



TVRA TRACK & FIELD CHAMPIONSHIPS

2026 MEET SCHEDULE

-UPDATED MARCH '26-

DAY 1

TRACK

FIELD

TIME	EVENT	TIME	EVENT
9:00 am	Open Boys 2000m Steeplechase (1 or 2 heats) (36")		
9:20 am	Novice Girls 80m Hurdles Heats (30") Junior Girls 80m Hurdles Heats (30") Senior Girls 100m Hurdles Heats (30") Novice Boys 100m Hurdles Heats (33") Junior Boys 100m Hurdles Heats (36") Senior Boys 110m Hurdles Heats (36")	9:00 am	Novice Girls Long Jump Novice Boys Shot Put Junior Boys Discus Senior Girls High Jump Senior Boys Javelin Senior Boys Triple Jump Novice Boys & Novice Girls Pole Vault *Boys Para Shot Put (4kg)
10:00 am	Novice Girls 100m Heats Junior Girls 100m Heats Senior Girls 100m Heats Novice Boys 100m Heats Junior Boys 100m Heats Senior Boys 100m Heats	11:30 am	Novice Girls Shot Put Novice Boys Long Jump Junior Girls Discus Junior Boys Triple Jump Senior Girls Javelin Senior Boys High Jump Junior & Senior Girl's Pole Vault *Girls Para Shot Put (3kg)
11:45 am	Open Girls 2000m Steeplechase (1 or 2 heats) (30")		
12:05 pm	Novice Girls 400m Timed Finals Junior Girls 400m Timed Finals Senior Girls 400m Timed Finals Novice Boys 400m Timed Finals Junior Boys 400m Timed Finals Senior Boys 400m Timed Finals Wheelchair Girls 400m Wheelchair Boys 400m		
1:30 pm	TRACK BREAK		
2:00 pm	Senior Boys 110m Hurdle Finals (36") Junior Boys 100m Hurdle Finals (36") Novice Boys 100m Hurdle Finals (33") Senior Girls 100m Hurdle Finals (30") Junior Girls 80m Hurdle Finals (30") Novice Girls 80m Hurdle Finals (30")	2:00 pm	Novice Girls High Jump Novice Boys Javelin Junior Girls Long Jump Junior Boys Shot Put Senior Girls Triple Jump Senior Boys Discus Junior & Senior Boys Pole Vault
2:45 pm	Novice Boys 1500m Timed Finals Junior Boys 1500m Timed Finals Senior Boys 1500m Timed Finals		
3:35 pm	Novice Girls 100m 'A' Finals - 'B' Finals Junior Girls 100m 'A' Finals - 'B' Finals Senior Girls 100m 'A' Finals - 'B' Finals Novice Boys 100m 'A' Finals - 'B' Finals Junior Boys 100m 'A' Finals - 'B' Finals Senior Boys 100m 'A' Finals - 'B' Finals Girls Visual, Intellectual, Ambulatory 100m Timed Finals Boys Visual, Intellectual, Ambulatory 100m Timed Finals		
3:55 pm	Novice Girls 1500m Timed Finals Junior Girls 1500m Timed Finals Senior Girls 1500m Timed Finals		
4:55 pm	Novice Girls 4 x 100m Relay, Timed Finals Junior Girls 4 x 100m Relay, Timed Finals Senior Girls 4 x 100m Relay, Timed Finals Novice Boys 4 x 100m Relay, Timed Finals Junior Boys 4 x 100m Relay, Timed Finals Senior Boys 4 x 100m Relay, Timed Finals		



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DAY 2

TIME	EVENT	TIME	EVENT
9:00 am	Novice Girls 300m Hurdles, Timed Finals (30") Junior Girls 300m Hurdles, Timed Finals (30") Senior Girls 400m Hurdles, Timed Finals (30") Novice Boys 300m Hurdles, Timed Finals (33") Junior Boys 300m Hurdles, Timed Finals (33") Senior Boys 400m Hurdles, Timed Finals (36")	9:00 am	Novice Girls Javelin Novice Boys High Jump Junior Girls Shot Put Junior Boys Long Jump Senior Girls Discus Junior Girls Triple Jump
10:00 am	Senior Girls 3000m Timed Finals Senior Boys 3000m Timed Finals		
10:40 am	Novice Girls 200m Heats Junior Girls 200m Heats Senior Girls 200m Heats Novice Boys 200m Heats Junior Boys 200m Heats Senior Boys 200m Heats		
12:00 pm	Novice Boys 800m Timed Finals Junior Boys 800m Timed Finals Senior Boys 800m Timed Finals Visually Impaired, Ambulatory Boys 800m Intellectual Impairment Boys 800m Novice Girls 800m Timed Finals Junior Girls 800m Timed Finals Senior Girls 800m Timed Finals Visually Impaired, Ambulatory Girls 800m Intellectual Impairment Girls 800m	11:30 am	Novice Girls Triple Jump Novice Boys Discus Junior Girls High Jump Junior Boys Javelin Senior Girls Long Jump Senior Boys Shot Put
1:30 pm	TRACK BREAK		
2:00 pm	Novice Girls 200m 'A' Finals - 'B' Finals Junior Girls 200m 'A' Finals - 'B' Finals Senior Girls 200m 'A' Finals - 'B' Finals Wheelchair Girls 200m Finals Novice Boys 200m 'A' Finals - 'B' Finals Junior Boys 200m 'A' Finals - 'B' Finals Senior Boys 200m 'A' Finals - 'B' Finals Wheelchair Boys 200m Finals	2:00 pm	Novice Girls Discus Novice Boys Triple Jump Junior Girls Javelin Junior Boys High Jump Senior Girls Shot Put Senior Boys Long Jump
2:30 pm	Junior Girls 3000m Timed Finals Junior Boys 3000m Timed Finals Novice Girls 3000m Timed Finals Novice Boys 3000m Timed Finals		
4:00 pm	Mixed 4 x 400m Relay Finals (M-F-M-F) Open Girls 4 x 400m Relay Timed Finals Open Boys 4x 400m Relay Timed Finals		
4:40 pm	Awards Presentation		