

RIDER MANUAL



HOLY (SHIT) ALPS CONQUEST 2026



Climb. Cry. Selfie. Repeat.



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Dear Rider,

Welcome to *Holy (Shit) Alps Conquest 2026*.

Ahead of you lies not just a challenge, but a journey — one that will carry you through silence and effort, light and shadow, sunrise and sunset. You are part of a community that shares your passion for discovery, resilience, and respect for the road and nature.

This manual will guide you with the practical details you need, but the most important part is already within you: **the courage to take on this adventure**. Ride with strength, ride with wonder, and remember — every climb, every moment, every horizon is a gift.

*“Your journey starts now —
may this adventure inspire and challenge you every step of the way.”*

ultracyclingchallenges.com

ABOUT HOLY (SHIT) ALPS CONQUEST 2026

Holy (Shit) Alps Conquest 2026 (“HSAC26”) is more than an ultracycling challenge — it is one of the cornerstones of Ultracycling Challenges, a movement that celebrates endurance, self-discovery, respect for nature, and the thrill of pushing beyond limits through landscapes few will ever touch.

In HSAC26, every climb, every silence, every sunrise is both a challenge and a gift. This is cycling at its purest: testing human strength, unveiling the beauty of the world, and connecting you with a community of riders who share the same passion for adventure.

As part of Ultracycling Challenges, HSAC26 offers:

- Scenic, safe, and carefully designed routes with complete GPX files.
- Exclusive rider package and partner benefits: fair entry fees, discounts, personalized gear and goodies.
- Warm care for the cyclist: from rider mentoring and coaching gatherings, to warm rider check-in and emotional finisher gatherings.
- Live GPS tracking to share your journey with friends and family.
- A true community: bonds forged that will last a lifetime.

You may join HSAC26 solo or as a team:

- Solo means riding the full challenge on your own.
- Team means riding together — drafting, supporting, and finishing side by side. Teams may be formed of 2, 3, or 4 riders.

WHAT MAKES HSAC SPECIAL?

The Concept - Diverse. Flexible. Epic.



Holy (Shit) Alps Conquest is not just about distance — it is about decisions. A structure that blends **fixed sections with free routing** makes every rider the architect of their own odyssey. Optional Explorer Points sectors stand as invitations to test courage, add challenge, and write a bolder story. Strategy matters as much as endurance: to finish is a triumph, but to chase points is to carve your name into the higher ranks of glory.

In total, 9 Explorer Sectors offer legendary climbs or detours. Each sector adds distance, elevation, and difficulty, while earning riders Explorer Points.

The points assigned to each **Explorer Sector** are:

- EP1 Cime de la Bonette - 12 Explorer Points
- EP2 Col Agnel - 12 Explorer Points
- EP3 Col du Granon - 6 Explorer Points
- EP4 Glandon & Croix de Fer - 15 Explorer Points
- EP5 Col de la Loze - 15 Explorer Points
- EP6 Col de L'Iseran - 17 Explorer Points
- EP7 Furkapass - 10 Explorer Points
- EP8 St. Gotthard via Tremola - 8 Explorer Points
- EP9 Splügenpass - 5 Explorer Points

The goal is simple: collect as many points as you can.

To become a finisher, riders must:

- Collect at least 30 Explorer Points.
- Reach the finish line before the official time limit.

The new legends will aim for the full 100 Explorer Points, completing around 2,166 km with 40,000 m of climbing.

The order of the finisher list is determined by:

- Total Explorer Points (higher points = higher rank)
- Elapsed time (faster riders rank higher if points are equal)

This format empowers riders to balance strength and strategy — shaping an adventure that is truly their own.

All GPX Files will be provided after registration.

The route - Sacred. Divine. Transcendent.



Over roughly **2,166 km and 40,000 meters of climbing**, Holy (Shit) Alps Conquest carries riders from the warmth of Girona and the Mediterranean foothills, through the Pyrenees' final echoes, across the **full spine of the Alps** — France, Italy, Switzerland, and Austria — before reaching Bavaria. With **17 summits towering above 2,000 meters**, every climb is a battle, every peak a throne of stone and sky. **Few routes in the world offer such relentless challenges** — a procession of alpine giants that push riders to the limits of body and mind. To ride Holy (Shit) Alps Conquest is not merely to finish a challenge; it is to conquer the mountains themselves and to witness landscapes so vast and sublime that the effort feels sacred.

The path unfolds in three epic movements:

Part I — The Threshold (95 km, fixed)

Riders depart from Girona, Spain. A fixed 95 km sector carries them to the Col d'Ares — the gateway to the extraordinary. The mountains demand respect from the very start, a foretaste of torment and transcendence alike.

Part II — The Labyrinth (around 560 km, free)

From Col d'Ares to Jausiers, riders must chart their own path. Swift, rolling roads under Mediterranean sun and sea winds tempt the brave, while hidden scenic detours reward effort with breathtaking beauty. Every choice is strategy, every kilometer a test of courage and focus as riders approach the Alps.

Part III — Alpine Heaven (and Hell, 1.505 km, fixed)

From Jausiers, the Alps rise like cathedrals of stone and sky. Agony and wonder walk hand in hand as riders confront the most iconic passes:

- Cime de la Bonette — otherworldly and sublime
- Col Agnel — solemn and commanding
- Col d'Izoard — historic and legendary
- Col du Granon — savage and raw
- Galibier, Croix de Fer, Madeleine, Col de la Loze — titans of the road
- Col de l'Iseran — the monarch of them all

Switzerland delivers its own divine trials: **Furkapass** sweeps the horizon, **Nufenenpass** demands unrelenting strength, and the legendary cobbles of **Tremola at St. Gotthard** challenge every rider. The final Swiss trio — San Bernardino, Splügenpass, and Albulapass — leads into Austria and Bavaria, where rolling green valleys and fairytale peaks prepare riders for the final descent into Munich, the city of glory.

Holy (Shit) Alps Conquest is a hymn to the mountains — to their cruelty, their splendor, and their power to transform. You climb. You suffer. You rise. And in the spaces between agony and triumph — you touch the divine.

The Landscapes — Where Challenge Meets Wonder



What sets Holy (Shit) Alps Conquest apart is the **unbroken symphony of landscapes** it weaves together. Peaks crowned with snow, valleys drenched in summer bloom, horizons shifting with every summit — HSAC is a passage through the very soul of the Alps. To ride it is to be immersed in landscapes so brutal and so sublime that they feel less like geography and more like destiny.

The “when” – Long days. High summer. The peak of challenge.



Held in the height of August, HSAC is a journey through the Alps at their fiercest and most alive. The mountains stand fully open, every great pass accessible, every summit demanding. Dawn begins cool and pure, with valleys still wrapped in mist. By midday, the sun burns high, and when evening falls, golden light spills across endless ridgelines, transforming suffering into silence, fatigue into awe. August in the Alps is a season to be conquered, a time when the peaks themselves seem to test who is worthy to cross them.

The rider benefits – Mindful. Caring. Personal.



As part of the Ultracycling Challenges family, riders receive extraordinary benefits which the organising team has carefully arranged for them:

- Being part of the *Ultracycling Challenges*' community, including exclusive ultracycling coaching & mentoring online sessions
- Welcome event incl. food and drinks
- The full kit of .GPX route files
- Publishing of riders' bike features on dotwatcher.cc
- A starter-kit including, at least:
 - *Ultracycling Challenges*' drawstring bag
 - Map of the route
 - The tracking device for the duration of the challenge
 - The exclusive and individually personalized *Holy (Shit) Alps Conquest* cap
 - *Ultracycling Challenges*' jelly beans
 - Other goodies like gels or energy bars
- Real-time tracking for the duration of the challenge
- Live media coverage with photo and video
- Coverage of the challenge on social media and dotwatcher.cc
- Publishing of individual times on website and media incl. replay functions
- Finisher goodies incl. at least:
 - the exclusive 3D biodegradable *Holy (Shit) Alps Conquest*'s finisher medal
 - *Hoppebräu* non-alcoholic beer
 - The exclusive *Specialized Munich*'s water bottle – *Ultracycling Challenges*' 2026 special version
- Rider finisher get-together with beer
- Access to showers 24/7 (by *Specialized Munich*)
- Album of Images of the challenge to be downloaded
- 90 days of *Komoot Premium*

- 50% discount on the full range of *Ultracycling Challenges*' cycling apparel and merchandising
- 50% discount for the *Holy (Shit) Alps Conquest*'s T-Shirt edition 2026
- 10% discount for purchasing ultracycling Cyclite equipment at Cyclite.cc
- 20% discount on the entire *Lupine* product range
- 5% discount on all *UC Challenges* at 2027
- Other goodies from our partners and sponsors
- Other discounts to be arranged

With the passion, dedication, and genuine spirit of the *Ultracycling Challenges*' team, we will bring you the experience of a lifetime!

KEY FACTS



HOLY (SHIT) ALPS CONQUEST

Climb. Cry. Selfie. Repeat.



THE ROUTE

74%
FIXED ROUTE
(with 9 Explorer Points)

2.166 km
DISTANCE

+39.740m
CLIMB



08.08.2026
Start (Girona, Spain)

Ride 5 countries
(ES, FR, CH, AT, DE)

21.08.2026 sunset
Limit to finish (Munich, Germany)

WHERE & WHEN



MAIN RULES

Unsupported. Solo or in team (2 or more)

Explorer Points have different weights. Score at least 30% of the total to qualify
Classification firstly by EPs, secondly by elapsed time

REGISTRATION

03.01.2026
ultracyclingchallenges.com



SPIRIT AND RULES

Overall Spirit of the Challenge

- HSAC is not defined as a race. It is a **personal endurance challenge** to test human strength, explore the world, and connect riders with a community of adventurers. The goal is to complete the course within the maximum allowed time, at each participant's own pace and responsibility. There are no prizes, podiums, or financial rewards for finishing first or achieving the fastest time.
- E-Bikes are prohibited.
- The challenge is strictly self-supported: no pre-arranged support, no outside assistance, no drafting or support from vehicles or other riders. Each participant is solely responsible for their own safety, planning, and pacing throughout the challenge.
- However, participants are allowed to ride together for certain amount of time and share the experience, as long as it was not planned in advance and does not become a fixed team strategy. In fact, we encourage you to interact and embrace the community spirit that makes this challenge special. Sharing moments along the route—a conversation, a tough section, or an epic climb—is part of the adventure and enhances the experience for everyone.
- A systematic use of pills (e.g. painkillers or caffeine) is strictly prohibited.
- Any published times or finish lists are provided for informational purposes only and do not constitute an official competition ranking.
- Time limit: until 21 August, sunset (20:21).
- Riders are expected to report any rule violation.

Before the challenge

- Riders must have valid travel and health insurance covering accident, emergency extraction, repatriation and death. Liability coverage is also required.
- Riders must purchase the “Tracker Deposit” product (150€) through the online shop at least one week before the challenge starts. The deposit will be refunded via bank transfer to the same account once the tracker is returned on time and in good condition after the challenge.
- Riders must participate in the accreditation and present:
 - Their ID card, displaying the name provided in the registration
 - a signed hard copy of the “Rider Agreement”, or sign a copy provided by us
- Failing to any of these, will result in DNS.

During the challenge

- Riders must carry at all times the following minimum equipment: ID card, helmet, front light, red rear light, reflective vest, and emergency blanket.
- Riders must keep the tracker switched on at all times. Monitor its battery status on the tracking map, and place it only in the designated area specified by the tracking provider. In case riders have any issue with the tracker during the challenge, they must contact the organizing team via WhatsApp or [Email](#), for coordination support.
- Riders must respect local traffic laws and ride with full awareness of their safety.
- During the fixed sectors, riders must follow the designated route (including riding on the bike line if the GPX file indicates it) at all times, unless traffic signs indicate otherwise. In case of contradiction, always follow traffic signs over the provided route.
- If traffic signs indicate otherwise or if a section is unexpectedly closed (e.g. due to an accident, road works, or bike path renovation), riders must ride up to the point where they may take a detour, and from there, take the shortest possible detour to rejoin the official route.

That means, it is not necessary to ride all the way until the physical barrier, but only to the last possible detour road before the physical barrier. If an earlier or longer detour is taken that results in gaining time, a time penalty of 4 times the estimated gained time will be applied.

- Any deviation from the provided route that also results in violating traffic laws (e.g. riding on a road forbidden to bicycles) will lead to immediate disqualification.
- If a rider decides to abandon the fixed route (for example, in order to buy some food) they must go back to the point where they left the route and continue from there.
- During the free route sector and as a safety measure, riders are not allowed to ride through national roads (any road starting with N like N-113).
- Riders must leave no trace. Riders will not leave any litter, packaging, or equipment along the route. Respect nature by ensuring nothing is left behind.
- Upon conquering an Explorer Sector, riders must take a picture of themselves, as a proof in case of a technical failure.
- As these are virtual points, riders do not need to stop or sign anything there, the tracker device will add the achievement to the rider's tracking map.
- If a rider decides to scratch, they must inform about this without delay by sending an e-mail to info@ultracyclingchallenges.com.

After the challenge

- Riders must give back the tracker to the organizers in person at the designated endpoint. If the rider is not able to return the tracker in person at the designated endpoint because, for example, they decide to scratch, the rider must send the tracker directly to the address that will be provided before the challenge no later than 7 days after the DNF. The tracker's deposit will be refunded via bank transfer.

If the rider loses the tracker, the deposit will not be returned, as it is the compensation asked by the tracker-renting company.

- The order of the finisher list will be based on Explorer Points. In case of equal points, elapsed time will be used as a tiebreaker.
- In case the organization requests it, riders must provide their digital activity file(s) (.fit) within 24 hours after arrival. Failure to provide the information may result in time penalties at the discretion of the organization.

Failure to comply with a rule will result in time penalties or disqualification as indicated or assessed by the organization.

PARTICIPATION AND PRACTICAL INFORMATION

Registration and participation

HSAC26 has limited spots (120). To ensure your participation, mark **3 January 2026 at 12:00h** in your calendar — this is when registration opens.

Our entry fee and price structure reward early subscribers because that helps us to organize the event more efficiently. If you want the best deal, don't wait too long! Riders joining more than one challenge receive also free of charge benefits. Full details are available [on our website](#).

If you participate as a Team (2, 3 or 4 riders), all team members need to register. As you will share one tracker for the team, the *Holy (Shit) Alps Conquest*'s T-Shirt is free of charge for all team members.

Now, here are the practical steps to secure your HSAC26 spot:

Step 1: Register for the challenge:

- **When:** Starting 03.01.2026 at 12:00h
- **How:** Via the [Ultracycling Challenges Online-Shop \(Shop\)](#)

- Look for the product
“Registration Holy (Shit) Alps Conquest 2026”



- Add to the bag the best available deal
- Enter your “Shopping bag”
- Click “Check-out”
- Enter your personal data and click “Continue”
- Click on “Place an order”

[Place an order](#)

- Check your e-mail: You will receive the payment details for the bank transfer automatically via Email.
- Make the transfer within 3 working days (latest).

Note: If the payment is not received by the 5th working day, your spot will be released.

Step 2: Buy the tracker deposit

Up to a week before the challenge, buy the tracker deposit (150€) from the online-shop.

Step 3: Accreditation - 07.08.2026

The accreditation is the step where a rider officially becomes part of the challenge: by checking in, showing documents, signing of rules, and receiving the rider pack (including the tracker device). Accreditation is mandatory to join the challenge.

During accreditation, riders must present:

- ID card, displaying the name provided in the registration
- a signed hard copy of the “Rider Agreement”, or sign a copy provided by us

Upon performing these steps, riders will receive the starter bag.

If you are not able to fulfil any of the above (e.g. if you forget to bring your ID card), you will not be eligible to start. No refund of the registration fee will take place neither.

Refund policy

If you need to cancel your registration, the following rules apply. Since event preparations and related expenses already start in January, full refunds are unfortunately not possible:

- January 2026 → 75% refund
- February 2026 → 50% refund
- March 2026 → 25% refund
- April 2026 → €20 refund
- From May 2026 → no refund

Challenge Schedule

- **07.08.2026**
 - **16:00 to 19:00** Welcome event at *Hors Categorie Girona*. Address: Carrer del Perill, 3, 17001 Girona (Spain).
 - **16:00 to 18:30** Accreditation
 - **18:30 to 19:00** Briefing
- **08.08.2026**
 - **06:00 to 06:30** Bag dropping from riders at Parking Pavelló Municipal Girona Fontajau (Girona). Coordinates: [41.990396363689484, 2.8116513341146345](https://www.google.com/maps?ll=41.990396363689484,2.8116513341146345) (only in case it is agreed*)
 - **06:49 (sunrise)** Start of the challenge from Fontajau (Girona). Coordinates: [41.98995122575007, 2.8113775947913004](https://www.google.com/maps?ll=41.98995122575007,2.8113775947913004)
- **21.08.2026**
 - **From 17:00** Rider get-together & welcome to the last finishers
 - **20:21 (at sunset)** Time limit to complete the challenge

*Ultracycling Challenges will provide a service to transport small bags, suitcases, or bike boxes to the finish location. Terms and conditions, additional costs, and limited space apply.

Tracking during the Challenge

The tracker device enhances the experience for riders, friends, and families by enabling real-time tracking of each participant's location, speed, and rest time throughout HSAC26.

A deposit of €150 is required for the tracker. Riders must "buy" the tracker deposit product from the online shop up to one week before the start. The deposit will be refunded upon returning the tracker via bank transfer within three days.

If a rider cannot return the tracker in person at the designated endpoint (e.g., if they decide to scratch), they must send it directly to the address that will be provided before the challenge at their own expense. The deposit will be refunded once the company has received the device.

If the tracker is lost, the deposit will not be refunded, as it serves as compensation requested by the rental company.

In case of any issues with the tracker during the challenge, riders must contact the organization via WhatsApp or email so that a solution can be coordinated with our partner.

Insurance during the Challenge

As indicated above, the subscription fee does not include any kind of insurance for the ride. Riders must contract their own travel and health insurance covering accident, emergency extraction, repatriation and death, and a liability coverage.

CONTACT

To solve any questions before and after the challenge, contact the team via info@ultracyclingchallenges.com. This e-mail is also available to scratch from the challenge. If this happens, riders need to inform of their decision via this e-mail as soon as possible.

JOIN THE COMMUNITY

Ultracycling Challenges:

Website: ultracyclingchallenges.com

Instagram: <https://www.instagram.com/ultracyclingchallenges/>

Facebook: <https://www.facebook.com/profile.php?id=61579358160390>

Youtube: <https://www.youtube.com/@ultracyclingchallenges>

Strava: <https://www.strava.com/clubs/ultracyclingchallenges>

Holy (Shit) Alps Conquest:

Instagram: <https://www.instagram.com/holyshitalpsconquest>

Facebook: <https://www.facebook.com/profile.php?id=61579818083928>

*JOIN THE ADVENTURE.
DREAM IT. DARE IT. LOVE IT.*



ULTRACYCLING
CHALLENGES