



# TargetedHumans.org

## Newsletter

March 1, 2026

Email: [TargetedHumans@proton.me](mailto:TargetedHumans@proton.me)  
[TargetedIndividualRegistry@proton.me](mailto:TargetedIndividualRegistry@proton.me)  
YouTube Channel; [@TargetedHumans](https://www.youtube.com/@TargetedHumans)

**Targeted Humans Conference Call**  
**Sunday 8:00 p.m. EST**

7:00 p.m. CT, 6:00 p.m. MT, 5:00 p.m. PT, 4:00 p.m. AKT, and 3:00 p.m. HST

**FreeConferenceCalling: 1-971-224-6579**  
**Access Code: 910804**





## TI Experience: Study Your Stalking Scientifically!

Observation followed immediately by questioning, forming a [hypothesis](#), conducting [experiments](#), and [analyzing results](#) to draw conclusions.

This week's story is a very short one. TI's went to the store and the parking lot is to the side. TI's parked and looked up and there was a man in a grey shirt and black pants standing in front of the store facing TI's with his phone. We watched a few seconds to see what he was doing. He's in public so there is no legal objection to videoing him.

After a bit, he went into the store. As we were going in, he was coming out and you can see is carrying a large black bag (men usually don't carry purses) and go into a store to get a tiny bottle of drink. To a TI who has experienced teleportation before and didn't see this man from the street before turning into the parking lot, the thought of a possible teleportation comes to mind. His position at the store, his activity at the time of arrival of TI's, his body orientation directed at the two TI's indicated he had some intention or connection to the TI's although he did not know them. Even if he weren't connecting them to the internet, he may have just been taking their picture. People are sent to do just that, with the phone on the ear with the camera towards the TI. His bag looked big for a camera bag. Usually big bags with transmitters in them look extra heavy. It could have been something related to electronic harassment (but no assuming, just observation).

When he came out of the store, you can see he looks like a normal shopper carrying a large bag for some reason with ipods in his ears which suggests phone-hidden communication. The remote handler tells the collaborator where to go and what to do. He also had a token purchase, giving his presence validity and plausible deniability.

If it weren't for his timely standing in an interest-oriented position upon TI's arrival at the store, he would have been just another person. As he was standing oriented towards the TI's, he is suspect of being a stalker. Before TI's got out of their vehicle, there were at least 2 other persons "swarming" around them with phones out in obvious positions (only one caught on video and his phone camera was toward the TI's). When the TI's came out of the store, there was no one around but one man got out of his car when he saw us coming out and passed quite close on the sidewalk (no phone, but presence at the right moments makes a person suspect as well), so this spectacle of phones may have been performed just for the TI's, however, caution against an accusation of paranoia is also present. Were the phoners stalkers? You don't really have to decide one way or another, just be aware of the facts. That's observation. That is a scientific method. Thinking about targeting in a scientific way takes the emotion out of being followed and having theater ready for you upon arrivals and departures.

One event like this doesn't say "I have a stalker", but when you are electronically harassed at home before even getting out of bed, vibrated, heated and V2K'd, harassed on a bike ride, at the beach, in stores, and your implants are turned on wherever you appear indoors and outdoors, and people with phones stand oriented towards you or pretending to talk on the phone with the camera oriented

towards you but never say anything, you have reason to believe there is an operation on you over time. This is a pattern, not a one-off event. This is scientific proof of organized stalking with a central remote handler giving instructions to multiple people to be where you will be at any given moment. There are a tremendous number of people ready and willing to collaborate with Nazi-like intimidation and stalking. This is the FBI. This is InfraGard. Check out InfraGard on our website at: <https://targetedhumans.org/infragard>

**VIDEO:** <https://www.youtube.com/watch?v=9vzs-B187Ks>

## DOCUMENT, DOCUMENT, DOCUMENT!!!!!!!

TIs are denied their horrific experiences because they have provided no verifiable scientific observations as proof. That is the responsibility of the individual Targeted Individual. Don't be complacent! DO SOMETHING FOR YOURSELF. OBSERVE and mainly DOCUMENT BY RECORDING EVERY MOMENT OF YOUR EXPERIENCES!

One video of a car following you is not enough. It is not proof. One picture of an injury is not proof. It is not enough. DOCUMENT, TAKE PICTURES, VIDEO EVERY DAY, KEEP A DIARY! EVERY DAY OF YOUR LIFE IS HELL. PUT YOUR VIDEO GLASSES ON EVERY TIME YOU STEP OUT OF YOUR HOUSE. YOU MAY JUST VIDEO SOMEONE WHO CLAIMS TO BE YOUR FRIEND. NEXT THING YOU KNOW, YOUR VALUABLES ARE MISSING. WHO IS THE ONLY PERSON WHO CAME IN YOUR HOUSE PRETENDING TO BE A FRIEND?

## Scientific Observation Method

Scientific observation is the central element of scientific method or process. The core skill of scientist is to make observation. Observation consists of receiving knowledge of the outside world through our senses, or recording information using scientific tools and instruments. Any data recorded during an [experiment](#) can be called an observation.

### The Scientific Process

A scientific process or scientific method requires observations of nature and formulating and testing the hypothesis. It consists of following four steps.

1. Observe something and ask [questions](#) about a natural phenomenon (scientific observation)
2. Make your [hypothesis](#)
3. Make predictions about logical consequences of the hypothesis
4. Test your predictions by controlled experiment, a natural experiment, an [observational study](#) or a [field experiment](#)

5. Create your [conclusion](#) on the basis of data or information gathered in your experiment.

### **So How It Works?**

Make notes as you answer these questions

- Who are the [subjects](#)? What do they look like? What are they doing?
- Are the subjects interacting with each other? How?
- What is the environment like?
- Is the environment affecting behavior?

To make an observation you must look closely and notice details.

Now develop a question about what you see going on...

- Ask how, what, when, where, and why
- Be sure that the question can be answered with an experiment

### **Forming a Hypothesis**

- After you have asked the question give a possible answer
- Try to explain what was observed
- This is called forming a "hypothesis"
- It is important to remember that even if hypothesis is proven false does not mean that our experiment has failed. Many discoveries were made through the process of trial and error.

One important thing to note is that human senses are subject to [errors](#) in perception e.g., optical illusions which can result in erroneous [scientific observation](#). This is why [scientific instruments](#) were developed to improve and magnify human powers of observations like microscopes, cameras, telescopes, weight scales, computers, oscilloscopes, radio receivers etc.

<https://explorable.com/scientific-observation>

## **ITS ON YOU TO PROVE YOUR CASE!**

Proving that multiple people are systematically harassing or "gangstalking" you in a coordinated way everywhere you go is extremely difficult in practice, and almost never succeeds in convincing law enforcement, courts, or mental health professionals based on the kinds of evidence typically collected.

The core challenge is that ordinary, ambiguous, or coincidental events (strangers looking at you, same car appearing multiple times, people coughing nearby, wearing certain colors, etc.) become interpreted as connected and malicious. But to outside observers — especially police, judges, or private investigators — these appear as normal public behavior with no provable link or intent. Research on self-reported "gang stalking" or "targeted individual" experiences (including analyses of federal court cases and qualitative studies) shows that claims are very

rarely substantiated with objective evidence that meets legal standards, and courts frequently dismiss them as meritless or unsupported.

That said, here are the practical steps people most often attempt when trying to document and demonstrate this kind of harassment. These draw from general stalking documentation advice (from organizations like the Stalking Prevention, Awareness, & Resource Center) and what self-described victims report trying.

### **1. Keep a highly detailed, objective log (the single most recommended step)**

Use a structured format like this (adapted from standard stalking logs):

- Date & exact time
- Location (GPS coordinates if possible)
- Description of incident — Stick to observable facts only (e.g., "White male, approx. 30s, 6'0", black hoodie, driving silver 2018 Toyota Camry, license plate ABC-123, parked across street and watched me for 4 minutes"). Avoid interpretations like "he was signaling to the others" unless you have direct proof.
- People involved — Descriptions, license plates, vehicle make/model, clothing, any repeated identifiers.
- What they did — Actions only (e.g., "stared directly at me", "followed me for 3 blocks then turned").
- Your actions/response — What you did (e.g., took photo, changed route).
- Evidence collected — Photo/video file names, witnesses (names/contacts).
- Reported to? — Police report number if filed.

Tools: Use a notebook, encrypted app (like a password-protected notes app), or spreadsheet. Timestamp everything. Attach photos/screenshots immediately.

### **2. Collect hard, verifiable media evidence**

- Video recordings — Body cam, phone video, dash cam, or home security cameras showing repeated appearances of the same identifiable people/vehicles in multiple unrelated locations over time.
- Photos — Clear shots of faces, license plates, or groups. Time-stamped and geotagged if possible.
- Audio — Recordings of conversations or directed comments (if audible and clear).
- Patterns that show coordination — e.g., the same 5-10 license plates appearing in 10+ different cities/states, or the same individuals in unrelated places months apart.

The goal is evidence that would convince a neutral third party that coordination exists (not just coincidence). Random strangers doing everyday things rarely meet this bar.

### 3. Try to create controlled tests (with caution)

Some people attempt:

- Suddenly change routines/locations and document if the same people/vehicles reappear.
- Go to a new area far away and see if patterns follow.
- Use a hidden camera in a fixed position to record who passes repeatedly. Wear glasses that video in public what happens to you. Stores, even though private property (belonging to individuals or corporations) are considered public because anyone can come and go at will. That is the nature of a public facility.

### 4. Report incidents and build an official record

- File police reports for each concrete incident (e.g., if someone is clearly following you, trespassing, or threatening). Even if they say "no crime," you get a paper trail.
- Request copies of reports.
- If patterns emerge involving specific people, pursue restraining orders (though this requires identifying perpetrators).

Police rarely investigate "gangstalking" as organized harassment without concrete links (e.g., identifiable suspects, communications, or physical acts like vandalism).

### Important reality check

In studies of people who believe they are experiencing this:

- Attempts to present photos/videos of strangers in public usually fail to persuade authorities, as the footage shows normal behavior.
- Claims involving electronic harassment (V2K, directed energy) or vast conspiracies almost never hold up without physical proof (e.g., bug sweeps finding devices).
- Many cases end up interpreted as persecutory delusions, especially when evidence is ambiguous and the person becomes increasingly isolated/distrustful.

If you have specific concrete incidents (e.g., license plates, clear videos), sharing more details could help narrow advice, but the bar for "proof" remains very high.

**Build up a portfolio of diary, pictures, video of days, months, years, places, events, people. This is real and other TI's know it and this and other TI organizations know it and are here for you. Record your torture so your experience can be validated.**

**THE BEST PURCHASE YOU WILL EVER MAKE!**

[oHo Sunshine Vidsoul Smart Camera Glasses - HD 1080P & 24 MP Polarized](#)

Go hands-free without going unnoticed. These smart sunglasses deliver HD recording,



weather-ready durability, and discreet LED alerts in a design so comfortable and normal-looking, you'll forget the camera is even there.



You can put a small camera in a tiny bag like this with cutouts where the camera lens is. I recommend a small great camera like a [Kodak or S-Road 4K Digital Camera, 64 MP w Touch Scree, 16X Digital Zoom, IR Night Vision](#)



You can put a small camera in a small pouch and wear it around your neck like a [Zip IF Pouch with Breakaway Lanyard](#)

## Shielding for the legs and feet

There are copper leggings which can keep your legs and feet covered so this doesn't happen. There is no reason for anyone to go without shielding when TI's are so generous.

**If you know of anyone who is having this problem, please help us get in touch with them so if they cannot afford shielding, it will be provided by Targeted Humans. Email: [TargetedHumans@proton.me](mailto:TargetedHumans@proton.me)**



Thank you and welcome to TargetedHumans.org. We invite all TI's to join our organization. There is no room in the TI community for competition. In communities who have shared experiences and need to collaborate, competition breaks the implicit trust that holds the culture together. It turns teammates into, at best, rivals, and at worst, enemies, destroying the "all in this together" mentality that drives research or non-profit organizations. Please encourage others in the TI community to organize for shared benefits. Everyone has something to contribute. Our newsletters are downloadable online at <https://targetedhumans.org/newsletters>. Store and shielding are coming soon.