

# NEWBIE MINDSET WORKSHEET

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**Purpose:** Approach problems with curiosity and a beginner's perspective.

1. Define the topic or problem.
2. List what you "already know."
3. Challenge assumptions—what would a beginner ask?

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Topic/problem/decision:

Current Expertise/Mindset  
(beliefs, assumptions,  
knowledge, values)

Newbie Expertise/Mindset  
(questions, fresh  
perspectives, curiosity)

