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TargetedHumans, Inc.
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Defining Mind Control for TI's

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Defining Mind Control Is Complex

Many things are happening to Targets that are the subject of years of psychological study and many technologies are being perpetrated on them which they have never studied. The results are confusing and you may not even know the results exist until much later when you hear or read of definition of something you have experienced. In order to understand what has happened to you, it is important to understand what mind control is and what techniques are used to make it happen.

Mind control is not ambiguous. It is a specific set of methods and techniques that influence how a person thinks, feels, and acts. The reality of mind control depends on **how you define the term**. While science fiction-style telepathy or magical brain hijacking may exist, psychological manipulation, environmental conditioning, medical neuroscience are highly effective at altering thoughts, beliefs, behaviors and physiology.

All of these are being used to alter the reality of Targets by changing the structure of their lives, the presence of their support systems, be they emotional or physical. They are being used to change our ability to exist independently or create our own meaning, identity, and values through our own choices and actions. Our existence is narrowed by the intrusion of control over what we can and cannot do, where we can and cannot live, whether we have families or not. Our reality is made by someone else but we are still responsible for the meaning of our lives, no matter how narrow it gets.

Existentialism is a philosophical movement emphasizing individual freedom, personal responsibility, and the belief that life has no inherent meaning. It posits that humans must construct their own purpose and values through their choices, actions, and lived experiences. The theistic variety of the movement believes that the individual makes a massive, passionate "leap of faith" to forge an authentic personal relationship with the God. The leap is an unquestioned acceptance that **mental telepathy** is the means of communication with our creator. Prayer is a mind exercise that requires nothing but a living active brain controlled by a human heart that asks God for what the heart desires. To express yourself is certainly the

mightiest gift a human has - to talk to an entity which has no containment is the apex of human freedom and it costs nothing.

Since we are separate and distinct entities as human beings, the concept of one human stealing this divine gift of self-expression away from another human being is the apex of wickedness. To control the mind is the privilege and responsibility of every individual. Take away the mind, you take away that gift.

To control the mind of another, one person would have to devise a method or system of control and that system would be called "mind control." What methods are there? The brain is the physical thing but the "mind" is the product of that physical thing. You can control the brain by altering thought and you can control the mind by altering the physical thing - medical manipulation of the brain.



The concept of "mind control" can be broken down into distinct, real-world categories. There may be more than the following:

1. Psychological Manipulation (Social Mind Control)

This is the most common form of mind alteration. It does not happen instantly but occurs through systematic, environmental pressures that fundamentally reshape how you process information.

- **Coercive Persuasion:** Cults, extremist groups, and **abusive relationships use isolation, sleep deprivation, and love-bombing to break down an**

individual's identity and replace it with a new, compliant mindset.

- **Information Filtering:** Repeated exposure to heavily curated information, echo chambers, or targeted advertising and persuasive design use psychological insights to build emotional resonance, often circulating inflammatory or sensationalist narratives because these naturally trigger high human engagement and exploit social cognition. Information filtering exploits **cognitive biases such as confirmation bias**, the tendency to seek, interpret, and remember information that supports your existing beliefs while ignoring contradictory evidence, or **to entrench beliefs and polarize opinions**. **Social media algorithms and online platforms are designed to maximize user engagement. They do this by curating content that aligns with users' pre-existing interests and worldviews. Over time, this selective exposure reinforces beliefs and reduces openness to new perspectives.** For example: "Help is on the way." No its not, not from any earthly means.
- **The Magician's "Force":** Even in casual settings, professionals can manipulate your decisions. Psychological research on [ScienceDirect](#) shows that magicians use "while preserving an illusion of complete free will.

2. Technological and Medical Intervention (Neurological Control)

Science can physically alter brain states to change mental outcomes. As detailed in a neurological study published by the [National Institutes of Health \(PMC\)](#), modifying brain function directly impacts observable human behavior.

- **Transcranial Magnetic Stimulation (TMS):** This FDA-approved medical technique uses powerful pulses of electromagnetic radiation beamed directly into the brain. It induces small electrical currents that can intentionally jam or excite specific brain circuits, and is widely used to alter mood states and treat severe depression.
- **Optogenetics and Deep Brain Stimulation:** Researchers use specific types of radiation, such as infrared light or radiofrequency electromagnetic fields (RF-EMF), to stimulate modified neurons. For example, a [Stanford University Study](#) demonstrated that infrared light could successfully control brain circuits

in mice from a distance.

- **Neurotransmitter Alteration:** Studies published in journals like [*Frontiers in Public Health*](#) show that long-term exposure to certain microwave and radiofrequency radiation frequencies can disrupt or change the production of neurotransmitters like norepinephrine and epinephrine, which directly impact stress, attention, and anxiety.
- **Brain-Computer Interfaces (BCIs):** Neurotechnology allows individuals to control external machines or computers using only their brainwaves. While this is a human controlling a machine, ongoing research into neural networks explores how targeted stimulation can guide a brain out of deficit states.
- **Chemical Influence:** Psychoactive substances, medications, and hormones alter these chemical balances. Chemicals control the mind by physically altering brain structures, electrical rhythms, and neurotransmitter levels. Chemicals influence the brain through biological, chemical, and neurological mechanisms.
- **Sound** is mechanical energy (pressure waves). Sound waves are converted by the inner ear into electrical signals. These signals travel directly to the emotional and cognitive centers of the brain. Listening to repeating tones can prompt the brain to synchronize its electrical activity with the rhythm of the sound, potentially guiding mental states toward focus or relaxation. This is called brain wave entrainment. Technologies like **transcranial ultrasound stimulation (TUS)** use focused sound waves to non-invasively activate targeted brain circuits. This emerging medical technique is being studied to treat tremors and influence decision-making without surgery.

3. Radiation. Research shows that electromagnetic radiation (EMR)—particularly radiofrequency (RF) waves from Wi-Fi and cell phones—can impact the brain by inducing oxidative stress, altering neurotransmitter levels (such as dopamine), and damaging neural structures in the hippocampus. However, effects heavily depend on frequency, power density, and exposure duration.

- **Cognitive Function & Memory:** Long-term exposure to mobile phone radiation is linked to impairments in spatial learning and reference memory in

animal models. Studies highlight a reduction in viable neurons in the hippocampus and mitochondrial degeneration.

- **Neurotransmitter Changes:** Research in the [PubMed Central Database](#) indicates that RF-EMR can lead to a **reduction in dopamine** (DA) concentration in specific brain regions like the hippocampus and striatum, which affects arousal and cognitive processing.
- **Oxidative Stress:** Exposure triggers the production of reactive oxygen species (ROS), leading to significant **oxidative stress in neural tissues**. This is frequently associated with reported symptoms like headaches, fatigue, and sleep disturbances.

4. TORTURE

Torture is used for mind control by systematically dismantling a person's core identity, sense of orientation and agency to replace their freewill with complete dependency on their torturer. Mind control relies on structured environments called psychological torture to break down the brain's cognitive defenses.

- **Radiation-induced cell death** occurs when high-energy radiation damages intracellular molecules—primarily DNA. This damage triggers biological cascades that stop cell division or cause cell suicide. The two primary mechanisms are **apoptosis** (programmed cell death) and **mitotic catastrophe** (reproductive failure). This is one way of controlling the mind - destroying it. This is being done by striking Targets with pulsed microwave.
- **The Frey Effect (Microwave Auditory Effect):** Discovered during World War II, the [Microwave Auditory Effect](#) occurs when pulsed radio frequencies generate localized thermal expansion in the inner ear. This allows a person to "hear" clicking or buzzing sounds directly inside their head without any external electronic receiver. Targets also experience V2K which is a method of using radio frequencies bypassing the ears. Declassified documents from the [CIA Reading Room](#) reveal that both the U.S. and the Soviet Union spent millions investigating if long-distance electromagnetic radiation could interfere with human thought patterns or disrupt vital brain functions. Mind control is a

good weapon against an opponent in warfare. The present oppression of Targets is only a part of the War on Terror with Targets as the victim of war.

- **Havana Syndrome:** In recent years, unresolved incidents involving diplomats suffering from sudden brain injuries and cognitive issues sparked massive investigations into whether foreign adversaries were deploying covert microwave or directed-energy weapons. Havana Syndrome is a good example of destroying the brain to control the mind.
- **HAARP and Global Mind Control:** The installations of High-Frequency Microwave installations whether stationary or mobile, use Extremely Low Frequency (ELF) waves to place frequencies which can affect anything from mood in human populations, warfare and cloud making and tornado/hurricane formation. Authorities are still denying the use of microwave and other radiation on the human population, weather control, earthquake formation and many other anomalies seen in the natural world such as the disappearance of lakes and rivers and landslides.

5. Self-Regulation (Internal Mind Control)

You can also practice "mind control" on yourself to change your own neural pathways through neuroplasticity. You cannot stop intrusive thoughts from popping up, you *can* control your attention. That is called cognitive reframing. Repeated redirection of your focus using Cognitive Behavioral Therapy (CBT) or mindfulness changes your default mental habits and alters your long-term personality traits.

All of the above methods are being aggressively used to alter the life and minds of Targets. Torture used for mind control by **systematically dismantling a person's core identity, sense of orientation, and agency** to replace their freewill with complete dependency on the captor. Rather than using physical violence alone, mind control relies heavily on structured environments—often called [psychological torture](#) or "**clean torture**" (no bruises or scars) to break down the brain's cognitive defenses.

The systematic process unfolds through specific, **targeted phases:**

1. Induced Helplessness and Loss of Control

The primary objective of a [torturing environment](#) is to eradicate the victim's sense of personal agency.

- **Environmental Monopolization:** Captors take total control over basic human needs, such as food, water, light, and temperature. There are Targets existing in captured surroundings like jails and prisons.
- **Learned Helplessness:** By making outcomes entirely unpredictable—where compliance might bring punishment and random actions might bring rewards—the victim learns that their choices matter.
- **The Impression of Almightyness:** The torturer positions themselves as an omnipotent force who controls the victim's survival, forcing the mind to shift focus from resistance to absolute compliance. The US government has certainly made itself an omnipotent force over Targeted Americans.

2. Cognitive and Sensory Disorientation

To alter how a person thinks, torturers attack the inputs and processes the conscious mind uses to stay oriented in the world.

- **Sleep Deprivation:** Prolonged lack of sleep fogs the mind, alters neurobiological function, and destroys the capability for logical reasoning. There are many ways too cause sleep deprivation - noise campaigns, heating with radiation andd stimulating implants to cause pain.
- **Sensory Deprivation or Overload:** Methods like solitary confinement or hooding cut off external stimuli. Conversely, bombarding the victim with [strobe lights and loud music](#) overwhelms the nervous system. Both methods cause hallucinations and a severe withdrawal from reality.
- **Temporal Disorientation:** Removing access to clocks, windows, or calendars strips away the victim's awareness of time, accelerating mental breakdown.

3. Identity Destruction and Regression

Once cognitive faculties are weakened, the core self-concept is attacked to make the individual highly malleable.

- **Severe Humiliation:** Enforced nakedness, head-shaving, and feral treatment (forcing victims to act like animals) strip away social and professional identity. A mental health arrest and incarceration in a mental hospital is in every TI's story. Also across the board, RAPE is used to create severe humiliation and trauma.
- **Psychological Regression:** The combined physical and emotional exhaustion may reduce the victim to a childlike state. They begin looking to the captor for basic validation and protection. TI's do this by waiting for the Congress or Senate to help them. There is no way out of the program.
- **Attacking Belief Systems:** Forcing choices that violate a person's religious, moral, or personal values creates acute internal distress. The mind, unable to cope with the guilt, often "turns against itself" and adapts its beliefs to match the torturer's demands. This can be seen in the stories of the persons who were a productive part of society, tortured and became murderers and were killed in a public shooting and being killed in the process like Myron May. Stalking and torture destroyed his life's work. There were no answers anywhere.

4. High Vulnerability to Suggestion

When the mind is completely destabilized, the final phase of mind control takes hold. This is the effect that every Target must take into their own hands and fight against. Retain control of your own thoughts. Continue to work out your own story in a responsible manner even when they take our lives.

- **Malleability:** In a broken state, the victim's capacity to judge what is real or true is compromised. This accounts for some Targets having ideas that don't really make sense or getting the wrong conclusion from what they've seen.
- **Bending the Will:** The victim becomes highly susceptible to suggestions, leading them to adopt the captor's narrative, accept false memories, or sign

false confessions just to find an escape from the psychological duress.

<https://www.pauperez.cat/wp-content/uploads/2022/11/Perez-Sales-Psychological-Torture-in-Research-Handbook-on-Torture.pdf>

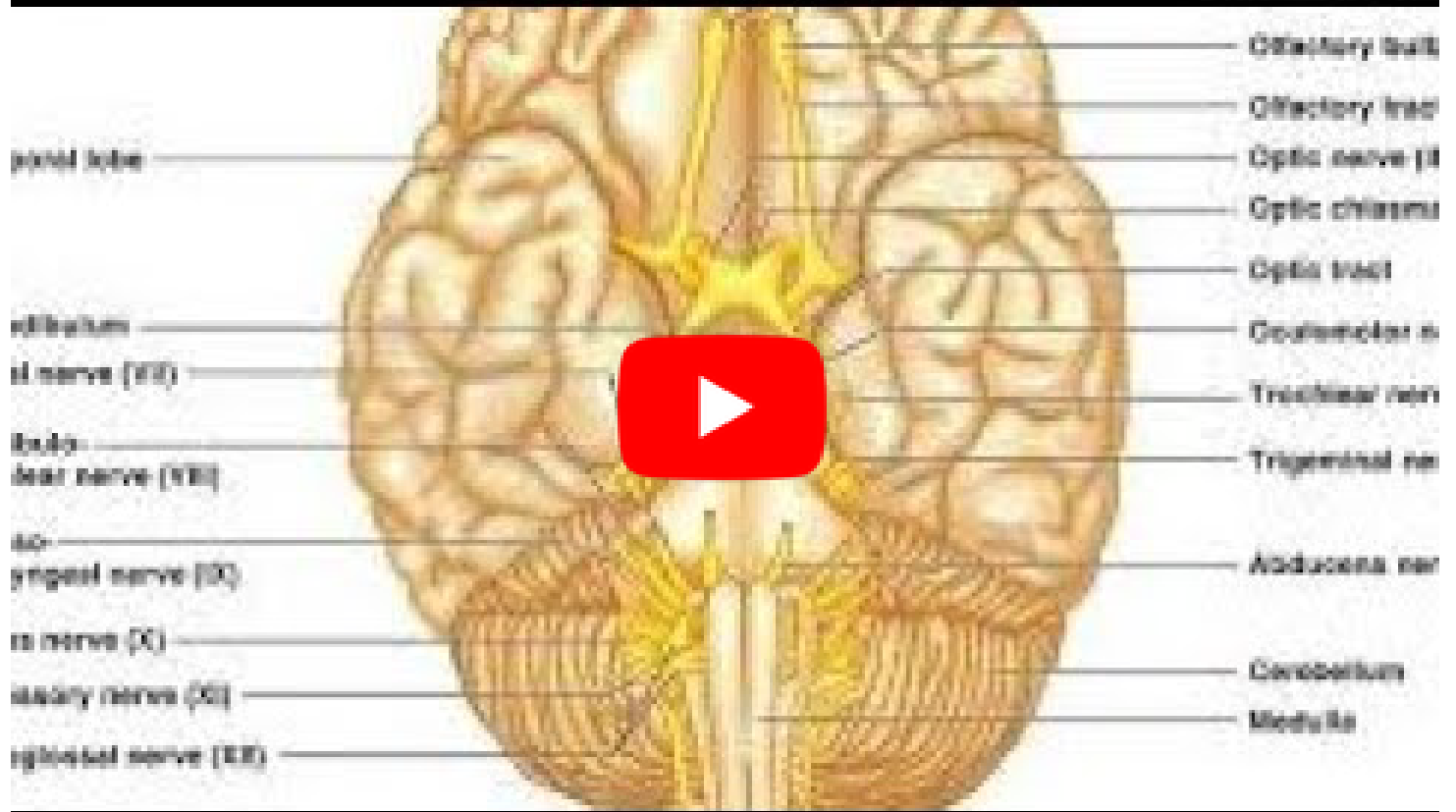
While historical intelligence programs—such as the CIA-funded MKUltra experiments in the 1950s—attempted to use truth serums, hypnosis, and chemical brainwashing for reliable mind control, neuroscience has consistently shown that these methods fail to produce reliable results. Instead, they result in severe, long-term psychological trauma, permanent memory disruption, and psychological fragmentation.

Mental Torture: A Critique of Erasures in U.S. Law

<https://scholarship.law.georgetown.edu/cgi/viewcontent.cgi?article=1619&context=facpub>



Dr . Nick Begich on how human brains are manipulated with electromagnetic energy tech



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