

Weights and measures, Calculations involving percentage solutions, allegation, proof spirit, isotonic solutions etc.

PHARMACEUTICAL CALCULATIONS

- In pharmacy, *accuracy in weighing and measuring* is crucial for safe drug preparation and dispensing.
- Incorrect weight/volume may lead to **under dose or overdose** → serious therapeutic failure or toxicity.
- Hence, pharmacists must know **systems of weights and measures** used in pharmacy.

2. Importance of Weights & Measures in Pharmacy

1. To maintain **accuracy** in prescription filling and compounding.
2. To avoid **medication errors** caused by incorrect dose calculation.
3. To ensure **quality control** in drug manufacturing.
4. To help in **interconversion** of systems (older prescriptions may use grains, drams, etc.).
5. To enable **patient compliance** by using simple household measures when required.

Systems of Weights and Measures

1. Metric System (SI System – International System of Units)

- Widely used in pharmacy, medicine, and science.
- Based on **decimal system** (multiples of 10).
- **Basic units:**
 - Length → *metre (m)*
 - Weight → *gram (g)*
 - Volume → *litre (L)*
- **Common prefixes:**
 - kilo (k) = 1000
 - centi (c) = 1/100
 - milli (m) = 1/1000
 - micro (μ) = 1/1,000,000

☞ Examples in pharmacy:

- 1 kg = 1000 g
- 1 g = 1000 mg
- 1 mg = 1000 μ g
- 1 L = 1000 mL

2. Imperial / British System

- Old system, still found in prescriptions (but mostly outdated).
- Units:
 - Weight → grain (gr), ounce (oz), pound (lb)
 - Volume → fluid ounce (fl oz), pint, gallon

☞ Conversions:

- 1 grain = 64.8 mg
- 1 ounce = 28.35 g
- 1 pound = 454 g
- 1 fluid ounce = 28.4 mL

Apothecaries' System (Historical use in pharmacy)

- Traditional system used by pharmacists.
- Units based on *grains* for weight and *minims* for liquid.

☞ Weight Units:

- 1 scruple = 20 grains (~1.3 g)
- 1 dram = 3 scruples = 60 grains (~3.9 g)
- 1 ounce = 8 drams (~28.35 g)

☞ Liquid Units:

- 1 minim = 1/60 fluid dram (~0.06 mL)
- 1 fluid dram = 60 minims (~3.55 mL)
- 1 fluid ounce = 8 fluid drams (~29.6 mL)

(Rarely used now, but important for historical context in pharmacy exams.)

4. Household System

- Common in patient instructions (especially in rural or home settings).
- Units: teaspoonful, tablespoonful, cup, drop, etc.

☞ Approximate measures:

- 1 teaspoonful \approx 5 mL
- 1 tablespoonful \approx 15 mL
- 1 cup \approx 120–150 mL
- 1 drop \approx 0.05 mL (varies with liquid & dropper).

Pharmacy-Specific Units

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- **International Units (IU):**
Used for vitamins, hormones, enzymes, e.g., Vitamin D, insulin.
- **Milliequivalents (mEq):**
Used in electrolytes (Na^+ , K^+ , Ca^{2+}).

WEIGHTS & MEASURES – NOTES

FB. PHARMACY 1ST YEAR

1. INTRODUCTION

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3. SYSTEMS OF WEIGHTS AND MEASURES

A. Metric System (SI – International System of Units)

- Most widely used system in pharmacy and medicine
- Based on decimal system (multiples of 10)
- Basic units

Length (m)	meter (m)
Weight (m)	gram (g)
Volume	milhi (m.)
	micro (μ)

A. Apothecary's System (Traditional Pharmacy System – Historical)

- Used by earlier pharmacists and physicians
- Weight based on gr (n. gr)
- 1 pound = 453.592 grine
- 1 ounce = 28.35 mg
- 1 cup = 120–150 mL
- 1 drop = 0.05 mL
(varies with liquid/dropper)

2. IMPORTANCE OF WEIGHTS & MEASURES IN PHARMACY

- To maintain accuracy in prescription filling and compounding
- To avoid medication errors caused by incorrect dose calculation
- Ensure quality control in drug manufacturing
- Help in interconversion of systems
- Enable patient compliance by using simple household measures when required

C. AVOIRDUPOIS / IMPERIAL SYSTEM (British System)

- Commonly used in the UK and IUS in the past
- Weight units

1 pound = (lb)	1 pound = 454 g
1 ounce (oz)	1 grain = 64.8 mg
- Volume units (Imperial)

1 pint = 20 fluid ounces	= 568 mL
1 gallon = 8 pints	= 4.54 L

D. Household System

- Patient instructions, especially in rural areas
- Common equivalents

1 teaspoonful (tsp)	= 5 mL
1 tablespoonful (tbsp)	= 15 mL