

## Safety Plan Initiative

I, \_\_\_\_\_, hereby agree that I will not harm myself in any way, attempt suicide, or die by suicide. I am a Targeted Individual and I am under remote neural monitoring, overwhelming surveillance and torture by remote persons unknown. I will not take my own life. If I am harmed in any way, it will not be by my own hand, however, there are persons or entities who are harming me and may wish to take my life. I take an oath to myself, to other member of the Targeted community, to my family and before God that I wish to live my life to the fullest until the time that my last natural breath is taken.

Furthermore, I agree that I will take the following actions if I am ever having self-harming thoughts whether by others by remote mind control or my own:

1) I will remind myself that I can never, under any circumstances, harm myself in any way, attempt suicide, or die by suicide.

2) I will call my TI buddy at \_\_\_\_\_ if I believe that I am in immediate danger of harming myself or if someone is trying to harm me.

3) I will call any or all of the following numbers if I am in immediate danger of harming myself but have suicidal thoughts or if I am aware of imminent danger of being "suicided" by others:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

STATE OF \_\_\_\_\_

COUNTY OF \_\_\_\_\_

BEFORE ME on the \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_, did appear \_\_\_\_\_ who did state that the above foregoing sworn statement is true and correct and \_\_\_\_\_ presented a driver's license from the state of \_\_\_\_\_, # \_\_\_\_\_.

\_\_\_\_\_  
\_\_\_\_\_  
Notary Signature

\_\_\_\_\_  
Date