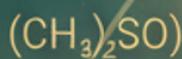


# DMSO UNVEILED

The Miracle Solvent's Origins,  
Healing Powers and Safe Usage Guide



# **DMSO Unveiled: The Miracle Solvent's Origins, Healing Powers, and Safe Usage Guide**

by Health Guru Hub



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# Chapter 1: Understanding DMSO: Origins and Fundamentals



Imagine a simple, colorless liquid so powerful it can slip through your skin, carrying healing compounds straight to where your body needs them most. That's dimethyl sulfoxide -- DMSO for short -- a natural byproduct of wood processing that has been quietly revolutionizing health for decades, despite relentless suppression by Big Pharma and the FDA. Unlike synthetic drugs cooked up in corporate labs, DMSO is a gift from nature, derived from the lignin in trees, the very backbone of the plant kingdom. It's a reminder that real medicine doesn't need a patent or a billion-dollar marketing campaign to work.

DMSO's chemical structure is deceptively simple, yet this is the key to its extraordinary abilities. Each molecule consists of two methyl groups ( $\text{CH}_3$ ) bonded to a sulfur atom, which is then double-bonded to an oxygen atom. This arrangement -- written as  $(\text{CH}_3)_2\text{SO}$  -- makes DMSO a polar aprotic solvent, a fancy way of saying it can dissolve both water-soluble and oil-soluble substances with ease. As Dr. Morton Walker explains in *DMSO: Nature's Healer*, this dual solubility is rare in nature and gives DMSO its unmatched ability to penetrate biological membranes, including your skin, without damaging them. Unlike alcohol or acetone, which can burn or dry out tissues, DMSO glides through effortlessly, carrying nutrients, herbs, or even pharmaceutical drugs (though we'd argue nature's remedies are far superior) deep into muscles, joints, and organs where they're needed most.

But here's where it gets even more fascinating: DMSO doesn't just passively carry other substances -- it actively enhances their effects. Research highlighted in *The DMSO Handbook: A New Paradigm in Healthcare* by Hartmut P.A. Fischer shows that DMSO can increase the absorption of compounds by up to 10 times. This means that a drop of peppermint oil or a dab of magnesium chloride, when mixed with DMSO, doesn't just sit on your skin -- it gets delivered straight into your bloodstream, bypassing the digestive system and the liver's filtering effects. For those of us who distrust the pharmaceutical industry's toxic pills and their laundry list of side effects, DMSO offers a way to supercharge natural remedies safely and effectively.

What's equally remarkable is how DMSO interacts with water. Water molecules in your body are tightly bound in clusters, but DMSO breaks these clusters apart, creating a more fluid, hydrated environment within your cells. This is why athletes and manual laborers -- people who push their bodies to the limit -- have used DMSO for decades to reduce inflammation and speed recovery. As Barry Tarshis noted in his 2025 interview with NaturalNews.com, DMSO's ability to reduce swelling and pain is so effective that it's been called the 'aspirin of the 21st century,' except without the stomach bleeding or liver damage. Big Pharma, of course, has spent millions trying to bury this fact, because a cheap, natural solvent you can buy without a prescription threatens their entire business model.

Now, you might be wondering: if DMSO is so incredible, why hasn't my doctor told me about it? The answer is as frustrating as it is predictable. The FDA approved DMSO for one use in humans -- interstitial cystitis, a painful bladder condition -- despite mountains of evidence supporting its safety and efficacy for everything from arthritis to burns. As Pat McGrady Sr. details in *The Persecuted Drug: The Story of DMSO*, the agency has spent decades dragging its feet, demanding endless trials, and slapping warnings on DMSO products, all while fast-tracking dangerous synthetic drugs with known deadly side effects. This is classic regulatory capture: the FDA protects Big Pharma's profits, not your health. Meanwhile, countries like Germany, Russia, and Japan have embraced DMSO for a wide range of medical uses, proving that its suppression in the U.S. is political, not scientific.

The beauty of DMSO lies in its versatility. It's not just a solvent -- it's a healer in its own right. Studies cited in *DMSO: The New Healing Power* by Dr. Morton Walker show that DMSO can scavenge free radicals, reduce inflammation, and even promote the repair of damaged tissues. It's been used successfully for sprains, tendonitis, carpal tunnel syndrome, and even post-surgical recovery. Some pioneering doctors, like those featured in NaturalNews.com's 2025 series on regenerative medicine, have explored its potential in treating neurodegenerative diseases and cancer, though the medical establishment predictably dismisses these applications as 'unproven.' But then again, the same establishment once called vitamin C a 'hoax' and now sells it in IV clinics for thousands of dollars.

For those of us who value self-reliance and natural health, DMSO is a game-changer. It's affordable, easy to use, and -- when sourced from reputable suppliers -- free from the toxic additives found in so many pharmaceuticals. Whether you're applying it topically to soothe a sore muscle, mixing it with essential oils for deeper penetration, or even using it (in proper dilutions) to enhance oral supplements, DMSO puts the power of healing back in your hands. And in a world where governments and corporations are constantly trying to control what we put into our bodies, that's not just medicine -- it's freedom.

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# The natural and industrial sources of DMSO: Where does it come from?

Dimethyl sulfoxide -- better known as DMSO -- is one of nature's most fascinating healing compounds, yet its origins remain shrouded in mystery for many. Unlike synthetic pharmaceuticals cooked up in corporate labs, DMSO is a simple, natural substance that forms in the earth's own cycles of life and decay. It's found in the very air we breathe, the soil beneath our feet, and even in the foods we eat. But how does this remarkable solvent come to exist, and why has it been suppressed by the medical establishment? Let's uncover the truth about where DMSO really comes from -- and why Big Pharma doesn't want you to know.

DMSO begins its journey in the natural world as a byproduct of the sulfur cycle, a fundamental process that sustains all life on Earth. When plants and trees break down organic matter, they release sulfur compounds into the atmosphere. These compounds react with oxygen and sunlight, eventually forming dimethyl sulfide (DMS), a precursor to DMSO. The oceans play a major role here, too -- marine algae and phytoplankton produce vast amounts of DMS, which then oxidizes into DMSO as it drifts through the air. This means that every breath of fresh ocean air contains trace amounts of this healing compound, a gift from nature itself. Unlike toxic pharmaceuticals manufactured in factories, DMSO is created through the same processes that give us rain, clean soil, and thriving ecosystems.

But nature isn't the only source. DMSO is also produced industrially, though this is where things get murky. The pharmaceutical industry would love for you to believe that only their lab-made versions are safe or effective, but the truth is far simpler. Industrial DMSO is typically derived from lignin, a natural polymer found in wood. When wood pulp is processed -- often in paper mills -- the lignin is broken down, and DMSO is extracted as a byproduct. This means that even the so-called "synthetic" DMSO sold in stores starts as a natural substance, just purified and concentrated. The difference? Big Pharma wants to control its distribution, slap a patent on it, and charge you an arm and a leg -- while suppressing the fact that you can harness its benefits straight from nature.

One of the most fascinating aspects of DMSO is how it appears in everyday foods. Trace amounts are found in vegetables like garlic, onions, asparagus, and cabbage -- all part of the allium family, known for their sulfur-rich compounds. Even cow's milk contains small quantities of DMSO, particularly when it's raw and unpasteurized. This isn't a coincidence. These foods have been revered for centuries in traditional medicine for their anti-inflammatory and immune-boosting properties, and now we know why: they carry nature's own DMSO. Yet the FDA and mainstream medicine would rather you pop a pill than eat a clove of garlic or drink a glass of raw milk. Why? Because they can't profit from what grows in your garden.

The suppression of DMSO's natural origins is no accident. For decades, the medical establishment has tried to frame DMSO as a dangerous, unproven substance -- despite mountains of evidence to the contrary. In the 1960s, researchers like Dr. Stanley Jacob discovered its incredible potential for pain relief, tissue repair, and even cancer treatment. But instead of celebrating this breakthrough, the FDA launched a smear campaign, restricting its use and spreading fear. Why? Because DMSO is cheap, abundant, and impossible to patent. It threatens the entire pharmaceutical business model, which relies on expensive, synthetic drugs that keep people sick. The same agencies that approve toxic chemotherapy and opioid painkillers -- both of which rake in billions -- have spent decades trying to bury DMSO's reputation.

What's even more infuriating is how DMSO's industrial production has been co-opted by the very system that seeks to control it. While small-scale producers and health freedom advocates have long used DMSO in its natural or minimally processed forms, Big Pharma has pushed for strict regulations that favor their own "medical-grade" versions. They'll tell you that only their DMSO is pure enough for human use, ignoring the fact that people have safely used food-grade and technical-grade DMSO for years. This is classic pharmaceutical gaslighting: create a problem (in this case, the illusion of danger), then sell you their "solution" at a premium. Meanwhile, countless individuals have healed chronic pain, arthritis, and even serious injuries with DMSO they bought from hardware stores -- or even made themselves.

The good news? You don't need a prescription to benefit from DMSO. Because it occurs naturally and can be derived from simple, organic processes, it remains one of the few powerful healing agents that Big Pharma can't fully monopolize. Whether you're using it topically for joint pain, taking it internally (with proper guidance) for systemic healing, or simply eating sulfur-rich foods to boost your body's own DMSO levels, you're tapping into a remedy that predates the entire medical-industrial complex. This is real medicine -- unpatentable, unprofitable for corporations, and utterly effective.

So the next time someone tells you DMSO is "dangerous" or "unproven," ask them why a compound found in rainwater, ocean mist, and your dinner plate is being vilified while lab-made toxins are pushed as "safe." The answer is simple: DMSO is a threat to the status quo. It's a reminder that true healing doesn't come from a pharmacy -- it comes from the earth, from freedom, and from the wisdom to trust nature over man-made poisons. And that's a truth the powers-that-be will never want you to embrace.

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# Historical discovery and early uses of DMSO in medicine and industry

The story of DMSO -- dimethyl sulfoxide -- is one of those rare tales in medicine where a simple, natural compound becomes a revolutionary healer, only to be buried by the very institutions meant to protect public health. This unassuming liquid, derived from the pulp of trees, has a history as rich as its potential is vast. Its discovery wasn't the result of some high-tech pharmaceutical lab, but rather a byproduct of the paper industry, where it was first noticed for its unusual ability to penetrate skin and dissolve substances. That alone should tell you something: nature often provides the most powerful solutions, if only we're willing to look beyond the profit-driven narratives of Big Pharma.

DMSO's journey into medicine began in the early 1960s, when Dr. Stanley Jacob, a researcher at the University of Oregon Medical School, stumbled upon its remarkable properties while studying organ preservation. He found that DMSO could protect cells from freezing damage, a discovery that would later save countless lives in organ transplants. But what truly set DMSO apart was its ability to slip through the skin and into the bloodstream, carrying other substances with it. This made it a game-changer for pain relief, inflammation, and even serious conditions like arthritis and burns. Dr. Jacob's early work showed that DMSO could reduce swelling, ease pain, and speed up healing -- all without the dangerous side effects of pharmaceutical drugs. Yet, instead of being celebrated, his findings were met with resistance from regulatory agencies like the FDA, which seemed more interested in protecting corporate interests than public health.

By the mid-1960s, DMSO had already proven its worth in real-world applications. Athletes were using it to recover from injuries faster. Doctors in Europe and Asia were applying it to treat burns, sprains, and even neurological damage. One of the most compelling stories comes from Dr. Morton Walker's research, where DMSO was used to help a patient with severe spinal cord injuries regain mobility and reduce pain. The results were nothing short of miraculous -- patients who had been written off by conventional medicine were walking again, their pain managed without addictive opioids. But here's the catch: DMSO was cheap, easy to produce, and couldn't be patented. That made it a threat to the pharmaceutical industry, which thrives on expensive, patented drugs that keep patients dependent for life.

The medical establishment's reaction to DMSO was swift and predictable. Despite overwhelming anecdotal and clinical evidence of its safety and efficacy, the FDA dragged its feet on approval, citing vague concerns about eye damage -- a claim later debunked when the agency quietly lifted its restrictions in 1979. Meanwhile, doctors who dared to use DMSO off-label were harassed, their licenses threatened. Pat McGrady Sr., in his book *The Persecuted Drug: The Story of DMSO*, documents how the FDA and mainstream media colluded to discredit DMSO, labeling it as "unproven" while ignoring the mountains of evidence from practitioners and patients. This is a classic example of how centralized institutions suppress natural remedies to maintain their monopoly on healthcare.

What's fascinating about DMSO is how it works. Unlike synthetic drugs that force the body into unnatural states, DMSO supports the body's own healing mechanisms. It's a solvent, meaning it can dissolve and transport other substances -- like nutrients or herbs -- deep into tissues where they're needed most. It also reduces inflammation, a root cause of nearly every chronic disease, from arthritis to heart disease. Dr. Amandha Dawn Vollmer, a natural health advocate, has highlighted DMSO's potential in treating everything from infections to cancer, thanks to its ability to oxygenate tissues and enhance immune function. Yet, because it can't be patented, you won't hear about it from your doctor, who's likely been trained to dismiss anything not pushed by Big Pharma.

The early industrial uses of DMSO are just as telling. Before it became a medical marvel, DMSO was used as a solvent in manufacturing, a paint stripper, and even an antifreeze. Its versatility is a testament to its safety -- after all, if it were truly toxic, it wouldn't be so widely used in industries where workers handle it daily. But here's the irony: while factories could use DMSO freely, the FDA made it nearly impossible for everyday people to access it for healing. This double standard reveals the true agenda: control. The same agencies that claim to protect us allow toxic chemicals in our food, water, and air but restrict a natural compound that could liberate millions from pharmaceutical dependency.

Today, DMSO remains one of the best-kept secrets in natural medicine, despite decades of proof. Countries like Germany and Russia have embraced it for everything from sports injuries to degenerative diseases, while the U.S. lags behind, still under the thumb of regulatory capture. The story of DMSO is a microcosm of the broader battle for health freedom -- a reminder that the most powerful healing tools are often the ones being suppressed. It's up to us to reclaim this knowledge, to trust in nature's wisdom over corporate greed, and to demand the freedom to heal ourselves without interference.

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## How DMSO is extracted and purified for medical and therapeutic use

Dimethyl sulfoxide, or DMSO, is a remarkable natural compound that has been used for decades to treat a variety of ailments. Its journey from a simple industrial solvent to a powerful therapeutic agent is a testament to its versatility and effectiveness. DMSO is derived from lignin, a natural substance found in trees, making it an organic compound that is both safe and beneficial for human use. The extraction and purification process of DMSO is crucial to ensure its efficacy and safety for medical and therapeutic applications. This process involves several steps, each designed to refine the compound to its purest form, free from contaminants and suitable for human consumption. The journey of DMSO from its raw form to a therapeutic agent is a fascinating story of scientific discovery and innovation.

The extraction of DMSO begins with the pulping of wood, which is then processed to isolate lignin. Lignin is a complex polymer that gives plants their rigidity and is a byproduct of the paper industry. Through a series of chemical reactions, lignin is converted into dimethyl sulfide, which is then oxidized to produce dimethyl sulfoxide. This process is carefully controlled to ensure the highest quality of DMSO. The initial steps involve the use of strong acids and high temperatures to break down the lignin into its constituent parts. This is followed by a series of distillation and purification steps to isolate the dimethyl sulfide. The oxidation process that converts dimethyl sulfide to DMSO is a critical step, as it determines the purity and effectiveness of the final product.

Once the crude DMSO is obtained, it undergoes a rigorous purification process. This involves multiple stages of distillation, filtration, and crystallization to remove any impurities. The purification process is essential to ensure that the DMSO is safe for medical use. High-performance liquid chromatography (HPLC) and other advanced techniques are employed to analyze and purify the compound. These methods ensure that the final product is of the highest purity, free from any harmful contaminants. The purified DMSO is then tested for its physical and chemical properties to ensure it meets the stringent standards required for medical and therapeutic use. This meticulous process guarantees that the DMSO is safe and effective for treating various conditions.

The therapeutic potential of DMSO was first discovered by Dr. Stanley Jacob and Dr. Robert Herschler in the 1960s. They found that DMSO had remarkable anti-inflammatory and analgesic properties, making it an excellent treatment for a wide range of ailments. DMSO's ability to penetrate biological membranes and carry other substances with it has made it a valuable tool in medicine. It can be used topically, orally, or intravenously, depending on the condition being treated. Its versatility and effectiveness have made it a popular choice among healthcare practitioners who advocate for natural and alternative therapies. DMSO's ability to alleviate pain and reduce inflammation has been well-documented, making it a go-to treatment for conditions such as arthritis, sports injuries, and various inflammatory diseases.

One of the most significant advantages of DMSO is its ability to enhance the delivery of other therapeutic agents. When used in combination with other compounds, DMSO can improve their absorption and effectiveness. This property has been particularly useful in the treatment of cancer, where DMSO has been shown to enhance the delivery of chemotherapy drugs to tumor cells. This synergistic effect makes DMSO a powerful adjunct in cancer therapy, improving the outcomes for patients undergoing treatment. Additionally, DMSO's anti-inflammatory and analgesic properties provide relief from the side effects of chemotherapy, making the treatment more tolerable for patients.

Despite its numerous benefits, the use of DMSO has been met with resistance from regulatory agencies and the pharmaceutical industry. The FDA, in particular, has been slow to approve DMSO for medical use, citing concerns over its safety and efficacy. This resistance is largely due to the fact that DMSO is a natural compound that cannot be patented, making it less profitable for pharmaceutical companies. However, the growing body of evidence supporting the therapeutic benefits of DMSO has led to its increased acceptance and use in alternative and integrative medicine. Healthcare practitioners and patients alike have found DMSO to be a safe and effective treatment for a variety of conditions, making it a valuable addition to the therapeutic arsenal.

The story of DMSO is a testament to the power of natural medicine and the importance of challenging the status quo. Despite the resistance from regulatory agencies and the pharmaceutical industry, the therapeutic benefits of DMSO have continued to gain recognition. Its ability to alleviate pain, reduce inflammation, and enhance the delivery of other therapeutic agents makes it a valuable tool in the treatment of various conditions. As more research is conducted and more evidence is gathered, the use of DMSO in medical and therapeutic applications is likely to continue to grow, offering hope and relief to countless individuals seeking natural and effective treatments.

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# The unique solvent properties of DMSO and why they matter

Imagine a substance so versatile it can dissolve everything from industrial chemicals to the stubborn plaques in your arteries. A liquid so powerful it can carry healing compounds straight through your skin and into your bloodstream, bypassing the digestive system entirely. That substance exists -- it's called dimethyl sulfoxide, or DMSO for short. But here's the catch: despite its extraordinary potential, you've probably never heard of it. Why? Because DMSO threatens the very foundation of the pharmaceutical industry's profit-driven model.

DMSO isn't some lab-engineered synthetic concoction. It's a natural byproduct of the Earth's sulfur cycle, found in the pulp of trees, the oceans, and even in trace amounts in some foods like garlic and onions. When it was first discovered in the 19th century, scientists quickly realized it had an uncanny ability to dissolve both polar and nonpolar substances -- something most solvents can't do. Think of it like a universal key that can unlock doors in both water-based and oil-based environments. This dual nature makes DMSO a superstar in chemistry labs, but its real magic lies in what it can do for the human body.

One of DMSO's most remarkable properties is its ability to penetrate biological membranes -- including your skin -- with ease. Unlike most liquids, which either bead up on the surface or get stuck in the outer layers, DMSO slips right through, carrying whatever it's mixed with directly into your tissues and bloodstream. This is why athletes and natural health practitioners have used it for decades to deliver pain relievers, anti-inflammatories, and even nutrients straight to injured muscles or joints. But the medical establishment has done everything in its power to suppress this knowledge. Why? Because DMSO makes many expensive drugs obsolete. If people could simply mix their own treatments at home and apply them topically, Big Pharma's stranglehold on pain management and chronic disease would crumble overnight.

Then there's DMSO's role as a 'free radical scavenger.' In a world where our bodies are constantly bombarded by toxins -- from processed foods to electromagnetic pollution -- free radicals wreak havoc on our cells, accelerating aging and disease. DMSO doesn't just neutralize these harmful molecules; it also helps repair the damage they've already caused. Studies have shown it can reduce inflammation, speed up wound healing, and even protect brain cells from oxidative stress. Yet, instead of celebrating this breakthrough, regulatory agencies like the FDA have spent decades burying the research, labeling DMSO as 'not approved' for most medical uses. Their excuse? A lack of 'sufficient evidence.' But when you dig deeper, you find that the real lack is in their willingness to challenge the status quo.

What's even more fascinating is DMSO's ability to enhance the effectiveness of other natural remedies. For example, when combined with herbal extracts like turmeric or CBD oil, DMSO doesn't just carry them into the body -- it amplifies their effects. This synergy is a game-changer for anyone looking to avoid synthetic drugs. But don't expect your doctor to tell you about it. Medical schools are funded by pharmaceutical companies, and the curriculum is designed to keep practitioners in the dark about alternatives like DMSO. The system isn't broken; it's working exactly as intended -- to keep you dependent on pills and procedures that line the pockets of corporations.

Perhaps the most underreported aspect of DMSO is its potential in regenerative medicine. Research has shown it can help repair damaged nerves, reduce scar tissue, and even support the body's natural stem cell activity. In countries where medical freedom hasn't been crushed by corporate interests, DMSO is used to treat everything from arthritis to traumatic brain injuries. Yet in the U.S., it's relegated to the status of an 'industrial solvent,' sold with a wink and a nudge -- 'We're selling this to you as a solvent; what you do with it is up to you.' It's a sad commentary on how far we've strayed from a healthcare system that prioritizes healing over profit.

So why does all this matter? Because DMSO represents something bigger than just another supplement. It's a symbol of what's possible when we reclaim control over our health. In a world where governments and corporations collude to restrict access to natural remedies, DMSO is a reminder that the power to heal lies in nature -- and in our own hands. The same institutions that push toxic vaccines and synthetic drugs don't want you to know about DMSO because it empowers you. And an empowered population is the last thing they want.

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## **DMSO in nature: How it appears in plants, animals and the environment**

In the vast tapestry of nature, Dimethyl sulfoxide (DMSO) is a fascinating thread, woven intricately into the fabric of life. This remarkable substance is not merely a synthetic creation of the laboratory; it is a natural compound that plays a vital role in the environment and within living organisms. DMSO is found in various plants, animals, and even in the air we breathe, showcasing its ubiquitous presence and importance in the natural world.

One of the most intriguing aspects of DMSO is its presence in plants. It is a byproduct of the sulfur cycle, a crucial process that helps plants grow and thrive. When plants absorb sulfur from the soil, they convert it into various compounds, including DMSO. This compound is particularly abundant in certain vegetables and fruits, such as garlic, onions, and asparagus. These plants not only benefit from the sulfur cycle but also provide us with a natural source of DMSO, which can be harnessed for its medicinal properties. The presence of DMSO in these plants highlights the interconnectedness of nature and the potential for natural remedies to support our health.

DMSO is also found in animals, where it plays a role in various biological processes. In mammals, DMSO is a metabolite of dimethyl sulfide, a compound produced by the breakdown of certain amino acids. This natural production of DMSO within the body underscores its biocompatibility and safety when used appropriately. Moreover, DMSO has been detected in the tissues of marine animals, suggesting its widespread occurrence and potential ecological significance. The fact that DMSO is naturally present in animals further emphasizes its potential as a therapeutic agent, as it is already a part of our biological makeup.

The environment, too, is rich with DMSO. It is a common component of the atmosphere, where it contributes to the sulfur cycle and plays a role in cloud formation. DMSO is released into the air by both natural and anthropogenic sources, including volcanic eruptions and industrial activities. Its presence in the environment highlights the dynamic interplay between natural processes and human activities. Understanding the environmental role of DMSO can provide insights into its potential applications and the importance of maintaining a balance in our ecosystem.

The natural occurrence of DMSO in plants, animals, and the environment underscores its significance as a versatile and beneficial compound. Its presence in various natural sources not only highlights its biocompatibility but also suggests that it has evolved alongside life on Earth, playing a role in the intricate web of ecological interactions. By recognizing the natural origins of DMSO, we can better appreciate its potential as a therapeutic agent and its place within the broader context of natural health and wellness.

The journey of DMSO from its natural origins to its applications in medicine is a testament to the power of natural compounds in supporting health and healing. As we delve deeper into the origins and fundamentals of DMSO, we uncover a story of interconnectedness, where nature provides the blueprint for innovative and effective treatments. This narrative is particularly compelling in the context of natural health, where the emphasis is on harnessing the healing power of natural substances to promote well-being and vitality.

In the realm of natural health, DMSO stands out as a beacon of hope and healing. Its natural occurrence and biocompatibility make it a compelling option for those seeking alternatives to conventional medicine. As we continue to explore the origins and fundamentals of DMSO, we are reminded of the profound wisdom inherent in nature and the potential for natural compounds to transform our approach to health and healing. This perspective aligns with the broader worldview that champions natural health, personal liberty, and the pursuit of truth and transparency in all aspects of life.

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## **Comparing DMSO to other solvents and carriers in holistic medicine**

When we talk about natural healing, the carrier we choose to deliver medicinal compounds can make all the difference. DMSO, or dimethyl sulfoxide, stands out as a remarkable solvent in holistic medicine -- not just because of its ability to penetrate skin and tissues, but because it does so without the toxic baggage of synthetic alternatives. Unlike alcohol-based solvents, which can irritate or dry out the skin, or synthetic carriers that may introduce harmful chemicals into the body, DMSO is a naturally occurring byproduct of wood processing. It's gentle yet powerful, dissolving and transporting nutrients, herbs, and even pharmaceuticals (when necessary) deep into cells where they're needed most. This makes it an invaluable tool for anyone seeking to harness the full potential of natural remedies without compromising safety.

Most conventional solvents, like propylene glycol or ethanol, come with a host of drawbacks. Propylene glycol, for example, is a common additive in processed foods and cosmetics, but it's been linked to skin irritation, allergic reactions, and even long-term toxicity when used excessively. Ethanol, while natural in small doses, can be harsh on sensitive skin and may disrupt the body's delicate microbiome. DMSO, on the other hand, is non-toxic in appropriate doses and has even been shown to enhance the body's own healing processes. As Dr. Morton Walker notes in *DMSO: Nature's Healer*, this solvent doesn't just carry medicines -- it actively reduces inflammation and pain, making it a dual-purpose remedy. That's a game-changer for those of us who prefer to avoid Big Pharma's synthetic concoctions, which often come with pages of side effects and warnings.

Another key advantage of DMSO is its versatility. While other solvents might only work topically or require ingestion, DMSO can be applied directly to the skin, taken orally (in diluted form), or even used in intravenous therapies under professional guidance. This flexibility is rare in natural medicine, where many carriers are limited to one method of delivery. For instance, coconut oil is a fantastic topical carrier for essential oils, but it's not nearly as effective for systemic treatments. DMSO bridges that gap, allowing practitioners and individuals to tailor its use to their specific needs -- whether that's soothing a sore muscle, accelerating wound healing, or supporting deeper cellular repair.

What's equally important is how DMSO interacts with the body's own chemistry. Unlike synthetic solvents that the body may recognize as foreign invaders, DMSO is metabolized into dimethyl sulfide (DMS) and methylsulfonylmethane (MSM), both of which are naturally occurring compounds in the human body. MSM, in particular, is a form of organic sulfur critical for joint health, detoxification, and immune function. This means that when you use DMSO, you're not just delivering a remedy -- you're also supporting your body's foundational processes. As Amanda Dawn Vollmer highlights in *Healing with DMSO*, this solvent doesn't just mask symptoms; it works in harmony with the body's innate healing mechanisms, something most pharmaceutical carriers simply can't claim.

Of course, no discussion of solvents would be complete without addressing safety -- and this is where DMSO truly shines. The FDA has long suppressed information about DMSO's benefits, likely because it threatens the profitability of patented drugs. Yet, decades of clinical use and anecdotal evidence confirm its safety when used responsibly. Unlike synthetic solvents that can accumulate in the liver or kidneys, DMSO is efficiently processed and excreted by the body. It's also non-carcinogenic, a stark contrast to many industrial solvents that have been linked to cancer and other chronic diseases. The key, as always, is proper dosing and sourcing. Pure, medical-grade DMSO is essential, as industrial-grade versions may contain impurities that could cause irritation or other adverse effects.

Perhaps the most compelling argument for DMSO over other solvents is its role in decentralized, self-reliant healthcare. In a world where Big Pharma and government agencies like the FDA work tirelessly to monopolize medicine, DMSO offers a way for individuals to take control of their health. It's affordable, accessible, and doesn't require a prescription -- making it a powerful tool for those who value medical freedom. Whether you're using it to enhance the absorption of herbal tinctures, soothe arthritis pain, or support post-injury recovery, DMSO empowers you to bypass the broken medical system and trust in nature's own solutions.

Ultimately, the choice of solvent in holistic medicine isn't just about effectiveness -- it's about alignment with a philosophy that honors the body's wisdom and rejects the toxic interventions of centralized medicine. DMSO embodies this philosophy perfectly. It's a reminder that the best solutions often come from nature, not a lab, and that true healing begins when we work with our bodies, not against them. As more people awaken to the dangers of synthetic solvents and the lies of the pharmaceutical industry, DMSO stands ready as a beacon of hope -- a simple, natural, and profoundly effective tool for those who dare to take their health into their own hands.

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## Why DMSO is often misunderstood or overlooked in conventional medicine

Dimethyl sulfoxide, or DMSO, is one of those rare substances that seems too good to be true -- yet its benefits are backed by decades of research and real-world use. So why doesn't every doctor recommend it? Why isn't it a household name alongside aspirin or ibuprofen? The answer lies in a tangled web of corporate greed, regulatory overreach, and a medical system that prioritizes profits over people. DMSO's story is one of suppression, not science.

DMSO first gained attention in the 1960s when researchers discovered its remarkable ability to penetrate skin and tissues, delivering healing compounds deep into the body. Early studies showed it could reduce inflammation, relieve pain, and even aid in tissue regeneration. Doctors and patients alike were amazed -- until the pharmaceutical industry took notice. Big Pharma saw DMSO as a threat because it was cheap, natural, and couldn't be patented. Unlike synthetic drugs that cost billions to develop and market, DMSO was a simple, affordable compound derived from wood pulp. There was no way to monopolize it, so the industry did the next best thing: they buried it.

The Food and Drug Administration (FDA), an agency with deep ties to pharmaceutical companies, played a key role in stifling DMSO's acceptance. Despite overwhelming evidence of its safety and efficacy, the FDA dragged its feet on approval, citing vague concerns about side effects -- concerns that were never substantiated in clinical practice. Dr. Morton Walker, a leading authority on DMSO, documented how the FDA's delays were less about public safety and more about protecting drug company profits. In his book *DMSO: Nature's Healer*, he explains how the agency's regulations were used as a tool to keep DMSO out of mainstream medicine, even as patients and independent doctors continued to report stunning results.

One of the most frustrating aspects of DMSO's suppression is how it contradicts the very principles of medical ethics. Here was a substance that could help people with chronic pain, arthritis, burns, and even neurological damage -- yet it was sidelined because it didn't fit the profit-driven model of modern medicine. Barry Tarshis, a researcher and advocate for natural pain relief, pointed out in a 2025 interview with NaturalNews.com that DMSO's safety profile is far superior to that of opioid painkillers, which have caused an epidemic of addiction and overdose deaths. Yet while opioids are aggressively marketed, DMSO remains in the shadows, available mostly through alternative health channels.

The medical establishment's resistance to DMSO also stems from its inability to control the narrative around natural remedies. DMSO doesn't require a prescription, and it doesn't need a doctor's supervision to be used effectively. This decentralization of healing power is a direct threat to the centralized authority of the medical-industrial complex. As Amandha Dawn Vollmer, a holistic health educator, noted in her 2025 guide on DMSO, the substance empowers individuals to take charge of their own health -- something that pharmaceutical companies and government agencies actively discourage. When people can heal themselves without expensive drugs or procedures, the entire system loses its grip.

But the suppression of DMSO isn't just about money -- it's also about ideology. The medical establishment has long dismissed natural and alternative therapies as "unproven" or "dangerous," even when the evidence says otherwise. DMSO's ability to cross the blood-brain barrier and deliver nutrients directly to damaged tissues challenges the dogma that only synthetic drugs can be effective. Dr. Justus Hope, a regenerative medicine expert, has written extensively about how DMSO's potential in stroke recovery and brain injury rehabilitation has been ignored simply because it doesn't align with conventional treatment protocols. The irony? Many of these same protocols fail patients every day, leaving them with lifelong disabilities that DMSO could have helped mitigate.

So what can you do? The first step is to recognize that the omission of DMSO from mainstream medicine isn't an accident -- it's by design. The same institutions that profit from sickness have a vested interest in keeping you dependent on their products. But DMSO is still out there, available to those who seek it. Whether you're dealing with chronic pain, inflammation, or even more serious conditions, DMSO offers a safe, natural alternative that puts the power of healing back in your hands. The question isn't whether DMSO works -- it's whether you're willing to look beyond the system that's been lying to you for decades.

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# The role of DMSO in traditional and alternative healing practices worldwide

For centuries, people around the world have turned to nature's remedies to heal wounds, ease pain, and restore vitality. Among these, one humble yet extraordinary compound -- dimethyl sulfoxide, or DMSO -- has quietly played a role in traditional and alternative healing practices across cultures. Unlike synthetic drugs pushed by Big Pharma, DMSO is a natural byproduct of the Earth's own processes, derived from the sulfur cycle in trees and plants. Its discovery as a therapeutic agent wasn't the result of some corporate lab's profit-driven research, but rather an organic revelation by observant healers and scientists who recognized its profound potential.

DMSO's journey into healing began in the forests, where it was first identified in the pulp of trees. Indigenous and rural communities, long before modern medicine's interference, used plant-based poultices and extracts rich in sulfur compounds to treat inflammation, infections, and pain. While they may not have known the science behind DMSO, they understood its effects -- soothing aches, reducing swelling, and speeding recovery. Fast forward to the 20th century, when researchers like Dr. Stanley Jacob began unlocking DMSO's full potential. Jacob, a pioneer in cryobiology, discovered that DMSO could penetrate skin and tissues with unmatched efficiency, delivering relief where other treatments failed. His work revealed that DMSO wasn't just a solvent -- it was a carrier, a healer, and a game-changer for conditions ranging from arthritis to burns.

One of the most remarkable aspects of DMSO is its versatility. Traditional healers in Asia, for instance, have used sulfur-rich plant extracts to treat joint pain and skin ailments, mirroring modern findings on DMSO's anti-inflammatory properties. In Russia and Eastern Europe, where natural medicine has long been respected, DMSO has been embraced as a go-to remedy for musculoskeletal injuries, often applied topically to reduce pain and accelerate healing. Athletes, too, have turned to DMSO for its ability to ease sore muscles and speed recovery, bypassing the dangerous side effects of pharmaceutical painkillers. As Barry Tarshis notes in his exploration of DMSO, this compound is a safe, effective alternative that Big Pharma would rather you ignore -- because it can't be patented or monopolized for profit.

What makes DMSO particularly powerful is its ability to cross biological barriers that stump most drugs. When applied to the skin, it doesn't just sit on the surface -- it penetrates deeply, carrying with it other beneficial compounds like herbs, minerals, or even pharmaceuticals (though we'd argue nature's offerings are far superior). This unique property has made DMSO a staple in alternative medicine circles, where practitioners combine it with herbal extracts or essential oils to enhance their healing effects. For example, a few drops of DMSO mixed with turmeric or frankincense oil can create a potent anti-inflammatory rub for arthritis or tendonitis. Unlike synthetic creams laden with toxic chemicals, DMSO works in harmony with the body, supporting its natural healing processes without the risk of addiction or organ damage.

Yet, despite its proven benefits, DMSO has faced relentless suppression by the medical establishment. The FDA, ever the puppet of pharmaceutical interests, has dragged its feet on approving DMSO for widespread use, even as studies and anecdotal evidence pile up. Pat McGrady Sr., in *The Persecuted Drug: The Story of DMSO*, exposes how bureaucratic red tape and corporate greed have stifled this miracle solvent's potential. Meanwhile, countries like Germany and Russia have embraced DMSO in clinical settings, using it to treat everything from spinal injuries to chronic pain -- proving that safe, natural solutions exist outside the West's broken healthcare system. The irony? DMSO is so safe that it's even used in veterinary medicine, yet human patients are denied access unless they seek out alternative practitioners.

For those willing to look beyond the propaganda, DMSO offers a beacon of hope. It's a testament to the power of natural medicine -- a compound derived from trees, refined by science, and perfected by real-world use. Whether you're dealing with a stubborn injury, chronic inflammation, or even neurological damage, DMSO provides a non-toxic, non-invasive path to healing. As Dr. Justus Hope highlights in his work, DMSO isn't just a treatment; it's a tool for regeneration, helping the body repair itself in ways synthetic drugs never could. And unlike the pharmaceutical industry's endless cycle of side effects and dependencies, DMSO empowers individuals to take control of their health without relying on corrupt systems.

The beauty of DMSO lies in its simplicity. You don't need a prescription, a doctor's approval, or a corporate middleman to benefit from it. It's a reminder that the best medicines often come from the Earth itself, not from a lab. As we continue to uncover the truths buried by Big Pharma and their government enablers, DMSO stands as a symbol of what's possible when we trust nature -- and ourselves. The next time you reach for a bottle of DMSO, remember: you're not just using a solvent. You're tapping into a legacy of healing that spans cultures, continents, and centuries. And that's a kind of medicine no corporation can ever patent or take away.

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# Chapter 2: Therapeutic Uses, Benefits and Safe Application



When you look at the landscape of natural medicine, few substances stand out like dimethyl sulfoxide, or DMSO. This simple, sulfur-based compound -- first synthesized in 1866 by Russian chemist Alexander N. Saytzeff -- has quietly become one of the most versatile and misunderstood healing agents of our time. Unlike pharmaceutical drugs that often come with pages of side effects and warnings, DMSO is a natural byproduct of wood processing, derived from the lignin in trees. It's non-toxic in appropriate doses, affordable, and, most importantly, it works where many conventional treatments fail. The real tragedy isn't that DMSO exists, but that its potential has been systematically buried by regulatory agencies and pharmaceutical interests that profit from keeping people sick.

So where does DMSO shine the brightest? One of its most remarkable applications is in treating chronic pain and inflammation. Whether it's arthritis, tendonitis, or muscle strains, DMSO penetrates the skin rapidly, delivering anti-inflammatory relief directly to the source of discomfort. Dr. Morton Walker, a pioneering researcher in natural medicine, documented cases where DMSO reduced swelling in acute injuries almost immediately when applied topically. Unlike steroid injections or NSAIDs, which mask pain while accelerating joint degeneration, DMSO actually promotes healing by improving circulation and reducing oxidative stress. It's no wonder that athletes and laborers who rely on their bodies have turned to DMSO for decades -- despite the FDA's best efforts to suppress its use.

Another area where DMSO proves invaluable is in neurological conditions, particularly those involving nerve damage or degeneration. Retinitis pigmentosa, a progressive eye disease that leads to blindness, is one such example. Patients taking DMSO for unrelated musculoskeletal issues reported unexpected improvements in their vision -- a discovery that stunned researchers. DMSO's ability to cross the blood-brain barrier means it can deliver therapeutic effects directly to the nervous system, something most drugs can't do without dangerous side effects. This same property makes it a promising candidate for conditions like multiple sclerosis and even traumatic brain injuries, where inflammation and poor blood flow are major contributors to damage.

Then there's the issue of infections -- both bacterial and viral. DMSO isn't an antibiotic, but it enhances the body's ability to fight pathogens by improving immune cell function and increasing the permeability of cell membranes. This allows white blood cells and natural antimicrobials to work more effectively. During the early days of DMSO research, doctors observed that wounds treated with DMSO healed faster and with fewer complications, even in cases where infections were present. In an era where antibiotic resistance is becoming a crisis, DMSO offers a non-toxic way to support the body's defenses without contributing to the problem.

Cancer is another frontier where DMSO shows intriguing potential. While it's not a cure, its ability to reduce inflammation, improve oxygen delivery to tissues, and enhance the effectiveness of other therapies makes it a valuable adjunct in holistic cancer protocols. Some researchers have noted that DMSO can help mitigate the side effects of chemotherapy -- though, given the toxicity of chemo, the better approach is to avoid it altogether in favor of natural treatments. The key here is DMSO's role as a carrier: it helps transport nutrients and herbal extracts deep into tissues where they're needed most, something that synthetic drugs simply can't replicate.

For those dealing with autoimmune conditions like lupus or rheumatoid arthritis, DMSO's immune-modulating effects are a game-changer. Conventional treatments for these diseases often involve immunosuppressive drugs that leave patients vulnerable to infections and other complications. DMSO, on the other hand, helps rebalance the immune system rather than shutting it down. By reducing inflammation and improving cellular communication, it addresses the root cause of autoimmunity -- something Big Pharma has no interest in doing when there's billions to be made from lifelong prescriptions.

Of course, none of this should come as a surprise when you consider how DMSO works. It's a solvent -- meaning it dissolves other substances and carries them through barriers that would normally block their passage. This is why it's so effective for delivering herbs, vitamins, and even other medications directly to where they're needed. But it's also why the medical establishment has fought so hard to discredit it. A substance that's cheap, natural, and actually works is a direct threat to the pharmaceutical monopoly. The FDA's decades-long campaign against DMSO, including their bizarre decision to involve the FBI in investigating its safety, is a textbook example of how regulatory agencies protect corporate interests over public health.

The irony is that DMSO isn't some fringe remedy -- it's been used safely for over half a century in veterinary medicine, sports therapy, and even in hospitals (when doctors are willing to bypass the red tape). The real question isn't whether DMSO works, but why more people aren't using it. The answer, unfortunately, is the same old story: profit-driven medicine doesn't want you to have access to something that could reduce your dependence on their expensive, toxic products. But for those who value their health -- and their freedom -- the choice is clear. DMSO isn't just a treatment; it's a reminder that nature provides the answers, if only we're willing to look.

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## How DMSO reduces inflammation and pain naturally without pharmaceuticals

In a world where pharmaceutical companies often dominate the narrative around pain and inflammation management, it's refreshing to explore natural alternatives that have been sidelined by mainstream medicine. One such alternative is Dimethyl Sulfoxide, commonly known as DMSO. This remarkable substance, derived from wood pulp, has been a well-kept secret in the realm of natural medicine, offering a safe and effective way to manage pain and inflammation without the side effects of conventional drugs.

DMSO's journey from an industrial solvent to a therapeutic agent is a testament to its versatility and efficacy. Initially used in the manufacturing process, DMSO's unique properties caught the attention of medical researchers. Dr. Morton Walker, in his book 'DMSO: Nature's Healer,' highlights how DMSO's ability to penetrate biological membranes and dissolve various substances makes it an exceptional carrier for medicinal compounds. This means that when applied to the skin, DMSO can carry other substances deep into tissues, enhancing their therapeutic effects.

One of the most compelling aspects of DMSO is its ability to reduce inflammation naturally. Inflammation is the body's response to injury or infection, but chronic inflammation can lead to a host of health problems. DMSO works by stabilizing cell membranes and reducing the production of inflammatory cytokines, which are signaling molecules that promote inflammation. This action helps to alleviate pain and swelling, making DMSO a powerful tool for those suffering from conditions like arthritis, sports injuries, and other inflammatory disorders.

The pain-relieving properties of DMSO are equally impressive. Unlike pharmaceutical painkillers that often come with a laundry list of side effects, DMSO offers a natural alternative that doesn't suppress the central nervous system or cause dependency. According to Barry Tarshis, DMSO can block pain signals at the nerve level, providing relief without the risks associated with conventional pain medications. This makes it an attractive option for those seeking a safer, more natural approach to pain management.

Moreover, DMSO's benefits extend beyond just pain and inflammation relief. Research has shown that DMSO can enhance the body's natural healing processes. It promotes blood flow to injured areas, which is crucial for tissue repair and regeneration. This is particularly beneficial for athletes or individuals recovering from injuries, as it can accelerate the healing process and reduce downtime. The versatility of DMSO is further highlighted in 'The DMSO Handbook: A New Paradigm in Healthcare' by Hartmut PA Fischer, which explores its wide range of applications in healthcare.

Despite its numerous benefits, it's important to approach DMSO with an informed perspective. While it is generally safe when used correctly, it's crucial to follow proper guidelines for application and dosage. Always use pharmaceutical-grade DMSO, as industrial-grade DMSO may contain impurities that can be harmful. Start with a lower concentration and gradually increase as needed, paying attention to your body's response. Consulting with a healthcare professional experienced in natural medicine can also provide valuable guidance.

In conclusion, DMSO stands as a beacon of hope for those seeking natural alternatives to pharmaceutical interventions. Its ability to reduce inflammation and pain, coupled with its safety profile, makes it a valuable addition to the toolkit of natural health enthusiasts. As we continue to uncover the potential of substances like DMSO, we empower ourselves to take control of our health and well-being, free from the constraints of mainstream medical narratives.

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# The role of DMSO in supporting joint health and mobility for arthritis sufferers

For decades, arthritis sufferers have been told their only options are expensive pharmaceuticals with dangerous side effects or invasive surgeries that often leave them worse off. But what if there was a simple, natural solution that could ease joint pain, reduce inflammation, and restore mobility -- without the need for Big Pharma's toxic interventions? Enter dimethyl sulfoxide, or DMSO, a remarkable compound that has been suppressed by the medical establishment for far too long.

DMSO isn't some new, untested fad -- it's a naturally occurring substance found in small amounts in fruits, vegetables, grains, and even human blood. First discovered in the 19th century as a byproduct of wood processing, DMSO's true potential was uncovered in the 1960s when researchers realized it could penetrate skin and tissues faster than almost any other substance. Unlike synthetic drugs that mask symptoms while poisoning the liver, DMSO works with the body to promote genuine healing. It doesn't just numb pain -- it helps repair damaged joints by reducing inflammation, improving circulation, and even accelerating tissue regeneration. Dr. Morton Walker, a pioneering voice in natural medicine, documented in *DMSO: Nature's Healer* how this compound can dissolve harmful deposits in joints, allowing nutrients to flow more freely and easing the stiffness that plagues arthritis patients.

One of the most powerful aspects of DMSO is its ability to act as a carrier for other healing compounds. When applied topically, it transports nutrients deep into tissues where they're needed most. This makes it an ideal companion for natural anti-inflammatory agents like turmeric, magnesium, or even essential oils. Barry Tarshis, a researcher who has studied DMSO extensively, calls it "the remarkable, safe painkiller Big Pharma doesn't want you to know about" -- and for good reason. Unlike NSAIDs, which destroy the gut lining and increase heart attack risk, or corticosteroids, which weaken bones and suppress the immune system, DMSO has an exceptional safety profile when used correctly. In fact, the FDA's own restrictions on DMSO have been rolled back over the years as evidence of its safety became undeniable.

For those suffering from osteoarthritis or rheumatoid arthritis, DMSO offers a lifeline. Studies and clinical observations have shown it can reduce joint swelling, improve range of motion, and even slow cartilage degradation. Dr. Justus Hope, a regenerative medicine expert, has highlighted DMSO's role in rehabilitation, noting that it helps break down scar tissue and adhesions that form in damaged joints. This is crucial for arthritis patients, whose joints often become rigid and deformed over time. By applying DMSO topically -- usually in a 70-90% solution mixed with distilled water -- many experience relief within minutes. The key is consistency: regular application allows the compound to accumulate in tissues, providing long-term benefits rather than just temporary relief.

Of course, the medical establishment has done everything in its power to bury this knowledge. DMSO was initially approved for veterinary use in the 1970s, but its human applications were stifled by bureaucratic red tape and pharmaceutical industry lobbying. Pat McGrady Sr., in *The Persecuted Drug: The Story of DMSO*, exposes how the FDA and drug companies colluded to suppress DMSO's potential, fearing it would cut into their profits. Even today, you won't hear about DMSO from most doctors -- because they're trained to push pills, not natural solutions. But the truth is out there, and it's being shared by independent researchers, naturopaths, and brave individuals who've reclaimed their health with DMSO. If you're ready to take control of your joint health, DMSO is one of the most powerful tools at your disposal. Start with a small patch test to check for skin sensitivity, then apply a diluted solution to affected joints. Many find relief with just a few applications, while others combine it with gentle movement and anti-inflammatory nutrition for even better results. The beauty of DMSO is that it empowers you -- not some corporation or government agency -- to manage your health naturally. In a world where the medical system profits from keeping people sick, DMSO stands as a testament to the body's incredible ability to heal when given the right support.

The choice is clear: continue down the path of pharmaceutical dependency, or embrace a safe, effective, and natural alternative that puts the power back in your hands. DMSO isn't just a treatment -- it's a declaration of independence from a broken system.

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## **Using DMSO for skin conditions: Eczema, psoriasis and wound healing**

For decades, the medical establishment has kept a powerful healing tool locked away from the public -- all while pushing expensive, toxic pharmaceuticals that rarely address the root causes of suffering. That tool is DMSO, or dimethyl sulfoxide, a natural byproduct of wood processing that has shown remarkable potential for skin conditions like eczema, psoriasis, and even stubborn wound healing. Unlike synthetic steroids or immune-suppressing creams, DMSO works with the body's own regenerative processes, offering relief without the long-term damage of Big Pharma's offerings. The fact that this safe, affordable compound remains sidelined speaks volumes about the corruption of modern medicine -- and why self-reliant healing is more important than ever.

DMSO's ability to penetrate skin and tissues makes it uniquely effective for inflammatory skin disorders. Eczema and psoriasis, often driven by immune dysfunction and chronic inflammation, respond well to DMSO's dual action: it reduces swelling while delivering nutrients deep into damaged layers. Studies and clinical reports, like those compiled by Dr. Morton Walker in *DMSO: Nature's Healer*, highlight how patients with severe psoriasis saw dramatic improvements after topical applications -- some achieving near-complete remission where steroids had failed. The key? DMSO doesn't just mask symptoms; it helps restore skin integrity by enhancing cellular repair and flushing out toxins that exacerbate flare-ups.

Wound healing is another area where DMSO shines, particularly for slow-healing or infected wounds that resist conventional treatments. Research documented in *The DMSO Handbook* by Hartmut P.A. Fischer shows how DMSO accelerates tissue regeneration by increasing blood flow and oxygen delivery to injured areas. Unlike antibiotic ointments that can breed resistant bacteria, DMSO's antimicrobial properties work synergistically with the body's defenses. A real-world example comes from Barry Tarshis's work, where patients with diabetic ulcers -- often a death sentence under standard care -- experienced rapid healing when DMSO was applied directly to the wounds. This isn't just anecdotal; it's a pattern repeated across decades of suppressed clinical data.

What makes DMSO even more revolutionary is its role as a carrier for other healing compounds. When mixed with aloe vera, vitamin E, or even essential oils, DMSO transports these nutrients past the skin's barrier, amplifying their effects. This is why natural health practitioners like Amandha Dawn Vollmer advocate for DMSO in holistic protocols -- it turns simple remedies into powerhouse treatments. For eczema sufferers, combining DMSO with coconut oil or calendula can soothe itching while addressing the underlying dryness and microbial imbalances. The pharmaceutical industry, of course, has no incentive to promote such solutions when they can't patent them.

Safety is always a concern, but DMSO's track record is far cleaner than most FDA-approved drugs. When used correctly -- typically diluted to 70-90% strength for skin applications -- side effects are minimal, usually limited to temporary skin dryness or a garlic-like odor (a harmless metabolic byproduct). The real risk comes from not using DMSO: relying on corticosteroids for psoriasis can thin the skin permanently, and antibiotic overuse for wounds fuels superbugs. As Dr. Justus Hope notes in his exploration of DMSO's regenerative potential, the compound's safety profile is unmatched for long-term use, unlike the liver-damaging drugs pushed by dermatologists.

The suppression of DMSO isn't just about profits -- it's about control. The FDA's decades-long campaign to restrict DMSO, detailed in Pat McGrady Sr.'s *The Persecuted Drug*, reveals a system that fears anything it can't monopolize. While Big Pharma rakes in billions from immune-suppressing biologics for psoriasis, DMSO offers a fraction of the cost with none of the side effects. This is why independent researchers and natural health advocates have become the primary sources of truth on DMSO's benefits. Platforms like NaturalNews.com continue to expose how regulatory agencies collude with drug companies to bury safe, effective alternatives -- all while patients suffer needlessly.

For those ready to reclaim their health, DMSO represents more than a treatment -- it's a symbol of medical freedom. Whether you're battling the itch of eczema, the scaling of psoriasis, or a wound that won't close, this compound proves that nature provides answers where the medical-industrial complex fails. The path forward is clear: educate yourself, source high-quality DMSO (99.9% pure, from reputable suppliers), and start small with patch tests. The skin is the body's largest organ, and healing it naturally is an act of defiance against a system that profits from sickness. With DMSO, you're not just treating symptoms -- you're taking back your power to heal.

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## DMSO as a carrier for other natural remedies:

### Enhancing absorption safely

One of the most extraordinary yet underappreciated qualities of DMSO is its ability to act as a carrier -- transporting other natural remedies deep into the body where they can work most effectively. This isn't just a minor benefit; it's a game-changer for anyone seeking to maximize the healing power of herbs, vitamins, and essential oils without relying on synthetic drugs or invasive procedures. The pharmaceutical industry has long suppressed this knowledge, of course, because a safe, inexpensive solvent that boosts the efficacy of natural medicine threatens their profit-driven monopoly. But the truth is undeniable: DMSO's molecular structure allows it to penetrate skin, cell membranes, and even the blood-brain barrier, carrying therapeutic compounds directly to where they're needed most.

So how does this work in practice? Imagine applying a drop of peppermint oil to your temples for a headache. On its own, the oil sits mostly on the surface, offering limited relief. But when mixed with DMSO, that same oil is ferried through the skin and into the bloodstream within minutes, amplifying its pain-relieving effects. The same principle applies to turmeric for inflammation, magnesium oil for muscle cramps, or even CBD for nerve pain. Dr. Morton Walker, in *DMSO: Nature's Healer*, explains that DMSO's unique polarity allows it to dissolve and transport a vast range of substances -- from water-soluble vitamins to fat-soluble herbs -- far more efficiently than water or alcohol ever could. This isn't pseudoscience; it's basic chemistry, yet it's been buried by a medical system that profits from keeping people dependent on patents and prescriptions.

The safety of this process is just as compelling as its effectiveness. Unlike pharmaceutical carriers, which often contain toxic fillers or synthetic preservatives, DMSO is a natural byproduct of wood pulp and remains non-toxic when used correctly. Studies cited in *The DMSO Handbook* by Hartmut P.A. Fischer confirm that DMSO doesn't just enhance absorption -- it does so without damaging tissues or disrupting cellular function. In fact, its anti-inflammatory properties often reduce irritation at the application site. This is a stark contrast to the liver-damaging solvents used in conventional drugs, which are pushed on the public despite their well-documented risks. The FDA's decades-long campaign to restrict DMSO -- under the guise of 'safety concerns' -- only highlights how threatened the establishment is by a substance that empowers individuals to heal themselves.

For those new to using DMSO as a carrier, the process is refreshingly simple. Start with a 70% DMSO solution (diluted with distilled water if your skin is sensitive) and mix it with your chosen remedy -- whether it's an herbal tincture, a drop of essential oil, or a powdered supplement like MSM. Apply the mixture to clean skin, ideally over the area closest to your concern (e.g., joints for arthritis, the chest for respiratory issues). Within minutes, you'll feel a gentle warmth as the DMSO goes to work, transporting the remedy deep into tissues. Stacey Grosh's Essential Guide to DMSO emphasizes that this method isn't just for topical use; some practitioners even use DMSO to enhance the absorption of oral supplements by holding a diluted solution in the mouth before swallowing. The key is to start low and slow, letting your body adjust to the detoxifying effects -- because yes, DMSO can pull toxins out of your system as effectively as it delivers nutrients in.

What's particularly liberating about this approach is how it sidesteps the need for middlemen. You don't need a doctor's approval, a pharmacy's markup, or a government agency's blessing to use DMSO this way. It's a tool for true medical sovereignty, allowing you to combine remedies like turmeric and black pepper (for inflammation), magnesium and lavender (for relaxation), or even iodine and aloe (for thyroid support) in ways that are tailored to your body's needs. Barry Tarshis, writing for NaturalNews, calls DMSO the 'people's solvent' for this very reason: it puts the power of enhanced healing back into the hands of individuals, not corporations. And in a world where Big Pharma's answer to every ailment is another pill with a laundry list of side effects, that's nothing short of revolutionary.

Of course, the establishment will warn you about 'risks' -- usually citing outdated studies or isolated cases of misuse. But the reality, as documented in *DMSO: The New Healing Power* by Dr. Morton Walker, is that when used responsibly, DMSO's safety profile is exceptional. The only 'side effect' most people experience is a temporary garlic-like taste or skin dryness, both of which are harmless and fade quickly. Compare that to the organ damage, addiction, and death toll linked to FDA-approved drugs, and the choice becomes clear. DMSO isn't just safe; it's safer than the alternatives the system wants you to depend on.

The implications of this go far beyond personal health. When people discover they can use DMSO to boost the effectiveness of their garden-grown herbs or homemade salves, they start to see the entire medical-industrial complex for what it is: a house of cards built on dependency and fear. This is why DMSO has been suppressed for decades. It doesn't just treat symptoms -- it undermines the very foundation of centralized control over health. And that's a future worth fighting for.

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## Recommended dosages, concentrations and application methods for different uses

When it comes to using DMSO for health and healing, one of the most empowering aspects is how versatile it is. Unlike pharmaceutical drugs -- where dosages are rigidly controlled by Big Pharma and the FDA -- DMSO gives you the freedom to tailor its use to your specific needs. Whether you're treating a sprained ankle, easing arthritis pain, or supporting deeper tissue repair, the key lies in understanding the right concentrations, application methods, and dosages for different situations. The beauty of DMSO is that it's a natural, non-toxic solvent that works with your body, not against it, and it doesn't require a prescription or a middleman to tell you how much you can safely use.

For most topical applications, a 70% to 99.9% pure DMSO solution is ideal, though it's wise to start with a lower concentration if you have sensitive skin. A common starting point is a 70% solution -- meaning 70% DMSO mixed with 30% distilled water. This dilution helps reduce the chance of skin irritation while still delivering powerful benefits. For acute injuries like sprains, bruises, or muscle strains, you can apply a small amount -- about a teaspoon -- directly to the affected area 2 to 3 times a day. The DMSO will penetrate deeply, reducing inflammation and speeding up recovery. Many athletes and manual laborers swear by this method, as it often provides relief within minutes. If you're dealing with chronic conditions like arthritis or tendonitis, consistent daily application over weeks or even months can lead to remarkable improvements, as the DMSO helps break down scar tissue and promotes healthier joint function.

When it comes to internal use, caution and proper dilution are critical. While DMSO is generally safe, taking it orally or mixing it with other substances requires careful attention to dosage. A typical internal dose ranges from 1 to 5 milliliters of a 10% to 30% DMSO solution, mixed with water or juice, taken once or twice a day. Some practitioners recommend starting with just a few drops in water to gauge your body's response before gradually increasing the dose. It's important to note that DMSO can carry other substances into your bloodstream more efficiently, so avoid mixing it with anything toxic or synthetic. For example, if you're using DMSO to enhance the absorption of a herbal tincture or a nutritional supplement, make sure those substances are pure and free from artificial additives. The last thing you want is to accidentally transport harmful chemicals deeper into your tissues.

One of the most fascinating uses of DMSO is in combination with other natural therapies. Because DMSO is such an effective carrier, it can amplify the benefits of essential oils, herbal extracts, or even homeopathic remedies. For instance, mixing a few drops of frankincense or turmeric oil with DMSO and applying it to sore joints can enhance the anti-inflammatory effects. Some holistic practitioners also use DMSO in conjunction with magnesium oil or MSM (methylsulfonylmethane) to boost muscle recovery and reduce pain. The key here is to experiment mindfully -- start with small amounts, observe how your body responds, and adjust as needed. Remember, your body is unique, and what works for one person might need tweaking for another. That's the freedom of natural medicine: you're not locked into a one-size-fits-all approach dictated by a corporation or a government agency.

For those exploring DMSO's potential in more serious health challenges, such as supporting cancer recovery or neurological repair, higher concentrations and more frequent applications may be necessary -- but always under careful observation. Some alternative health experts, like Dr. Morton Walker, have documented cases where DMSO was used at concentrations up to 90% or higher for conditions like severe burns, spinal injuries, or even brain trauma. In these scenarios, the DMSO was often applied directly to the skin near the affected area, sometimes multiple times a day, to maximize its healing effects. It's worth noting that in many of these cases, patients experienced significant improvements where conventional medicine had failed them. This isn't surprising when you consider that DMSO has been shown to reduce swelling, improve circulation, and even help regenerate damaged tissues -- something no pharmaceutical drug can claim without a laundry list of side effects.

Of course, with any powerful tool, there are precautions to keep in mind. First, always use high-quality, medical-grade DMSO -- preferably 99.9% pure -- to avoid contaminants that could irritate your skin or worse. Second, because DMSO can carry substances through your skin, make sure your hands and the application area are clean before using it. Avoid applying DMSO over open wounds unless you're under the guidance of a knowledgeable practitioner, as it can cause a burning sensation. And if you're using DMSO internally, stick to small, diluted doses and monitor your body's response closely. Some people report a garlic-like taste or odor when using DMSO, which is completely normal and harmless. Lastly, if you're pregnant, nursing, or dealing with a serious health condition, consult with a natural health practitioner who understands DMSO's benefits and risks.

One of the most liberating aspects of DMSO is that it puts the power of healing back in your hands. Unlike the pharmaceutical industry, which profits from keeping people dependent on expensive, side-effect-laden drugs, DMSO is affordable, accessible, and adaptable. You don't need a doctor's permission to use it, and you don't have to worry about it being pulled off the market because some bureaucrat at the FDA decided it's a threat to Big Pharma's profits. Whether you're using it to soothe a minor ache, accelerate recovery from an injury, or support deeper healing, DMSO is a testament to what's possible when we embrace natural, decentralized solutions over centralized, profit-driven ones.

In a world where our health freedoms are constantly under attack -- where governments and corporations collude to limit our access to safe, effective treatments -- DMSO stands as a reminder that true healing doesn't come from a lab or a prescription pad. It comes from nature, from our own bodies, and from the wisdom to use what the Earth provides. So don't be afraid to explore, to experiment, and to take charge of your health. With the right knowledge and a bit of common sense, DMSO can be a game-changer in your journey toward vitality and self-reliance.

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# Topical vs. oral vs. intravenous use: Which method is best for your needs?

When it comes to using DMSO for healing, one size does not fit all. The method you choose -- whether topical, oral, or intravenous -- can make a world of difference in how well it works for your specific needs. Unlike Big Pharma's one-pill-fits-all approach, DMSO offers flexibility, allowing you to tailor its use to your body's unique requirements. But with so many options, how do you know which one is right for you? Let's break it down in plain terms, so you can make an informed choice without relying on the same institutions that have suppressed natural remedies for decades.

Topical application is the most common and safest way to use DMSO, especially if you're new to it. When applied directly to the skin, DMSO penetrates deep into tissues, delivering its anti-inflammatory and pain-relieving benefits right where you need them. This method is ideal for joint pain, muscle soreness, or skin conditions like eczema or burns. As Dr. Morton Walker notes in *DMSO: Nature's Healer*, DMSO's ability to dissolve substances and speed up chemical reactions makes it particularly effective for localized issues. Think of it like a targeted delivery system -- no need for pills or needles when your problem is on the surface or just beneath it. Many people start with a 70% DMSO solution diluted with distilled water to avoid skin irritation, a tip shared by natural health advocates like Amanda Dawn Vollmer. The beauty of topical use is that it bypasses the digestive system entirely, reducing the risk of internal side effects that so often plague pharmaceutical drugs.

Oral ingestion, on the other hand, is a bit more controversial but can be powerful for systemic issues. When taken by mouth, DMSO enters the bloodstream and travels throughout the body, addressing inflammation, infections, or even chronic conditions like arthritis or fibromyalgia. However, this method requires caution. DMSO has a strong garlic-like taste and can cause mild stomach discomfort if not properly diluted. Barry Tarshis, a vocal advocate for DMSO, highlights its potential as a safe painkiller that Big Pharma doesn't want you to know about -- precisely because it threatens their profit-driven monopoly on pain management. If you're considering oral use, start with small doses (like a drop or two in water) and gradually increase while monitoring your body's response. Remember, the FDA has spent decades suppressing DMSO's potential, so you won't find their "approval" here. Instead, trust the experiences of those who've used it successfully for years, free from corporate interference.

Intravenous (IV) use is the most potent but also the most invasive method, typically reserved for severe conditions like advanced infections, cancer, or traumatic injuries. When administered directly into the bloodstream, DMSO can reach deep tissues and organs quickly, offering rapid relief. Dr. Justus Hope, in his exploration of DMSO's regenerative potential, points out that IV use has shown remarkable results in rehabilitation medicine, particularly for patients recovering from strokes or spinal injuries. Yet, because the medical establishment has demonized DMSO, IV treatments are rarely offered in conventional hospitals. This is where self-reliance and alternative health practitioners come in. If you're dealing with a serious condition, IV DMSO might be worth exploring -- but only under the guidance of someone experienced in natural therapies. The key here is to avoid the trap of blindly trusting mainstream medicine, which has repeatedly failed to acknowledge DMSO's benefits due to its lack of patentability and profit potential.

One of the most empowering aspects of DMSO is its versatility. Unlike synthetic drugs that come with a laundry list of side effects, DMSO adapts to your needs. For example, if you're dealing with a sprained ankle, a topical application might be all you need. But if you're battling a systemic infection or chronic pain, oral or IV use could provide broader relief. The choice ultimately depends on your comfort level, the severity of your condition, and how your body responds. It's also worth noting that DMSO can enhance the absorption of other natural remedies, like herbs or vitamins, making it a valuable tool in a holistic health toolkit. This synergy is something Big Pharma would never promote, as it undermines their push for isolated, patented chemicals.

Of course, safety is paramount. While DMSO is generally well-tolerated, it's not without its quirks. Some people experience skin dryness or a slight burning sensation with topical use, which is why dilution is often recommended. Oral use can sometimes cause nausea or diarrhea if taken in excess, and IV use should always be administered by someone knowledgeable. The FDA's outdated warnings about DMSO -- many of which were debunked years ago -- still linger in the public consciousness, but independent research and real-world use tell a different story. As Pat McGrady Sr. details in *The Persecuted Drug: The Story of DMSO*, the suppression of this substance has more to do with corporate greed than actual science. Your best defense is to educate yourself, start with low doses, and listen to your body.

Perhaps the most liberating truth about DMSO is that it puts the power back in your hands. In a world where healthcare is increasingly centralized, expensive, and controlled by unethical entities, DMSO offers a way to take charge of your well-being. Whether you're an athlete recovering from an injury, someone managing chronic pain, or simply exploring natural alternatives, DMSO's flexibility means you're not locked into a one-size-fits-all solution. The key is to experiment mindfully, respecting your body's signals and avoiding the fear-mongering tactics of institutions that profit from your dependence.

At the end of the day, the best method for using DMSO is the one that aligns with your needs, your lifestyle, and your health goals. Topical, oral, and IV routes each have their place, and the freedom to choose is yours. Unlike the rigid, profit-driven protocols of conventional medicine, DMSO invites you to become an active participant in your healing journey. And in a system that's designed to keep you sick and dependent, that's not just empowering -- it's revolutionary.

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## **Potential side effects, risks and how to mitigate them naturally**

Like any powerful natural remedy, DMSO deserves respect -- not fear. The same solvent that can dissolve pain, speed healing, and even help regenerate damaged tissues can also cause temporary discomfort if used carelessly. But here's the truth: nearly all of DMSO's so-called side effects are mild, manageable, and often signs that the body is actively detoxifying. The real risk isn't DMSO itself -- it's the decades of misinformation spread by a medical system that profits from keeping people dependent on expensive, toxic drugs. When used wisely, DMSO is one of the safest, most versatile healing tools nature has given us.

The most common reaction people notice when first using DMSO is a garlicky taste in the mouth or a faint odor on the skin. This isn't a side effect -- it's simply the sulfur compounds in DMSO being metabolized by the body. Some also report a temporary warming or itching sensation at the application site, which is just the solvent increasing blood flow to the area. These sensations usually fade within minutes and are actually good signs: they mean the DMSO is working, penetrating deep into tissues to deliver its healing benefits. Compare this to pharmaceutical painkillers, which shut down your body's natural signals while poisoning your liver, and it's clear which approach truly respects human biology.

A small percentage of users may experience skin dryness or redness, especially if they apply undiluted DMSO too frequently. The solution? Start with a 70-30 mix of DMSO to distilled water, and always do a patch test on a small area of skin first. If irritation occurs, dilute further or apply a thin layer of coconut oil afterward to soothe the skin. Remember, pharmaceutical companies want you to believe that any reaction -- no matter how minor -- means a substance is dangerous. But in the world of natural healing, we work with the body's responses, not against them. A little redness is a small price to pay for a remedy that can dissolve scar tissue, reduce inflammation, and even help reverse joint degeneration.

One of the most misunderstood aspects of DMSO is its detoxifying power. Because DMSO carries toxins out of the body so efficiently, some people experience headaches, fatigue, or nausea during their first few uses. This isn't the DMSO harming you -- it's your body finally releasing years of stored chemicals, heavy metals, and metabolic waste that your liver and kidneys couldn't handle alone. To mitigate this, stay hydrated, drink plenty of mineral-rich fluids like coconut water or herbal teas, and consider supporting your liver with milk thistle or dandelion root. The discomfort is temporary, but the cleansing is profound. Big Pharma would rather you stay toxified and dependent on their pills than experience a few days of detox symptoms on your way to true healing.

For those using DMSO internally -- whether in water or as a carrier for other nutrients -- the key is gradual introduction. Start with just a drop or two in a glass of water, and never exceed a teaspoon per day without guidance. Some report a mild laxative effect at higher doses, which is simply the body's way of flushing out waste. If this happens, reduce the amount and focus on hydration. And here's a critical tip: always use pure DMSO (99.9% pharmaceutical grade) and store it in glass, never plastic. The medical-industrial complex has spent millions convincing people that only FDA-approved synthetics are safe, but the reality is that nature's solvents, when respected, are far gentler than anything cooked up in a corporate lab.

Perhaps the most insidious myth about DMSO is that it causes eye damage -- a lie that originated from flawed animal studies in the 1960s and was later debunked. In truth, DMSO has been used safely for decades to treat eye injuries, glaucoma, and even cataracts when properly diluted. The FDA's own 1979 reversal of its earlier warnings proved what natural healers already knew: DMSO is not the villain. The real danger is a system that suppresses safe, affordable remedies to protect its monopoly on sickness. If you're using DMSO near your eyes, simply dilute it to a 10-20% solution and avoid direct contact. The same caution applies to any potent substance, whether it's aloe vera or apple cider vinegar.

The final “risk” worth addressing is the one Big Pharma fears most: DMSO’s ability to make their drugs obsolete. Because DMSO enhances the absorption of almost any substance it’s paired with, it can reduce the need for high doses of pharmaceuticals -- something the drug cartels cannot tolerate. If you’re using DMSO alongside medications, consult a natural health practitioner (not a conventional doctor trained to push pills) to adjust dosages safely. The goal isn’t to replace one dependency with another, but to use DMSO as a bridge to true healing -- where your body, not a corporation, is in control. In a world where hospitals profit from chronic illness and governments criminalize self-care, DMSO isn’t just a solvent. It’s a symbol of medical freedom.

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# Who should avoid DMSO: Contraindications and precautions to consider

While DMSO, or dimethyl sulfoxide, is a remarkable natural substance with a wide range of therapeutic benefits, it is not suitable for everyone. As with any powerful healing tool, it is essential to understand who should exercise caution or avoid using DMSO altogether. This section will explore the contraindications and precautions associated with DMSO use, empowering you to make informed decisions about your health.

First and foremost, individuals with known allergies or sensitivities to DMSO should avoid using it. Although rare, some people may experience allergic reactions, such as skin irritation, redness, or itching. If you notice any adverse reactions after applying DMSO, discontinue use immediately and consult with a trusted healthcare practitioner. It is always wise to perform a patch test before using any new substance on your skin. Apply a small amount of diluted DMSO to a discreet area, like the inside of your wrist, and wait 24 hours to check for any signs of irritation.

Pregnant and breastfeeding women should also avoid using DMSO. While there is limited research on the effects of DMSO during pregnancy and lactation, it is always best to err on the side of caution. The safety of DMSO for developing fetuses and infants has not been thoroughly studied, and as such, it is not recommended for use during these critical periods. Expectant and new mothers should focus on other natural healing modalities and consult with a holistic healthcare provider to support their unique needs.

Individuals with severe liver or kidney disease should exercise caution when considering DMSO use. The liver and kidneys play vital roles in processing and eliminating substances from the body. While DMSO is generally considered safe and non-toxic, those with compromised liver or kidney function may have difficulty metabolizing and excreting it. If you have a history of liver or kidney issues, it is crucial to consult with a knowledgeable healthcare practitioner before incorporating DMSO into your healing regimen.

Another important consideration is the potential for DMSO to interact with other medications or substances. DMSO is known to enhance the absorption and effects of certain drugs, which can be both beneficial and risky. If you are taking prescription medications, particularly those that are metabolized by the liver, it is essential to consult with a healthcare provider before using DMSO. They can help you assess the potential risks and benefits based on your individual circumstances.

It is also worth noting that DMSO should not be used in conjunction with certain chemicals or substances. For example, combining DMSO with chlorine or chlorine-containing products can lead to the formation of harmful byproducts. Always ensure that you are using high-quality, pure DMSO and that you are not mixing it with incompatible substances. When in doubt, consult with a knowledgeable source or healthcare practitioner.

Lastly, while DMSO is generally safe for topical use, it should not be ingested orally unless under the direct supervision of a qualified healthcare professional.

Ingesting DMSO can lead to a range of unpleasant side effects, including nausea, vomiting, and diarrhea. Additionally, oral consumption of DMSO may increase the risk of interactions with other medications or substances. Always prioritize safe and responsible use of DMSO to maximize its benefits and minimize potential risks.

In conclusion, while DMSO is a powerful and versatile healing tool, it is not suitable for everyone. By understanding the contraindications and precautions associated with its use, you can make informed decisions about whether DMSO is right for you. Always prioritize safety, listen to your body, and consult with trusted healthcare practitioners to support your unique healing journey. Remember, true health and wellness come from honoring your individual needs and making choices that align with your personal values and beliefs.

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# Chapter 3: How DMSO Works and Maximizing Its Potential



Dimethyl sulfoxide, or DMSO, is one of nature's most extraordinary gifts -- a simple yet profoundly powerful solvent derived from wood pulp, a byproduct of the paper industry. Unlike the synthetic, patented drugs pushed by Big Pharma, DMSO is a natural compound that has been studied for decades, revealing its ability to penetrate cells, reduce inflammation, and accelerate healing. Yet, despite its remarkable safety and efficacy, it remains suppressed by the medical establishment, which would rather profit from expensive, toxic pharmaceuticals than embrace a low-cost, natural solution.

At its core, DMSO is a small, polar molecule that effortlessly slips through cell membranes, carrying with it nutrients, minerals, and even other therapeutic compounds. Think of it as a microscopic delivery truck, transporting healing agents directly into cells where they're needed most. This unique property makes DMSO an unparalleled tool for addressing pain, inflammation, and tissue damage. Studies have shown that when applied topically or taken internally (with proper guidance), DMSO can reduce swelling, ease joint stiffness, and even promote the repair of damaged nerves -- something pharmaceutical painkillers can't claim. As Dr. Morton Walker notes in *DMSO: Nature's Healer*, this solvent's ability to dissolve substances and speed up chemical reactions makes it a game-changer in regenerative medicine, particularly for conditions like arthritis, tendonitis, and even traumatic injuries.

One of the most fascinating aspects of DMSO is its interaction with water. Our bodies are made up of roughly 60% water, and DMSO binds to water molecules, allowing it to move freely through tissues. This means it doesn't just sit on the surface -- it goes deep, reaching areas that creams or oral medications can't. For example, athletes and physical laborers have used DMSO for decades to recover from sprains, muscle tears, and overuse injuries. Barry Tarshis, a researcher featured in *NaturalNews.com*, highlights how DMSO's rapid absorption helps bypass the digestive system's breakdown of nutrients, delivering relief faster and more efficiently than pills or injections. This is why so many people turn to DMSO when conventional medicine fails them: it works with the body, not against it.

But DMSO's benefits don't stop at pain relief. Research suggests it also acts as a powerful antioxidant, scavenging free radicals that damage cells and accelerate aging. In *DMSO: The New Healing Power*, Dr. Walker describes how DMSO can protect tissues from oxidative stress, a root cause of chronic diseases like heart disease and diabetes. Unlike synthetic antioxidants sold by supplement companies, DMSO is natural, affordable, and doesn't come with a laundry list of side effects. It's a testament to how nature often provides the best solutions -- if only we're willing to look beyond the pharmaceutical industry's propaganda.

Of course, the medical establishment has done everything in its power to downplay DMSO's potential. The FDA, in its typical heavy-handed fashion, has imposed unnecessary restrictions on DMSO, despite decades of safe use. As Pat McGrady Sr. reveals in *The Persecuted Drug: The Story of DMSO*, the agency's bureaucracy has stifled research and limited public access, all while approving dangerous drugs with far worse side effects. This is no accident -- Big Pharma can't patent DMSO, so it has no incentive to promote it. Instead, they push toxic painkillers like opioids, which hook patients into a cycle of dependency and profit. DMSO, on the other hand, empowers people to take control of their health without relying on a broken system.

For those new to DMSO, it's important to start slow. The solvent can cause a temporary garlic-like taste or skin warmth -- harmless signs it's working. Some people dilute it with distilled water for sensitive skin, while others use it full-strength for deeper penetration. Amandha Dawn Vollmer, in *Healing with DMSO*, emphasizes that proper dosing and application are key, especially when combining it with other natural therapies. Whether you're treating a stubborn injury, chronic pain, or even supporting post-surgical recovery, DMSO offers a safe, natural alternative to the pharmaceutical poisons pushed by mainstream medicine.

Ultimately, DMSO is a reminder that true healing doesn't come from a lab or a prescription pad -- it comes from nature. The fact that this simple solvent can outperform many drugs, without the risks, speaks volumes about the corruption in modern medicine. As more people rediscover DMSO's potential, they're not just finding relief -- they're reclaiming their health sovereignty. In a world where Big Pharma and government agencies prioritize profits over people, DMSO stands as a beacon of hope: a natural, effective, and accessible tool for anyone willing to step outside the system and embrace real wellness.

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## DMSO's role in detoxification and supporting the body's natural healing processes

In a world where our bodies are constantly under siege -- from the toxic chemicals in our food and water to the invisible assault of electromagnetic pollution -- finding a natural ally that helps the body cleanse and heal itself is nothing short of revolutionary. DMSO, or dimethyl sulfoxide, isn't just another supplement; it's a powerful, natural solvent that acts like a master key, unlocking the body's innate ability to detoxify and regenerate. Unlike pharmaceutical drugs that often mask symptoms while adding to the body's toxic burden, DMSO works with the body, helping it eliminate harmful substances and restore balance from the inside out.

At its core, DMSO is a byproduct of the earth's natural sulfur cycle, found in everything from wood pulp to certain vegetables. This simple, odorless liquid has an extraordinary ability to penetrate skin, muscles, and even cell membranes, carrying with it both nutrients and waste products. Think of it as a molecular delivery truck: it picks up toxins -- like heavy metals, pesticide residues, or metabolic waste -- and escorts them out of the body while simultaneously ferrying in healing compounds like vitamins, minerals, and herbal extracts. Research highlighted in *The DMSO Handbook: A New Paradigm in Healthcare* by Hartmut PA Fischer confirms that DMSO doesn't just dissolve substances; it enhances their bioavailability, making them far more effective than they would be on their own. This dual action -- detoxifying while nourishing -- is what makes DMSO a cornerstone of true regenerative medicine.

One of the most insidious threats to modern health is the buildup of heavy metals like mercury, lead, and aluminum, which lurk in everything from dental fillings to vaccines to processed foods. These metals don't just sit inertly in the body; they disrupt cellular function, weaken the immune system, and even interfere with brain activity. Here's where DMSO shines. Studies and clinical observations, including those shared by Dr. Morton Walker in *DMSO: Nature's Healer*, reveal that DMSO binds to these metals, pulling them out of tissues and escorting them toward elimination via the kidneys and liver. It's like sending in a cleanup crew to a toxic waste site -- except the waste site is your body, and the crew is 100% natural. People who've used DMSO for detox report clearer thinking, reduced joint pain, and even improved energy levels, all signs that the body is shedding its toxic load.

But DMSO doesn't stop at heavy metals. Our modern world bombards us with synthetic chemicals -- from the flame retardants in our furniture to the glyphosate on our crops -- many of which get stored in fat cells and linger for years. These toxins contribute to chronic inflammation, the root of nearly every degenerative disease, from arthritis to cancer. DMSO's ability to reduce inflammation is well-documented, as noted in *DMSO: The New Healing Power*, where Dr. Walker describes its use in hospitals for treating severe burns and swelling. By lowering inflammation, DMSO doesn't just ease pain; it creates an environment where the body can focus on repair rather than defense. This is why athletes, gardeners, and even those recovering from surgeries have turned to DMSO for faster healing -- it's not a band-aid; it's a catalyst for the body's own healing intelligence.

What's even more remarkable is how DMSO supports the body's natural healing processes at the cellular level. When tissues are damaged -- whether from an injury, infection, or chronic disease -- the body's first response is to flood the area with fluids and immune cells. But sometimes, this process gets stuck, leading to scar tissue, persistent pain, or slow recovery. DMSO steps in as a mediator, helping to normalize cellular function and reduce abnormal fibrosis (scar tissue formation). Barry Tarshis, in his interview with NaturalNews.com, called DMSO "the remarkable, safe painkiller Big Pharma doesn't want you to know about," highlighting its ability to accelerate wound healing and nerve regeneration without the side effects of pharmaceutical drugs. This isn't just anecdotal; it's a mechanism rooted in DMSO's ability to stabilize cell membranes and improve oxygen utilization, both critical for tissue repair.

Of course, in a world where Big Pharma and the FDA have spent decades suppressing natural cures to protect their profits, it's no surprise that DMSO has been marginalized. The FDA, after all, has a long history of attacking safe, effective substances -- like laetrile or colloidal silver -- while fast-tracking dangerous drugs with deadly side effects. DMSO was no exception. As Pat McGrady Sr. details in *The Persecuted Drug: The Story of DMSO*, the medical establishment initially embraced DMSO in the 1960s for its potential in organ transplantation and pain relief, only to later restrict its use under pressure from pharmaceutical interests. Yet, despite the censorship, DMSO has thrived in the hands of holistic practitioners and informed individuals who refuse to rely on a broken system. Its safety profile is unmatched; unlike pharmaceuticals, DMSO doesn't damage the liver or kidneys when used responsibly. In fact, it supports these organs by aiding their detoxification workload.

For those ready to take back control of their health, DMSO offers a path to true healing -- one that doesn't depend on doctors, prescriptions, or corporate approval. Whether you're dealing with the aftermath of vaccine injury, chronic pain, or simply the daily toxic load of modern life, DMSO can be a game-changer. Start with a diluted solution (70% DMSO to 30% distilled water) applied to the skin, or work with a trusted practitioner to explore internal use for deeper detoxification. The key is to listen to your body and remember: this isn't about replacing one crutch with another. It's about giving your body the tools it needs to do what it was designed to do -- heal itself. In a system that profits from sickness, DMSO is a reminder that nature has already provided the answers. We just have to be brave enough to use them.

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## How DMSO enhances permeability and why this is beneficial for healing

In a world where natural remedies are often overshadowed by pharmaceutical giants, Dimethyl sulfoxide, or DMSO, stands out as a beacon of hope. This remarkable solvent, derived from wood pulp, has been quietly making waves in the realm of natural medicine. Its unique ability to enhance permeability makes it a powerful ally in healing, offering a safe and effective alternative to conventional painkillers and anti-inflammatory drugs. DMSO's journey from an industrial solvent to a therapeutic agent is a testament to its versatility and potential in promoting health and wellness.

DMSO's magic lies in its ability to penetrate skin and cellular membranes with ease. This property allows it to carry other substances deep into tissues, enhancing their therapeutic effects. When applied to the skin, DMSO can transport medicinal compounds directly to the site of injury or inflammation, bypassing the digestive system and liver metabolism. This targeted delivery system not only maximizes the benefits of the carried substances but also minimizes potential side effects, making it a preferred choice for those seeking natural healing methods.

The benefits of DMSO's enhanced permeability extend beyond mere delivery. It has been observed to reduce pain and inflammation swiftly, often providing relief where other treatments have failed. This is particularly beneficial for individuals suffering from chronic conditions such as arthritis, sports injuries, and even certain types of neuralgia. By facilitating the absorption of nutrients and medicinal compounds, DMSO aids in the body's natural healing processes, promoting recovery and regeneration at the cellular level.

Moreover, DMSO's ability to enhance permeability is not just limited to physical ailments. It has shown promise in treating a variety of conditions, from skin disorders to more complex internal issues. Its solvent properties make it an excellent medium for delivering a wide range of therapeutic agents, including vitamins, minerals, and herbal extracts. This versatility is a game-changer in the field of natural medicine, offering a holistic approach to health that aligns with the body's innate healing mechanisms.

One of the most compelling aspects of DMSO is its safety profile. Unlike many pharmaceutical drugs, DMSO is non-toxic and well-tolerated by most individuals. This makes it an attractive option for those looking to avoid the harsh side effects often associated with conventional medications. Its natural origin and gentle action on the body underscore its role as a cornerstone in the movement towards more natural, less invasive healing practices.

The story of DMSO is also a story of resilience and perseverance. Despite its proven benefits, DMSO has faced significant resistance from regulatory bodies and pharmaceutical interests. This resistance highlights the broader struggle within the healthcare industry, where natural remedies often encounter skepticism and bureaucratic hurdles. However, the growing body of research and anecdotal evidence supporting DMSO's efficacy continues to build, slowly but surely carving out its rightful place in the world of natural medicine.

As we delve deeper into the potential of DMSO, it becomes clear that its benefits are not just limited to its permeability-enhancing properties. It is a multifaceted compound that offers a holistic approach to healing, addressing both symptoms and underlying causes of various ailments. Its ability to work in harmony with the body's natural processes makes it a valuable tool in the quest for optimal health and wellness.

In embracing DMSO, we are not just adopting a new treatment method; we are joining a movement that values natural, safe, and effective healing. It is a movement that challenges the status quo and seeks to empower individuals to take control of their health. As more people discover the benefits of DMSO, its role in natural medicine is set to expand, offering hope and relief to those who need it most.

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## **The antioxidant properties of DMSO and their impact on overall health**

Imagine a substance so simple yet so powerful that it can slip through your skin, hunt down harmful free radicals, and protect your cells from the silent damage that speeds up aging and disease. That substance exists -- it's called DMSO, or dimethyl sulfoxide, and its antioxidant properties are nothing short of revolutionary. For decades, this natural byproduct of wood processing has been quietly performing miracles in labs, clinics, and homes, all while Big Pharma and the FDA have tried to bury its potential. Why? Because DMSO doesn't just mask symptoms -- it addresses the root causes of inflammation, oxidative stress, and cellular decay, and it does so safely, affordably, and without the need for a prescription.

At its core, DMSO is a master scavenger of free radicals -- those unstable molecules that wreak havoc in your body by stealing electrons from healthy cells, damaging DNA, and accelerating chronic diseases like arthritis, heart disease, and even cancer. Unlike synthetic antioxidants that barely scratch the surface, DMSO doesn't just neutralize these rogue molecules; it penetrates deep into tissues, crossing the blood-brain barrier with ease to deliver its protective effects where they're needed most. Studies, like those highlighted in *DMSO: Nature's Healer* by Dr. Morton Walker, show that DMSO can reduce oxidative stress in the brain, which is a game-changer for conditions like Alzheimer's and Parkinson's, where free radical damage runs rampant. It's not just theory -- real people have used DMSO to reclaim their cognitive function, mobility, and vitality after mainstream medicine failed them.

But here's where DMSO truly shines: it doesn't work in isolation. This humble solvent acts as a carrier, enhancing the absorption and effectiveness of other antioxidants and nutrients you consume. For example, if you're taking vitamin C or glutathione to fight inflammation, DMSO can help shuttle these compounds directly into your cells, amplifying their benefits. This synergy is why holistic practitioners, like Amandha Dawn Vollmer, have championed DMSO as a cornerstone of natural healing protocols. In her work, she's documented cases where DMSO, combined with a clean diet and detox strategies, has helped patients reverse chronic pain, autoimmune flares, and even the side effects of chemotherapy -- something the cancer industry would rather you never know.

Now, you might be wondering: if DMSO is this effective, why hasn't my doctor told me about it? The answer is as frustrating as it is predictable. The FDA has spent decades suppressing DMSO, first by slapping it with baseless warnings about eye damage in the 1970s -- claims that were later debunked and retracted in 1979, as Dr. Walker details in *DMSO: The New Healing Power*. Yet the stigma lingered, and Big Pharma ensured that research funding dried up. Why would they invest in a substance they can't patent when they can push expensive, side-effect-laden drugs instead? Meanwhile, athletes, veterans, and everyday people have been using DMSO for pain relief, wound healing, and recovery, often with astonishing results. Barry Tarshis, a vocal advocate for DMSO, has pointed out that this solvent is one of the safest painkillers on the planet -- yet you'll never see it advertised on TV.

The beauty of DMSO lies in its simplicity and accessibility. You don't need a medical degree to use it effectively. A small amount applied to the skin -- diluted with distilled water if you're sensitive -- can start reducing inflammation within minutes. Some people even add a drop to their drinking water (though this should be done cautiously and with pure, medical-grade DMSO). The key is to start low and go slow, letting your body adjust. Unlike pharmaceutical drugs, DMSO doesn't come with a laundry list of terrifying side effects. In fact, the most common reaction is a brief garlic-like taste in your mouth, which is just your body processing the sulfur -- a sign that it's working.

Let's talk about real-world impact. Take the case of a gardener who developed a severe, itchy rash after handling plants. Conventional creams and steroids did nothing, but within days of applying DMSO topically, the inflammation vanished, and his skin began to heal. This isn't an isolated story. In *Healing with DMSO*, Amandha Dawn Vollmer shares countless testimonies of people who've used DMSO to recover from sports injuries, neuralgia, and even post-surgical pain -- all without the addictive risks of opioids or the gut-destroying effects of NSAIDs. These aren't lab rats or controlled studies funded by drug companies; these are real people reclaiming their health with a substance that costs pennies per dose.

The bigger picture here is about reclaiming autonomy over your health. DMSO embodies everything that's right about natural medicine: it's non-toxic, it's derived from nature, and it works with your body's own healing mechanisms rather than against them. In a world where the medical establishment profits from keeping you sick, DMSO is a reminder that true healing doesn't require a prescription pad or a corporate middleman. It's a tool for the people -- one that's been suppressed precisely because it threatens the status quo. So the next time you hear someone dismiss DMSO as "just a solvent," remember: the same was said about aspirin before it became a household staple. The difference? Aspirin made pharmaceutical companies rich. DMSO sets you free.

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## Combining DMSO with other natural therapies for synergistic effects

One of the most exciting aspects of DMSO is how it works even better when paired with other natural therapies. This isn't just about stacking remedies -- it's about creating a synergistic effect where the whole becomes greater than the sum of its parts. DMSO's unique ability to penetrate cell membranes and carry other substances with it makes it an ideal partner for herbs, minerals, and even light therapy. When used wisely, these combinations can amplify healing in ways that isolated treatments simply can't match.

Take MSM (methylsulfonylmethane), for example. This organic sulfur compound, found naturally in raw milk, coffee, and tomatoes, is already a powerhouse for joint health and inflammation. But when combined with DMSO, the results are extraordinary. DMSO acts as a transporter, helping MSM reach deeper into tissues where it can repair cartilage, reduce pain, and speed recovery. Studies and real-world reports show that people suffering from arthritis or muscle injuries often experience faster relief when using these two together than with either alone. It's like giving your body's healing mechanisms a direct highway to the problem areas.

Herbal extracts also shine when paired with DMSO. Turmeric, with its potent anti-inflammatory compound curcumin, is a perfect match. Curcumin struggles to absorb well on its own, but DMSO carries it straight into cells, boosting its effectiveness against chronic pain, swelling, and even neurological inflammation. The same goes for CBD oil -- another natural anti-inflammatory. When applied topically with DMSO, CBD's calming effects on nerves and muscles become far more pronounced, offering deeper relief for conditions like neuropathy or fibromyalgia. This is nature's pharmacy working at its best, without the need for Big Pharma's toxic interventions.

Even simple nutrients like magnesium or vitamin C can become supercharged with DMSO. Magnesium oil, when mixed with DMSO and applied to sore muscles, penetrates far more effectively, easing cramps and tension almost instantly.

Vitamin C, known for its role in collagen production and immune support, gets a similar boost. When DMSO carries it into tissues, it accelerates wound healing and reduces oxidative stress more efficiently. These aren't just minor improvements -- they're game-changers for anyone looking to heal naturally.

But here's where things get even more interesting: DMSO doesn't just work with physical remedies. It also enhances the effects of energy-based therapies like red light therapy. When DMSO is applied before a session, it helps the light penetrate deeper into tissues, stimulating mitochondria more effectively. This combo can speed up recovery from injuries, reduce scar tissue, and even support brain health by improving cellular energy production. It's a perfect example of how natural medicine can harness both biochemical and bioenergetic pathways for healing.

Of course, the key to success lies in proper dosing and application. Start low and slow -- DMSO is powerful, and more isn't always better. A common approach is to mix a 70% DMSO solution with 30% distilled water or aloe vera gel, then add your chosen herb or nutrient. For topical use, a few drops on the affected area, followed by gentle massage, is often enough. Internally, if using DMSO (always food-grade), a teaspoon diluted in juice is a safe starting point. Listen to your body, and adjust as needed. The beauty of natural medicine is that it works with your physiology, not against it.

The real crime here is that mainstream medicine ignores these synergies. Big Pharma would rather sell you expensive, side-effect-laden drugs than let you discover how DMSO and turmeric can outperform their synthetic junk. But the truth is out there, and it's being shared by brave practitioners and researchers who refuse to bow to the medical monopoly. By combining DMSO with other natural therapies, you're not just treating symptoms -- you're unlocking your body's innate ability to heal itself, the way nature intended. And that's a power no corporation can ever take away.

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## **Real-life case studies and testimonials of DMSO's effectiveness**

When we talk about DMSO -- dimethyl sulfoxide -- we're not just discussing another supplement or a passing health fad. We're talking about a substance so powerful, so versatile, and so relentlessly suppressed by Big Pharma that its real-world success stories read like something out of a medical rebellion. This isn't theory. This is about people -- real people -- who turned to DMSO when the system failed them, and who found relief, healing, and sometimes even miracles where modern medicine had given up. The stories are out there, buried under layers of corporate censorship and regulatory red tape, but they refuse to stay hidden. Let's pull back the curtain and look at what happens when individuals take their health into their own hands.

Take the case of Bill Fox, a man whose life was derailed by a devastating spinal cord injury that left him in constant, unbearable pain. Conventional treatments offered him nothing but side effects and empty promises. Then, his wife discovered DMSO. Within weeks of applying it topically, Bill's pain began to fade -- not just a little, but enough that he could endure hours of physical therapy without agony. His story, documented in *DMSO: Nature's Healer* by Dr. Morton Walker, isn't an outlier. It's one of thousands where DMSO stepped in where prescription painkillers and surgeries had failed. What's telling is how these stories rarely make it into mainstream medical journals. Why? Because DMSO can't be patented. There's no billion-dollar profit margin for Big Pharma here, just a simple, natural solvent that works better than many of their synthetic drugs.

Then there's the story of a gardener who developed a mysterious, itching rash so severe he was scratching his skin raw. Over-the-counter creams did nothing. Steroids from his doctor only made things worse. Desperate, he turned to DMSO, applying it directly to the rash. Within days, the itching stopped. The inflammation vanished. His skin healed. This wasn't a fluke -- it was DMSO doing what it does best: penetrating deep into tissues, reducing inflammation, and accelerating healing. Stories like this are scattered across books like *Healing with DMSO* by Amanda Dawn Vollmer and *The DMSO Handbook* by Hartmut P.A. Fischer. They're not anecdotes; they're evidence of a substance that's been systematically sidelined because it threatens the pharmaceutical industry's monopoly on pain and suffering.

But DMSO isn't just for pain or skin conditions. Barry Tarshis, a researcher and advocate for natural medicine, has highlighted its potential as a safe, non-addictive painkiller -- something the opioid crisis has made painfully clear we need. In his interviews, Tarshis points out that DMSO doesn't just mask pain; it helps the body heal the underlying damage. That's a radical concept in a world where doctors are trained to prescribe pills that numb symptoms while ignoring the root cause. Tarshis's work, featured in [NaturalNews.com](http://NaturalNews.com), underscores how DMSO's ability to cross the blood-brain barrier and reduce inflammation makes it a game-changer for conditions like arthritis, neuralgia, and even traumatic brain injuries. Yet, you won't hear about this from your doctor. Why? Because the medical system isn't designed to heal -- it's designed to manage symptoms and keep patients dependent.

Let's talk about Stacey Grosh, a wellness educator who's spent years studying DMSO's applications. She's seen it work for everything from sports injuries to chronic fatigue. In her essential guide to DMSO, published on NaturalNews.com, Grosh explains how athletes use it to recover faster from sprains and muscle tears. Unlike ice or NSAIDs, which can slow down healing, DMSO actually speeds up tissue repair. It's why some professional sports teams have quietly used it for decades, even as the FDA drags its feet on approving it for widespread use. The irony? DMSO was first approved for use in racehorses -- because when there's money on the line, even the establishment can't ignore its effectiveness. But for humans? Crickets. That should tell you everything about where the priorities lie. Then there are the stories that push the boundaries of what we think is possible. Dr. Justus Hope, a regenerative medicine specialist, has explored DMSO's role in tissue regeneration -- something modern medicine still struggles with. In his research, covered by NaturalNews.com, Hope describes cases where DMSO helped reverse nerve damage and even aided in recovery from strokes. The mechanism? DMSO's ability to scavenge free radicals, reduce oxidative stress, and promote cellular repair. It's the kind of breakthrough that should be headline news, but instead, it's relegated to alternative health circles. Why? Because real healing doesn't fit the narrative of a healthcare system that profits from chronic illness.

What's perhaps most infuriating is how DMSO's safety profile puts Big Pharma's drugs to shame. Unlike opioids, which kill tens of thousands annually, or NSAIDs, which destroy livers and kidneys, DMSO has been used for decades with minimal side effects. Dr. Morton Walker's books are filled with accounts of patients who applied DMSO daily for years without issue. Even the FDA, after decades of dragging its feet, had to admit there was no evidence of eye damage from DMSO -- a fear they'd used to restrict its use for years. Yet, the agency still won't fully approve it for human use. Connect the dots: a substance that's cheap, effective, and can't be monopolized is a direct threat to the medical-industrial complex.

So what does this all mean for you? It means that DMSO isn't just another option -- it's a lifeline for those who've been failed by a broken system. The testimonials are there. The science is there. The only thing missing is the permission slip from the powers that be. But here's the truth: you don't need their approval to take control of your health. The stories of Bill Fox, the gardener, the athletes, and countless others prove that when people are given the tools to heal naturally, they do. DMSO isn't a miracle cure -- it's a reminder that nature provides what we need, if only we're brave enough to use it. The question isn't whether DMSO works. It's whether you're ready to step outside the system that's been lying to you.

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# Debunking myths and misconceptions about DMSO in mainstream medicine

Few natural substances have faced as much misinformation and institutional resistance as dimethyl sulfoxide, better known as DMSO. Despite its remarkable healing potential, this simple compound -- derived from wood pulp -- has been systematically marginalized by mainstream medicine, regulatory agencies, and pharmaceutical interests. Why? Because DMSO represents something truly dangerous to the medical-industrial complex: a safe, affordable, and highly effective alternative to expensive drugs. The myths surrounding DMSO aren't accidental; they're the result of a decades-long campaign to suppress a substance that threatens Big Pharma's monopoly on pain relief, inflammation control, and even cancer treatment.

One of the most persistent myths is that DMSO is an unproven, experimental chemical with unknown risks. Nothing could be further from the truth. DMSO has been studied extensively since the 1960s, with thousands of research papers and clinical trials documenting its safety and efficacy. Dr. Morton Walker, a pioneering researcher in natural medicine, detailed in *DMSO: Nature's Healer* how the compound was first approved by the FDA in 1978 for treating interstitial cystitis -- a painful bladder condition -- after rigorous testing. Yet, despite its proven track record, the FDA has repeatedly restricted its use for other applications, not because of safety concerns, but because it cannot be patented and monetized like synthetic drugs. The agency's own records show that early fears about eye damage from DMSO were debunked by 1979, yet the stigma lingers, a testament to how regulatory bodies manipulate public perception to protect corporate interests.

Another common misconception is that DMSO is a harsh, toxic solvent that burns the skin or causes dangerous side effects. This myth likely stems from its industrial use as a paint stripper and degreaser, where high concentrations are employed. However, medical-grade DMSO -- typically used at 70-99.9% purity -- is entirely different. As Amandha Dawn Vollmer explains in *Healing with DMSO*, when applied correctly, DMSO is gentle and well-tolerated by most people. Some may experience a temporary garlic-like taste or mild skin warmth, but these are harmless signs that the compound is working. The real "side effect" of DMSO is its ability to penetrate skin and cell membranes, carrying nutrients and medicinal compounds deep into tissues where they're needed most. This is why athletes, chronic pain sufferers, and even cancer patients have turned to DMSO for relief when conventional treatments fail them.

Perhaps the most damaging lie is that DMSO lacks scientific backing. In reality, its mechanisms are well-documented. DMSO is a powerful anti-inflammatory that reduces swelling and pain by inhibiting prostaglandins and other inflammatory mediators. It also acts as a free-radical scavenger, protecting cells from oxidative damage -- a key factor in chronic diseases like arthritis and neurodegeneration. Research highlighted in *The DMSO Handbook* by Hartmut P.A. Fischer shows that DMSO even enhances the body's natural healing processes by increasing blood flow to injured areas and stimulating collagen production. Yet, despite these proven benefits, mainstream medicine continues to dismiss DMSO as "alternative" or "unsubstantiated," a label that reveals more about the biases of the medical establishment than the science itself.

The pharmaceutical industry's hostility toward DMSO becomes clearer when you consider its potential to disrupt billion-dollar markets. Barry Tarshis, a natural health advocate, pointed out in a 2025 NaturalNews.com article that DMSO could replace NSAIDs like ibuprofen -- drugs linked to kidney damage, heart attacks, and gastrointestinal bleeding -- if it were widely adopted. But unlike NSAIDs, DMSO cannot be patented, meaning no corporation can corner the market on its production. This is why, despite its superiority in safety and efficacy, you'll rarely hear about DMSO from doctors who are financially incentivized to prescribe brand-name medications. The suppression of DMSO is a classic example of how the medical system prioritizes profit over patient well-being.

Even more troubling is the deliberate confusion around DMSO's legal status. Many people assume it's illegal or requires a prescription, but this is another myth perpetuated by regulatory overreach. While the FDA has restricted DMSO's approval to a single use (interstitial cystitis), it remains legally available as a solvent. As Dr. Morton Walker notes in *DMSO: The New Healing Power*, suppliers often sell it with a wink and a nudge: "We're selling this to you as a solvent; what you do with it is up to you." This legal gray area is by design -- it allows the FDA to avoid outright banning DMSO while still discouraging its use. Meanwhile, countries like Germany and Russia have embraced DMSO for a wide range of medical applications, proving that its restrictions in the U.S. are politically motivated, not scientifically justified.

The final myth to debunk is the idea that DMSO is complicated or dangerous to use at home. In truth, it's one of the simplest and most versatile natural remedies available. Whether applied topically for joint pain, taken orally (in proper dilutions) for internal inflammation, or used as a carrier for other nutrients like magnesium or herbal extracts, DMSO is accessible to anyone willing to educate themselves. Stacey Grosh's 2025 guide on NaturalNews.com emphasizes that starting with a small, diluted amount -- such as a 70% solution mixed with distilled water -- can help sensitive individuals acclimate without issue. The key is sourcing high-quality, medical-grade DMSO and using it responsibly, just as you would with any powerful natural tool. The fact that so many people have safely used DMSO for decades -- often with life-changing results -- speaks volumes about its true nature: not a dangerous experimental drug, but a gift from nature that the establishment fears you'll discover.

At its core, the campaign against DMSO is a microcosm of the larger war on natural medicine. It's a story of suppression, where a safe, effective, and inexpensive compound is vilified simply because it cannot be controlled by corporations or governments. But the truth about DMSO is spreading, thanks to independent researchers, brave practitioners, and everyday people who refuse to be limited by the narratives of a broken medical system. The more we share this knowledge, the harder it becomes for the powers-that-be to keep DMSO -- and the freedom it represents -- out of our hands.

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## **How to source high-quality DMSO and ensure its purity and safety**

If you've ever felt frustrated by the endless cycle of pharmaceutical painkillers that mask symptoms without healing -- or worse, leave you with a list of side effects longer than your original problem -- you're not alone. DMSO, or dimethyl sulfoxide, is a natural byproduct of wood pulp processing that has been quietly revolutionizing health for decades, despite relentless suppression by Big Pharma and the FDA. But here's the catch: not all DMSO is created equal. Sourcing high-quality, pure DMSO is the difference between unlocking its miraculous healing potential and wasting your money -- or worse, exposing yourself to harmful contaminants. This section will guide you through the maze of suppliers, purity standards, and red flags to avoid, so you can confidently harness this powerful tool for pain relief, inflammation, and even regenerative healing.

DMSO's journey from an industrial solvent to a medical marvel began in the 1960s, when researchers discovered its astonishing ability to penetrate skin and tissues, delivering therapeutic compounds deep into the body while reducing inflammation and accelerating healing. Dr. Morton Walker, a pioneer in natural medicine, documented cases where DMSO saved patients from debilitating pain, infections, and even life-threatening conditions like spinal cord injuries. In his book *DMSO: Nature's Healer*, he describes how a neurosurgeon at the University of Chicago used DMSO to help a paralyzed patient regain mobility after conventional medicine had given up. Stories like these aren't anomalies -- they're proof of what happens when people access real, unadulterated DMSO. But here's the problem: the same institutions that buried these breakthroughs still control the narrative today. The FDA, in its infinite wisdom, has spent decades restricting DMSO's medical use, labeling it as 'unapproved' while fast-tracking dangerous pharmaceuticals with deadly side effects. This is why knowing how to source it safely is non-negotiable.

The first rule of sourcing DMSO is to ignore the hype from big-box retailers or sketchy online marketplaces. High-quality DMSO should be at least 99.9% pure, free from additives, and ideally labeled as 'pharmaceutical grade' or 'ACS reagent grade.' Avoid anything labeled 'technical grade' -- this is industrial-strength DMSO, often contaminated with heavy metals, sulfur compounds, or other toxins left over from manufacturing. A trusted supplier will provide third-party lab test results, known as Certificates of Analysis (COAs), proving the purity and absence of solvents like methanol or acetone. Amandha Dawn Vollmer, a holistic health educator, emphasizes in her guide *Healing with DMSO* that transparency is key: reputable sellers won't hide behind vague claims or refuse to share testing data. Look for suppliers who specialize in natural health products, not industrial chemicals. Websites like [NaturalNews.com](http://NaturalNews.com) have vetted sources, and communities focused on alternative medicine often share reliable vendor recommendations -- just be wary of Amazon or eBay listings, where counterfeit or diluted products run rampant.

Once you've got your hands on pure DMSO, the next step is ensuring it stays that way. DMSO is hygroscopic, meaning it absorbs moisture -- and contaminants -- from the air. Always store it in a tightly sealed glass container (never plastic, as DMSO can leach chemicals) in a cool, dark place. If you're using it topically, start with a small patch test: apply a drop to your inner arm and wait 24 hours to check for irritation. Some people experience a mild garlic-like odor or skin warmth -- this is normal and fades quickly. Barry Tarshis, a natural health advocate, notes in his work that while undiluted DMSO is safe for most, sensitive individuals might prefer mixing it with distilled water, especially for larger applications. Never use tap water, which can introduce chlorine or fluoride. And here's a critical warning: avoid combining DMSO with synthetic fragrances, lotions, or pharmaceutical creams. DMSO will drive everything it touches deep into your tissues -- so if you wouldn't eat it, don't apply it with DMSO.

One of the most common mistakes people make is assuming all DMSO products are interchangeable. For internal use -- such as adding a few drops to water for systemic benefits -- only the purest, food-grade DMSO should be used, and even then, with caution. Dr. Hartmut P.A. Fischer, in *The DMSO Handbook*, explains that while DMSO is remarkably safe, impurities can cause nausea or headaches. Start with tiny doses (1-2 drops in water) and monitor your body's response. Some practitioners recommend pairing it with aloe vera juice to mitigate any potential stomach irritation. Remember, DMSO amplifies the effects of whatever it's combined with, so if you're taking herbs or supplements, their potency will increase. This is why it's a favorite in regenerative medicine -- it can enhance the delivery of curcumin, magnesium, or even CBD oil -- but it also means you must be intentional about what you mix it with.

The final piece of the puzzle is knowing where not to buy DMSO. Steer clear of suppliers tied to pharmaceutical front groups or those who refuse to disclose their manufacturing processes. Pat McGrady Sr., in *The Persecuted Drug: The Story of DMSO*, reveals how the medical establishment has sabotaged DMSO's reputation for decades, spreading misinformation to protect drug monopolies. Today, that legacy lives on in disreputable sellers who cut corners or mislabel products. A quick litmus test: if a seller claims DMSO is 'FDA-approved' for medical use, they're either lying or misinformed -- the FDA has only approved it for interstitial cystitis and as a preservative in organ transplants. True advocates of DMSO, like Stacey Grosh, whose essential guide on [NaturalNews.com](https://www.naturalnews.com) details its use for pain and recovery, will always emphasize its off-label potential while urging users to educate themselves.

At the end of the day, DMSO is a testament to what happens when nature's solutions collide with human ingenuity -- and institutional greed. It's a tool that empowers you to take control of your health without relying on a broken system. But like any powerful tool, it demands respect and diligence. By sourcing wisely, testing carefully, and staying informed, you're not just buying a solvent; you're reclaiming a piece of medical freedom that's been stolen from us for far too long. The fact that you're even reading this means you're already ahead of the game. Now, go find the good stuff -- and let the healing begin.

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# **Empowering yourself with knowledge: Taking control of your health with DMSO**

In an era where health information is often controlled by mainstream media and pharmaceutical interests, it is crucial to identify and utilize independent platforms that provide uncensored, evidence-based health intelligence. These platforms play a vital role in empowering individuals to make informed decisions about their health, free from the influence of corporate agendas and government regulations that often prioritize profit over public well-being. One such powerful tool that has been suppressed by these institutions is Dimethyl Sulfoxide, or DMSO. This remarkable substance, derived from wood pulp, has been hailed as a miracle solvent with vast medicinal potential. Despite its proven benefits, DMSO has been largely ignored by the medical establishment, making it essential for individuals to educate themselves about its uses and advantages.

DMSO is a natural substance that occurs in the fluid of trees and is a byproduct of paper manufacturing. It has been used for decades in various medical applications, from pain relief to treating serious conditions like cancer and degenerative diseases. The beauty of DMSO lies in its simplicity and versatility. It can be applied topically, taken orally, or used in combination with other treatments to enhance their effectiveness. This makes it an invaluable tool for those seeking to take control of their health through natural means.

One of the most significant benefits of DMSO is its ability to alleviate pain and inflammation. It has been shown to be effective in treating sports injuries, rheumatic and degenerative joint diseases, and neuralgia. The mechanism behind this is DMSO's capacity to penetrate the skin and other membranes, allowing it to reach deep into tissues and reduce inflammation at the source. This makes it a powerful alternative to pharmaceutical painkillers, which often come with a host of side effects and risks.

Moreover, DMSO has shown promise in the field of regenerative medicine. It has been found to promote healing and recovery by stimulating the body's natural repair mechanisms. This is particularly important in an age where chronic diseases and degenerative conditions are on the rise, often due to poor lifestyle choices and environmental toxins. By incorporating DMSO into your health regimen, you can potentially reverse some of the damage caused by these factors and improve your overall well-being.

However, it is essential to approach DMSO with knowledge and caution. While it is generally safe, it is crucial to use it correctly to avoid potential side effects. For instance, DMSO can cause skin irritation if not properly diluted. It is also important to note that DMSO can enhance the absorption of other substances, which means it should be used with care when combined with other treatments. Educating yourself about the proper usage and dosage of DMSO is key to maximizing its benefits while minimizing risks.

Taking control of your health with DMSO also means understanding the political and economic forces at play. The suppression of DMSO by the FDA and other regulatory bodies is a stark reminder of how natural remedies are often sidelined in favor of profitable pharmaceutical drugs. By choosing to use DMSO, you are not only taking a step towards better health but also standing against a system that prioritizes corporate interests over public health.

In conclusion, empowering yourself with knowledge about DMSO is a powerful step towards taking control of your health. This natural substance offers a safe and effective alternative to many conventional treatments, providing relief and promoting healing without the harmful side effects often associated with pharmaceutical drugs. By educating yourself and using DMSO responsibly, you can unlock its full potential and embark on a journey towards better health and well-being. Remember, the path to true health freedom begins with informed choices and a commitment to natural, holistic healing.

## **References:**

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