

RIDER MANUAL



MONACO DI BAVIERA LITE 2026



The shortest path to glory.



Contents

ABOUT MONACO DI BAVIERA LITE 2026.....	2
WHAT MAKES MdBL SPECIAL?.....	3
The Concept - Fixed. Simple. Memorable.....	3
The route - Safe. Balanced. Scenic.	3
The Landscapes — Where Challenge Meets Wonder	4
The “when” – The right season. The right days. The right time.....	5
The rider benefits – Mindful. Caring. Personal.	6
KEY FACTS	8
SPIRIT AND RULES	9
Overall Spirit of the Challenge	9
Before the challenge	9
During the challenge.....	10
After the challenge	10
PARTICIPATION AND PRACTICAL INFORMATION.....	11
Registration and participation	11
Refund policy.....	13
Challenge Schedule	13
Tracking during the Challenge.....	13
Insurance during the Challenge.....	14
CONTACT	14
JOIN THE COMMUNITY	14

Dear Rider,

Welcome to *Monaco di Baviera LITE 2026*.

Ahead of you lies not just a challenge, but a journey — one that will carry you through silence and effort, light and shadow, sunrise and sunset. You are part of a community that shares your passion for discovery, resilience, and respect for the road and nature.

This manual will guide you with the practical details you need, but the most important part is already within you: **the courage to take on this adventure**. Ride with strength, ride with wonder, and remember — every climb, every moment, every horizon is a gift.

*“Your journey starts now —
may this adventure inspire and challenge you every step of the way.”*

ultracyclingchallenges.com

ABOUT MONACO DI BAVIERA LITE 2026

Monaco di Baviera LITE 2026 (“MdBL26”) is more than an ultracycling challenge — it is one of the cornerstones of Ultracycling Challenges, a movement that celebrates endurance, self-discovery, respect for nature, and the thrill of pushing beyond limits through landscapes few will ever touch.

In MdBL26, every climb, every silence, every sunrise is both a challenge and a gift. This is cycling at its purest: testing human strength, unveiling the beauty of the world, and connecting you with a community of riders who share the same passion for adventure.

As part of Ultracycling Challenges, MdBL26 offers:

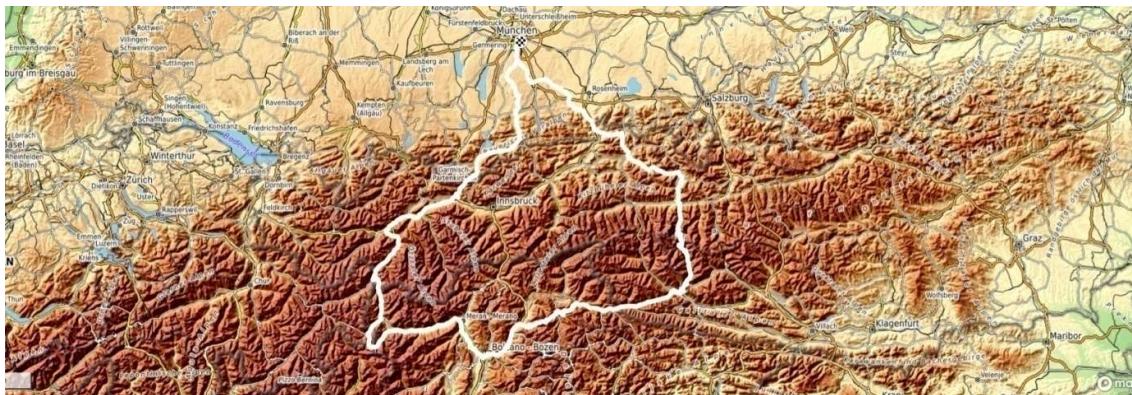
- A scenic, safe, and carefully designed route in a GPX file.
- Exclusive rider package and partner benefits: fair entry fees, discounts, personalized gear and goodies.
- Warm care for the cyclist: from rider mentoring and coaching gatherings, to warm rider check-in and emotional finisher gatherings.
- Live GPS tracking to share your journey with friends and family.
- A true community: bonds forged that will last a lifetime.

You may join MdBL26 solo or as a team:

- Solo means riding the full challenge on your own.
- Team means riding together — drafting, supporting, and finishing side by side. Teams may be formed of 2, 3, or 4 riders.

WHAT MAKES MdBL SPECIAL?

The Concept - Fixed. Simple. Memorable.



MdBL offers a fixed route — safe, scenic, and demanding enough to make the experience truly memorable. All riders must follow the official fixed route from start to finish.

To become a finisher, riders must follow the fixed route and reach the finish line before the official time limit.

GPX files will be provided after registration.

The route - Safe. Balanced. Scenic.



Monaco di Baviera Lite is the little sister of the already legendary ultracycling challenge Monaco di Baviera Classic. With the same spirit, the same flow, and the same pursuit of greatness, Lite offers a shorter path for those who are not yet ready for the Classic, or for those who prefer a challenge within reach.

The fixed route covers **840 km with 12,880 meters of ascent**, leading riders through some of Europe's most iconic climbs: the majestic **Passo Stelvio via Umbrailpass**, the rugged beauty of the Dolomites over **Passo delle Erbe** and **Passo Furcia**, and the unforgettable crossing of the **Grossglockner Alpenstrasse** with **Hochtor Pass** and **Edelweißspitze** on the way back.

What makes Lite truly **remarkable** is the **perfect balance** of beauty and toughness: an epic challenge packed into fewer kilometers, but with no shortage of difficulty. The route unfolds across breathtaking scenery, much of it along **dedicated cycling paths**, far from traffic, letting you focus entirely on the ride and the landscapes around you.

The Landscapes – Where Challenge Meets Wonder



Monaco di Baviera LITE is not just defined by its distance or elevation, but by the landscapes it reveals. The route carries riders across valleys where rivers guide their path, along tarmac bike trails that weave through forests and meadows, and over high passes where silence reigns.

Here, the mountains are more than scenery. They are companions and tests, guardians and gifts. They will humble riders' strength, sharpen their resolve, and offer moments of awe so pure they stay within long after the ride is done.

The “when” – The right season. The right days. The right time.



Taking place from June 4th, 2026, MdBL marks the very first days of the high mountain season, when the great Alpine passes reopen after winter. These are days of pristine roads and fresh landscapes, where snow still lingers on the peaks and the valleys bloom into life. Riding then is to witness the transition of the mountains themselves — from their winter silence to the vibrant pulse of summer.

We strongly recommend bringing proper cold-weather cycling clothing, as temperatures at the summits can drop significantly, even when conditions are mild at lower elevations. Being prepared with warm layers will help ensure comfort and safety throughout the challenge.

To start at sunrise is to feel the world awakening with you — the silence, the cool air, the promise of a long journey ahead. To celebrate at sunset is to ride into golden light, carrying the full story of the experience within you.



The rider benefits – Mindful. Caring. Personal.



As part of the Ultracycling Challenges family, riders receive extraordinary benefits which the organising team has carefully arranged for them:

- Being part of the *Ultracycling Challenges*' community, including exclusive ultracycling coaching & mentoring online sessions
- Welcome event incl. food and drinks
- The .GPX route files
- Publishing of riders' bike features on dotwatcher.cc
- Bag storage service for the duration of the challenge (small fee applies)
- A starter-kit including, at least:
 - *Ultracycling Challenges*' drawstring bag
 - Map of the route
 - The tracking device for the duration of the challenge
 - The exclusive and individually personalized *Monaco di Baviera LITE* cap
 - The exclusive *Specialized Munich*'s water bottle – *Ultracycling Challenges*' 2026 special version
 - *Ultracycling Challenges*' jelly beans
 - Other goodies like gels or energy bars
- Real-time tracking for the duration of the challenge
- Live media coverage with photo and video
- Coverage of the challenge on social media and dotwatcher.cc
- Publishing of individual times on website and media incl. replay functions
- Finisher goodies incl. at least:
 - the exclusive 3D biodegradable *Monaco di Baviera LITE*'s finisher medal
 - *Hoppebräu* non-alcoholic beer
 - 1-day pass for *Elements Fitness & Wellness*
- Access to showers 24/7 (by *Specialized Munich*)
- Rider finisher get-together with beer

- 90 days of *Komoot* Premium
- Album of Images of the challenge to be downloaded
- 50% discounts on the full range of *Ultracycling Challenges*' cycling apparel and merchandising
- 50% discount for the *Monaco di Baviera LITE*'s T-Shirt edition 2026
- 10% discount for purchasing ultracycling *Cyclite* equipment at Cyclite.cc
- 20% discount on the entire *Lupine* product range
- 5% discount on all *UC Challenges* at 2027
- Other goodies from our partners and sponsors
- Other discounts to be arranged

With the passion, dedication, and genuine spirit of the *Ultracycling Challenges*' team, we will bring you the experience of a lifetime!

KEY FACTS



MONACO DI BAVIERA LITE

The shortest path to glory



THE ROUTE

100%
FIXED ROUTE

+12.880m
CLIMB

840 km
DISTANCE



Passo di Resia (1.504m)
Umbrailpass (2.501m)
Passo dello Stelvio (2.757m)



Passo delle Erbe (2.006m)
Passo Furcia (1.789m)



Hochtor Pass (2.504m)
Edelweißspitze (2.572m)

04.06.2026
Start (Munich, Germany)

Ride 4 countries
(DE, AT, CH, IT)

09.06.2026 sunset
Limit to finish (Munich, Germany)

WHERE & WHEN



MAIN RULES

- Unsupported
- Solo or in team (2 or more)
- Follow the given route



SPIRIT AND RULES

Overall Spirit of the Challenge

- MdBL is not defined as a race. It is a **personal endurance challenge** to test human strength, explore the world, and connect riders with a community of adventurers. The goal is to complete the course within the maximum allowed time, at each participant's own pace and responsibility. There are no prizes, podiums, or financial rewards for finishing first or achieving the fastest time.
- E-Bikes are prohibited.
- The challenge is strictly self-supported: no pre-arranged support, no outside assistance, no drafting or support from vehicles or other riders. Each participant is solely responsible for their own safety, planning, and pacing throughout the challenge.
- However, participants are allowed to ride together for certain amount of time and share the experience, as long as it was not planned in advance and does not become a fixed team strategy. In fact, we encourage you to interact and embrace the community spirit that makes this challenge special. Sharing moments along the route—a conversation, a tough section, or an epic climb—is part of the adventure and enhances the experience for everyone.
- A systematic use of pills (e.g. painkillers or caffeine) is strictly prohibited. Entering on the Ultracycling Challenges' *Hall of Legends* is cool, but not enough to put your health at risk.
- Any published times or finish lists are provided for informational purposes only and do not constitute an official competition ranking.
- Time limit: until 9 June, sunset (21:12).
- Riders are expected to report any rule violation.

Before the challenge

- Riders must have valid travel and health insurance covering accident, emergency extraction, repatriation and death. Liability coverage is also required.
- Riders must purchase the “Tracker Deposit” product (150€) through the online shop at least one week before the challenge starts. The deposit will be refunded via bank transfer to the same account once the tracker is returned on time and in good condition after the challenge.
- Riders must participate in the accreditation and present:
 - Their ID card, displaying the name provided in the registration
 - a signed hard copy of the “Rider Agreement”, or sign a copy provided by us
- Failing to any of these, will result in DNS.

During the challenge

- Riders must carry at all times the following minimum equipment: ID card, helmet, front light, red rear light, reflective vest, and emergency blanket.
- Riders must keep the tracker switched on at all times. Monitor its battery status on the tracking map, and place it only in the designated area specified by the tracking provider. In case riders have any issue with the tracker during the challenge, they must contact the organizing team via WhatsApp or [Email](#), for coordination support.
- Riders must respect local traffic laws and ride with full awareness of their safety.
- Riders must follow the designated route (including riding on the bike line if the GPX file indicates it) at all times, unless traffic signs indicate otherwise. In case of contradiction, always follow traffic signs over the provided route.
- If traffic signs indicate otherwise or if a section is unexpectedly closed (e.g. due to an accident, road works, or bike path renovation), riders must ride up to the point where they may take a detour, and from there, take the shortest possible detour to rejoin the official route.

That means, it is not necessary to ride all the way until the physical barrier, but only to the last possible detour road before the physical barrier. If an earlier or longer detour is taken that results in gaining time, a time penalty of 4 times the estimated gained time will be applied.

- Any deviation from the provided route that also results in violating traffic laws (e.g. riding on a road forbidden to bicycles) will lead to immediate disqualification.
- If a rider decides to abandon the route (for example, in order to buy some food) they must go back to the point where they left the route and continue from there.
- Riders must leave no trace. Riders will not leave any litter, packaging, or equipment along the route. Respect nature by ensuring nothing is left behind.
- If a rider decides to scratch, they must inform about this without delay by sending an e-mail to info@ultracyclingchallenges.com.

After the challenge

- Riders must give back the tracker to the organizers in person at the designated endpoint. If the rider is not able to return the tracker in person at the designated endpoint because, for example, they decide to scratch, the rider must send the tracker directly to the address that will be provided before the challenge no later than 7 days after the DNF. The tracker's deposit will be refunded via bank transfer.

If the rider loses the tracker, the deposit will not be returned, as it is the compensation asked by the tracker-renting company.

- In case the organization requests it, riders must provide their digital activity file(s) (.fit) within 24 hours after arrival. Failure to provide the information may result in time penalties at the discretion of the organization.

Failure to comply with a rule will result in time penalties or disqualification as indicated or assessed by the organization.

PARTICIPATION AND PRACTICAL INFORMATION

Registration and participation

MdB26 has limited spots (150). To ensure your participation, mark **14 December 2025 at 09:00h** in your calendar — this is when registration opens.

Our entry fee and price structure reward early subscribers because that helps us to organize the event more efficiently. If you want the best deal, don't wait too long! Riders joining more than one challenge receive also free of charge benefits. Full details are available [on our website](#).

If you participate as a Team (2, 3 or 4 riders), all team members need to register. As you will share one tracker for the team, the Monaco di Baviera LITE's T-Shirt is free of charge for all the team members.

Now, here are the practical steps to secure your MdBL26 spot:

Step 1: Register for the challenge:

- **When:** Starting 14.12.2025 at 09:00h
- **How:** Via the [Ultracycling Challenges Online-Shop \(Shop\)](#)
 - Look for the product “*Registration Monaco di Baviera LITE 2026*”
 - Add to the bag the best available deal

Sprinter Deal (1 to 50)	Rouleur Deal (51 to 75)	Climber Deal (76 to 100)	
			
Registration MONACO DI BAVIERA LITE 2026 (1 to 50) €295.00 €207.00	Registration MONACO DI BAVIERA LITE 2026 (51 to 75) €295.00 €236.00	Registration MONACO DI BAVIERA LITE 2026 (76 to 100) €295.00 €266.00	Registration MONACO DI BAVIERA LITE 2026 (101 to 120) €295.00
ADD TO BAG	ADD TO BAG	ADD TO BAG	ADD TO BAG

- Enter your “Shopping bag”
- Click “Check-out”
- Enter your personal data and click “Continue”
- Click on “Place an order”

Place an order

- Check your e-mail: You will receive the payment details for the bank transfer automatically via Email.
- Make the transfer within 3 working days (latest).

Note: If the payment is not received by the 5th working day, your spot will be released.

Step 2: Buy the tracker deposit

Up to a week before the challenge, buy the tracker deposit (150€) from the online-shop.

Step 3: Accreditation - 03.06.2026

The accreditation is the step where a rider officially becomes part of the challenge: by checking in, showing documents, signing of rules, and receiving the rider pack (including the tracker device). Accreditation is mandatory to join the challenge.

During accreditation, riders must present:

- ID card, displaying the name provided in the registration
- a signed hard copy of the “Rider Agreement”, or sign a copy provided by us

Upon performing these steps, riders will receive the starter bag.

If you are not able to fulfil any of the above (e.g. if you forget to bring your ID card), you will not be eligible to start. No refund of the registration fee will take place neither.

Refund policy

If you need to cancel your registration, the following rules apply. Since event preparations and related expenses already start in January, full refunds are unfortunately not possible:

- January 2026 → 75% refund
- February 2026 → 50% refund
- March 2026 → 25% refund
- April 2026 → €20 refund
- From May 2026 → no refund

Challenge Schedule

- **03.06.2026**
 - **16:30 to 19:00** Welcome event & Accreditation in *Specialized Munich* (Balanstraße 71A, Munich).
 - **18:00 to 18:15:** Briefing
- **04.06.2026**
 - **4:40 to 5:00** Bag dropping from riders (longest side 1 meter). For bigger bags like bike-boxes, please [contact us](#) in advance, as you need to bring it before the day of the start. Small fee applies.
 - **5:18 (at sunrise)** Start of the challenge.
- **07.06.2026**
 - **From 17:00** Rider get-together
- **09.06.2026**
 - **21:12 (at sunset)** Time limit to complete the challenge

Tracking during the Challenge

The tracker device enhances the experience for riders, friends, and families by enabling real-time tracking of each participant's location, speed, and rest time throughout MdBL26.

A deposit of €150 is required for the tracker. Riders must "buy" the tracker deposit product from the online shop up to one week before the start. The deposit will be refunded upon returning the tracker via bank transfer within three days.

If a rider cannot return the tracker in person at the designated endpoint (e.g., if they decide to scratch), they must send it directly to the address that will be provided before the challenge at their own expense. The deposit will be refunded once the company has received the device.

If the tracker is lost, the deposit will not be refunded, as it serves as compensation requested by the rental company.

In case of any issues with the tracker during the challenge, riders must contact the organization via WhatsApp or email so that a solution can be coordinated with our partner.

Insurance during the Challenge

As indicated above, the subscription fee does not include any kind of insurance for the ride. Riders must contract their own travel and health insurance covering accident, emergency extraction, repatriation and death, and a liability coverage..

CONTACT

To solve any questions before and after the challenge, contact the team via info@ultracyclingchallenges.com. This e-mail is also available to scratch from the challenge. If this happens, riders need to inform of their decision via this e-mail as soon as possible.

JOIN THE COMMUNITY

Ultracycling Challenges:

Website: ultracyclingchallenges.com

Instagram: <https://www.instagram.com/ultracyclingchallenges/>

Facebook: <https://www.facebook.com/profile.php?id=61579358160390>

Youtube: <https://www.youtube.com/@ultracyclingchallenges>

Strava: <https://www.strava.com/clubs/ultracyclingchallenges>

Monaco di Baviera LITE:

Instagram: <https://www.instagram.com/monacodibavieralite/>

Facebook: <https://www.facebook.com/profile.php?id=61579259709679>

*JOIN THE ADVENTURE.
DREAM IT. DARE IT. LOVE IT.*



ULTRACYCLING
CHALLENGES