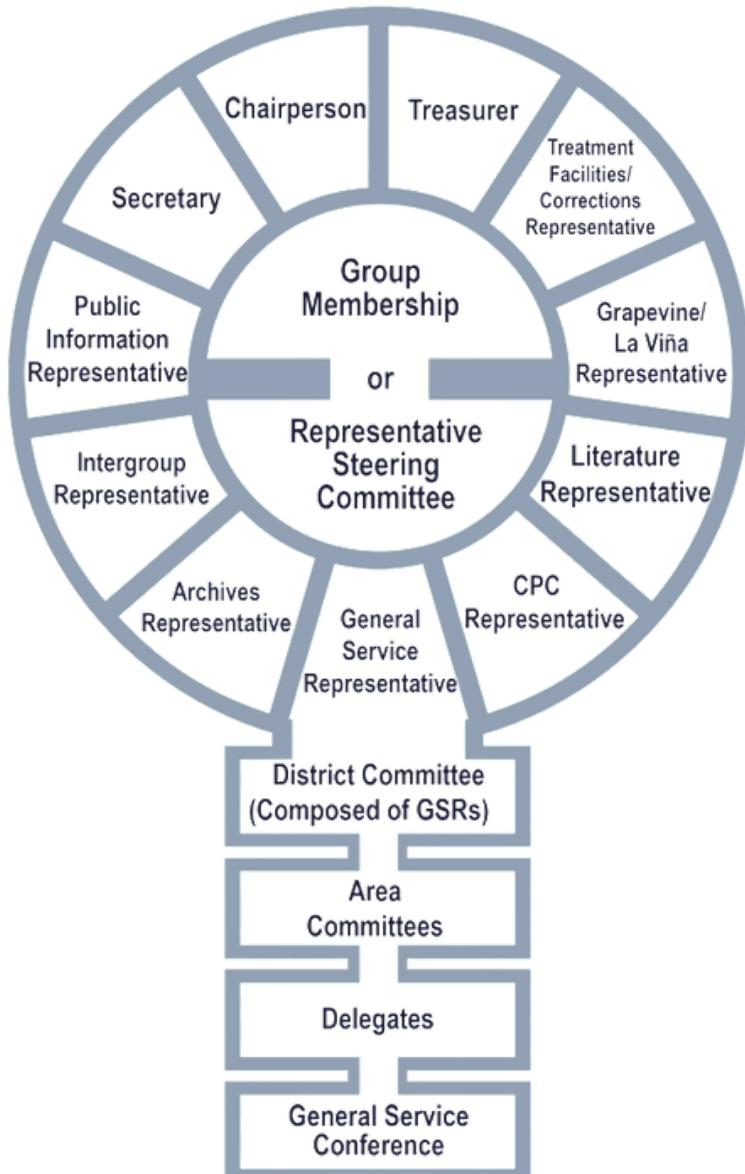


Download the Meeting Guide app from
[App Store](#) or [Google Play Store](#)

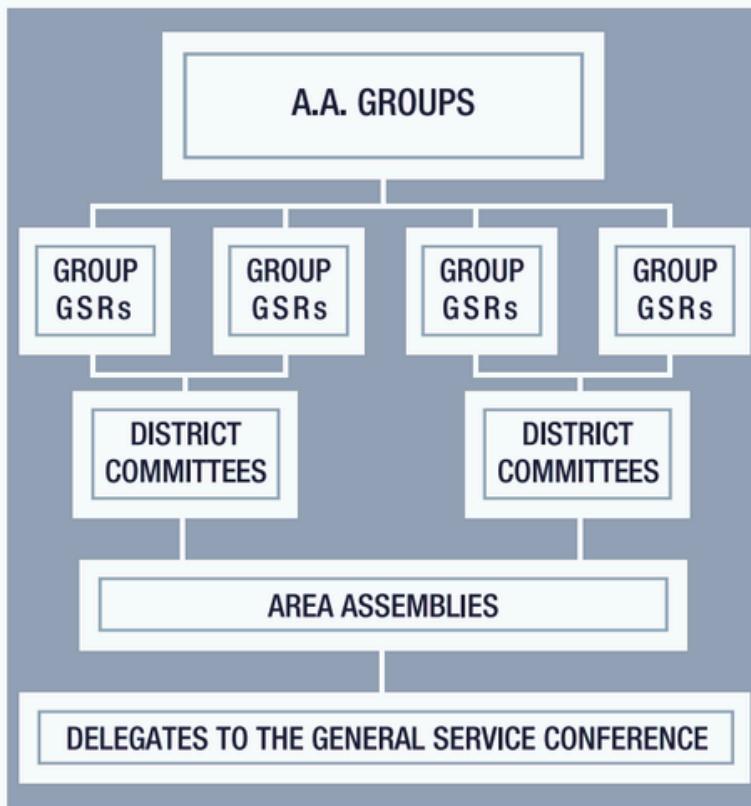
https://aa.org/pages/en_US/meeting-guide

Our Service Structure

SERVICE STRUCTURE INSIDE THE A.A. GROUP



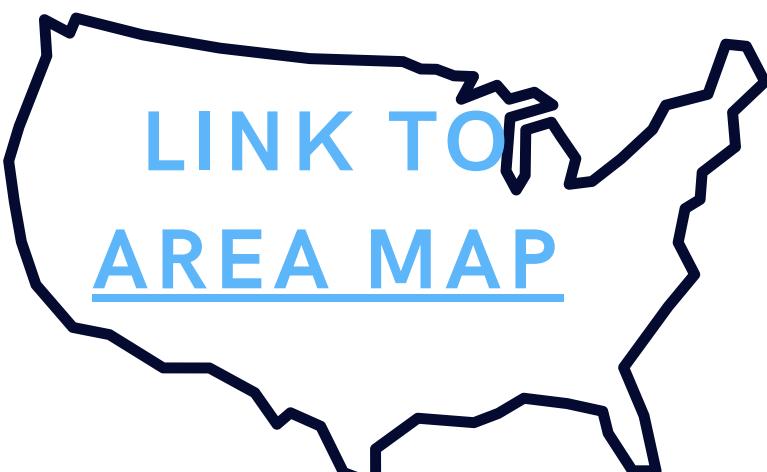
HOW THE A.A. GROUP FITS INTO THE STRUCTURE OF THE FELLOWSHIP (United States & Canada)



AREA 57 DISTRICT MAP



*Districts 10 & 20 are divided by a line along Western Ave. in OKC
 *Districts 30 & 40 are divided by a line along Lewis Ave in Tulsa
 *District 90 is a Spanish Linguistic district that covers all of OK



LINK TO SERVICE MANUAL:
[CLICK HERE](#)

Upcoming District Meetings:

DISTRICT 10: March 15th at 2pm Phoenix Group Norman - district_10@aaoklahoma.org

DISTRICT 20: TBD - please email district_20@aaoklahoma.org

DISTRICT 30: March 7th at 9am - please email district_30@aaoklahoma.org for more details

DISTRICT 40: TBD - please email district_40@aaoklahoma.org

DISTRICT 50: TBD - March 8, 2026- 10am Woodward, OK - NOAL Group - 802 9th Street
district_50@aaoklahoma.org

DISTRICT 60: TBD - please email district_60@aaoklahoma.org

DISTRICT 70: TBD - please email district_70@aaoklahoma.org

DISTRICT 80: March 15th at 10am Duncan Group, 806 Chestnut Avenue, Duncan, OK
district_80@aaoklahoma.org

DISTRICT 90: TBD - please email district_90@aaoklahoma.org

*We have tried to compile dates of district meetings. please email
newsletter@aaoklahoma.org to include your district next time.

Monthly Joint Service Meetings

These meeting are to help you learn more about the Traditions, Concepts, and other service-related topics, as well as meet other people involved in service work. All GSRs, Alternate GSRs, DCMs, District Chairs, and District Service Committee Chairs are urged to attend. Of course, everyone is welcome. Please bring your AA Service Manual.

- Oklahoma City – 1st Tuesday of each month (District 10/20)
North Meridian Group
4407 NW 50th St, OKC, OK 73112
7:30 pm Fellowship; 8:00 pm Meeting

Come hear about the Tradition and Concept of the month, along with a special presentation

- Tulsa – 2nd Thursday of each month (District 30/40)
Unanimity Club
8749 S. Lewis Ave., Tulsa, OK
6:30 pm Fellowship; 7:00 pm Meeting

UPCOMING AREA MEETINGS:

MAR 22, 2026

EMBASSY SUITES HOTEL

741 N PHILLIPS AVE

OKLAHOMA CITY, OK 73104

JUST EAST OF LINCOLN AND NE 8TH ST

AREA

57

***Northeast OK
Big Meeting***

2nd Saturday, Every Month

Snacks, Raffles, Fun!

Doors @ 7:00pm

Speaker @ 8:00pm

Harvard Avenue Christian Church

5502 S Harvard Ave

Tulsa, OK 74135

***OKC
CityWide***

Last Saturday, Every Month

Potluck Dinner - Bring a side dish

Dinner @ 5:30

Speaker @ 7:00

Cole Community Center

4400 NW Expressway

Oklahoma City, OK 73116

DELEGATE

While gratitude is something that I try to express year round, November is gratitude month in Alcoholics Anonymous. It's when I am encouraged to take a step back and reflect on the countless blessings I have in my life, gifts that are a direct result of my participation in AA. And as this year comes to an end, I look back at all of the people I've been privileged to meet, the places I've been allowed to go, and the memorable experiences I've had along the way in 2025, all in service of AA. Countless places across Area 57 with my fellow Oklahoma trudgers. The General Service Conference in NYC where I got to witness our 36 Principles in action. Vancouver for the International Conference, which once again enhanced my sobriety. The Forum in Albuquerque where I reconnected with so many amazing people from across our region.

It's just wild what God and this Fellowship has done for me.

But my sponsor always reminds me that gratitude is an action, not an emotion. I must continue to express my gratitude for the program that saved my life. I must continue to give back so that I can chip away at the debt I owe that can never be fully repaid. I must continue to be of maximum service to God and those about me.

Also, I must remember money and spirituality meet at the basket, so consider expressing your gratitude by contributing what you can to your District, to the Area, and to AA World Services.

I'm looking forward to seeing everyone again at the upcoming Area meeting in December. I'll give a more detailed report on the goings-on in AA, but here's a few key highlights until then.

- The 75th GSC Final Report is available digitally on aa.org. I also have hard copies that I have been distributing, so ask me for one when you see me
- The final report from the International Conference is now expected in January
- The GSC Inventory work is on-going with a specialized committee. While a high-level summary is available right now in the Final Report, we expect to hear recommendations for after-actions at the 76th GSC in April
- As of 11/23, the Q3 AAWS & GV/LV finances should be out in the next couple of weeks. I will distribute them to Area 57 as soon as I get them
- Contributions are down year-to-date
- Grapevine revenue and subscriptions continue to increase
- Work on the 8th floor retrofit at the General Service Office continues
- The General Service Board authorized a drawdown of \$2.4MM to pay for the renovations, although that payment has not yet been made
- The GSB Reserve Fund is currently (as of the time of this writing) at a bit more than 6 months; however, when the \$2.4MM gets paid, that will decrease to approximately 5.1 months

I am always available to anyone in Area 57 for any reason. Call, text or email, and let's chat.

Bryan T.
P75/A57 Delegate
delegate@aaoklahoma.org

AREA CHAIR

You haven't lived until you have taken a pie in the face! Well, you have lived but having a friend smash a whipped cream pie on your face is surely an experience. We got to participate in the Friday Night Affair Group's Anniversary that was held at the Western Club on Halloween. Many dressed in costumes, we listened to a great speaker and afterwards Your Delegate- Bryan T, Your Alternate Delegate- Mary Beth H, others and I were the recipients of some good old-fashioned pie in face. It was for a good cause. And who knew whipped cream tasted so good!

There was so much going on this past quarter in Area 57! I know from the laughter, the smiles, the great conversations, your feedback and broad engagement that we are NOT a glum lot!

District 10 and 20 hosted their inaugural joint picnic. It was a great time. Lots of AA's from those Districts suited up and showed up. We had great food, played cornhole and fellowshiped together. Your Past Delegate- Steve S and I spoke. I played setup man for thirty minutes and Steve took us home. There seems to be some general idea that I may talk too much (Rikki)... well, you all will be happy to know that I was right at thirty minutes. A sharing session closed out the successful event. Great job District 10 and 20!

Our Area Alternate Chair- Andy D put on some wonderful State Sponsored Workshops. He has more in the pipeline. Please keep your eyes and ears peeled and if you haven't yet attended one, we welcome you. Come learn and laugh. Also, Kudo's to our Area Service Committees- Bridge the Gap, Corrections, CPC, Grapevine, PI and Treatment. They have been out there conducting some workshops/ sharing sessions. They have more in the pipeline so if you are interested in learning more about how these Committees help make 12th Step work possible, then we hope to see you there!

I, along with other AA's from Area 57 attended the recent SW Regional Forum in Albuquerque. Imagine Fun in the Fellowship on steroids where all the Area's in our SW Region attended and members of our General Service Office and General Service Board joined the party. The presentations and workshops were informative and effectively communicated. I learned a lot about what is happening in NY and abroad from Scott, the Chair of the General Service Board as well as Bob W, Manager of our General Service Office. We got to hear from one of our new Class A Trustees- Veronica R. It was nice to meet folks from around the region. We are all as different as we are the same- just trying to get the next Newcomer to the Power so they can help the next suffering alcoholic.

I continue to learn so much from your feedback. Thank you. I pray that I will continue to be a better listener! I pray that I shall listen as though I am going to change my mind. I have stayed engaged in meeting routinely with our District Chairs, Alt DCM's, DCM's and Area Service Committee Chairs. It really feels like we are in this thing together. Thank you for showing me we are working towards the principle of Unity, for helping me better Trust the Process and thank you for the opportunity to Serve.

In love and service,

Jason B.
Area 57 Chair
chair@aaoklahoma.org

Alt. area chair

Hello Area 57!

I am grateful for the opportunity to serve as your Alternate Chair. As close out Q4, I'd like to share a summary of my activities in service to Area 57.

Service Highlights This Quarter:

- Workshops: [Conducted two workshops: A joint workshop for Area 57 Archives and Area 57 Grapevine in OKC hosted by the North Meridian Group. We had an excellent panel consisting of Marbet B, Ken E., Steve S., Judith R. and Roger B. Each panelist shared the experience with Archives and/or the Grapevine. I'd like to acknowledge Jessica G. for putting it all together.

We also had a workshop held in District 70 hosted by the Elk City Original Group. The workshop consisted of 3 panelists sharing on Carrying the Message, the Doctor's Opinion and Service. Johnny I., Jimmy C. and Gene C. each did a phenomenal job sharing their experience, strength and hope. Showing A.A. is alive and well in Elk City America!

- Collaboration: Worked alongside our Area Chair and trusted servants to ensure smooth communication and support across committees.
- Upcoming Events: Working on workshops in Q1 in Coalgate and D30.

Reflections:

This quarter reminded me once again of the strength of our fellowship and the importance of service in carrying the message. I am continually inspired by the dedication of members throughout Area 57 who show up, share their experience, and work together for the good of Alcoholics Anonymous. Any time anyone reaches out for help I want the hand of A.A. to be there.

Thank you for the privilege of serving. I look forward to continuing this work in 2026 and encourage anyone interested in conducting a State Sponsored Workshop in 2026 to reach out. Area 57 is always strengthened when more voices join the effort.

In love and service,

Andy D.
Alternate Chair Area 57

ALT-CHAIR@AAOKLAHOMA.ORG

Treatment Chair

Hello Area 57!

My name is Chad S. and I'm an alcoholic. I have the honor and privilege of serving as the Area 57 Treatment Committee Chair. I have had a blast during the 1st half of this term and I am looking forward to the 2nd year of this service period. It has been amazing putting on workshops throughout the state in cooperation with PJ T. and Gabe S. combining Treatment, Corrections, and Bridge the Gap. We have more big things in the works as we look to finish this term strong and continue to hold workshops around our state. I have attached the flyer for our next event which will be held in Enid on 2/7/26 from 3:00-5:30pm with a meal provided after. We hope to see you there.

I have had the opportunity to work with a fantastic group of District Treatment Chairs that are passionate about service and carrying the message as an extension of the hand of AA. When we started in this service term we discussed strategies that were in place and how we could compliment and build on them as well as obstacles to being of maximum service to our primary purpose. There was an expressed need in having a sufficient amount of literature in order to hold meetings in the centers that we are attending. As a committee we sought a solution and a means of implementing our plan. I am very pleased to announce that as a committee we have established a service titled "Seeds of Hope"! I have attached a card containing our mission statement, contact information, and a way to contribute. If you would like more information about ways to contribute, would like to share the need for literature, or have questions about the service please feel free to reach out to that email.

I am extremely honored and grateful to get to serve shoulder to shoulder with such an amazing group of service warriors in being of service to a program that absolutely saved and changed my life. Thank you for my life and for this opportunity.

In Love and Service,

Chad S.
treatment@aaoklahoma.org

PUBLIC INFORMATION

Greetings, fellow members of Area 57!

As your Public Information (PI) Chair, I'm thrilled to share some exciting developments in our efforts to carry the message of hope and recovery to those who still suffer.

Over the past few months, I've been busy creating and distributing a wealth of meeting guide and hotline stickers. These handy tools have been passed out at meetings, events, and community spots across our area, helping to connect more people with the life-changing support AA offers. It's been rewarding to see them in action, sparking conversations and guiding newcomers to their first steps in sobriety.

I've also had the privilege of attending multiple workshops, including a standout one in District 80. Let me tell you, District 80 is absolutely on fire for public information—their enthusiasm and innovative ideas are inspiring us all to step up our game. These sessions have been invaluable for networking, sharing best practices, and reigniting our commitment to Twelfth Step work.

In addition, I've facilitated the distribution of essential literature to groups and individuals throughout our districts. Whether it's pamphlets, Big Books, or other resources, ensuring everyone has access to AA's timeless wisdom remains a top priority. Your feedback and requests have been key in making this happen efficiently.

Looking ahead, we have several upcoming workshops in the pipeline for early next year. These will focus on enhancing our PI strategies, from media outreach to community partnerships. Stay tuned for details—your participation will make them even more impactful!

If you'd like to get involved or have ideas for PI initiatives, please reach out. Together, we're making a difference, one sticker, one workshop, and one piece of literature at a time.

Brian H.
Area 57 PI Chair
pi@aaoklahoma.org

Gratitude Plan Chair

Honoring the Spirit of Gratitude in Area 57

The Gratitude Plan began right here in Oklahoma in the 1950s, created by sober members who felt inspired to express their gratitude for recovery by giving back to AA. It officially became known as The Gratitude Plan in September 1992.

While November is considered the “official” month of gratitude, those of us living sober lives know that gratitude isn’t limited to a calendar. It’s a daily experience — a spiritual practice woven into our recovery.

Thank you for your continued contributions, above and beyond your meeting baskets.

Your generosity is the reason Alcoholics Anonymous can continue fulfilling its mission of one alcoholic helping another and ensuring that our doors remain open to the next person who needs us.

With much love and gratitude,

Marti F.

Area 57 Gratitude Plan Chair
gratitude@aaoklahoma.org

Step TEN

"Continued to take personal inventory and when we were wrong promptly admitted it."

We regularly review our thoughts, actions, and behaviors, promptly admitting when we are wrong. This ongoing practice helps maintain emotional balance, deepen self-awareness, and support long-term sobriety through daily honesty, accountability, and spiritual growth.

Step ELEVEN

"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

We seek clarity, guidance, and strength for daily living. This step nurtures spiritual growth, emotional balance, and a sense of calm, helping us respond to life with intention rather than impulse.

Step TWELVE

"Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

Through service, humility, and compassion, we strengthen our own recovery. This step encourages living by example, giving back, and sharing hope so others may find freedom too.

Tradition TEN

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

By avoiding public controversy, the fellowship maintains unity and keeps its primary purpose clear: helping alcoholics recover. This tradition protects A.A.'s credibility, ensuring personal opinions don't divide the group or distract from its mission.

Tradition ELEVEN

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

The fellowship avoids personal promotion, focusing instead on attraction through example. By maintaining humility and safeguarding members' identities, A.A. prevents ego-driven publicity and preserves unity, ensuring the message—not the individual—remains at the center.

Tradition TWELVE

"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

It reminds us to place principles above personalities, avoid ego-driven behavior, and protect the unity of the fellowship. By staying humble and focused on the group's purpose, we maintain A.A.'s integrity and effectiveness.

Concept TEN

"Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined."

Concept 10 ensures accountability within A.A.'s service structure. It states that every service board or committee needs clear authority and defined responsibility. This concept promotes transparency, avoids confusion, and supports effective leadership by making sure tasks are assigned, understood, and carried out with integrity.

Concept ELEVEN

"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

Concept 11 provides A.A.'s trusted servants with professional resources when needed. It allows the use of paid staff for specialized tasks while keeping authority in the hands of the volunteer service structure. This concept ensures efficiency, stability, and support without compromising A.A.'s spiritual nature or group conscience.

Concept TWELVE

"The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action."

It protects minority opinion, prevents misuse of power, and ensures decisions reflect spiritual principles. This concept safeguards A.A.'s service structure, keeping it balanced, transparent, and guided by group conscience.

Q3 Financial Statements - AA World Services/General Service Board and Grapevine

Area 57,

Please click the link below to see the latest financial statements from AAWS/GSB and Grapevine. This is for Q3, period ending September 30, 2025.

[CLICK HERE for the financial report](#)

Tradition Ten
Tenth Point To Assure Our Future

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Long & Original Form

No A.A. group or member should ever, ***in such a way as to implicate A.A.*** **[in the original form, this phrase was in italics]**, express any opinion on outside controversial issues-particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

Tradition 10 **Checklist Question**

Do I ever give the impression that there really is an “A.A. opinion” on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?

Excerpt from Traditions Checklist from the Grapvine SMF-131

Tradition Eleven
Eleventh Point To Assure Our Future

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Long & Original Form

Our relations with the general public [used to say “outside world”] should be characterized by personal anonymity [used to say “modesty and anonymity.”] A.A. should avoid sensational advertising. **[Added “Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed.”]** Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.

Tradition 11 **Checklist Question**

Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

Am I always careful to keep the confidences shared with me as an AA member?

Regarding anonymity: In the book “Dr. Bob and the Good Oldtimers”, on page 264, it reads:

“He [Dr. Bob] said there were two ways to break the anonymity Tradition; (1) by giving your name at the public level of press or radio, (2) by being so anonymous that you can't be reached by other drunks.”

In his bio, one of the GSO staff members, Michael, shared that he learned in his first home group, “... direct your share and your leads as if the audience is hearing a speaker for the first time. Share what keeps me coming back.”

Tradition Twelve
Twelfth Point To Assure Our Future
Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Original Short Form
November 1949

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place **above** personalities.

Tradition Twelve
Twelfth Point To Assure Our Future
Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Original & Long Form

And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility [used to read "truly humble modesty"]. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

Tradition 12 Checklist Question

What does “principles before personalities” mean to me?

Excerpt from Traditions Checklist from the Grapvine SMF-131

May we ALWAYS remember — AA is much more than me or you... but we are a part of our AA's past/present. May we always keep that responsibility in mind.

22nd Annual
Southwest Unity Conference
SUNLIGHT of the SPIRIT
February 20th - 22nd, 2026

SPEAKERS

Rodney T. - Stillwater, OK (AA)
Allison T. - Stillwater, OK (AA-ANON)
Ross D. - Tulsa, OK (AA)
Phyllis M. - Tulsa, OK (AA)
Tony E. - Chickasha, OK (AA)
Robbin E. - Chickasha, OK (AA-ANON)



ACTIVITIES:

- Great Spokings
- Night Owl Meetings
- Women's Meeting
- Entertainment
- Morning Devotions
- Hospitality Suite
- Sunsets over the lake
- Hiking
- Fishing*
*must have OK fishing license.

Pre-Registration

\$30, if received by February 6th

\$35 at the door

Sunlight of
the Spirit

Questions? Email us at:
sos.info@southwestunityconference.com

Quartz Mountain Resort Arts & Conference Center

- Book by January 17th to ensure lodging availability.
- Special Conference room rates starting at \$136
- Reservations: 580-563-9174 discount code 1821.

* To have a pre-printed badge, pre-registration must be received by 2-6-26

Mail this form with a check written to: SW UNITY CONFERENCE, PO Box 3464, Lawton, OK 73502

Name: _____ Badge Name: _____ AA _____ Home Grp: _____

Name: _____ Badge Name: _____ AA _____ Home Grp: _____

Email: _____ Phone: _____

The conference will contact you via email if you provide an email address or by mail if no email is provided.

Mailing Address: _____ City: _____ State: _____ Zip: _____

REGISTRATIONS: _____ Registrations \$130 each \$_____

Please accept my donation toward SCHOLARSHIPS: _____

Please accept my donation toward SPIRIT FUND: _____

LS T-Shirts: _____ Small _____ Med _____ L _____ XL _____ \$15.00 each \$_____

LS T-Shirts: _____ Small _____ Med _____ L _____ XL _____ \$15.00 each \$_____

Hoodie: _____ Small _____ Med _____ L _____ XL _____ \$25.00 each \$_____

Coffee Mug: _____ \$5.00 each \$_____

TOTAL ENCLOSED \$_____

REBOS Clubhouse is Moving

Beginning January 1, 2026 the Rebos Clubhouse will have a new location.

NEW REBOS LOCATION:

**7012 South Utica Avenue
Tulsa, Oklahoma 74136**

On the same street as Shortline Dental.
Next door to Jedi Jiu-Jitsu.

Please help us spread the word.

EVENTS
IN
AREA 57

Area 57 Treatment Seeds of Hope



\$A57HopeSeeds

Helping to provide literature to carry the message into treatment facilities across the state of Oklahoma.

For more information contact:

a57hope.seeds@gmail.com

Registration is open
aa.org/regional-local-and-special-forums



Special Online Forum for Deaf

Alcoholics Anonymous Members

Saturday, January 17, 2026

9 a.m. - 5 p.m. (PDT)

12 p.m. - 8 p.m. (EST)

A Language and Cultural Special Forum for Deaf AA Members who use American Sign Language (ASL), Langue des Signes Québécoise (LSQ) & Lengua de Señas Mexicana (LSM)

Panel 1: Deaf AA, Community Culture & Language

Panel 2: Is AA Accessible for Deaf Members?

Panel 3: Interpreters, Safety & Inclusion

Panel 4: Your Connection to the Office/General Service Board

Panel 5: What Resources are Available?

Town Hall: How Can AA Improve?

This General Service Office event will be held online and facilitated by Deaf AA members.

Why attend?

- Fellowship with Deaf AA members throughout the U.S./Canada.
- Share your ideas on how we can improve carrying the message to still suffering Deaf alcoholics.
- Learn how the general service structure works.

Together, we will work on solutions to better meet the needs of Deaf members and strengthen the connection between the Deaf community and the wider AA Fellowship.

2026
DISTRICT 30
Winter Conference

JANUARY 30TH - FEBRUARY 1ST

CLAREMORE CONFERENCE CENTER
CLAREMORE, OK

REGISTER HERE



"We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe."



**Area 57 Treatment
Seeds of Hope**



\$A57HopeSeeds

Helping to provide literature to carry the message into treatment facilities across the state of Oklahoma.

For more information contact:
a57hope.seeds@gmail.com

2025 Winter Conference . OKC

January 17th, 18th, & 19th

The Reed Center
Delta Hotel
5800 Will Rogers Rd.
Midwest City, OK 73110

Registration \$30 until January 1st; \$35 after



Speakers

Judy R. - Little Axe
Steven L. - Piedmont
Faith L. - Piedmont
Diane A. - Nashville
Al-Anon
Mike A. - Nashville
Jennifer H. - Plano

Bingo & Raffle
Karaoke Contest
Marathon Meetings
Al-Anon Meetings
Workshops
Hospitality Room

www.winterconferenceokc.com
Special Room Rates Available

SAVE THE DATE

03.14.2026



**AREA 57 CORRECTIONS
CONFERENCE**

The Western Club
5207 N Western Ave, Oklahoma City, OK 73118

**AREA 57'S HAND OF AA
WORKSHOP:
TREATMENT,
CORRECTIONS, AND
BRIDGE THE GAP**

02/07/2026

3:00PM - 5:30PM

DINNER SERVED AFTER

SIDES AND DESSERTS APPRECIATED.

MEAT AND DRINKS PROVIDED.

Hosted by:
Lost and Found
1602 E Chestnut
Enid, OK 73701

**25TH ANNUAL
PROMISES**
MEN'S GETAWAY WEEKEND
MARCH 27-29, 2026

Guest Speaker:
Clif G., Altered Boys
Oklahoma City, OK

Camp Egan
26633 Highway 62
Tahlequah, OK 74464
(11 miles East of Tahlequah, OK on Hwy. 62)

\$140 - Cabin (per person)
Sleeps 10 and climate control.
Bring toiletries, towels, bedding or sleeping bag.

\$220 - Holliman Lodge (per person)
Hotel-style Sleeps 2 and climate control.
Bring toiletries, towels, bedding provided.
(Non-Smoking Lodging)

Check-in at 2:00 pm on Friday the 27th.
Check-out by 12:00 noon on Sunday the 29th.

All meals included:
Friday and Saturday night lodging,
Friday night dinner,
Saturday breakfast, lunch & dinner and
Sunday breakfast

PROMISES
MEN'S GETAWAY WEEKEND

If we are palestalking about this phase of our development, we will be amazed before we are fully through. (BB, p. 83)

Third Step Exercise on Saturday morning!

Bring your Hawaiian shirt for Saturday night Also, footballs, motorcycle, hiking boots, fishing gear, board games, etc.

First time palestalking here? Registration by Mail
Deadline to March 20, 2026 and
Registration by Mail
Deadline to March 23, 2026
Send your Registration Form
and payment to: PROMISES
P.O. Box 1121
Oklahoma City, OK 73145
For more information email
promisesmensteam@comcast.net
or contact Brad G. 405-228-2900





PROMISES
P.O. Box 1121
Oklahoma City, OK 73145
For more information email
promisesmensteam@comcast.net
or contact Brad G. 405-228-2900

venmo

AREA 57 CONFERENCE

To make an additional contribution to the Area 57 Conference, go to:
<https://oklahoma-state-conference.square.site>

Area 57 Needs Raffle Prizes!
Contact:
welchcassandra52@gmail.com



Alcoholics Got Talent
AGT

We be trudgin'
as we kick off the 75th Annual
Area 57 State Conference with
Alcoholics Got Talent!

Talent Night-Friday, May 15, 2026

We are looking for 15 members
who have talent, such as:
Singing
Bands
Dancers
Musical Instruments
Poetry
Stand-Up Comedy
Juggling
Magicians

Please email your talent by
March 1, 2026 to
jessicagermany1984@hotmail.com
or call at 580-630-2159.
Trudge with talent!

SAVE THE DATE
May 15-17, 2026

2026 Oklahoma State Conference



Register Online

**Stoney Creek Hotel
Broken Arrow, OK**

Meeting held every other Thursday @ 6:30pm central

A.A. SERVICE MANUAL IN DEPTH BOOK STUDY

Virtual (via Zoom)



Area 4 Arkansas
Area 10 Colorado
Area 25 Kansas
Area 38 Eastern Missouri
Area 39 Western Missouri
Area 46 New Mexico
Area 57 Oklahoma
Area 65 Northwest Texas
Area 66 Northwest Texas
Area 67 Southeast Texas
Area 68 Southwest Texas

Curious A.A. members from the SW Region getting together for an in depth study of the A.A. Service Manual.



Learn More

We want You!



A most effective way for us to learn is to hear from those who have the experience. We welcome you to join us and share!



Join us - Upcoming Meeting Dates:

December 4th and 18th, 2026 @ 6:30pm central
via Zoom
Meeting ID: 824 5227 5057
Passcode: 272325

Meeting in Paradise
Sober Destination Vacation
FEBRUARY 20TH-22ND 2026
San Pedro Belize

We will be hosting the event and all activities at the Boca Del Rio Beach A.A. Club in beautiful San Pedro, Belize. This is where it all began for us in Belize, as well as where our original conference in 2020 was going to be held. For our 3rd Conference, we are going to focus on Public Information and carrying the message. Please click on our "Reserve Now" tab to register. We will have a list of preferred accommodations companies on our FAQ page here.

You will always find many opportunities to golf and your guide country can help with that, as can Nate, and his number is at the bottom of the page. If you are in Belize or Mexico, please reach Saul at his number at the bottom of the page. We are looking forward to seeing you and giving you a peek at the hard work our Belizean friends have done over the last 40+ years to carry the message of AA in Belize.

ANNUAL Meeting in Paradise Guest Speakers

Clif G., Oklahoma
Lori G., Oklahoma
Katie P., Texas
Jeffrey R., Canada

Saul N., Belize
Pioneer Panel - Meet the AA Pioneers of Belize

Check www.meetinginparadise.com for pricing, registration and updated information.

Meeting in Paradise Experiences

- Speakers on Friday, Saturday & Sunday
- Meetings begin @ 7pm on Friday & end on Sunday at 11am
- Extend Meeting in Paradise to your personal vacation

REGISTER NOW AT
www.meetinginparadise.com
Email: cozy@mmitee-team.com International Saul N +5016271585 Email: belizean@gmail.com

REGISTER NOW!

International Women's Conference

Des Moines, Iowa

February 12-15, 2026

Community Choice Convention Center

A limited number of in-person registrations are available. It will sell out soon!



Scan to register for in person or online!



internationalwomensconference.org

HOSTED BY SOUTHEAST TEXAS, AREA 67
SWRAASA
SOUTHWEST REGIONAL AA SERVICE ASSEMBLY

OCTOBER 9 - 11, 2026
HOUSTON, TX

A.A. A SOCIETY OF RECOVERED ALCOHOLICS IN ACTION

Events Around the SW Region & USA