

Ghifari Exclusive 7 Days Discover Southern Yunnan + Eastern Tibet *Once in a Lifetime...*



*Get ready for an unforgettable adventure as we journey through the stunning landscapes of **Lijiang** and **Shangri-La**! Starting in Lijiang and ending in Shangri-La, this trip will take you to breathtaking destinations. We'll explore the historic former residence of Joseph Rock and immerse ourselves in the rich cultural heritage of local ethnic minorities. Venture into China's deepest gorge, marvel at the powerful flow of the **Yangtze River**, nestled between the towering **Haba Snow Mountain** and **Jade Dragon Snow Mountain**, and trek deep into the mountains to uncover nature's hidden wonders. And of course, we'll visit magnificent Tibetan monasteries, diving into the mystical world of Buddhist culture.*

Day 1: Arrive in Lijiang

Welcome to Lijiang! Upon arriving at Lijiang Sanyi Airport, you'll be greeted by your guide and transferred to your hotel. Depending on your flight's arrival time, you'll have the opportunity to embark on an afternoon tour of the charming **Lijiang Shuhe Old Town**. Wander along its cobblestone streets and immerse yourself in the rich cultural heritage that has stood the test of time. Check in your hotel at Arrokhampa By Zinc Journey Lijiang to rest after your journey.



Day 2: Cultural tour in Lijiang (B)

After a hearty breakfast, embark on an exciting adventure along the Ancient Tea-Horse Road, riding horseback through the scenic landscapes. Your journey begins with a visit to the historic **Shuhe Ancient Town**, followed by a climb to a hill behind the town, where you'll be rewarded with stunning panoramic views. Ride through peaceful pine forests before returning to your hotel. After lunch, dive into the rich world of Yunnan coffee with a visit to the **Yunnan Coffee Museum**, where you'll also have the chance to taste some of the region's finest brews. Then, head to **Baisha Village**, the ancient capital of Lijiang,



and admire its exquisite Buddhist moral paintings. In the afternoon, explore **Yuhu Village**, home to the former residence of Joseph Rock—an Austrian American explorer who spent over 20 years in the early 20th century studying Naxi culture and the flora of southwestern China. Return to your hotel for a restful evening.

Day 3: Tiger Leaping Gorge Hike (B, L & D)

Today, get ready for an exhilarating adventure as you drive to the breathtaking **Tiger Leaping Gorge**, one of the most spectacular trekking destinations in China. Known as one of the deepest gorges in the world, it spans 16 kilometres and plunges a dramatic 3,900 meters from the rushing waters of the **Yangtze River** to the towering peaks of **Haba Snow Mountain (5,396m)** to the west and **Jade Dragon Snow Mountain (5,596m)** to the east. Your hike begins at the Tea-Horse Guest House, where you'll trek for about two hours to reach the Half-Way Guest House. After a short rest, continue your journey for another two hours from Half-Way Guest House to Tina's Guest House. Along the way, you'll encounter stunning natural waterfalls and other awe-inspiring wonders of this majestic landscape.



Day 4: Tiger Leaping Gorge - White Water Terrace - Potatso National Park (B, L & D)

Today, you'll travel to **Shangri-La**, with captivating stops at **White Water Terrace** and **Potatso National Park** along the way. Your first stop is the remarkable White Water Terrace, where a colourful landscape has been shaped over time by the continuous deposition of calcium carbonate from spring water. Each year, the surface is further covered by these mineral deposits, gradually transforming the area into the stunning terraced formations you see today. Next continue your journey to Potatso National Park, the first national park in mainland China, which opened to the public in 2007. Immerse yourself in the park's pristine beauty,





where vast natural landscapes and diverse wildlife awaits. After your exploration, check in at Arrokhampa by Zinc Journey Shangri-La, where you'll relax and unwind in comfort after a day of adventure.

Day 5: Shangri-La Cultural Tour (B)

After breakfast, you'll visit the **Songzanlin Monastery**, one of the 13 largest Gelukpa monasteries in Kham, founded by the Fifth Dalai Lama in the 17th century. This monastery is home to around 700 monks who follow the Gelukpa sect of Tibetan Buddhism. Explore the Grand Assembly Hall (Dratsang) and one of the college sections (Khamtsen), where you'll have the chance to meet monks from across Gyalthang County. On certain days, you may be able to witness special religious ceremonies—check with your guide to see if any ceremonies are happening during your visit. In the afternoon, head to the **Napa Lake Wetland Nature Reserve**. As you drive to Napa Lake, you'll pass traditional Tibetan villages, encounter Tibetan yaks and horses, and observe a variety of birds, especially the beautiful, black-necked cranes that migrate to Shangri-La for the winter season. We'll stop at several scenic spots for sightseeing and photography along the way. After returning to the hotel, take a leisurely stroll through the enchanting **Shangri-La Moonlight Ancient Town**. For those interested in learning more about Tibetan culture, you can join a 1-2 hour Thangka Painting Art Class, where you'll create your own artwork to take home as a unique souvenir.



Day 6: Taste the Flavors of Shangri-La (B, L & D)

After breakfast, you'll drive to **Nixi Pottery Village** to discover the renowned **Black Clay Pottery**. Watch skilled artisans create these beautiful pieces and learn about the fascinating history and techniques behind this ancient craft. You'll also can speak with a famous artisan to gain deeper insight into the pottery-making process. For a truly hands-on experience, try your hand at making your own pottery, such as a clay cup or ashtray, with guidance from a master artisan. Don't miss the chance to taste some delicious local food, especially the region's famous chicken, cooked in a traditional black pot known for its exceptional flavour. After lunch, you'll drive back to Shangri-La, making a stop at **Napa Wetland Reserve**. This reserve is an important winter habitat for migratory birds, particularly the Black-necked Cranes. Depending on the season, you'll be treated to vast green



grasslands from late April to early July, or during the monsoon, you'll witness the land transformed into a shimmering expanse of water, known locally as Napa Lake. After your exploration, return to the hotel to relax and unwind.

Day 7: Fly back to your next destination

After a delightful breakfast this morning, it's time to say goodbye to the enchanting *Shangri-La*. You will be transferred to the airport, where you'll catch your flight to your next exciting destination. We hope this journey has created lasting memories, and we wish you safe travels as you continue your adventure. Until we meet again!

Package from:

SGD \$2,699 - MIN 2 PAX

SGD \$2,288 - MIN 4 PAX

SGD \$2,155 - MIN 6 PAX

SGD \$1,880 - MIN 8 PAX

Price Includes:

- 1) Expertise and services of our experienced guides
- 2) All accommodation as noted in the itinerary
- 3) All overland transportation as noted in the itinerary
- 4) All admission fees and activity expenses as noted in the itinerary
- 5) All breakfasts, almost all lunches and dinners as noted in the itinerary
(Will cater for Halal meals)
- 6) Snacks and water between meals
- 7) Private guided tours at historic sites
- 8) Guide and Driver's meals and hotels
- 9) All gratuities at hotels and restaurants

Price Not Includes:

1. International airfare, airport taxes, and excess baggage
2. Travel and medical insurance
3. Discretionary gratuities for guides and drivers
4. Single supplement room
5. Baggage fees
6. Gratuities for Khampa Caravan guides and guide-drivers
7. Personal expenses
8. Emergency rescue costs: In case of accidents caused by personal reasons or non-human factors during the activity, our company has corresponding rescue plans, but the costs incurred should be borne by the team members themselves.

[Remark: The price mentioned above is for per person and not for Peak Season 「July - August」 , and national holiday]