

# THE GREAT CROSSING EPIC 2026- RIDER SAFETY DOCUMENT

## 1. Personal Responsibility

Participation in *The Great Crossing Epic* is entirely at the rider’s own risk.

Each participant is fully responsible for its personal safety at all times, including their physical and mental condition, navigation, equipment, compliance with local traffic laws, weather-related decisions and personal safety.

Riders must continuously assess whether they are fit to continue the event safely.

Participation in *The Great Crossing Epic* implies acceptance of all rules included in the rider manual, rider agreement, and safety requirements described in this document.

## 2. Mandatory Safety Equipment

The following equipment is mandatory for all riders:

- ID card or passport
- Approved cycling helmet
- Front white light
- Rear red light
- Reflective vest or reflective upper-body garment
- Emergency blanket

Riders commit to having this equipment through-out the challenge.

Mandatory equipment may be checked before the start of the challenge.

## 3. Emergency Numbers

Country	Emergency Number
Germany	112
Switzerland	112
Austria	112
France	112
Spain	112

## 4. Traffic Rules and Road Safety

All riders must obey local traffic laws at all times.

Riders must ride responsibly, respect other road users, honor and follow traffic signals and signs, and use lights during darkness and low visibility conditions. Headphones or devices that reduce awareness of surrounding traffic are highly discouraged for safety reasons. In fact, they are prohibited by law in Spain.

Riders must stop and rest if they observe that fatigue limits their reaction-time, focus, and risks their or others' safety.

Safety always takes priority over finishing the challenge.

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## 5. Weather Conditions Protocol

Mountain weather can change rapidly and unpredictably. Riders are individually responsible for assessing conditions and deciding whether it is safe to continue riding, and for adapting to changing conditions.

Riding in temperatures below 2°C is strongly discouraged due to the increased risk of ice and hazardous road conditions, especially during nighttime and in mountain areas.

Riders must stop riding if conditions become unsafe.

The organizer reserves the right to:

- modify the route, before or during the challenge,
- delay the start,
- or stop or delay the event entirely in exceptional circumstances.

Official daily weather alerts and relevant safety information will be communicated to participants via WhatsApp channel. However, each rider remains personally responsible for monitoring weather forecasts and assessing conditions throughout their journey in the event. If a rider is not using that channel, he is responsible to inform the organization about it, to find an alternative way for the official communication.

Weather alert levels will be handled as follows:

- **Yellow Alert**

The event continues as planned. Riders must proceed with increased caution and adapt their riding style to the conditions.

- **Orange Alert**

The organizer may:

- modify the route,
- suspend affected sectors,
- postpone affected sectors,
- or implement additional safety measures.

Participants must follow all organizer instructions immediately and stay alert for new instructions.

- **Red Alert**

The challenge will be neutralized or cancelled for safety reasons.

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## 6. Dangerous Sections / Hazard Awareness

Participants should remain particularly cautious in:

- Technical descents,
- Gravel sections,
- tunnels,
- high-traffic roads,
- areas with tramtracks,
- exposed mountain areas,
- and during night riding.

Additional hazards may include:

- sudden weather changes,
- reduced visibility,
- wildlife crossings,
- and slippery surfaces.

Riders are responsible for adapting their speed and riding style to the conditions.

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## 7. Accident and Emergency Procedure

In case of accident or emergency, call 112 immediately.

Riders should assist another participant in a serious emergency situation whenever reasonably possible.

After any serious incident, riders must inform the organizer as soon as possible.

Do not continue riding if your physical or mental condition becomes unsafe to you or others.

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## 8. Insurance

All riders are responsible for arranging their own:

- travel and health insurance,
- accident insurance,
- and liability insurance.