



Center for Community Counseling

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SPRING 2025 NEWSLETTER

TRANSFORMING LIVES & HEALING RELATIONSHIPS

Our Commitment to Diversity, Equity, and Inclusion

In light of the recent executive orders from the White House, the Center for Community Counseling wishes to reaffirm our unwavering commitment to diversity, equity, and inclusion.

We firmly believe that these principles are essential in creating an equal playing field for everyone, regardless of their background or identity. Our dedication to fostering an inclusive environment is not just a policy—it's a core value that guides our work and our interactions with the communities we serve. We stand resolute in our belief that diversity strengthens our community and enhances the quality of our services.

We will not be coerced into changing our position on these vital issues. As we move forward, we will continue to champion policies that promote equity and justice for all individuals. Together, we can create a more inclusive future where everyone has the opportunity to thrive.

Thank You to Our Dueling Pianos Donors and Sponsors!

Our annual fundraising event, Dueling Pianos, held on February 8th, was a resounding success! A huge thank you goes out to our dedicated board members who brought friends and colleagues to join in the tropical fun! As we look ahead to next year's events, we invite you to share your thoughts on potential entertainment options. How about a live dance band? We would love to hear your ideas!

We also want to extend our heartfelt gratitude to the Walters Foundation and Alan Yordy and Joan Kropf for their generous support of our fundraiser. Their contributions have made a significant impact, ensuring the success of this event and helping us continue our mission to support our community. Thank you for believing in our cause!

Our full list of sponsors and donors of this year's fundraiser can be found on our website, www.ccceugene.org.

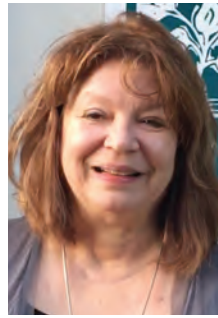


"The deep roots never doubt spring will come."

– Marty Rubin

Dear Debbie

It has been disappointing to see so many businesses abandon their DEI practices due to the current political climate. I want to know my donations are going to organizations that align with my values. What is CCC's stance?



Deborah Saunders

Dear Reader,

At the Center for Community Counseling, our commitment to diversity, equity, and inclusion (DEI) is not just a principle; it is a core value that shapes the services we provide to our community. We believe that everyone, regardless of their background, deserves access to quality mental health services.

A poignant example is the story of Steven, a community member who faced significant barriers in accessing mental health services. Despite his persistent efforts, he was met with obstacles that left him feeling hopeless.

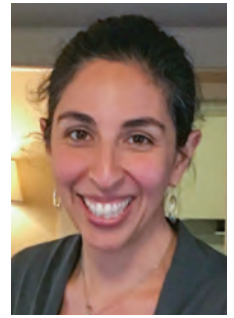
We worked diligently to match Steven with a counselor who not only understood the mental health landscape but also valued and respected cultural differences. This counselor's appreciation for Steven's background and experiences created a safe space for him to express his thoughts and feelings openly.

At CCC, we are committed to continually assessing and improving our services to be inclusive and equitable. Our ongoing efforts include supporting staff in cultural competency, actively seeking diverse counselors, and ensuring that our outreach programs reach all corners of our community. We understand that true inclusion means listening to and understanding the unique needs of every individual we serve.

As we move forward, we invite you to join us in our mission to create a more inclusive community where everyone feels valued and empowered to seek the help they deserve. Thank you for your continued support in fostering a community where diversity, equity, and inclusion are at the forefront of our collective efforts. If you or someone you know needs support, please don't hesitate to reach out to us at counseling@ccceugene.org.

Ask Nasim

I saw on your website that CCC is committed to diversity, equity and inclusion practices, but does DEI really have anything to do with counseling or CCC's services?



*Nasim
Talebreza-May*

Dear Reader,

Although "DEI" as a concept has been thrust into political debate lately, the work and ideas behind it are nothing new to our country or to CCC. It involves welcoming clients and professionals from all walks of life, valuing their input, and fostering an environment where diverse perspectives are respected and celebrated.

DEI initiatives in counseling ensure that marginalized communities receive the mental health support they deserve. Historically, certain groups have faced barriers to care, including stigmatization, discrimination, and lack of access to culturally competent services.

CCC was founded over 45 years ago on the understanding that there are individuals in our community who have faced these barriers and a lack of access to services that meet their unique needs. CCC strives to decrease these obstacles by welcoming those who are uninsured and underinsured and acknowledging that we do not need a mental health disorder to need professional support during challenging periods in our lives.

We provide an array of services including long-term therapy, couples therapy, and groups to meet the needs of a diverse set of clients. Our sliding scale fee allows clients to pay what they can and still receive access to quality mental health services. We pride ourselves on continually assessing the needs of our community and working to bring our clients the sense of peace, security and stability good mental health brings.

As we continue to prioritize diversity, equity and inclusion, we strengthen our agency's mission of Transforming Lives and Healing Relationships by providing compassionate, effective, and culturally aware counseling services to all who need them.



Volunteer of the Year: Leora White

We are so pleased to announce Leora White as CCC's volunteer of the year for 2024! Leora has been volunteering with the Center for Community Counseling since 2011 when she began accumulating hours toward her counseling license. She received her masters degree in 1991, but devoted her time afterward to raising her children as a single parent after the passing of her husband. Once the time came to focus on her license again, CCC was a perfect place to have a consistent source of clients in exchange for supervision.



Leora White, LPC

For years, Leora has been instrumental in delivering services to our clients as a volunteer counselor, and guiding our Learning Clinic students on their path toward licensure as a volunteer supervisor. While Leora no longer sees individual clients, she is the first to volunteer to lead special groups requested by outside organizations, and serves CCC group clients by facilitating and supervising our DBT group modules throughout the year.

Leora's favorite part of being a CCC volunteer is being able to provide counseling to clients who might not otherwise be able to afford to see a therapist. She also enjoys supervising CCC interns. *"It fulfills my need for intellectual stimulation by discussing client issues, but without having to keep up with all of the paperwork! It is very fulfilling to see students come in with no experience and move from being nervous to being confident helpers. I also like that I can spend one hour a week supervising a student and they can see up to ten clients. If I were seeing individual clients, I could only provide services to one person in that same hour."*

When asked what she would tell others who might be interested in volunteering with the Center for Community Counseling, she said, *"I think CCC is a great place to do pro bono work and give back to the community. It also provides therapists with experience with an underserved population."* Thank you to Leora for her inspiring dedication to our mission of Transforming Lives and Healing Relationships! We are so grateful for all you do for CCC and the community.

A Fond Farewell

We would like to take a moment to honor Sheila Broderick, who has recently retired from our board.



Sheila Broderick

Sheila has not only continued her family legacy of supporting CCC, following in the footsteps of her husband, Ray Broderick, who served for many years as a board member and as board president, but she has also made a significant impact during her time with us.

Her insightful contributions and unwavering support at events have been invaluable, and her presence will surely be missed. Thank you, Sheila, for your dedication and commitment to our community!

CCC Launches New Website

The Center for Community Counseling is excited to announce our newly redesigned website, aimed at enhancing accessibility and navigation for all.

The updated site features a user-friendly interface that simplifies the process of finding information, making contributions, and accessing resources. With intuitive menus and clear pathways, visitors can effortlessly explore our programs, learn about upcoming events, and engage with our mission.

We are committed to fostering a strong community connection, and this new website is a significant step toward ensuring that everyone can easily participate and support our initiatives. Please visit us at www.cceugene.org





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