

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Records

Event 1 Women 100 Meter Dash Novice

WOSSAA	12.32	2023-05-25	Celeste Lugogo - Mother Teresa
WOSSAA OLD	11.90	1997	Jessica Zelinka Banting

Event 2 Men 100 Meter Dash Novice

WOSSAA	11.25	2023-05-25	Nagil Asamoah - London Central
WOSSAA OLD	11.30	1988	Frank Torti St. Pat's

Event 3 Women 200 Meter Dash Novice

WOSSAA	25.30	2017-05-19	Olivia Gee - Strathroy DC
WOSSAA OLD	25.60	1997	Victoria Bendle Banting

Event 4 Men 200 Meter Dash Novice

WOSSAA	23.42	2023-05-26	Khaleel Miller - Banting, Sir
WOSSAA OLD	23.00	1988	Frank Torti St. Pat's

Event 5 Women 400 Meter Dash Novice

WOSSAA	58.64	2004	Julia Tousaw - St. Anne's
WOSSAA OLD	57.40	1997	Victoria Bendle Banting

Event 6 Men 400 Meter Dash Novice

WOSSAA	52.15	2022-05-19	Francis Hinnah - Banting, Sir
WOSSAA OLD	51.14	1999	Alex Alva Regina Mundi

Event 7 Women 800 Meter Run Novice

WOSSAA	2:16.68	2012-05-25	Mackenzie Mayers - Banting, Sir
WOSSAA OLD	2:17.60	1986	Julie Armstrong South

Event 8 Men 800 Meter Run Novice

WOSSAA	2:00.87	2023-05-26	Ryan Georgeson - Medway HS
WOSSAA OLD	2:01.20	1990	Damien Walsh R.M.C.

Event 9 Women 1500 Meter Run Novice

WOSSAA	4:42.82	2006-05-16	Jessica Parry - Catholic Cen
WOSSAA OLD	4:39.10	1986	Julie Armstrong South

Event 10 Men 1500 Meter Run Novice

WOSSAA	4:09.81	2016-05-19	Kyle Koyanagi - Laurier, Sir
WOSSAA OLD	4:09.00	1979	Chris Brewster C.C.H.

Event 11 Women 3000 Meter Run Novice

WOSSAA	10:05.93	2013-05-24	Jessie Fleming - London Central
WOSSAA OLD	9:59.70	1986	Jennifer Armstrong South

Event 12 Men 3000 Meter Run Novice

WOSSAA	9:06.06	2016-05-20	Josh Zelek - Stratford Centr
WOSSAA OLD	8:51.40	1979	Christ Brewster C.C.H.

Event 13 Women 80 Meter Hurdles 30" Novice

WOSSAA	11.75	2014-05-22	Tess Verhoeven - Oakridge SS
WOSSAA OLD	11.50	1996	Jessica Zelinka Banting

Event 14 Men 100 Meter Hurdles 33" Novice

WOSSAA	13.55	2014-05-22	Tyrell Mairs-Onwumere - Beal, H.B. S
WOSSAA OLD	13.90	2000	Dan Sharpe St Anne's

Event 15 Women 300 Meter Hurdles 30" Novice

WOSSAA	44.29	2012-05-25	Lexi Aitken - St. Anne's
WOSSAA OLD	43.90	1997	Jessica Zelinka Banting

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Event 16 Men 300 Meter Hurdles 33" Novice

WOSSAA	41.57	2012-05-25	Davis Edward - Oakridge SS
WOSSAA OLD	40.80	1998	Carl Hayes Parkside

Event 17 Women High Jump Novice

WOSSAA	1.63m	2005-05-17	Katie Kaiser - Saunders SS
WOSSAA OLD	1.69m	1983	Lisa Devries Lucas

Event 18 Men High Jump Novice

WOSSAA	1.91m	2007-05-24	Branden Wilhelm - Woodstock
WOSSAA OLD	1.89m	2003	Sander Ratsep Saunders SS

Event 19 Women Pole Vault Novice

WOSSAA	2.87m	2017-05-19	Monica Grigore - Oakridge SS
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Event 20 Men Pole Vault Novice

WOSSAA	3.32m	2010-05-21	Brian Choja - Oakridge SS
WOSSAA OLD	3.80m	1982	Don Martynowski Medway

Event 21 Women Long Jump Novice

WOSSAA	5.33m	2010-05-20	Nicole Settingington - Oakridge SS
WOSSAA OLD	5.59m	1978	Sherri Klauka East Lambton

Event 22 Men Long Jump Novice

WOSSAA	6.17m	2017-05-18	McKenzie Stevens - Central Huron
WOSSAA	6.17m	2023-05-25	Nagil Asamoah - London Central
WOSSAA OLD	6.57m	1980	Ken Berry Laurier

Event 23 Women Triple Jump Novice

WOSSAA	11.05m	2016-05-20	Ireland Crowther - Beal, H.B. S
WOSSAA OLD	11.09m	1989	Kubet Weston Tillsonburg

Event 24 Men Triple Jump Novice

WOSSAA	12.49m	2013-05-24	Joe Soukphachanh - Stratford Centr
WOSSAA OLD	13.10m	1980	Jason Laur Arthur Voaden

Event 25 Women Shot Put 3 kg Novice

WOSSAA	14.00m	2024-05-23	Jenna Tunks - Oakridge SS
WOSSAA OLD	10.86m	1994	Mary Lisle Madill
WOSSAA 4kg	11.14m	2010-05-20	Nicole Horneman - Medway HS

Event 26 Men Shot Put 4 kg Novice

WOSSAA	17.15m	2017-05-18	Ryan Jacklin - Madill, F.E.
WOSSAA OLD	17.51m	1998	Fraser Clarke Aquinas

Event 27 Women Discus Throw 1 kg Novice

WOSSAA	44.87m	2024-05-24	Jenna Tunks - Oakridge SS
WOSSAA OLD	36.98m	1986	Anna Sakasov Madill

Event 28 Men Discus Throw 1 kg Novice

WOSSAA	50.51m	2008-05-23	Jordan Young - St. Joseph's
WOSSAA OLD	51.36m	1984	Todd Jeffery Goderich

Event 29 Women Javelin Throw 600 g Novice

WOSSAA	33.72m	2007-05-24	Karleigh Parker - College Aven
WOSSAA OLD	38.70m	1978	Martha Hart Oakridge

Event 30 Men Javelin Throw 600 g Novice

WOSSAA	50.62m	2017-05-18	Ryan Jacklin - Madill, F.E.
WOSSAA OLD	58.84m	1976	Tom Gawinski Sarnia Northern

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Event 31 Women 4x100 Meter Relay Novice

WOSSAA	50.90	2023-05-25	A.B. Lucas S S - Lucas, A.B. A Wolfe, B Smith, R Barker, S Jaquith
WOSSAA OLD	49.90	1996	Banting

Event 32 Men 4x100 Meter Relay Novice

WOSSAA	46.38	2017-05-18	Mother Teresa C S S - Mother Teresa G Kazadi, G Kazadi, T Wright, K Timmerman
WOSSAA OLD	45.50	2000	Catholic Central

Event 33 Women 100 Meter Dash Junior

WOSSAA	12.32	2016-05-19	Jessie Forcey - Mother Teresa
WOSSAA OLD	12.20	1994	C. Ellenor SN 1978 C. Lenz Luc

Event 34 Men 100 Meter Dash Junior

WOSSAA	10.89	2015-05-21	Cole Barnes - St. Joseph's
WOSSAA OLD	10.70	1997	K. Muise 1994 R.M.C. A. Stern

Event 35 Women 200 Meter Dash Junior

WOSSAA	25.50	2014-05-23	Natalie Topp - St. Mary's
WOSSAA OLD	24.90	1989	Vivienne Stephens Central Hur

Event 36 Men 200 Meter Dash Junior

WOSSAA	22.40	2024-05-24	Khaleel Miller - Banting, Sir
WOSSAA OLD	21.90	1982	D'arcy Kay Saunders

Event 37 Women 400 Meter Dash Junior

WOSSAA	57.81	2014-05-22	Natalie Topp - St. Mary's
WOSSAA OLD	56.60	1998	N. Schmiedt 1994 JP II P. Mclau

Event 38 Men 400 Meter Dash Junior

WOSSAA	50.72	2019-05-23	Dylan Yzenbrandt - Saunders SS
WOSSAA OLD	49.30	2000	Alex Alva Regina Mundi

Event 39 Women 800 Meter Run Junior

WOSSAA	2:11.56	2007-05-24	Jessica Parry - Catholic Cen
WOSSAA OLD	2:14.80	1986	Connie Beukeboom C.C.H.

Event 40 Men 800 Meter Run Junior

WOSSAA	1:57.95	2024-05-24	Ryan Georgeson - Medway HS
WOSSAA OLD	1:52.70	1994	Jay Cantin St. Clair

Event 41 Women 1500 Meter Run Junior

WOSSAA	4:34.77	2007-05-23	Jessica Parry - Catholic Cen
WOSSAA OLD	4:37.20	1982	Jill Purola Huron Park

Event 42 Men 1500 Meter Run Junior

WOSSAA	4:08.15	2013-05-23	Muhumed Sirage - Montcalm SS
WOSSAA OLD	3:59.90	1975	Peter Butler Sarnia Northern

Event 43 Women 3000 Meter Run Junior

WOSSAA	10:04.08	2013-05-24	Charlotte Prouse - London Central
WOSSAA OLD	9:55.50	1988	Jennifer Armstrong Saunders

Event 44 Men 3000 Meter Run Junior

WOSSAA	8:41.54	2017-05-19	Josh Zelek - Stratford Centr
WOSSAA OLD	8:26.90	1981	Chris Brewster C.C.H.

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Event 45 Women 80 Meter Hurdles 30" Junior

WOSSAA	11.80	2010-05-20	Alysha Newman - Mother Teresa
WOSSAA OLD	11.60	1994	H. Carnahan'80 Saunders J. Rob

Event 46 Men 100 Meter Hurdles 36" Junior

WOSSAA	13.22	2008-05-22	Gregory MacNeill - Mother Teresa
WOSSAA OLD	13.85	1999	Paul Whitty Saunders

Event 47 Women 300 Meter Hurdles 30" Junior

WOSSAA	44.62	2015-05-22	Claire Larose - Oakridge SS
WOSSAA OLD	42.70	1994	Nadia Schmiedt John Paul II

Event 48 Men 300 Meter Hurdles 33" Junior

WOSSAA	39.00	2008-05-23	Gregory MacNeill - Mother Teresa
WOSSAA OLD	38.80	1996	Jaime Hollingsworth Parkside

Event 49 Women High Jump Junior

WOSSAA	1.65m	2011-05-20	Ali Baker - Mother Teresa
WOSSAA	1.65m	2024-05-24	Aiyana John - London South
WOSSAA	1.65m	2012-05-25	Erin Katerberg - Listowel DSS
WOSSAA OLD	1.67m	1985	C. Bond W.C.I. L. Devries Luc

Event 50 Men High Jump Junior

WOSSAA	2.08m	2008-05-23	Branden Wilhelm - Woodstock
WOSSAA OLD	2.06m	1981	Al Hough Montcalm

Event 51 Women Pole Vault Junior

WOSSAA	3.89m	2010-05-20	Alysha Newman - Mother Teresa
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Event 52 Men Pole Vault Junior

WOSSAA	4.20m	2025-05-22	Ethan Atkinson - St. Joseph's
WOSSAA OLD	4.16m	2003	Josh Kirkpatrick - Saunders SS

Event 53 Women Long Jump Junior

WOSSAA	5.60m	2008-05-22	Kristen Bujnowski - Holy Cross
WOSSAA OLD	5.79m	1979	Ruth Pugh Dorchester

Event 54 Men Long Jump Junior

WOSSAA	6.77m	2008-05-23	Cole Pellett - Madill, F.E.
WOSSAA OLD	6.90m	1989	Jason Laur Arthur Voaden

Event 55 Women Triple Jump Junior

WOSSAA	11.27m	2007-05-23	Emily Goad - Mother Teres
WOSSAA OLD	11.61m	1992	Tawnya Gurchin Strathroy

Event 56 Men Triple Jump Junior

WOSSAA	13.65m	2007-05-23	Taylor Stewart - Regina Mundi
WOSSAA OLD	13.92m	1977	Greg Campbell Sarnia Northern

Event 57 Women Shot Put 3 kg Junior

WOSSAA	14.28m	2025-05-23	Jenna Tunks - Oakridge SS
WOSSAA OLD	13.11m	2003	Meghan Weaver - LucasA.B.
WOSSAA 4kg	11.90m	2011-05-20	Nicole Horneman - Medway HS

Event 58 Men Shot Put 4 kg Junior

WOSSAA	18.28m	2024-05-23	Noah Mitoraj - St. Thomas Aq
WOSSAA OLD	17.56m	1998	Fraser Clarke St. Thomas Aquinas

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Event 59 Women Discus Throw 1 kg Junior

WOSSAA	51.26m	2022-05-19	Julia Tunks - Oakridge SS
WOSSAA OLD	40.70m	1994	Julie Lisle Madill

Event 60 Men Discus Throw 1 kg Junior

WOSSAA	62.03m	2018-05-24	Ryan Jacklin - Madill, F.E.
WOSSAA OLD	53.64m	1992	Jason Tunks Banting

Event 61 Women Javelin Throw 600 g Junior

WOSSAA	39.40m	2023-05-26	Taylor Kana - East Elgin SS
WOSSAA OLD	47.10m	1980	Martha Hart Saunders

Event 62 Men Javelin Throw 600 g Junior

WOSSAA	55.38m	2015-05-22	Josh Mather - Strathroy DC
WOSSAA OLD	61.08m	1976	Tom Gawinski Sarnia Northern

Event 63 Women 4x100 Meter Relay Junior

WOSSAA	49.51	2009-05-21	Mother Teresa C S S - Mother Teresa
WOSSAA OLD	49.00	1998	Banting

Event 64 Men 4x100 Meter Relay Junior

WOSSAA	44.22	2016-05-19	London South S S - London South E Martin, C Brown, S Brown, J Beadle
WOSSAA OLD	43.80	1976	Oakridge

Event 65 Women 100 Meter Dash Senior

WOSSAA	11.80	1994	Sue Seymour Listowel
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Event 66 Men 100 Meter Dash Senior

WOSSAA	10.50	1994	Craig Vandeweghe St. Pat's
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Event 67 Women 200 Meter Dash Senior

WOSSAA	24.39	1999	Jessica Zelinka Banting
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Event 68 Men 200 Meter Dash Senior

WOSSAA	21.70	1997	C. Heffernan S.T.A.
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Event 69 Women 400 Meter Dash Senior

WOSSAA	54.92	1995	Nadia Schmiedt John Paul II
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Event 70 Men 400 Meter Dash Senior

WOSSAA	47.70	1988	Brian Dicker St. Pats
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Event 71 Women 800 Meter Run Senior

WOSSAA	2:08.37	2009-05-22	Jessica Parry - Catholic Central
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Event 72 Men 800 Meter Run Senior

WOSSAA	1:51.99	2016-05-20	Ruach Padhal - John Paul II
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Event 73 Women 1500 Meter Run Senior

WOSSAA	4:31.62	2008-05-22	Jessica Parry - Catholic Central
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Event 74 Men 1500 Meter Run Senior

WOSSAA	3:50.50	1996	Jay Cantin St. Clair
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Event 75 Women 3000 Meter Run Senior

WOSSAA	9:48.19	1995	Julie Froud St. Mary's SCVI
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Event 76 Men 3000 Meter Run Senior

WOSSAA	8:13.00	1982	Chris Brewster C.C.H.
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Event 77 Women 100 Meter Hurdles 30" Senior

WOSSAA	13.10	2000	Jessica Zelinka Banting
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Event 78 Men 110 Meter Hurdles 36" Senior

WOSSAA	13.21	2010-05-20	Greg MacNeill - Mother Teresa
WOSSAA OLD	14.30	1997	Jon Cohen Lucas

Event 79 Women 400 Meter Hurdles 30" Senior

WOSSAA	59.54	1994	Nadia Schmiedt John Paul II
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Event 80 Men 400 Meter Hurdles 36" Senior

WOSSAA	54.10	1980	Jeff Glass Saunders
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Event 81 Women High Jump Senior

WOSSAA	1.70m	2017-05-18	Emily Branderhorst - London Christian
WOSSAA	1.70m	1999	Jessica Zelinka Banting

Event 82 Men High Jump Senior

WOSSAA	2.16m	2011-05-19	Branden Wilhelm - Woodstock
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Event 83 Women Pole Vault Senior

WOSSAA	3.90m	2012-05-24	Alysha Newman - Mother Teresa
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Event 84 Men Pole Vault Senior

WOSSAA	4.80m	1985	Doug Wood Madill
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Event 85 Women Long Jump Senior

WOSSAA	5.71m	2019-05-24	Chloe Knox - Lucas, A.B.
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Event 86 Men Long Jump Senior

WOSSAA	7.36m	2008-05-23	Damian Warner - Montcalm SS
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Event 87 Women Triple Jump Senior

WOSSAA	12.28m	1992	Kim Dyxhooren East Elgin SS
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Event 88 Men Triple Jump Senior

WOSSAA	14.31m	2008-05-23	Taylor Stewart - Regina Mundi
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Event 89 Women Shot Put 4 kg Senior

WOSSAA	14.80m	2024-05-24	Julia Tunks - Oakridge SS
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Event 90 Men Shot Put 5.443 kg Senior

WOSSAA	19.33m	2009-05-22	Zack Russell-Ford - Banting, Sir
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Event 91 Women Discus Throw 1 kg Senior

WOSSAA	56.72m	2024-05-24	Julia Tunks - Oakridge SS
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Event 92 Men Discus Throw 1.613 kg Senior

WOSSAA	62.64m	1995	Jason Tunks Banting
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Event 93 Women Javelin Throw 600 g Senior

WOSSAA	46.51m	1999	Deanna Zelinka Banting
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Event 94 Men Javelin Throw 800 g Senior

WOSSAA	65.82m	1979	R. Dowswell Sarnia Central
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Event 95 Women 4x100 Meter Relay Senior

WOSSAA	48.84	1999	Banting
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Event 96 Men 4x100 Meter Relay Senior

WOSSAA	42.46	2025-05-22	Catholic Central - Catholic Central M Fleury, T Wilson, B Rose, C McLeod
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Event 97 Women 2000 Meter Steeplechase 30" Open

WOSSAA 7:19.86 2025-05-22 Charlotte Piscione - Woodstock Co
 WOSSAA1500SC 4:52.89 2015-05-21 Charlotte Prouse - London Central

Event 98 Men 2000 Meter Steeplechase 36" Open

WOSSAA 5:53.00 2016-05-19 Muhumed Sirage - Catholic Central

Event 99 Women 4x400 Meter Relay Open

WOSSAA 3:58.04 2016-05-20 Lord Dorchester S S - Dorchester

Event 100 Men 4x400 Meter Relay Open

WOSSAA 3:21.90 1979 Saunders

Event 101 Women 100 Meter Dash Ambulatory

WOSSAA 14.67 2015-05-21 Madison Wilson-Walker - Dorchester

Event 102 Men 100 Meter Dash Ambulatory

WOSSAA 12.48 2006-05-16 Deric Kruse - Madill, F.E.

Event 104 Men 100 Meter Dash Visually Impaired

WOSSAA 17.58 2025-05-22 Samuel Schreiter - Huron Park SS

Event 105 Women 100 Meter Dash Intellectually Imp.

WOSSAA 13.44 2018-05-24 Kyla Rodrigue - Woodstock

Event 106 Men 100 Meter Dash Intellectually Imp.

WOSSAA 12.32 2025-05-22 Ezekiel Kerr - Clarke Road
 WOSSAA 13.12 2018-05-24 Austin Cornish - College Avenue

Event 111 Women 800 Meter Run Visually Impaired

WOSSAA 3:02.44 2011-05-20 Rachel Schelhaas - St. Michael

Event 113 Women 800 Meter Run Ambulatory

WOSSAA 3:04.60 2016-05-20 Madison Wilson-Walker - Dorchester

Event 114 Men 800 Meter Run Ambulatory

WOSSAA 2:41.41 2017-05-19 Nick Heffernan - St. Thomas Aq

Event 115 Women 800 Meter Run Intellectually Imp.

WOSSAA 3:13.97 2025-05-23 Zoey Shantz - Woodstock Co

Event 116 Men 800 Meter Run Intellectually Imp.

WOSSAA 2:42.40 2024-05-24 Noah Haddad - Banting, Sir

Event 120 Men Shot Put 4 kg Visually Impaired

WOSSAA 6.35m 2025-05-22 Samuel Schreiter - Huron Park SS

Event 121 Women Shot Put 3 kg Ambulatory

WOSSAA 6.07m 2019-05-23 Charlotte Bolton - Glendale HS

Event 122 Men Shot Put 4 kg Ambulatory

WOSSAA 6.88m 2025-05-22 Ben Van Loon - St. Michael

Event 123 Women Shot Put 3 kg Intellectually Imp.

WOSSAA 6.33m 2025-05-22 Serenity Scott - Woodstock Co

Event 124 Men Shot Put 4 kg Intellectually Imp.

WOSSAA 11.21m 2023-05-25 Cameron Banerjee - Banting, Sir