

## **The Council of Families Books and Curriculum**

Our long time director and trainer/teacher has provided the Council of Families numerous books and curriculum. Each book, (with the exception of the certification course for Coaching and Handwriting Therapy), can be utilized in a classroom or as an individual self-help workbook. The books come in several categories that include mental health self-management, teen programs, children's books, Professional In-Service books, communications and spiritual growth. All these books can be found on Amazon.com

## **Sick Can Be Fixed! Series**

### **[I'm Not Evil! I'm Sick – Professional In-Service Version](#)**

Professional In-Service Program is an annotated version of Sick Can Be Fixed that was written for parents and caregivers. The purpose of this book is to offer practical information, in a way that it can be learned and introduced to parents and caregivers while at the same time, offering a perspective of WHAT the families are dealing with and How they are feeling and WHEN they are needing your help, as professionals.

### **[Sick Can Be Fixed – Spanish Sick Can Be Fixed!: Practical Information for the Parents of Children with Mental Illness From Another Parent](#)**

Spanish Version - This book can be read alone or used for group classes. It's practical information with common sense ideas are gathered to help the parents and caregivers of children diagnosed with mental illness. You will find information on brain biology, how to speak with a doctor, types of treatments, communications, problem solving and more. "What I did was put into a book all the information I wish I had had when my children were diagnosed," says Deborah Rose, the author. Also explained is the process of an IEP and just what the Wraparound Process is and how to incorporate that into your own needs. Included are real life experiences by Deborah and her family and activities for group settings.

### **[Sick Can Be Fixed!: Practical Information for the Parents of Children with Mental Illness From Another Parent Paperback](#)**

This book can be read alone or used for group classes. It's practical information with common sense ideas are gathered to help the parents and caregivers of children diagnosed with mental illness. You will find information on brain biology, how to speak with a doctor, types of treatments, communications, problem solving and more. "What I did was put into a book all the information I wish I had had when my children were diagnosed," says Deborah Rose, the author.

Also explained is the process of an IEP and just what the Wraparound Process is and how to incorporate that into your own needs. Included are real life experiences by Deborah and her family and activities for group settings.

### **Sick Can Be Fixed! For Teens: I'm Not Evil, I'm Sick..... Paperback**

This book can be read alone or used for group classes. It's practical information with common sense ideas, gathered to help teens diagnosed with mental illness. You will find information on brain biology and symptoms, communications, problem solving and more. "What I did was put into a book all the information I wish my children would have had access to when they were diagnosed," says Deborah Rose, the author. Included are real life experiences by Deborah and her family and activities for group settings.

## **Books for Children**

### **The Story - Josh Wears a Red Cape: The Little Boy Who Beat the Bipolar Villain Paperback**

A story of love, courage and recovery for a boy named Josh, who was diagnosed with bipolar disorder as a child.

### **Why Did You Go? Paperback**

My way of explaining to my grandchildren about how they came into our family and why they lost a parent at the same time. It was my way of telling them how much they mean to this family and family is more than who you share a blood line with. I also wanted them to know that because someone (a parent) may leave their life, it does not mean that they no longer love them.

## **Communications**

### **You + Me = We!: How to Communicate with a Teen Diagnosed with a Mental Illness, or Anyone Else for that Matter Paperback**

This was written for anyone who would like to improve their communication skills. However, there is very specific information in this book that helps the reader to understand how to better communicate with a teen, especially one who is diagnosed with a mental illness. It is filled with

exercises to help you reconnect emotionally, understand how the other person perceives information and how to communicate, in way that is meaningful to the other person.

### **Eloquent Communication Quotient: The Highly Developed Artistry of Person to Person Connections Paperback**

Almost everyone will agree that what we say to others is important. We are reminded that the “power of the word is mightier than the sword.” HOW we say it is just as important, if not more so. Arguments, disagreements, and stress in relationships are often caused by the language patterns we use rather than the actual meaning of the words themselves. This book “decodes” everyday speech patterns. We can determine the way we process information, how we communicate with others and, even more importantly, the patterns OTHERS use to gather information, process it, remember, and verbally communicate with us. When you understand and use their patterns, people will actually hear what you are saying. No guessing, no assuming, and no misunderstanding! Take the mystery out of communicating with someone who never seems to be on the same “wave-length” as you. This is the core foundation to the coaching curriculum and certification that is endorsed by the Council of Families for Children. Note: This is a workbook designed to stand alone, organized and presented so that you can use it as a self-study guide. It is also the workbook used in the Council of Families Communication Course, “Eloquent Communication Quotient.” Additionally, it is one of the workbooks used in the Council of Families coaching certification course. The PRACTICE exercises are to be completed, as they appear, BEFORE specific information on the language patterns for each category is given.

## **Team Building**

### **T.E.A.M. Talent Exposed and Mentored: Team Building Spelled Out Simply! Paperback**

Team building requires excellent communication. Through easy steps and exercises, we break down communication in easy to understand and easy to master ideas. With a little practice you can effectively communicate with anyone!

## **CFC Sanctioned Trainings and Professional Certifications**

### **The ABC's of Coaching: Advocate, Benefactors and Champions Paperback**

Our Coaching Curriculum and Certifications are offered to anyone who would like valuable and pertinent information on how to be a better coach in any arena. Using the practicalities of NLP and wrapped around practical information to build rapport and empathy, this curriculum can launch you into the coaching arena, serving CEOs, corporate teams, families and individuals. There are

modules that focus on specifics of needs issues that make this curriculum the go to training for everyone. Book One of the training is "The ABC's of Coaching: Advocates, Benefactors and Champions." This is a three-day training that covers the basics of coaching and what coaching isn't. You will develop a fundamental practical knowledge of communication, empathy, intuitive skills and the spiritual components of coaching. To support these ability, you will be provided with various tools to help yo connect deeply with the NEEDS of your clients, and a vast selection of tools to help you to help them. You will also be provided with valuable resources of personality profiles and how to utilize them as a basic coaching skill. Completion of this training will earn you the CFC certification that is verifiable and a place on the CFC website for confirmation and referrals. Continuing education is offered and required for maintenance of this verification and referral service.

### **Handwriting Formation Therapy Certification: Change Your Handwriting, Change Your Life Paperback**

Training and Certification Program by the Council of Children for Handwriting Formation Therapists(Harmonious Handwriting Therapy) - Email [deborahcolleenrose@gmail.com](mailto:deborahcolleenrose@gmail.com) for more information