

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 1 Women 100 Meter Dash Novice Prelims

Thursday 2026-05-21 - 11:45 AM

WOSSAA: 12.32 2023-05-25 Celeste Lugogo, Mother Teresa

WOSSAA OLD: 11.90 1997 Jessica Zelinka Banting

	Name	School	Seed Time
1	Addison Lehouillier	Lord Dorchester S S	12.71
2	Sofia Bertucci	Medway H S	12.83
3	Brooklyn McEachnie	Mother Teresa C S S	12.91
4	Laurel Nash	St. Thomas Aquinas S S	13.02
5	Adrianna Tamburri	Woodstock Collegiate Institute	13.05
6	Cassidy Richardson	John Paul II S S	13.16
7	Stella Adjinda	Catholic Central	13.22
8	Chelsea Lake	St. Andre Bessette	13.30
9	Kyra McIntyre	Huron Park S S	13.36
10	Paisley Armstrong	Mother Teresa C S S	13.46
11	Mikayla Taylor	Sir Frederick Banting S S	13.49
12	Jewelle Mensah	St. Mary's H S - Woodstock	13.50
13	Beth Hamilton	Goderich D C I	14.16
14	Ciana McLaren	Stratford District S S	14.50
15	Azayda Schultheiss	Listowel D S S	14.52
16	Madi Heinmiller	Listowel D S S	14.63

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Event 2 Men 100 Meter Dash Novice Prelims

Thursday 2026-05-21 - 11:45 AM

WOSSAA: 11.25 2023-05-25 Nagil Asamoah, London Central

WOSSAA OLD: 11.30 1988 Frank Torti St. Pat's

	Name	School	Seed Time
1	Xavier Sauer	Parkside C I	11.17
2	Isaiah Rogers-Lesperance	Catholic Central	11.37
3	Ben Gibbs	Sir Frederick Banting S S	11.64
4	Rhys Buchanan	Esc Notre Dame - Woodstock	11.87
5	Elliott Hudson	Medway H S	11.88
6	Tyson Orr	Saunders S S	11.88
7	Elijah Schipper	Strathroy D C I	11.90
8	Dexter De Jong	Strathroy D C I	11.93
9	Pavankarthik Parthiban	Mother Teresa C S S	11.97
10	David Anidu	St. Thomas Aquinas S S	12.03
11	Jomiloju Adebayo	St. Joseph's H S	12.14
12	Sean Akanihu	London Central S S	12.14
13	Cameron McMurachy	Goderich D C I	12.53
14	Domenic Peterson	St. Michael C S S	12.71
15	Grayson Kemp	Mitchell D H S	12.79
16	Max Hughes	Stratford District S S	12.90

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Event 3 Women 200 Meter Dash Novice Prelims

Friday 2026-05-22 - 10:45 AM

WOSSAA: 25.30 2017-05-19 Olivia Gee, Strathroy DC

WOSSAA OLD: 25.60 1997 Victoria Bendle Banting

	Name	School	Seed Time
1	Sofia Bertucci	Medway H S	27.47
2	Brianna Scott	East Elgin S S	27.54
3	Laurel Nash	St. Thomas Aquinas S S	27.82
4	Adrianna Tamburri	Woodstock Collegiate Institute	28.12
5	Jewelle Mensah	St. Mary's H S - Woodstock	28.28
6	Olivia Mathieu	Sir Wilfrid Laurier	28.30
7	Mackenzie Cake	A.B. Lucas S S	28.41
8	Paisley Armstrong	Mother Teresa C S S	28.52
9	Elise MacDonald	H.B. Beal S S	28.63
10	Bellamy Lee	London Central S S	28.69
11	Landyn Evagelinos	St. Joseph's H S	28.96
12	June Harris	H.B. Beal S S	29.12
13	Brynn Datema	Central Huron S S	31.27
14	Beth Hamilton	Goderich D C I	31.74
15	Emma Vanstone	St. Anne's C S S	32.77
16	Emily Blackmore	St. Anne's C S S	33.77

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Event 4 Men 200 Meter Dash Novice Prelims

Friday 2026-05-22 - 10:45 AM

WOSSAA: 23.42 2023-05-26 Khaleel Miller, Banting, Sir
WOSSAA OLD: 23.00 1988 Frank Torti St. Pat's

	Name	School	Seed Time
1	Xavier Sauer	Parkside C I	23.41
2	Ben Gibbs	Sir Frederick Banting S S	24.53
3	Yanlin Han	London Central S S	24.89
4	Luke Robinson	St. Andre Bessette	24.94
5	Pavankarthik Parthiban	Mother Teresa C S S	25.09
6	Elijah Schipper	Strathroy D C I	25.10
7	Miles Maule	Lord Dorchester S S	25.16
8	Alton Hanson	Regina Mundi College	25.63
9	Dylan Stern	St. Thomas Aquinas S S	26.05
10	Mason Nother	Sir Wilfrid Laurier	26.06
11	Max Hughes	Stratford District S S	26.35
12	Tom Solway	Catholic Central	26.38
13	Cameron McMurachy	Goderich D C I	26.40
14	Malcolm Omari	St. Joseph's H S	26.46
15	Ivan Mata Gutierrez	St. Michael C S S	28.34
16	Lucas Masse	South Huron D H S	28.50

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Event 5 Women 400 Meter Dash Novice

Thursday 2026-05-21 - 10:45 AM

WOSSAA: 58.64 2004

WOSSAA OLD: 57.40 1997

Julia Tousaw, St. Anne's

Victoria Bendle Banting

	Name	School	Seed Time
1	Stella Gicante	St. Thomas Aquinas S S	1:02.58
2	Olivia Mathieu	Sir Wilfrid Laurier	1:03.33
3	Brianna Scott	East Elgin S S	1:04.41
4	Audrey Mitchel	Sir Frederick Banting S S	1:04.53
5	Elise MacDonald	H.B. Beal S S	1:05.03
6	Nicole Claxton	Medway H S	1:05.95
7	Bellamy Lee	London Central S S	1:06.59
8	Brynn Datema	Central Huron S S	1:07.02
9	Lydia Pyzowski	St. Michael C S S	1:07.12
10	Gabriella Berkeley	Woodstock Collegiate Institute	1:07.21
11	Emerson Kitching	St. Thomas Aquinas S S	1:07.33
12	Sophia Stephenson	Glendale H S	1:07.48
13	Maddy Wright	Parkside C I	1:07.94
14	Raya Alkaderi	Parkside C I	1:08.92
15	Reina Nevin	Mitchell D H S	1:09.61
16	Violet Brace	Mitchell D H S	1:09.65

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Event 6 Men 400 Meter Dash Novice

Thursday 2026-05-21 - 10:45 AM

WOSSAA: 52.15 2022-05-19 Francis Hinnah, Banting, Sir
 WOSSAA OLD: 51.14 1999 Alex Alva Regina Mundi

	Name	School	Seed Time
1	Ben Gibbs	Sir Frederick Banting S S	54.74
2	Miles Maule	Lord Dorchester S S	55.10
3	Simon Jenson	Stratford District S S	55.91
4	George Pletch	Sir Wilfrid Laurier	56.06
5	Julian Robertson	London Central S S	56.37
6	Ethan Kirkland	Mother Teresa C S S	56.87
7	Lucas DeBlock	Mitchell D H S	56.88
8	Roy Zhan	London Central S S	56.95
9	Michal Hejna	St. Joseph's H S	57.06
10	Simon Strangio	Catholic Central	57.12
11	Michael Silvester	London Central S S	57.67
12	Alton Hanson	Regina Mundi College	57.68
13	Hayden Siemens	St. Joseph's H S	58.02
14	Dylan Stern	St. Thomas Aquinas S S	59.19
15	Kesler Carroll	Central Huron S S	59.30
16	Kaiden McLellan	South Huron D H S	59.32

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Event 7 Women 800 Meter Run Novice

Friday 2026-05-22 - 11:30 AM

WOSSAA: 2:16.68 2012-05-25 Mackenzie Mayers, Banting, Sir

WOSSAA OLD: 2:17.60 1986 Julie Armstrong South

	Name	School	Seed Time
1	Stella Gicante	St. Thomas Aquinas S S	2:29.10
2	Nicole Claxton	Medway H S	2:30.97
3	Elia Boulougouris	Saunders S S	2:35.39
4	Bridget Miller	Strathroy D C I	2:35.96
5	Emma Lagugne-Labarthe	Sir Frederick Banting S S	2:37.89
6	Madilyn Little	Strathroy D C I	2:38.07
7	Maddy Wright	Parkside C I	2:38.38
8	Kingsley Collins	Medway H S	2:39.58
9	Isla Fraser	Medway H S	2:39.69
10	Julianne Eddy	Sir Frederick Banting S S	2:40.07
11	Gabriella Berkeley	Woodstock Collegiate Institute	2:43.06
12	Emmy Ripley	Strathroy D C I	2:43.29
13	Ashleigh Mathewson	Listowel D S S	2:55.36
14	Zoey Prescott	Central Huron S S	2:57.14
15	Grace Purdon	Stratford District S S	2:57.26
16	Alyse Hoogenes	Central Huron S S	2:59.42

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Event 8 Men 800 Meter Run Novice

Friday 2026-05-22 - 11:30 AM

WOSSAA: 2:00.87 2023-05-26 Ryan Georgeson, Medway HS

WOSSAA OLD: 2:01.20 1990 Damien Walsh R.M.C.

	Name	School	Seed Time
1	Nash Okkerse	Parkside C I	2:01.01
2	Ryker Slusarczyk	Huron Park S S	2:08.68
3	Brayden Wells	Saunders S S	2:14.96
4	Alejandro Guerrero	Mother Teresa C S S	2:15.37
5	Dennis Walsh	A.B. Lucas S S	2:15.88
6	Matthew Fleuren	St. Joseph's H S	2:16.05
7	George Pletch	Sir Wilfrid Laurier	2:16.34
8	Preston Bergen	East Elgin S S	2:16.39
9	Cole Alexander	Oakridge S S	2:16.45
10	Ethan Brown	Glendale H S	2:17.33
11	Lucas DeBlock	Mitchell D H S	2:18.44
12	Dominic Gillan	Holy Cross	2:18.68
13	Noah Levinson	St. Anne's C S S	2:18.99
14	Simon Strangio	Catholic Central	2:19.82
15	Hayden Barker	St. Marys D C & V I	2:20.13
16	Desmond Vadenheuvel	St. Anne's C S S	2:27.72

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Event 9 Women 1500 Meter Run Novice**Thursday 2026-05-21 - 2:45 PM****WOSSAA: 4:42.82 2006-05-16 Jessica Parry, Catholic Cen****WOSSAA OLD: 4:39.10 1986 Julie Armstrong South**

	Name	School	Seed Time
1	Makayla Varallo	Medway H S	5:17.38
2	Emma Boucher	Strathroy D C I	5:19.63
3	Elia Boulougouris	Saunders S S	5:20.46
4	Bridget Miller	Strathroy D C I	5:32.20
5	Sadie Dapueto	St. Thomas Aquinas S S	5:37.14
6	Emma Lagugne-Labarhet	Sir Frederick Banting S S	5:39.19
7	Daleena Nessian	Mother Teresa C S S	5:40.45
8	Molly Macaulay	Goderich D C I	5:40.73
9	Naomi Robinson	A.B. Lucas S S	5:43.67
10	Isla Fraser	Medway H S	5:44.23
11	Emmy Ripley	Strathroy D C I	5:51.86
12	Gwen Mackie	London South S S	5:52.52
13	ZoÃ« Hartill	Woodstock Collegiate Institute	5:52.98
14	Phoebe Wood	Mitchell D H S	5:59.69
15	Zoey Prescott	Central Huron S S	6:07.08
16	Estelle Ball	St. Marys D C & V I	6:25.04

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Event 10 Men 1500 Meter Run Novice

Thursday 2026-05-21 - 1:40 PM

WOSSAA: 4:09.81 2016-05-19 Kyle Koyanagi, Laurier, Sir

WOSSAA OLD: 4:09.00 1979 Chris Brewster C.C.H.

	Name	School	Seed Time
1	Nash Okkerse	Parkside C I	4:15.74
2	Ryker Slusarczyk	Huron Park S S	4:21.97
3	Owen Douthwright	London Central S S	4:28.60
4	Caleb Thain	Catholic Central	4:30.40
5	Ethan Brown	Glendale H S	4:38.94
6	Teigan Young	Saunders S S	4:40.60
7	Alejandro Guerrero	Mother Teresa C S S	4:41.11
8	Dennis Walsh	A.B. Lucas S S	4:41.85
9	Cole Alexander	Oakridge S S	4:43.41
10	Adam Van Wychen	East Elgin S S	4:44.42
11	Brayden Wells	Saunders S S	4:45.30
12	Matthew Fleuren	St. Joseph's H S	4:45.88
13	Hayden Barker	St. Marys D C & V I	4:56.47
14	Will Richardson	St. Marys D C & V I	4:56.50
15	Andrew Seebach	St. Marys D C & V I	4:59.53
16	Ben Spicer	Stratford District S S	5:01.53

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Event 11 Women 3000 Meter Run Novice

Friday 2026-05-22 - 1:30 PM

WOSSAA: 10:05.93 2013-05-24 Jessie Fleming, London Central

WOSSAA OLD: 9:59.70 1986 Jennifer Armstrong South

	Name	School	Seed Time
1	Cassidy Richardson	John Paul II S S	11:14.13
2	Emma Boucher	Strathroy D C I	11:17.76
3	Elia Boulougouris	Saunders S S	11:20.41
4	Sadie Dapueto	St. Thomas Aquinas S S	12:17.70
5	Molly Macaulay	Goderich D C I	12:47.06
6	Nevaeh Facey	St. Joseph's H S	13:15.43
7	Kaitlyn Alyea	College Avenue S S	13:25.97
8	Mackenzie Black	H.B. Beal S S	13:34.11
9	Colleen Ocolisan	Strathroy D C I	13:34.47
10	Andrea Mrnik	Strathroy D C I	13:37.52
11	Avneet Parmar	College Avenue S S	13:50.41
12	Jenna de Rond	St. Thomas Aquinas S S	14:04.65
13	Ashleigh Mathewson	Listowel D S S	15:24.20

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Event 12 Men 3000 Meter Run Novice

Friday 2026-05-22 - 1:30 PM

WOSSAA: 9:06.06 2016-05-20 Josh Zelek, Stratford Centr

WOSSAA OLD: 8:51.40 1979 Christ Brewster C.C.H.

	Name	School	Seed Time
1	Ryker Slusarczyk	Huron Park S S	10:02.96
2	Owen Douthwright	London Central S S	10:10.73
3	Caleb Thain	Catholic Central	10:13.88
4	Teigan Young	Saunders S S	10:14.91
5	Adam Van Wychen	East Elgin S S	10:19.31
6	Dennis Walsh	A.B. Lucas S S	10:20.94
7	Gabriel Pineda	Mother Teresa C S S	10:24.20
8	Ryder Vording	St. Thomas Aquinas S S	10:29.51
9	Sam Bendig	Strathroy D C I	10:31.13
10	Yisu Chen	Sir Frederick Banting S S	10:36.82
11	Keaton Flick	Saunders S S	10:41.27
12	Levi Lewis	Clarke Road S S	10:41.68
13	Cristian Simmons	Catholic Central	10:48.56
14	Volker Fraser	St. Marys D C & V I	11:04.78
15	Will Richardson	St. Marys D C & V I	11:16.35
16	Noah Levinson	St. Anne's C S S	11:22.38

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Event 13 Women 80 Meter Hurdles 30" Novice Prelims

Thursday 2026-05-21 - 9:50 AM

WOSSAA: 11.75 2014-05-22 Tess Verhoeven, Oakridge SS

WOSSAA OLD: 11.50 1996 Jessica Zelinka Banting

	Name	School	Seed Time
1	Mya McGowan	Sir Frederick Banting S S	12.93
2	Jewelle Mensah	St. Mary's H S - Woodstock	12.97
3	Alayna Sloetjes	Strathroy D C I	13.01
4	Brooklyn McEachnie	Mother Teresa C S S	13.21
5	Jordyn Brown	St. Thomas Aquinas S S	13.34
6	Amelia Weber	St. Marys D C & V I	13.89
7	Lydia Pyzowski	St. Michael C S S	14.21
8	Audrey Mitchel	Sir Frederick Banting S S	14.44
9	Grace Garang	Mother Teresa C S S	14.63
10	Olivia Stallaert	Holy Cross	14.92
11	Caroline Hall	St. Thomas Aquinas S S	14.98
12	Isla Cirelli	Oakridge S S	15.06
13	Emma Vanstone	St. Anne's C S S	15.47
14	Stella Adjinda	Catholic Central	15.70
15	Sydney Harmer	Woodstock Collegiate Institute	15.90
16	Ava Rhodes	Stratford District S S	16.05

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Event 14 Men 100 Meter Hurdles 33" Novice Prelims

Thursday 2026-05-21 - 10:05 AM

WOSSAA: 13.55 2014-05-22 Tyrell Mairs-Onwumere, Beal, H.B. S

WOSSAA OLD: 13.90 2000 Dan Sharpe St Anne's

	Name	School	Seed Time
1	Michal Hejna	St. Joseph's H S	15.28
2	Emory Evans-osi	Sir Frederick Banting S S	16.01
3	Ryan Symmers	Saunders S S	16.30
4	Ian Hardy	Oakridge S S	16.91
5	Elijah Malabanan	Catholic Central	17.46
6	Lincoln Thurston	Saunders S S	18.05
7	Joshua Schneller	Catholic Central	18.71
8	Masen Houghton	Mitchell D H S	18.84
9	Ivan Almemou	Saunders S S	19.59
10	Matthew Reblora	John Paul II S S	20.41
11	Gurumukh Bhandal	Listowel D S S	22.71
12	Zach Zwambag	St. Marys D C & V I	23.33

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Event 15 Women 300 Meter Hurdles 30" Novice

Friday 2026-05-22 - 9:30 AM

WOSSAA: 44.29 2012-05-25 Lexi Aitken, St. Anne's
WOSSAA OLD: 43.90 1997 Jessica Zelinka Banting

	Name	School	Seed Time
1	Jordyn Brown	St. Thomas Aquinas S S	49.48
2	Brianna Scott	East Elgin S S	50.61
3	Olivia Mathieu	Sir Wilfrid Laurier	50.62
4	Lauren Fletcher	Strathroy D C I	51.46
5	Alayna Sloetjes	Strathroy D C I	51.61
6	Raya Alkaderi	Parkside C I	51.75
7	Daiva Bancewicz	St. Thomas Aquinas S S	52.80
8	Caroline Hall	St. Thomas Aquinas S S	52.97
9	Kingsley Collins	Medway H S	53.66
10	Abigail Yarmoshuk	Glencoe D H S	54.54
11	Zion DeBoer	Holy Cross	54.61
12	Lydia Pyzowski	St. Michael C S S	55.33
13	Ava Plaisant	Catholic Central	56.68
14	Beth Hamilton	Goderich D C I	58.85
15	Neveah MacDonald	Goderich D C I	59.41
16	Tessa Paleczny	Listowel D S S	1:05.25

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Event 16 Men 300 Meter Hurdles 33" Novice

Friday 2026-05-22 - 9:30 AM

WOSSAA: 41.57 2012-05-25 Davis Edward, Oakridge SS
WOSSAA OLD: 40.80 1998 Carl Hayes Parkside

	Name	School	Seed Time
1	Michal Hejna	St. Joseph's H S	43.87
2	Tyler Gravis	Woodstock Collegiate Institute	44.81
3	Ethan Kirkland	Mother Teresa C S S	46.08
4	Ryder Vording	St. Thomas Aquinas S S	46.70
5	Miles Maule	Lord Dorchester S S	47.07
6	Ryan Symmers	Saunders S S	47.81
7	Ian Hardy	Oakridge S S	49.34
8	Brody Edmundson	St. Thomas Aquinas S S	51.68
9	Joshua Schneller	Catholic Central	52.66
10	Dallas Dykstra	St. Anne's C S S	55.00
11	Corson Powell	Goderich D C I	56.06
12	Thomas Appleton	Sir Frederick Banting S S	57.88
13	Gurumukh Bhandal	Listowel D S S	1:11.72

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Event 17 Women High Jump Novice

Thursday 2026-05-21 - 11:00 AM

Starting Height: 1.25 m**up 5 cm at a time until 6 competitors remain, then up by 3 cm****WOSSAA: 1.63m 2005-05-17 Katie Kaiser, Saunders SS****WOSSAA OLD: 1.69m 1983 Lisa Devries Lucas**

	Name	School	Seed Mark
1	Lauren Kent	Medway H S	1.48m
2	Mya McGowan	Sir Frederick Banting S S	1.43m
3	Grace Vanheeswyk	Holy Cross	1.43m
4	Brynn Datema	Central Huron S S	1.42m
5	Emma Vanstone	St. Anne's C S S	1.36m
6	Grace Garang	Mother Teresa C S S	1.35m
7	Madelyn Higgins	Medway H S	1.35m
8	Ava Plaisant	Catholic Central	1.35m
9	Lucy Dietz	London Central S S	1.35m
10	Irene du Toit	Mother Teresa C S S	1.35m
11	Hesande Mallawaarachchi	St. Anne's C S S	1.33m
12	Susan Berg	St. Mary's H S - Woodstock	1.30m
13	Eden Murray	Mitchell D H S	1.30m
14	Ashlin Friesen	Holy Cross	1.30m
15	Phoebe Presseau	Mother Teresa C S S	1.30m
16	Kema Onuoha	Catholic Central	1.25m

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Event 18 Men High Jump Novice

Friday 2026-05-22 - 9:30 AM

Starting Height: 1.45 m

up 5 cm at a time until 6 competitors remain, then up by 3 cm

WOSSAA: 1.91m 2007-05-24 Branden Wilhelm, Woodstock

WOSSAA OLD: 1.89m 2003 Sander Ratsep Saunders SS

	Name	School	Seed Mark
1	Xavier Sauer	Parkside C I	1.76m
2	Wayne Clarke	London Central S S	1.73m
3	Max Thompson	Clarke Road S S	1.65m
4	Elijah Schipper	Strathroy D C I	1.65m
5	Anthony Hayden	St. Anne's C S S	1.56m
6	Anmol Kang	Saunders S S	1.50m
7	Brett Robillard	Listowel D S S	1.50m
8	Parker Vanthuyne	Esc Gabriel-Dumont	1.50m
9	Hayden Siemens	St. Joseph's H S	1.50m
10	Sebastien Hayden	St. Anne's C S S	1.50m
11	Lincoln Correira	Huron Park S S	1.45m
12	Sebastian Nunez	Mother Teresa C S S	1.45m
13	Alex Rivas	London Central S S	1.45m
14	Sam Al Sammarraie	Saunders S S	1.45m
15	Fin McCutcheon	St. Marys D C & V I	1.41m
16	Moyinoluwa Olowolabayaki	St. Joseph's H S	1.40m

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Event 19 Women Pole Vault Novice

Friday 2026-05-22 - 1:00 PM

Starting Height: 1.60 m

up 15 cm at a time until 6 competitors remain, then up by 10 cm

WOSSAA: 2.87m 2017-05-19 Monica Grigore, Oakridge SS

	Name	School	Seed Mark
1	Kylie Wilkinson	Sir Wilfrid Laurier	2.65m
2	Kingsley Collins	Medway H S	2.50m
3	Gabby Marsh-Lansard	Oakridge S S	2.05m
4	Kelti Brimmell	Oakridge S S	2.05m
5	Lucy MacKenzie	Oakridge S S	2.05m
6	Eva Roelands	Holy Cross	1.90m
7	Amelia Weber	St. Marys D C & V I	1.70m
8	Emma Ehgoetz	St. Marys D C & V I	1.70m

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Event 20 Men Pole Vault Novice

Thursday 2026-05-21 - 1:00 PM

Starting Height: 2.30 m

up 15 cm at a time until 6 competitors remain, then up by 10 cm

WOSSAA: 3.32m 2010-05-21 Brian Choja, Oakridge SS

WOSSAA OLD: 3.80m 1982 Don Martynowski Medway

	Name	School	Seed Mark
1	Ian Hardy	Oakridge S S	2.50m
2	Tyler Gravis	Woodstock Collegiate Institute	2.35m
3	Elliot Hughes	Woodstock Collegiate Institute	2.05m

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Event 21 Women Long Jump Novice

Thursday 2026-05-21 - 9:30 AM

WOSSAA: 5.33m 2010-05-20 Nicole Setterington, Oakridge SS

WOSSAA OLD: 5.59m 1978 Sherri Klauka East Lambton

	Name	School	Seed Mark
1	Mackenzie Cake	A.B. Lucas S S	4.98m
2	Addison Lehouillier	Lord Dorchester S S	4.92m
3	Sofia Bertucci	Medway H S	4.90m
4	Paisley Armstrong	Mother Teresa C S S	4.69m
5	Laurel Nash	St. Thomas Aquinas S S	4.60m
6	Savannah Pranger	Lord Dorchester S S	4.57m
7	Molly Lewis	Stratford District S S	4.41m
8	Kyra McIntyre	Huron Park S S	4.39m
9	Gabby Marsh-Lansard	Oakridge S S	4.39m
10	Mac Vandenhovel	Goderich D C I	4.35m
11	Layla Suderman	Glendale H S	4.35m
12	Chelsea Lake	St. Andre Bessette	4.29m
13	Violet Brace	Mitchell D H S	4.24m
14	Julianna Montoya	London South S S	4.20m
15	Nadia Jones	Stratford District S S	4.18m
16	Leen Abdelellah	Mother Teresa C S S	4.15m

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Event 22 Men Long Jump Novice

Thursday 2026-05-21 - 11:00 AM

WOSSAA: 6.17m 2023-05-25 Nagil Asamoah, London Central

WOSSAA: 6.17m 2017-05-18 McKenzie Stevens, Central Huron

WOSSAA OLD: 6.57m 1980 Ken Berry Laurier

	Name	School	Seed Mark
1	Isaiah Rogers-Lesperance	Catholic Central	6.15m
2	Domenic Peterson	St. Michael C S S	5.80m
3	Yanlin Han	London Central S S	5.70m
4	Wyatt Hegler	Oakridge S S	5.63m
5	Simon Jenson	Stratford District S S	5.50m
6	Elliott Hudson	Medway H S	5.44m
7	Carson Hales	Oakridge S S	5.43m
8	Dexter De Jong	Strathroy D C I	5.41m
9	Max Hughes	Stratford District S S	5.35m
10	Wayne Clarke	London Central S S	5.31m
11	Anthony Srigley	Central Huron S S	5.23m
12	Deo Dixon	Westminster S S	5.13m
13	Emory Evans-osi	Sir Frederick Banting S S	5.10m
14	Sean Akanihu	London Central S S	5.07m
15	Ivan Klassen	East Elgin S S	5.03m
16	Luke Robinson	St. Andre Bessette	4.98m

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Event 23 Women Triple Jump Novice

Friday 2026-05-22 - 11:00 AM

WOSSAA: 11.05m 2016-05-20 Ireland Crowther, Beal, H.B. S

WOSSAA OLD: 11.09m 1989 Kubet Weston Tillsonburg

	Name	School	Seed Mark
1	Mackenzie Cake	A.B. Lucas S S	10.94m
2	Chelsea Lake	St. Andre Bessette	10.62m
3	Smith Merker	Oakridge S S	10.06m
4	Lauren Fletcher	Strathroy D C I	9.83m
5	Kyra McIntyre	Huron Park S S	9.75m
6	Chloe Froese	East Elgin S S	9.57m
7	Indiana McLaughlin	St. Joseph's H S	9.41m
8	Jordyn Brown	St. Thomas Aquinas S S	9.29m
9	Nicole Williams	Oakridge S S	9.24m
10	Caroline Hall	St. Thomas Aquinas S S	9.22m
11	Tenley Lonsberry	Huron Park S S	9.16m
12	Nadia Jones	Stratford District S S	9.09m
13	Leen Abdelellah	Mother Teresa C S S	9.01m
14	Emily Van Herk	St. Michael C S S	8.89m
15	Ciana McLaren	Stratford District S S	8.83m
16	Violet Brace	Mitchell D H S	8.59m

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Event 24 Men Triple Jump Novice

Friday 2026-05-22 - 1:00 PM

WOSSAA: 12.49m 2013-05-24 Joe Soukphachanh, Stratford Centr

WOSSAA OLD: 13.10m 1980 Jason Laur Arthur Voaden

	Name	School	Seed Mark
1	Milan Radan	St. Anne's C S S	11.74m
2	Yanlin Han	London Central S S	11.58m
3	Elliott Hudson	Medway H S	11.34m
4	Simon Jenson	Stratford District S S	11.13m
5	Dexter De Jong	Strathroy D C I	11.09m
6	Domenic Peterson	St. Michael C S S	10.95m
7	Carson Hales	Oakridge S S	10.82m
8	Sam Al Sammarraie	Saunders S S	10.80m
9	Anthony Srigley	Central Huron S S	10.76m
10	Aiden Clark	Strathroy D C I	10.62m
11	Malcolm Omari	St. Joseph's H S	10.31m
12	Luke Robinson	St. Andre Bessette	10.08m
13	Logan Nicholls	Ingersoll D C I	9.86m
14	Tyson Gabrielle	Sir Frederick Banting S S	9.74m
15	Lincoln Correira	Huron Park S S	9.05m
16	Finnigan McKee	Huron Park S S	8.99m

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Event 25 Women Shot Put 3 kg Novice

Thursday 2026-05-21 - 11:00 AM

WOSSAA: 14.00m 2024-05-23 Jenna Tunks, Oakridge SS
 WOSSAA OLD: 10.86m 1994 Mary Lisle Madill
 WOSSAA 4kg: 11.14m 2010-05-20 Nicole Horneman, Medway HS

	Name	School	Seed Mark
1	Valerie Opara	Regina Mundi College	9.68m
2	Lily Hamilton	Goderich D C I	9.60m
3	Michaela Klahren	London Christian	9.54m
4	Carlyne Kazock	St. Thomas Aquinas S S	9.21m
5	Amelia Weber	St. Marys D C & V I	9.21m
6	Inioluwa Ogunnaike	Sir Frederick Banting S S	9.06m
7	Emily Blackmore	St. Anne's C S S	9.06m
8	Sarah Evans	Goderich D C I	8.78m
9	Maia Janicas	Mother Teresa C S S	8.52m
10	Olivia Walker	Sir Frederick Banting S S	8.12m
11	Aleah Van Geffen	Holy Cross	8.12m
12	Bryn Pasichnyk	Holy Cross	8.07m
13	Isabella Rocca	John Paul II S S	7.86m
14	Jane Okorhi	St. Joseph's H S	7.75m
15	Favour Nnamdi	H.B. Beal S S	7.75m
16	Kelly Jeon	Mother Teresa C S S	7.59m

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Event 26 Men Shot Put 4 kg Novice**Thursday 2026-05-21 - 9:30 AM****WOSSAA: 17.15m 2017-05-18 Ryan Jacklin, Madill, F.E.****WOSSAA OLD: 17.51m 1998 Fraser Clarke Aquinas**

	Name	School	Seed Mark
1	Sebastian Jaramillo-Rosso	Mother Teresa C S S	13.13m
2	Santino Castellani	Mother Teresa C S S	11.83m
3	Parker Cole	Sir Frederick Banting S S	11.16m
4	Owen Jaques	Central Huron S S	11.13m
5	Kaleb Charette	Parkside C I	10.95m
6	Jomo Anyambot	Mother Teresa C S S	10.84m
7	Xavier Molinaro	Woodstock Collegiate Institute	10.71m
8	Levi Bax	Holy Cross	10.49m
9	Desmond Vadenheuvel	St. Anne's C S S	10.48m
10	Gabriel Silcox	A.B. Lucas S S	10.40m
11	Callum Nesbitt	Central Huron S S	10.36m
12	Matthew Blackmore	St. Anne's C S S	10.13m
13	Alberto Araya	Montcalm S S	9.72m
14	William Orellana	Sir Frederick Banting S S	9.56m
15	Keagan Loveday	Sir Wilfrid Laurier	7.73m
16	Jacob Czuba	Catholic Central	7.65m

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Performance List

Event 27 Women Discus Throw 1 kg Novice

Friday 2026-05-22 - 1:00 PM

WOSSAA: 44.87m 2024-05-24 Jenna Tunks, Oakridge SS

WOSSAA OLD: 36.98m 1986 Anna Sakasov Madill

	Name	School	Seed Mark
1	Carlyne Kazock	St. Thomas Aquinas S S	20.99m
2	Maia Janicas	Mother Teresa C S S	20.72m
3	Kema Onuoha	Catholic Central	19.52m
4	Hailey Vickers	Oakridge S S	19.14m
5	Sarah Evans	Goderich D C I	19.06m
6	Michaela Klahsen	London Christian	18.22m
7	Lily Hamilton	Goderich D C I	18.06m
8	Sofiia Herbenska	Oakridge S S	17.83m
9	Whitney Fraser	Woodstock Collegiate Institute	17.80m
10	Noel Michienzi	Catholic Central	17.40m
11	Aaliyah Jewell	Listowel D S S	16.69m
12	Sydney De Jonge	Oakridge S S	16.61m
13	Abby Wammes	Central Huron S S	15.58m
14	Ella Schindler	Lord Dorchester S S	15.12m
15	Inioluwa Ogunnaike	Sir Frederick Banting S S	14.85m
16	Charlotte Speirs	Glendale H S	14.05m

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Event 28 Men Discus Throw 1 kg Novice

Friday 2026-05-22 - 11:00 AM

WOSSAA: 50.51m 2008-05-23 Jordan Young, St. Joseph's

WOSSAA OLD: 51.36m 1984 Todd Jeffery Goderich

	Name	School	Seed Mark
1	Kaleb Charette	Parkside C I	35.38m
2	Gabriel Silcox	A.B. Lucas S S	33.42m
3	Tristan Butterworth Hopkins	Sir Frederick Banting S S	31.15m
4	Sebastian Jaramillo-Rosso	Mother Teresa C S S	31.10m
5	Cohen Trelford	Sir Frederick Banting S S	30.45m
6	Xavier Molinaro	Woodstock Collegiate Institute	29.95m
7	Alberto Araya	Montcalm S S	28.16m
8	Santino Castellani	Mother Teresa C S S	26.82m
9	William Orellana	Sir Frederick Banting S S	23.02m
10	Reid Musselman	St. Michael C S S	20.93m
11	Zack Brooks	Listowel D S S	20.51m
12	Ryan Riehl	St. Michael C S S	20.43m
13	Wes Doyon	F.E. Madill S S	20.09m
14	Hunter Haskell	Central Elgin C I	19.64m

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Event 29 Women Javelin Throw 600 g Novice

Friday 2026-05-22 - 9:30 AM

WOSSAA: 33.72m 2007-05-24 Karleigh Parker, College Aven

WOSSAA OLD: 38.70m 1978 Martha Hart Oakridge

	Name	School	Seed Mark
1	Fynnley Monk	Lord Dorchester S S	28.55m
2	Elena Hogger	St. Michael C S S	26.20m
3	Dana Poppe	St. Michael C S S	25.52m
4	Carlyne Kazock	St. Thomas Aquinas S S	24.10m
5	Ally Van bakel	St. Michael C S S	23.70m
6	Ruby Kalbfleisch	Woodstock Collegiate Institute	23.10m
7	Moyo Sosanya	Medway H S	22.74m
8	Adison Chisholm	Oakridge S S	22.42m
9	Carly Van Ness	Oakridge S S	21.63m
10	Whitney Fraser	Woodstock Collegiate Institute	21.60m
11	Isla Ritchie	St. Michael C S S	21.20m
12	Charlie Lale	Parkside C I	21.17m
13	Hannah Wilbee	St. Thomas Aquinas S S	19.44m
14	Lauren Fletcher	Strathroy D C I	19.20m
15	Britton Yeo	Saunders S S	17.56m
16	Kailey Clark	Glendale H S	17.54m

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Event 30 Men Javelin Throw 600 g Novice

Thursday 2026-05-21 - 1:00 PM

WOSSAA: 50.62m 2017-05-18 Ryan Jacklin, Madill, F.E.

WOSSAA OLD: 58.84m 1976 Tom Gawinski Sarnia Northern

	Name	School	Seed Mark
1	Lincoln Thurston	Saunders S S	40.29m
2	Mason McChesney	Strathroy D C I	39.73m
3	Zack Brooks	Listowel D S S	39.50m
4	Kaleb Charette	Parkside C I	34.43m
5	Ayden La Rocque	Strathroy D C I	33.07m
6	Reid Musselman	St. Michael C S S	31.61m
7	Cohen Trelford	Sir Frederick Banting S S	31.32m
8	Sawyer Sinke	London Christian	29.80m
9	Keagan Loveday	Sir Wilfrid Laurier	28.47m
10	Koen Martin	Listowel D S S	28.20m
11	Tristan Butterworth Hopkins	Sir Frederick Banting S S	27.96m
12	Spencer Chu	Catholic Central	27.86m
13	Shay McCready	St. Joseph's H S	27.72m
14	Matthew Blackmore	St. Anne's C S S	26.80m
15	Sebastian Jaramillo-Rosso	Mother Teresa C S S	26.41m
16	Everett Evans	West Elgin S S	25.81m

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Event 31 Women 4x100 Meter Relay Novice

Thursday 2026-05-21 - 3:15 PM

**WOSSAA: 50.90 2023-05-25 A.B. Lucas S S, Lucas, A.B.
 A Wolfe, B Smith, R Barker, S Jaquith**

WOSSAA OLD: 49.90 1996

Banting

	Team	Relay	Seed Time
1	St. Thomas Aquinas S S	A	52.79
2	Sir Frederick Banting S S	A	53.78
3	St. Thomas Aquinas S S	B	54.95
4	Medway H S	A	55.00
5	Mother Teresa C S S	A	55.47
6	Woodstock Collegiate Institute	A	56.11
7	Saunders S S	A	56.64
8	Glendale H S	A	56.75
9	St. Andre Bessette	A	56.75
10	Oakridge S S	A	56.91
11	Goderich D C I	A	57.57
12	Holy Cross	A	57.60
13	St. Michael C S S	A	57.73
14	Catholic Central	A	57.78
15	Stratford District S S	A	57.98
16	St. Anne's C S S	A	59.73

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Event 32 Men 4x100 Meter Relay Novice
Thursday 2026-05-21 - 3:15 PM

WOSSAA: 46.38 2017-05-18 Mother Teresa C S S, Mother Teresa
G Kazadi, G Kazadi, T Wright, K Timmerman

WOSSAA OLD: 45.50 2000 Catholic Central

	Team	Relay	Seed Time
1	Sir Frederick Banting S S	A	48.38
2	London Central S S	A	48.69
3	Saunders S S	A	49.05
4	St. Andre Bessette	A	49.07
5	Mother Teresa C S S	A	49.15
6	Stratford District S S	A	49.39
7	St. Thomas Aquinas S S	A	50.18
8	Central Huron S S	A	50.92
9	Regina Mundi College	A	51.43
10	Clarke Road S S	A	52.47
11	Listowel D S S	A	53.65
12	Catholic Central	A	53.74

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Event 33 Women 100 Meter Dash Junior Prelims

Thursday 2026-05-21 - 11:45 AM

WOSSAA: 12.32 2016-05-19 Jessie Forcey, Mother Teresa

WOSSAA OLD: 12.20 1994 C. Ellenor SN 1978 C. Lenz Luc

	Name	School	Seed Time
1	Amy Williamson	Parkside C I	12.56
2	Lucy Schiedel	Medway H S	12.79
3	Tega Unukegwo	Mother Teresa C S S	13.04
4	Keeghan Ische	Medway H S	13.21
5	Lailah Harbans	John Paul II S S	13.23
6	Clara Eddy	Catholic Central	13.24
7	Holly Tshibas	Mother Teresa C S S	13.26
8	Brook Adewale	Regina Mundi College	13.27
9	Mya Sheardown	St. Thomas Aquinas S S	13.44
10	Jade Labadie	Esc Notre Dame - Woodstock	13.45
11	Victoria Sam-Samana	St. Thomas Aquinas S S	13.46
12	Sloan Lapp	Sir Frederick Banting S S	13.56
13	Rylan Anderson	Mitchell D H S	13.98
14	Ayva Culligan	St. Michael C S S	14.28
15	Riley Otten	Stratford District S S	14.68
16	Keira Blain	St. Michael C S S	14.70

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Event 34 Men 100 Meter Dash Junior Prelims

Thursday 2026-05-21 - 11:45 AM

WOSSAA: 10.89 2015-05-21 Cole Barnes, St. Joseph's

WOSSAA OLD: 10.70 1997 K. Muise 1994 R.M.C. A. Stern

	Name	School	Seed Time
1	Kevin Arriaga Venegas	College Avenue S S	11.20
2	Zain Ansari	Oakridge S S	11.43
3	Yaniss Lugogo	Mother Teresa C S S	11.47
4	Tomiwa Owoseni	Mother Teresa C S S	11.48
5	Preston Baldacchino	Saunders S S	11.48
6	Josh Morgan	St. Mary's H S - Woodstock	11.65
7	Kannasicho Ezepue	Catholic Central	11.67
8	Tristan Spaulding	Parkside C I	11.68
9	Sylas Phan	Medway H S	11.68
10	Ope Alli	Sir Frederick Banting S S	11.68
11	TJ Atiti	St. Andre Bessette	11.71
12	Max Carter	Mother Teresa C S S	11.82
13	Myles Keller	South Huron D H S	12.18
14	Declan Martin	Stratford District S S	12.73
15	Connor Wolfe	Mitchell D H S	13.17
16	Colin Ackersviller	Stratford District S S	13.22

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Event 35 Women 200 Meter Dash Junior Prelims

Friday 2026-05-22 - 10:45 AM

WOSSAA: 25.50 2014-05-23 Natalie Topp, St. Mary's
 WOSSAA OLD: 24.90 1989 Vivienne Stephens Central Hur

	Name	School	Seed Time
1	Lucy Schiedel	Medway H S	26.67
2	Samantha DeMars	Strathroy D C I	27.45
3	Keeghan Ische	Medway H S	27.75
4	Ava McFadden	St. Thomas Aquinas S S	27.96
5	Holly Tshibasu	Mother Teresa C S S	28.04
6	Tega Unukegwo	Mother Teresa C S S	28.17
7	Lailah Harbans	John Paul II S S	28.46
8	Sophie Grozelle	A.B. Lucas S S	28.55
9	Luna Marie Ribeiro Laborem	St. Andre Bessette	28.65
10	Mya Sheardown	St. Thomas Aquinas S S	28.91
11	Sloan Lapp	Sir Frederick Banting S S	28.96
12	Shavounnae Gonzales	Medway H S	29.25
13	Renee Adrien	St. Anne's C S S	29.40
14	Olivia Horenberg	St. Michael C S S	32.11
15	Aubrey Ryan	St. Anne's C S S	32.15
16	Rylan Anderson	Mitchell D H S	32.69

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Event 36 Men 200 Meter Dash Junior Prelims

Friday 2026-05-22 - 10:45 AM

WOSSAA: 22.40 2024-05-24 Khaleel Miller, Banting, Sir

WOSSAA OLD: 21.90 1982 D'arcy Kay Saunders

	Name	School	Seed Time
1	Kevin Arriaga Venegas	College Avenue S S	23.83
2	Ryan Baldwin	Medway H S	23.95
3	Max Carter	Mother Teresa C S S	24.38
4	Tomiwa Owoseni	Mother Teresa C S S	24.41
5	Tristan Spaulding	Parkside C I	24.60
6	Preston Baldacchino	Saunders S S	24.61
7	Kannasicho Ezepue	Catholic Central	24.65
8	Christian Circelli	St. Thomas Aquinas S S	24.80
9	Jayden Choinski	Sir Wilfrid Laurier	24.91
10	Luke McLean	A.B. Lucas S S	24.94
11	Ope Alli	Sir Frederick Banting S S	24.97
12	Rondre Spicer	Sir Frederick Banting S S	25.51
13	Myles Keller	South Huron D H S	26.75
14	Tanner Allen	Goderich D C I	26.89
15	Declan Martin	Stratford District S S	27.59
16	Tyler Davis	St. Michael C S S	28.13

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Event 37 Women 400 Meter Dash Junior

Thursday 2026-05-21 - 10:45 AM

WOSSAA: 57.81 2014-05-22 Natalie Topp, St. Mary's

WOSSAA OLD: 56.60 1998 N. Schmiedt 1994 JP II P. Mclau

	Name	School	Seed Time
1	Renee Adrien	St. Anne's C S S	58.79
2	Kayla Zelibka	Catholic Central	1:01.68
3	Samantha DeMars	Strathroy D C I	1:02.14
4	Chloe McCabe	Stratford District S S	1:02.30
5	Lucy Moses	Mitchell D H S	1:05.39
6	Kapri Schwartz	London South S S	1:06.21
7	Ashley Vacante	Sir Frederick Banting S S	1:07.00
8	Emily Robertson	Medway H S	1:07.45
9	Makinlee Phillips	St. Michael C S S	1:09.04
10	Faith Nieman	London Christian	1:09.57
11	Eleni Lambrinos	Mother Teresa C S S	1:09.99
12	Zoey Fraser	Medway H S	1:10.19
13	Meredith Morrison	St. Thomas Aquinas S S	1:10.22
14	Toni Adekogbe	St. Andre Bessette	1:11.34
15	Jenna Mills	Lord Dorchester S S	1:11.87
16	Aliyah Olukunle	Regina Mundi College	1:14.18

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Event 38 Men 400 Meter Dash Junior

Thursday 2026-05-21 - 10:45 AM

WOSSAA: 50.72 2019-05-23 Dylan Yzenbrandt, Saunders SS

WOSSAA OLD: 49.30 2000 Alex Alva Regina Mundi

	Name	School	Seed Time
1	Liam Micks	Stratford District S S	53.82
2	Kevin Arriaga Venegas	College Avenue S S	54.80
3	Luke McLean	A.B. Lucas S S	54.83
4	Lawson Huggett	Saunders S S	55.02
5	Jayden Choinski	Sir Wilfrid Laurier	56.23
6	David Gregus	Medway H S	56.70
7	Carson Newcombe	Mother Teresa C S S	56.93
8	Ruben Dos Santos	St. Thomas Aquinas S S	57.00
9	Tyler Burtenshaw	St. Michael C S S	57.07
10	Calum Howson	Stratford District S S	57.24
11	Michael Zavgorodniy	A.B. Lucas S S	57.26
12	Nathan Campbell	Parkside C I	57.56
13	Jack Moore	Parkside C I	57.57
14	Joachim Sanin	Mother Teresa C S S	57.58
15	Nicholas Wilkinson	Oakridge S S	57.66
16	Pranav Rahul	Clarke Road S S	57.81

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Event 39 Women 800 Meter Run Junior

Friday 2026-05-22 - 11:30 AM

WOSSAA: 2:11.56 2007-05-24 Jessica Parry, Catholic Cen

WOSSAA OLD: 2:14.80 1986 Connie Beukeboom C.C.H.

	Name	School	Seed Time
1	Siena Naisbitt	Sir Frederick Banting S S	2:26.57
2	Chloe McCabe	Stratford District S S	2:31.14
3	Chloe Turner	London Central S S	2:31.30
4	Riley Phillips	Medway H S	2:33.18
5	Nolawit Gebreselassie	Catholic Central	2:36.86
6	Ashley Vacante	Sir Frederick Banting S S	2:36.90
7	Zoey Munn	St. Thomas Aquinas S S	2:37.64
8	Allison Slegers	East Elgin S S	2:41.86
9	Mayzie Salvona-Vasiloff	Montcalm S S	2:43.09
10	Meredith Morrison	St. Thomas Aquinas S S	2:46.68
11	Kelsie Guyah	St. Mary's H S - Woodstock	2:47.09
12	Lucy Moses	Mitchell D H S	2:47.82
13	Lilian McLean	Medway H S	2:50.11
14	Toni Adekogbe	St. Andre Bessette	2:50.83
15	Ramona Graham	St. Marys D C & V I	2:53.44
16	Mya Smale	Central Huron S S	2:55.37

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Event 40 Men 800 Meter Run Junior

Friday 2026-05-22 - 11:30 AM

WOSSAA: 1:57.95 2024-05-24 Ryan Georgeson, Medway HS

WOSSAA OLD: 1:52.70 1994 Jay Cantin St. Clair

	Name	School	Seed Time
1	Curtis Willick	Lord Dorchester S S	2:14.27
2	Lawson Huggett	Saunders S S	2:15.30
3	Elliott Usher	St. Thomas Aquinas S S	2:15.43
4	Emerson Yeo	Medway H S	2:15.82
5	Graysen Phipps	Oakridge S S	2:16.06
6	Owen Thoms	London Central S S	2:16.55
7	Austin Taylor	Mother Teresa C S S	2:16.59
8	Hudson Dyck	East Elgin S S	2:18.20
9	Ben Whitmill	London South S S	2:19.80
10	Daniel Fielder	St. Thomas Aquinas S S	2:19.90
11	Ruben Dos Santos	St. Thomas Aquinas S S	2:19.99
12	Skyler Dylowicz	A.B. Lucas S S	2:20.14
13	Liam Micks	Stratford District S S	2:22.75
14	Hudson Welsh	Stratford District S S	2:32.95
15	James Vanderburgh	Goderich D C I	2:40.51
16	Calum Howson	Stratford District S S	2:46.18

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Performance List

Event 41 Women 1500 Meter Run Junior**Thursday 2026-05-21 - 2:45 PM****WOSSAA: 4:34.77 2007-05-23 Jessica Parry, Catholic Cen****WOSSAA OLD: 4:37.20 1982 Jill Purola Huron Park**

	Name	School	Seed Time
1	Siena Naisbitt	Sir Frederick Banting S S	5:03.52
2	Autumn Vandermeer	Esc Gabriel-Dumont	5:09.06
3	Chloe Turner	London Central S S	5:26.34
4	Olivia Jansen	St. Thomas Aquinas S S	5:32.59
5	Kara Emmons	Strathroy D C I	5:34.26
6	Allison Slegers	East Elgin S S	5:37.20
7	Lucy Moses	Mitchell D H S	5:37.91
8	Emmalyn Vink	Mitchell D H S	5:41.23
9	Nicole Dinel	Mother Teresa C S S	5:43.78
10	Zoey Munn	St. Thomas Aquinas S S	5:45.28
11	Ramona Graham	St. Marys D C & V I	5:45.54
12	Lilian McLean	Medway H S	5:50.20
13	Mayzie Salvona-Vasiloff	Montcalm S S	5:51.95
14	Abby Russell	Medway H S	5:52.55
15	Georgia Benson	Oakridge S S	5:55.11
16	Lena Vandenheuval	St. Anne's C S S	6:29.17

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 42 Men 1500 Meter Run Junior

Thursday 2026-05-21 - 1:40 PM

WOSSAA: 4:08.15 2013-05-23 Muhumed Sirage, Montcalm SS

WOSSAA OLD: 3:59.90 1975 Peter Butler Sarnia Northern

	Name	School	Seed Time
1	Thomas Mott	St. Michael C S S	4:25.05
2	Liam Micks	Stratford District S S	4:31.81
3	Caleb Hurley	St. Michael C S S	4:32.10
4	Hudson Welsh	Stratford District S S	4:34.40
5	Curtis Willick	Lord Dorchester S S	4:38.35
6	Elliott Usher	St. Thomas Aquinas S S	4:41.27
7	Owen Thoms	London Central S S	4:42.28
8	Hudson Dyck	East Elgin S S	4:47.08
9	Emerson Yeo	Medway H S	4:47.52
10	Jack Rice	Parkside C I	4:49.45
11	Mitchell Figliomeni	St. Thomas Aquinas S S	4:49.70
12	Graysen Phipps	Oakridge S S	4:54.42
13	Ameen Sohail	Mother Teresa C S S	4:55.05
14	Wyatt Clark	Sir Frederick Banting S S	4:55.47
15	Austin Taylor	Mother Teresa C S S	4:56.56
16	Landon Richardson	St. Joseph's H S	5:00.20

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 43 Women 3000 Meter Run Junior

Friday 2026-05-22 - 1:30 PM

WOSSAA: 10:04.08 2013-05-24 Charlotte Prouse, London Central

WOSSAA OLD: 9:55.50 1988 Jennifer Armstrong Saunders

	Name	School	Seed Time
1	Autumn Vandermeer	Esc Gabriel-Dumont	11:19.60
2	Olivia Jansen	St. Thomas Aquinas S S	12:09.68
3	Nicole Dinel	Mother Teresa C S S	12:14.90
4	Kara Emmons	Strathroy D C I	12:40.78
5	Abby Russell	Medway H S	12:50.86
6	Emmalyn Vink	Mitchell D H S	13:02.52
7	Hailey Park	A.B. Lucas S S	13:05.26
8	Brooke Carroll	Medway H S	13:20.18
9	Naomi Pryce	Central Huron S S	13:33.00
10	Claire Haig	London Christian	13:41.06
11	Aislynn Attwood	A.B. Lucas S S	13:48.20
12	Shreya Nambier	A.B. Lucas S S	13:50.42
13	Iria Carballo Palacios	Stratford District S S	14:53.89

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 44 Men 3000 Meter Run Junior

Friday 2026-05-22 - 1:30 PM

WOSSAA: 8:41.54 2017-05-19 Josh Zelek, Stratford Centr

WOSSAA OLD: 8:26.90 1981 Chris Brewster C.C.H.

	Name	School	Seed Time
1	Thomas Mott	St. Michael C S S	10:09.60
2	Jack Rice	Parkside C I	10:19.66
3	Caleb Hurley	St. Michael C S S	10:32.53
4	Wyatt Clark	Sir Frederick Banting S S	10:33.94
5	Lukas Thibault	St. Thomas Aquinas S S	10:49.30
6	Jack Mellors	Sir Frederick Banting S S	10:50.15
7	Hudson Welsh	Stratford District S S	10:52.78
8	Lucas De Wit	St. Michael C S S	10:52.89
9	Ameen Sohail	Mother Teresa C S S	11:10.44
10	Ben Vanderveen	Sir Frederick Banting S S	11:14.02
11	Matthew Nowak	St. Andre Bessette	11:17.50
12	Landon Richardson	St. Joseph's H S	11:33.84
13	Ethan O'Hagan	Mother Teresa C S S	11:35.81

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 45 Women 80 Meter Hurdles 30" Junior Prelims

Thursday 2026-05-21 - 9:50 AM

WOSSAA: 11.80 2010-05-20 Alysha Newman, Mother Teresa

WOSSAA OLD: 11.60 1994 H. Carnahan'80 Saunders J. Rob

	Name	School	Seed Time
1	Holly Tshibasu	Mother Teresa C S S	12.39
2	Kayla Zelibka	Catholic Central	12.73
3	Ava McFadden	St. Thomas Aquinas S S	12.95
4	Jillian Trepanier	Woodstock Collegiate Institute	12.98
5	Paige Manning	Sir Wilfrid Laurier	13.06
6	Lilly Eichenberger	Strathroy D C I	13.26
7	Riley Mascunana	St. Andre Bessette	13.62
8	Lena Walker	London South S S	13.93
9	Hannah Kish	Parkside C I	14.25
10	Sophie Jennison	A.B. Lucas S S	14.95
11	Celeste Chiron Nowbahari	Stratford District S S	15.29
12	Aryn Sheldon	St. Marys D C & V I	15.30
13	Breelyn (Bree) Dykstra	St. Anne's C S S	15.31
14	Hannah Vandenhengal	St. Anne's C S S	15.61
15	Cadence Baitz	Parkside C I	16.28
16	Riana Battung	Mother Teresa C S S	16.61

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 46 Men 100 Meter Hurdles 36" Junior Prelims

Thursday 2026-05-21 - 10:05 AM

WOSSAA: 13.22 2008-05-22 Gregory MacNeill, Mother Teresa

WOSSAA OLD: 13.85 1999 Paul Whitty Saunders

	Name	School	Seed Time
1	Nayif Purres	St. Thomas Aquinas S S	14.61
2	Mateo De Leon Garza	Saunders S S	14.72
3	Rushton McNeil Bazely	Oakridge S S	15.45
4	Jerome Bow Pearce	Catholic Central	15.57
5	Dominic Yenson	Catholic Central	15.95
6	Charlie Halpenny	Parkside C I	15.99
7	Owen Migchels	Medway H S	16.68
8	Harrison Halpenny	Parkside C I	16.70
9	Lawrence Holloway-Broad	Mother Teresa C S S	17.84
10	Parker Shymanski	John Paul II S S	18.29
11	Sam Curphey	Saunders S S	18.67
12	Connor Wolfe	Mitchell D H S	18.81
13	Emerson Fick	Esc Notre Dame - Woodstock	19.40
14	Joseph Small	Holy Cross	19.74
15	Gabriel Alonso	St. Michael C S S	19.81
16	Brycen Parker	South Huron D H S	21.58

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 47 Women 300 Meter Hurdles 30" Junior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 44.62 2015-05-22 Claire Larose, Oakridge SS

WOSSAA OLD: 42.70 1994 Nadia Schmiedt John Paul II

	Name	School	Seed Time
1	Kayla Zelibka	Catholic Central	47.67
2	Ava McFadden	St. Thomas Aquinas S S	50.64
3	Riley Mascunana	St. Andre Bessette	50.64
4	Jillian Trepanier	Woodstock Collegiate Institute	50.76
5	Lilly Eichenberger	Strathroy D C I	51.69
6	Paige Manning	Sir Wilfrid Laurier	52.27
7	Kapri Schwartz	London South S S	52.38
8	Zoey Munn	St. Thomas Aquinas S S	52.43
9	Sophie Jennison	A.B. Lucas S S	52.80
10	Aryn Sheldon	St. Marys D C & V I	53.42
11	Hannah Kish	Parkside C I	54.45
12	Chloe Walters	St. Thomas Aquinas S S	55.95
13	Makinlee Phillips	St. Michael C S S	56.05
14	Charlie McHardy	St. Andre Bessette	1:00.42
15	Lena Vandenheuval	St. Anne's C S S	1:01.84
16	Riemas Mohammad	Regina Mundi College	1:03.59

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Performance List

Event 48 Men 300 Meter Hurdles 33" Junior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 39.00 2008-05-23 Gregory MacNeill, Mother Teresa

WOSSAA OLD: 38.80 1996 Jaime Hollingsworth Parkside

	Name	School	Seed Time
1	Mateo De Leon Garza	Saunders S S	41.60
2	Nayif Purres	St. Thomas Aquinas S S	42.70
3	Jayden Choinski	Sir Wilfrid Laurier	43.42
4	Ephraim Okoduwa	Montcalm S S	43.87
5	Ryan Baldwin	Medway H S	44.00
6	Reece Burke	West Elgin S S	45.75
7	Preston Baldacchino	Saunders S S	47.33
8	Oluwafikunayo Olumide	John Paul II S S	47.40
9	Colton Campbell	St. Michael C S S	48.65
10	Connor Wolfe	Mitchell D H S	49.79
11	Tega Akpesiri-Odia	Mother Teresa C S S	50.97
12	Joseph Small	Holy Cross	51.83
13	Paydon Allen	Listowel D S S	52.68

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Western Alumni Stadium
Performance List

Event 49 Women High Jump Junior

Friday 2026-05-22 - 1:00 PM

Starting Height: 1.30 m

up 5 cm at a time until 6 competitors remain, then up by 3 cm

WOSSAA: 1.65m 2024-05-24 Aiyana John, London South
 WOSSAA: 1.65m 2011-05-20 Ali Baker, Mother Teresa
 WOSSAA: 1.65m 2012-05-25 Erin Katerberg, Listowel DSS
 WOSSAA OLD: 1.67m 1985 C. Bond W.C.I. L. Devries Luc

	Name	School	Seed Mark
1	Davina Mboma Nsimi	Mother Teresa C S S	1.45m
2	Lena Walker	London South S S	1.45m
3	Bridget Wooley	East Elgin S S	1.40m
4	Aubrey Denomme	Mother Teresa C S S	1.35m
5	Aishat Ogunbanwo	Catholic Central	1.35m
6	Brook Adewale	Regina Mundi College	1.35m
7	Hailynn Greidanus	St. Anne's C S S	1.35m
8	Norah Godwin	Goderich D C I	1.30m
9	Lydia Quin	St. Thomas Aquinas S S	1.30m
10	Peyton Reil	St. Thomas Aquinas S S	1.30m
11	Chloe Walters	St. Thomas Aquinas S S	1.30m
12	Isla Toth	Esc Notre Dame - Woodstock	1.25m
13	Claire Rowe	Saunders S S	1.25m
14	Abby Harrison	Parkside C I	1.25m
15	Niyla Lindsay	St. Joseph's H S	1.25m
16	Hallee Vosper	Mitchell D H S	1.25m

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 50 Men High Jump Junior

Friday 2026-05-22 - 11:00 AM

Starting Height: 1.50 m

up 5 cm at a time until 6 competitors remain, then up by 3 cm

WOSSAA: 2.08m 2008-05-23 Branden Wilhelm, Woodstock

WOSSAA OLD: 2.06m 1981 Al Hough Montcalm

	Name	School	Seed Mark
1	Yaniss Lugogo	Mother Teresa C S S	1.85m
2	Russell Metts Sturgeon	Glencoe D H S	1.75m
3	Sam Townshend	A.B. Lucas S S	1.70m
4	Joel Sloetjes	Strathroy D C I	1.70m
5	Zayan Mannan	Saunders S S	1.65m
6	William Sidler	Saunders S S	1.65m
7	Nikolas Morrison	Sir Frederick Banting S S	1.60m
8	Nicolas Maynard	Saunders S S	1.60m
9	Mike Dennis	East Elgin S S	1.60m
10	Josh Morgan	St. Mary's H S - Woodstock	1.60m
11	Carson Newcombe	Mother Teresa C S S	1.55m
12	Michael Zavgorodniy	A.B. Lucas S S	1.55m
13	Ephraim Okoduwa	Montcalm S S	1.55m
14	Seth Zub	St. Marys D C & V I	1.43m
15	Paydon Allen	Listowel D S S	1.40m
16	Arlo Stecca	Goderich D C I	1.40m
17	Keaton Hill	Listowel D S S	1.35m

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 51 Women Pole Vault Junior

Thursday 2026-05-21 - 11:00 AM

Starting Height: 1.60 m

up 15 cm at a time until 6 competitors remain, then up by 10 cm

WOSSAA: 3.89m 2010-05-20 Alysha Newman, Mother Teresa

	Name	School	Seed Mark
1	Lucy Schiedel	Medway H S	3.25m
2	Avery Molinaro	Woodstock Collegiate Institute	2.80m
3	Ava Ridley	Medway H S	2.65m
4	Riley Phillips	Medway H S	2.50m
5	Ruth Parsons	London South S S	2.35m
6	Nicole Williams	Oakridge S S	2.20m
7	Lena Thompson	St. Marys D C & V I	2.00m
8	Violet Clarke	Catholic Central	1.90m
9	Ramona Graham	St. Marys D C & V I	1.90m
10	Ava Ehgoetz	St. Marys D C & V I	1.60m

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Performance List

Event 52 Men Pole Vault Junior
Thursday 2026-05-21 - 9:30 AM

Starting Height: 2.70 m

up 15 cm at a time until 6 competitors remain, then up by 10 cm

WOSSAA: 4.20m 2025-05-22 Ethan Atkinson, St. Joseph's
WOSSAA OLD: 4.16m 2003 Josh Kirkpatrick, Saunders SS

	Name	School	Seed Mark
1	Devin Salomons	London Christian	3.15m
2	Ryder Blight	St. Marys D C & V I	3.00m
3	Dan Dittmer	St. Marys D C & V I	3.00m
4	James Bell	Medway H S	2.85m
5	Rushton McNeil Bazely	Oakridge S S	2.55m
6	Ryan O'Donnell	Oakridge S S	2.55m
7	Owen Migchels	Medway H S	2.40m
8	Reid Watson	St. Marys D C & V I	2.00m

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 53 Women Long Jump Junior

Thursday 2026-05-21 - 1:00 PM

WOSSAA: 5.60m 2008-05-22 Kristen Bujnowski, Holy Cross

WOSSAA OLD: 5.79m 1979 Ruth Pugh Dorchester

	Name	School	Seed Mark
1	Winji Magdi	Saunders S S	5.00m
2	Jade Labadie	Esc Notre Dame - Woodstock	4.94m
3	Amy Williamson	Parkside C I	4.79m
4	Jane Hewitt	St. Joseph's H S	4.79m
5	Rylan Anderson	Mitchell D H S	4.56m
6	Claire Rowe	Saunders S S	4.54m
7	Keira Iannialice	Holy Cross	4.50m
8	Chloe Walters	St. Thomas Aquinas S S	4.48m
9	Tega Unukegwo	Mother Teresa C S S	4.47m
10	Clara Eddy	Catholic Central	4.45m
11	Amelia Strong	A.B. Lucas S S	4.39m
12	Anneka Drader	East Elgin S S	4.32m
13	Daisy Daniel	St. Thomas Aquinas S S	4.30m
14	Ireland Smale	Ingersoll D C I	4.30m
15	Hallee Vosper	Mitchell D H S	4.27m
16	Deanna Muir	St. Michael C S S	4.11m
17	Clara Mueller	Stratford District S S	4.10m

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Performance List

Event 54 Men Long Jump Junior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 6.77m 2008-05-23 Cole Pellett, Madill, F.E.

WOSSAA OLD: 6.90m 1989 Jason Laur Arthur Voaden

	Name	School	Seed Mark
1	Tomiwa Owoseni	Mother Teresa C S S	6.28m
2	Ope Alli	Sir Frederick Banting S S	6.18m
3	Mateo De Leon Garza	Saunders S S	6.01m
4	Sylas Phan	Medway H S	5.92m
5	Tristan Spaulding	Parkside C I	5.91m
6	Rondre Spicer	Sir Frederick Banting S S	5.90m
7	Nikolas Morrison	Sir Frederick Banting S S	5.65m
8	Maleke Ingram	Sir Wilfrid Laurier	5.45m
9	Devin Salomons	London Christian	5.40m
10	Yaniss Lugogo	Mother Teresa C S S	5.38m
11	Ibrahim Khalil	Esc Gabriel-Dumont	5.36m
12	Peace Tshibusu	Mother Teresa C S S	5.28m
13	Tyler Davis	St. Michael C S S	4.91m
14	Declan Martin	Stratford District S S	4.84m
15	Jax Gingerich	South Huron D H S	4.59m
16	Colin Ackersviller	Stratford District S S	4.41m

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 55 Women Triple Jump Junior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 11.27m 2007-05-23 Emily Goad, Mother Teres

WOSSAA OLD: 11.61m 1992 Tawnya Gurchin Strathroy

	Name	School	Seed Mark
1	Winji Magdi	Saunders S S	10.93m
2	Amy Williamson	Parkside C I	10.42m
3	Lena Walker	London South S S	10.30m
4	Jane Hewitt	St. Joseph's H S	10.09m
5	Jade Labadie	Esc Notre Dame - Woodstock	9.95m
6	Daisy Daniel	St. Thomas Aquinas S S	9.79m
7	Amelia Strong	A.B. Lucas S S	9.38m
8	Kat Pye	College Avenue S S	9.28m
9	Riley Phillips	Medway H S	9.26m
10	Hallee Vosper	Mitchell D H S	9.22m
11	Lydia Quin	St. Thomas Aquinas S S	9.15m
12	Rosie Sauder	Stratford District S S	9.02m
13	Clara Mueller	Stratford District S S	8.99m
14	Tessa Johnson	St. Joseph's H S	8.92m
15	Ireland Smale	Ingersoll D C I	8.90m
16	Anna van Donkersgoed	Listowel D S S	8.84m

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Western Alumni Stadium
Performance List

Event 56 Men Triple Jump Junior

Thursday 2026-05-21 - 11:00 AM

WOSSAA: 13.65m 2007-05-23 Taylor Stewart, Regina Mundi

WOSSAA OLD: 13.92m 1977 Greg Campbell Sarnia Northern

	Name	School	Seed Mark
1	Sylas Phan	Medway H S	12.48m
2	Justin Johnson	Montcalm S S	12.42m
3	Devin Salomons	London Christian	11.71m
4	Peace Tshibasu	Mother Teresa C S S	11.68m
5	Sam Townshend	A.B. Lucas S S	11.60m
6	Tyler Davis	St. Michael C S S	11.41m
7	Maleke Ingram	Sir Wilfrid Laurier	11.33m
8	Mike Dennis	East Elgin S S	11.32m
9	Zayan Mannan	Saunders S S	11.31m
10	Job Gaetan Yamdjeu Tchamabe	Mother Teresa C S S	10.94m
11	Tanner Allen	Goderich D C I	10.89m
12	Ibrahim Khalil	Esc Gabriel-Dumont	10.87m
13	Arlo Stecca	Goderich D C I	10.82m
14	Ephraim Okoduwa	Montcalm S S	10.53m
15	Brady Brown	East Elgin S S	10.37m
16	Nathan Scheurwater	F.E. Madill S S	10.23m

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 57 Women Shot Put 3 kg Junior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 14.28m 2025-05-23 Jenna Tunks, Oakridge SS
WOSSAA OLD: 13.11m 2003 Meghan Weaver - LucasA.B.
WOSSAA 4kg: 11.90m 2011-05-20 Nicole Horneman, Medway HS

	Name	School	Seed Mark
1	Olivia Folk	Sir Frederick Banting S S	11.81m
2	Sophia Basso	Oakridge S S	11.78m
3	Charlotte Melnick	Saunders S S	11.12m
4	Louisa Begeman	East Elgin S S	10.86m
5	Teya Anderson	St. Anne's C S S	10.77m
6	Marie-Olivia Prodjinotho	Mother Teresa C S S	10.69m
7	Dani-Lynn Gill	Ingersoll D C I	10.31m
8	Kate Nolan	Mitchell D H S	10.31m
9	Kapri Schwartz	London South S S	9.91m
10	Dorcas Onipede	Westminster S S	9.75m
11	Angel Ernest	Mother Teresa C S S	9.42m
12	Sophie Warren	Sir Frederick Banting S S	9.07m
13	Dominion Nmor	St. Joseph's H S	8.96m
14	Rylee Roden	St. Michael C S S	8.89m
15	Fiona Kouwenberg	Esc Notre Dame - Woodstock	8.74m
16	Danica Lye	St. Marys D C & V I	6.28m

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 58 Men Shot Put 4 kg Junior

Thursday 2026-05-21 - 1:00 PM

WOSSAA: 18.28m 2024-05-23 Noah Mitoraj, St. Thomas Aq

WOSSAA OLD: 17.56m 1998 Fraser Clarke St. Thomas Aquinas

	Name	School	Seed Mark
1	Mehkai Arnold	Parkside C I	15.37m
2	Levi Huinink	College Avenue S S	14.88m
3	Robert Duncan	Montcalm S S	13.46m
4	Shawn Edwards	Catholic Central	13.11m
5	Ethan Fabiani	Sir Frederick Banting S S	12.55m
6	Adam Van Grinsven	Clarke Road S S	12.49m
7	Tyler Burtenshaw	St. Michael C S S	12.30m
8	Davontae Harrigan	Mgsr. Bruyere E S	12.25m
9	Noah Allison	Catholic Central	11.78m
10	Miguel Martinez	John Paul II S S	11.72m
11	Vince Mao	Catholic Central	11.53m
12	Dante Bortolussi	Glendale H S	11.49m
13	Owen Lupson	St. Joseph's H S	11.43m
14	Reid Watson	St. Marys D C & V I	10.13m
15	Seth Zub	St. Marys D C & V I	9.85m
16	Hank Van Maar	St. Anne's C S S	9.69m

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 59 Women Discus Throw 1 kg Junior

Thursday 2026-05-21 - 11:00 AM

WOSSAA: 51.26m 2022-05-19 Julia Tunks, Oakridge SS

WOSSAA OLD: 40.70m 1994 Julie Lisle Madill

	Name	School	Seed Mark
1	Sophia Basso	Oakridge S S	33.12m
2	Charlotte Melnick	Saunders S S	32.75m
3	Olivia Folk	Sir Frederick Banting S S	32.37m
4	Louisa Begeman	East Elgin S S	26.98m
5	Sophie Warren	Sir Frederick Banting S S	23.87m
6	Dorcas Onipede	Westminster S S	23.35m
7	Kate Nolan	Mitchell D H S	23.18m
8	Jelena McGregor	Sir Frederick Banting S S	23.11m
9	Lily Hollestelle-Black	St. Marys D C & V I	22.55m
10	Teya Anderson	St. Anne's C S S	22.49m
11	Dani-Lynn Gill	Ingersoll D C I	22.15m
12	Riley Otten	Stratford District S S	21.82m
13	Isabelle Gordon	Saunders S S	21.54m
14	Charlotte Tamminga	Strathroy D C I	21.32m
15	Molly Murphy	Mother Teresa C S S	19.76m
16	Keela O'Leary	Strathroy D C I	18.71m

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 60 Men Discus Throw 1 kg Junior

Thursday 2026-05-21 - 9:30 AM

WOSSAA: 62.03m 2018-05-24 Ryan Jacklin, Madill, F.E.

WOSSAA OLD: 53.64m 1992 Jason Tunks Banting

	Name	School	Seed Mark
1	Mehkai Arnold	Parkside C I	57.27m
2	Brady Congdon	Parkside C I	43.18m
3	Ethan Fabiani	Sir Frederick Banting S S	42.75m
4	Henry Johnson	Sir Frederick Banting S S	41.69m
5	Sam Ragoza	Stratford District S S	39.54m
6	Shaun McFarlane	Sir Frederick Banting S S	37.25m
7	Adam Van Grinsven	Clarke Road S S	36.81m
8	Levi Huinink	College Avenue S S	36.29m
9	William Sidler	Saunders S S	34.38m
10	Jake Bates	Saunders S S	33.56m
11	James Chen	Oakridge S S	31.72m
12	Seth Zub	St. Marys D C & V I	31.56m
13	Robert Duncan	Montcalm S S	31.28m
14	Alex Lacroix	West Elgin S S	29.85m
15	Myles Snider	St. Anne's C S S	29.20m
16	Logan Bajtos	St. Michael C S S	28.88m

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Performance List

Event 61 Women Javelin Throw 600 g Junior

Friday 2026-05-22 - 1:00 PM

WOSSAA: 39.40m 2023-05-26 Taylor Kana, East Elgin SS

WOSSAA OLD: 47.10m 1980 Martha Hart Saunders

	Name	School	Seed Mark
1	Sarika Adriaanse	Catholic Central	32.65m
2	Olivia Folk	Sir Frederick Banting S S	32.44m
3	Jillian Trepanier	Woodstock Collegiate Institute	29.36m
4	Molly Murphy	Mother Teresa C S S	27.92m
5	Cassidy Hillman	Mother Teresa C S S	27.09m
6	Teya Anderson	St. Anne's C S S	25.66m
7	Lindsey Meyer	Central Huron S S	25.58m
8	Dani-Lynn Gill	Ingersoll D C I	25.43m
9	Nicole Murray	St. Thomas Aquinas S S	24.94m
10	Leah Maudsley	St. Thomas Aquinas S S	24.68m
11	Louisa Begeman	East Elgin S S	24.48m
12	Emersyn Vail	Stratford District S S	24.30m
13	Ellie Portlock	East Elgin S S	24.11m
14	Elle McKenzie	Mother Teresa C S S	22.87m
15	Kate Nolan	Mitchell D H S	20.39m

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 62 Men Javelin Throw 600 g Junior

Friday 2026-05-22 - 11:00 AM

WOSSAA: 55.38m 2015-05-22 Josh Mather, Strathroy DC

WOSSAA OLD: 61.08m 1976 Tom Gawinski Sarnia Northern

	Name	School	Seed Mark
1	Dominic Moynihan	Mother Teresa C S S	39.50m
2	Vince Mao	Catholic Central	38.76m
3	Dan Dittmer	St. Marys D C & V I	38.65m
4	Noah Allison	Catholic Central	36.85m
5	Ben Harman	Strathroy D C I	35.90m
6	Ethan Fabiani	Sir Frederick Banting S S	35.52m
7	Dean Foster	Clarke Road S S	35.31m
8	Alex Lacroix	West Elgin S S	34.07m
9	Jayden Schmuck	Medway H S	33.70m
10	Fox Dawdy	Esc Gabriel-Dumont	32.97m
11	Owen Lupson	St. Joseph's H S	32.44m
12	Nash Kaastra	London Christian	32.37m
13	Mehkai Arnold	Parkside C I	32.30m
14	Reid Watson	St. Marys D C & V I	31.18m
15	Reid Barton	St. Anne's C S S	30.22m
16	Colton Campbell	St. Michael C S S	28.80m

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 63 Women 4x100 Meter Relay Junior

Thursday 2026-05-21 - 3:15 PM

WOSSAA: 49.51 2009-05-21 Mother Teresa C S S, Mother Teresa

WOSSAA OLD: 49.00 1998 Banting

	Team	Relay	Seed Time
1	Mother Teresa C S S	A	52.76
2	Strathroy D C I	A	53.11
3	Medway H S	A	53.26
4	St. Thomas Aquinas S S	A	53.38
5	Parkside C I	A	53.74
6	A.B. Lucas S S	A	54.12
7	St. Anne's C S S	A	54.56
8	St. Michael C S S	A	55.00
9	Sir Frederick Banting S S	A	55.02
10	St. Marys D C & V I	A	56.24
11	Stratford District S S	A	57.09
12	Catholic Central	A	57.20
13	London South S S	A	57.78
14	St. Andre Bessette	A	58.23
15	Regina Mundi College	A	58.76
16	St. Joseph's H S	A	59.34

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Western Alumni Stadium
Performance List

Event 64 Men 4x100 Meter Relay Junior
Thursday 2026-05-21 - 3:15 PM

WOSSAA: 44.22 2016-05-19 London South S S, London South
E Martin, C Brown, S Brown, J Beadle

WOSSAA OLD: 43.80 1976

Oakridge

	Team	Relay	Seed Time
1	Mother Teresa C S S	A	45.99
2	Saunders S S	A	46.67
3	Medway H S	A	47.05
4	Parkside C I	A	47.48
5	Sir Frederick Banting S S	A	47.51
6	A.B. Lucas S S	A	47.82
7	St. Thomas Aquinas S S	A	47.86
8	Sir Wilfrid Laurier	A	48.18
9	Catholic Central	A	48.33
10	Stratford District S S	A	48.57
11	Oakridge S S	A	48.60
12	St. Thomas Aquinas S S	B	48.86
13	Mother Teresa C S S	B	49.27
14	Mitchell D H S	A	49.92
15	Mother Teresa C S S	C	50.40
16	Goderich D C I	A	50.83

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 65 Women 100 Meter Dash Senior Prelims

Thursday 2026-05-21 - 11:45 AM

WOSSAA: 11.80 1994

Sue Seymour Listowel

	Name	School	Seed Time
1	Elliott Nash	St. Thomas Aquinas S S	11.95
2	Celeste Lugogo	Mother Teresa C S S	11.96
3	Britney Wright	Catholic Central	12.40
4	Breanne Smith	A.B. Lucas S S	12.71
5	Alicia Weaver	Catholic Central	12.78
6	Selena Lopez Reyes	Esc Gabriel-Dumont	12.78
7	Emmalyn Isabel	Medway H S	12.84
8	Carly Lightfoot	Medway H S	12.88
9	Fiona Kalaiwo	St. Thomas Aquinas S S	12.92
10	Naya Green	St. Thomas Aquinas S S	12.97
11	Rylee Barker	A.B. Lucas S S	13.04
12	Evan McConnell	Catholic Central	13.11
13	Halle MacVicar	St. Anne's C S S	13.24
14	Abigayle Van Bakel	St. Michael C S S	13.28
15	Ainsley Berendsen	St. Michael C S S	13.78
16	Krista McMahan	Stratford District S S	13.99

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 66 Men 100 Meter Dash Senior Prelims

Thursday 2026-05-21 - 11:45 AM

WOSSAA: 10.50 1994

Craig Vandeweghe St. Pat's

	Name	School	Seed Time
1	Henry Scott	East Elgin S S	10.65
2	Obed Arueyingho	Regina Mundi College	10.76
3	Noah Carter	Mother Teresa C S S	10.80
4	Khaleel Miller	Sir Frederick Banting S S	10.81
5	Zane Akanihu	London Central S S	10.83
6	Nagil Asamoah	Mother Teresa C S S	11.04
7	Cole Summers	Catholic Central	11.13
8	Edwin Maslen	Sir Frederick Banting S S	11.14
9	Michael Demelo	St. Andre Bessette	11.21
10	Elisha McDonald	A.B. Lucas S S	11.24
11	Aiden Hartmann	Lord Dorchester S S	11.29
12	Bryson Hnatyk	Sir Frederick Banting S S	11.30
13	Danny Switzer	St. Marys D C & V I	11.76
14	Noah Ward	Listowel D S S	12.04
15	Anthony Oladoja	St. Michael C S S	12.09
16	Abe Bender	St. Marys D C & V I	12.14

WOSSAA - 2026-05-21 to 2026-05-22
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Event 67 Women 200 Meter Dash Senior Prelims

Friday 2026-05-22 - 10:45 AM

WOSSAA: 24.39 1999

Jessica Zelinka Banting

	Name	School	Seed Time
1	Elliott Nash	St. Thomas Aquinas S S	25.54
2	Celeste Lugogo	Mother Teresa C S S	25.57
3	Anyang Tiel	Sir Wilfrid Laurier	26.96
4	Alicia Weaver	Catholic Central	26.98
5	Danica Cober	St. Joseph's H S	27.25
6	Emmalyn Isabel	Medway H S	27.25
7	Carly Lightfoot	Medway H S	27.47
8	Fiona Kalaiwo	St. Thomas Aquinas S S	27.75
9	Taliyah Tucker	Clarke Road S S	28.19
10	Ruby Legg	Medway H S	28.25
11	Ny Asia Goodwin	H.B. Beal S S	28.51
12	Alessia Sam	Sir Wilfrid Laurier	28.57
13	Isabella Mills	St. Michael C S S	29.59
14	Holly Black	St. Marys D C & V I	30.06
15	Krista McMahan	Stratford District S S	30.07
16	Anna Macdonald-Lee	Goderich D C I	32.95

WOSSAA - 2026-05-21 to 2026-05-22
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Event 68 Men 200 Meter Dash Senior Prelims

Friday 2026-05-22 - 10:45 AM

WOSSAA: 21.70 1997 C. Heffernan S.T.A.

	Name	School	Seed Time
1	Henry Scott	East Elgin S S	21.83
2	Khaleel Miller	Sir Frederick Banting S S	22.26
3	Obed Arueyingho	Regina Mundi College	22.37
4	Zane Akanihu	London Central S S	22.85
5	Noah Carter	Mother Teresa C S S	22.92
6	Anthony Greene	A.B. Lucas S S	23.08
7	Michael Demelo	St. Andre Bessette	23.14
8	Ibrahim Hamou	Sir Frederick Banting S S	23.76
9	Cole Summers	Catholic Central	23.80
10	Bryson Hnatyk	Sir Frederick Banting S S	23.94
11	Enoch Adegboyega	St. Andre Bessette	23.97
12	Caleb Johnson	Medway H S	24.06
13	Danny Switzer	St. Marys D C & V I	25.75
14	Darren Prentice	F.E. Madill S S	26.42
15	Nolan Tryssenaar	Stratford District S S	27.04
16	Abe Bender	St. Marys D C & V I	27.19

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 69 Women 400 Meter Dash Senior

Thursday 2026-05-21 - 10:45 AM

WOSSAA: 54.92 1995

Nadia Schmiedt John Paul II

	Name	School	Seed Time
1	Sarah Jaquith	A.B. Lucas S S	57.88
2	Anyang Tiel	Sir Wilfrid Laurier	1:00.23
3	Flourish Nmor	St. Joseph's H S	1:02.80
4	Kaitlyn Nadeau	St. Thomas Aquinas S S	1:03.68
5	Alicia Weaver	Catholic Central	1:03.73
6	Kyla Norman	Sir Frederick Banting S S	1:03.78
7	Korrina Kublinskas	Saunders S S	1:05.58
8	Ny Asia Goodwin	H.B. Beal S S	1:05.81
9	Leah Morrow	St. Andre Bessette	1:06.02
10	Sophie Claveau	Saunders S S	1:06.57
11	Pearl Huffman	St. Andre Bessette	1:06.82
12	Taliyah Tucker	Clarke Road S S	1:06.90
13	Julia Bachert	Catholic Central	1:07.34
14	Alexis McKenzie	London Central S S	1:07.42
15	Alivia Shawnoo	St. Thomas Aquinas S S	1:08.99
16	Avery Mair	F.E. Madill S S	1:14.35

WOSSAA - 2026-05-21 to 2026-05-22**Track and Field Championship****Western Alumni Stadium****Performance List****Event 70 Men 400 Meter Dash Senior****Thursday 2026-05-21 - 10:45 AM****WOSSAA: 47.70 1988****Brian Dicker St. Pats**

	Name	School	Seed Time
1	Ryan Georgeson	Medway H S	48.56
2	Henry Scott	East Elgin S S	49.13
3	Khaleel Miller	Sir Frederick Banting S S	49.65
4	Anthony Greene	A.B. Lucas S S	49.90
5	Jonah Lariviere	St. Michael C S S	50.82
6	Ryan Vacante	Sir Frederick Banting S S	51.04
7	Julian Venegas	Catholic Central	51.51
8	Caleb Johnson	Medway H S	51.77
9	Broden Weber	Medway H S	53.22
10	Jophre Nsekyue	Regina Mundi College	54.05
11	Kolton Gallagher	Sir Frederick Banting S S	54.52
12	Zenon Groch	Mother Teresa C S S	54.64
13	Bryson Keenleyside	Oakridge S S	54.66
14	Teo Vogel	Catholic Central	54.79
15	Abe Bender	St. Marys D C & V I	56.21
16	Joel Gates	Stratford District S S	56.64

WOSSAA - 2026-05-21 to 2026-05-22
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Event 71 Women 800 Meter Run Senior

Friday 2026-05-22 - 11:30 AM

WOSSAA: 2:08.37 2009-05-22 Jessica Parry, Catholic Central

	Name	School	Seed Time
1	Leah Milligan	Medway H S	2:16.42
2	Kaitlyn Haygarth	Oakridge S S	2:18.94
3	Willa Schaufele	Sir Frederick Banting S S	2:20.82
4	Flourish Nmor	St. Joseph's H S	2:24.39
5	Kyla Norman	Sir Frederick Banting S S	2:24.65
6	Olivia Jackson	St. Thomas Aquinas S S	2:30.57
7	Jessica Thompson	Sir Frederick Banting S S	2:36.18
8	Kaitlyn Nadeau	St. Thomas Aquinas S S	2:36.21
9	Lindsea Vernaleken	Saunders S S	2:38.72
10	Sophie Marchand	Medway H S	2:39.05
11	Julia Bachert	Catholic Central	2:39.82
12	Alivia Shawnoo	St. Thomas Aquinas S S	2:48.21
13	Alaina Scheurwater	F.E. Madill S S	2:53.57
14	Paige Taylor	Stratford District S S	2:55.54
15	Lauren Tuckey	St. Anne's C S S	2:59.80
16	Avery Mair	F.E. Madill S S	3:04.77

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Event 72 Men 800 Meter Run Senior

Friday 2026-05-22 - 11:30 AM

WOSSAA: 1:51.99 2016-05-20 Ruach Padhal, John Paul II

	Name	School	Seed Time
1	Ryan Georgeson	Medway H S	1:52.04
2	Ryan Vacante	Sir Frederick Banting S S	1:57.05
3	Jacob Jansen	St. Thomas Aquinas S S	1:57.22
4	Linden Spence	Saunders S S	1:57.50
5	Julian Venegas	Catholic Central	1:59.26
6	Broden Weber	Medway H S	1:59.82
7	Ryan Galloway	Oakridge S S	2:02.28
8	Jonah Lariviere	St. Michael C S S	2:02.87
9	Logan Klomps	St. Anne's C S S	2:07.25
10	Teo Vogel	Catholic Central	2:08.45
11	Parker Zimmerman	Oakridge S S	2:10.17
12	Spencer Keen	St. Thomas Aquinas S S	2:11.71
13	Caden Flint	Lord Dorchester S S	2:12.36
14	Justin Clarke	Ingersoll D C I	2:13.01
15	Joel Gates	Stratford District S S	2:22.29
16	Ben Johnson	Stratford District S S	2:31.64

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Event 73 Women 1500 Meter Run Senior**Thursday 2026-05-21 - 2:45 PM****WOSSAA: 4:31.62 2008-05-22 Jessica Parry, Catholic Central**

	Name	School	Seed Time
1	Leah Milligan	Medway H S	4:59.54
2	Willa Schaufele	Sir Frederick Banting S S	4:59.80
3	Avery Van Will	Strathroy D C I	5:06.08
4	Kaitlyn Haygarth	Oakridge S S	5:08.52
5	Norah Benson	Oakridge S S	5:10.54
6	Jaydin Askey	Mother Teresa C S S	5:11.43
7	Catharine Robinson	Sir Wilfrid Laurier	5:21.97
8	Charlotte Bothwell	St. Thomas Aquinas S S	5:25.05
9	Megan Jean	St. Thomas Aquinas S S	5:26.64
10	Jessica Thompson	Sir Frederick Banting S S	5:36.08
11	Lucy Waite	Woodstock Collegiate Institute	5:38.17
12	Jaylyn Reissner	College Avenue S S	5:38.79
13	Paige Taylor	Stratford District S S	5:52.89
14	Amy Schroeder	Stratford District S S	6:04.44
15	Therese Charlesworth	St. Michael C S S	6:29.42

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Event 74 Men 1500 Meter Run Senior**Thursday 2026-05-21 - 1:40 PM****WOSSAA: 3:50.50 1996****Jay Cantin St. Clair**

	Name	School	Seed Time
1	Kirk Hallman	Lord Dorchester S S	4:14.99
2	Oren Dababneh	St. Andre Bessette	4:19.02
3	Jacob Jansen	St. Thomas Aquinas S S	4:22.70
4	Jonah Lariviere	St. Michael C S S	4:22.87
5	Linden Spence	Saunders S S	4:25.04
6	Sebastien Rauwerda	Oakridge S S	4:25.79
7	Ryan Galloway	Oakridge S S	4:26.47
8	Benji Gould	East Elgin S S	4:26.97
9	Simon Rastogi	Sir Frederick Banting S S	4:29.67
10	Braden Eltervoog	Huron Park S S	4:31.41
11	Joseph Myette	Oakridge S S	4:32.36
12	Kaleb Dingman	St. Marys D C & V I	4:33.86
13	Charlie Bender	St. Marys D C & V I	4:34.20
14	Spencer Keen	St. Thomas Aquinas S S	4:37.95
15	Ty Emre	St. Joseph's H S	4:38.77
16	Joel Gates	Stratford District S S	4:52.87

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Event 75 Women 3000 Meter Run Senior

Friday 2026-05-22 - 10:15 AM

WOSSAA: 9:48.19 1995

Julie Froud St. Mary's SCVI

	Name	School	Seed Time
1	Leah Milligan	Medway H S	11:05.51
2	Avery Van Will	Strathroy D C I	11:11.02
3	Jaydin Askey	Mother Teresa C S S	11:17.67
4	Catharine Robinson	Sir Wilfrid Laurier	11:32.72
5	Lucy Waite	Woodstock Collegiate Institute	11:40.24
6	Jaylyn Reissner	College Avenue S S	12:10.36
7	Ava D'Arminio	St. Andre Bessette	12:14.90
8	Carly Day	London South S S	12:23.47
9	Eva Piedade	St. Thomas Aquinas S S	12:28.09
10	Ella De Oliveira	Lord Dorchester S S	12:45.25
11	Matilda Hoefnagels	A.B. Lucas S S	12:50.42
12	Meleena Prikken	Ingersoll D C I	12:57.54
13	Olivia Terpstra	St. Michael C S S	13:12.76
14	Paige Taylor	Stratford District S S	13:15.51
15	Avery Toll	F.E. Madill S S	13:33.49
16	Amy Schroeder	Stratford District S S	13:37.60

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Event 76 Men 3000 Meter Run Senior

Friday 2026-05-22 - 10:15 AM

WOSSAA: 8:13.00 1982

Chris Brewster C.C.H.

	Name	School	Seed Time
1	Kirk Hallman	Lord Dorchester S S	9:00.94
2	Noah Cann	Ingersoll D C I	9:13.36
3	Benji Gould	East Elgin S S	9:20.13
4	Oren Dababneh	St. Andre Bessette	9:21.34
5	Sebastien Rauwerda	Oakridge S S	9:24.84
6	Myles Clinton	St. Marys D C & V I	9:28.44
7	Kaleb Dingman	St. Marys D C & V I	9:36.08
8	Charlie Bender	St. Marys D C & V I	9:36.53
9	Braden Eltervoog	Huron Park S S	9:38.92
10	Simon Rastogi	Sir Frederick Banting S S	9:46.99
11	Keeran Scott	Montcalm S S	9:47.14
12	Joseph Myette	Oakridge S S	9:56.80
13	Avery Howitt	Esc Gabriel-Dumont	10:09.19
14	Theo Gale	Clarke Road S S	10:13.44
15	Joel Snell	London South S S	10:17.21
16	Kane Dobben	F.E. Madill S S	11:55.54

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 77 Women 100 Meter Hurdles 30" Senior Prelims**Thursday 2026-05-21 - 9:50 AM****WOSSAA: 13.10 2000****Jessica Zelinka Banting**

	Name	School	Seed Time
1	Isabella Mills	St. Michael C S S	15.08
2	Danica Cober	St. Joseph's H S	15.15
3	Alexis Lealess	St. Michael C S S	15.15
4	Sofia Morgan	St. Thomas Aquinas S S	15.22
5	Avery Dickenson	Oakridge S S	15.27
6	Eva Wilson	College Avenue S S	15.63
7	Sidney Stinchcombe	John Paul II S S	15.95
8	Addison Forcey	Mother Teresa C S S	16.06
9	Holly Black	St. Marys D C & V I	17.36
10	Sophie Pullen	Huron Park S S	17.40
11	Viola Foster	St. Andre Bessette	17.57
12	Brooke Forret	St. Thomas Aquinas S S	18.27
13	Rhianan Loosemore	St. Andre Bessette	18.78
14	Alysia Graves	Westminster S S	19.17
15	Grace Auld	Strathroy D C I	19.42
16	Nicole Verhoef	Stratford District S S	19.89

WOSSAA - 2026-05-21 to 2026-05-22
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Event 78 Men 110 Meter Hurdles 36" Senior Prelims

Thursday 2026-05-21 - 10:05 AM

WOSSAA: 13.21 2010-05-20 Greg MacNeill, Mother Teresa

WOSSAA OLD: 14.30 1997 Jon Cohen Lucas

	Name	School	Seed Time
1	Kailer Jenney	Medway H S	14.11
2	Will Downing	Lord Dorchester S S	14.36
3	Enoch Adegboyega	St. Andre Bessette	14.98
4	Sacha Larsen	St. Thomas Aquinas S S	15.38
5	Folahan Epemolu	Sir Wilfrid Laurier	15.50
6	Zenon Groch	Mother Teresa C S S	15.75
7	Ethan Atkinson	St. Joseph's H S	16.01
8	Malcom Beckles	John Paul II S S	16.15
9	Owen Ouellette	Strathroy D C I	16.53
10	Bryden Pow	A.B. Lucas S S	17.50
11	Parker Bycraft	Strathroy D C I	17.59
12	Jon Kent	Strathroy D C I	18.04
13	Milton Smith	Sir Wilfrid Laurier	18.09
14	Quintin Vollmer	St. Michael C S S	18.73
15	Davis Mooney	Holy Cross	19.10
16	Kalan Meekel	St. Mary's H S - Woodstock	19.17

WOSSAA - 2026-05-21 to 2026-05-22
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Event 79 Women 400 Meter Hurdles 30" Senior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 59.54 1994 Nadia Schmiedt John Paul II

	Name	School	Seed Time
1	Sarah Jaquith	A.B. Lucas S S	1:03.49
2	Rhianan Loosemore	St. Andre Bessette	1:07.85
3	Lilli Taylor	Woodstock Collegiate Institute	1:08.49
4	Abbey Dogar	Mother Teresa C S S	1:09.72
5	Julia Reid	A.B. Lucas S S	1:11.76
6	Danica Cober	St. Joseph's H S	1:11.89
7	Korrina Kublinskas	Saunders S S	1:12.51
8	Rylen Mount	Oakridge S S	1:12.66
9	Addison Forcey	Mother Teresa C S S	1:13.53
10	Sophie Pullen	Huron Park S S	1:14.15
11	Grace Auld	Strathroy D C I	1:17.66
12	Paige Hanlon	Sir Frederick Banting S S	1:17.97
13	Krista McMahan	Stratford District S S	1:18.15
14	Anna Macdonald-Lee	Goderich D C I	1:24.49
15	Jordan Boersma	St. Anne's C S S	1:24.65
16	Piper Broughton	Stratford District S S	1:25.38

WOSSAA - 2026-05-21 to 2026-05-22
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Performance List

Event 80 Men 400 Meter Hurdles 36" Senior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 54.10 1980

Jeff Glass Saunders

	Name	School	Seed Time
1	Kailer Jenney	Medway H S	55.59
2	Will Downing	Lord Dorchester S S	58.84
3	Zenon Groch	Mother Teresa C S S	59.49
4	Ethan Atkinson	St. Joseph's H S	1:00.68
5	Owen Ouellette	Strathroy D C I	1:01.32
6	Malcom Beckles	John Paul II S S	1:03.75
7	Brendan Pinto	St. Thomas Aquinas S S	1:04.10
8	Morgan Gleason	Catholic Central	1:05.09
9	Bryden Pow	A.B. Lucas S S	1:05.50
10	Quintin Vollmer	St. Michael C S S	1:06.19
11	Owen Chambers	Stratford District S S	1:07.02
12	Julien Lagugne-Labarthet	Sir Frederick Banting S S	1:07.06
13	Enzo Cielo	Sir Frederick Banting S S	1:07.29
14	Kaiden Leitch Hinkson	Sir Frederick Banting S S	1:12.19
15	Daunte Ough	Listowel D S S	1:12.27
16	Hudson Imrie	Listowel D S S	1:14.38

**WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List**

Event 81 Women High Jump Senior

Thursday 2026-05-21 - 9:30 AM

Starting Height: 1.35 m

up 5 cm at a time until 6 competitors remain, then up by 3 cm

WOSSAA: 1.70m 2017-05-18 Emily Branderhorst, London Christian

WOSSAA: 1.70m 1999 Jessica Zelinka Banting

	Name	School	Seed Mark
1	Eva Wilson	College Avenue S S	1.53m
2	Breanna Sloetjes	Strathroy D C I	1.50m
3	Ella Otterbein	St. Thomas Aquinas S S	1.50m
4	Alex Jones	Glendale H S	1.45m
5	Cadence Glanville	Holy Cross	1.40m
6	Audrey Townsend	London Central S S	1.40m
7	Sierra Edmunds-Hertlein	St. Thomas Aquinas S S	1.35m
8	Hailey McQueen	Holy Cross	1.35m
9	Alexis Lealess	St. Michael C S S	1.35m
10	Stella Blundell	Strathroy D C I	1.35m
11	Alexis McKenzie	London Central S S	1.35m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 82 Men High Jump Senior

Thursday 2026-05-21 - 1:00 PM

Starting Height: 1.65 m

up 5 cm at a time until 6 competitors remain, then up by 3 cm

WOSSAA: 2.16m 2011-05-19 Branden Wilhelm, Woodstock

	Name	School	Seed Mark
1	Shawn Okorhi	St. Joseph's H S	1.85m
2	Noah Ward	Listowel D S S	1.83m
3	Malcolm Maxwell	Sir Wilfrid Laurier	1.80m
4	Noah Campbell	North Middlesex D H S	1.80m
5	Billy Adebowale	Holy Cross	1.80m
6	Folahan Epemolu	Sir Wilfrid Laurier	1.75m
7	Jack Bruder	Glendale H S	1.75m
8	Charlie Costigan	Mother Teresa C S S	1.70m
9	Praise Soewu	Catholic Central	1.65m
10	Parker Bycraft	Strathroy D C I	1.65m
11	Quinn Yanga	Sir Wilfrid Laurier	1.60m
12	Devin Baker	College Avenue S S	1.60m
13	Logan Heffer	F.E. Madill S S	1.55m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 83 Women Pole Vault Senior

Friday 2026-05-22 - 9:30 AM

Starting Height: 1.85 m**up 15 cm at a time until 6 competitors remain, then up by 10 cm****WOSSAA: 3.90m 2012-05-24 Alysha Newman, Mother Teresa**

	Name	School	Seed Mark
1	Ali Jasinkas	Sir Frederick Banting S S	3.60m
2	Layna Hare	Oakridge S S	3.40m
3	Avery Dickenson	Oakridge S S	3.25m
4	Emmalyn Isabel	Medway H S	3.25m
5	Abbey Dogar	Mother Teresa C S S	3.10m
6	Talia Nazarian	Sir Frederick Banting S S	2.95m
7	Julia Reid	A.B. Lucas S S	2.80m
8	Aisha Medina	Lord Dorchester S S	2.65m
9	Rylen Mount	Oakridge S S	2.65m
10	Tamara Zarco-Chavez	St. Andre Bessette	2.50m
11	Holly Black	St. Marys D C & V I	2.44m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 84 Men Pole Vault Senior

Friday 2026-05-22 - 11:00 AM

Starting Height: 2.85 m

up 15 cm at a time until 6 competitors remain, then up by 10 cm

WOSSAA: 4.80m 1985 Doug Wood Madill

	Name	School	Seed Mark
1	Ethan Atkinson	St. Joseph's H S	4.30m
2	Benjamin Floris	Oakridge S S	3.60m
3	Charles Cousins	Oakridge S S	3.30m
4	Andy Cho	Oakridge S S	3.00m
5	Zach Larmer	St. Marys D C & V I	2.84m
6	Brayden Lucas	Medway H S	2.70m
7	Zackary (Zack) Molinaro	Woodstock Collegiate Institute	1.80m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 85 Women Long Jump Senior

Friday 2026-05-22 - 11:00 AM

WOSSAA: 5.71m 2019-05-24 Chloe Knox, Lucas, A.B.

	Name	School	Seed Mark
1	Joanna Wang	London Central S S	5.47m
2	Sydney Freeman	Mother Teresa C S S	5.25m
3	Hailey McQueen	Holy Cross	5.19m
4	Viviana Del Vasto	St. Thomas Aquinas S S	5.16m
5	Isabella Mills	St. Michael C S S	5.00m
6	Selena Lopez Reyes	Esc Gabriel-Dumont	4.99m
7	Lucie Panschow	Glendale H S	4.85m
8	Viola Foster	St. Andre Bessette	4.73m
9	Gabby Monsere	Glendale H S	4.53m
10	Nyssa Phan	Medway H S	4.52m
11	Kiersten Kent	East Elgin S S	4.52m
12	Mikayla Gray	Sir Wilfrid Laurier	4.44m
13	Alexis Lealess	St. Michael C S S	4.20m
14	Sophie Smith	Stratford District S S	3.79m
15	Vivienne Kouwenberg	Stratford District S S	3.27m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 86 Men Long Jump Senior

Friday 2026-05-22 - 1:00 PM

WOSSAA: 7.36m 2008-05-23 Damian Warner, Montcalm SS

	Name	School	Seed Mark
1	Nagil Asamoah	Mother Teresa C S S	6.73m
2	Devin Baker	College Avenue S S	6.60m
3	Aiden Hartmann	Lord Dorchester S S	6.47m
4	Elisha McDonald	A.B. Lucas S S	6.07m
5	Kieran Drouin	Oakridge S S	6.01m
6	Wooseong Lee	London Central S S	5.87m
7	Mackenzie Romer	A.B. Lucas S S	5.85m
8	Cole Summers	Catholic Central	5.81m
9	Alex Winger	St. Thomas Aquinas S S	5.77m
10	Jaisean Run	H.B. Beal S S	5.71m
11	Idris Habibzadah	London Central S S	5.71m
12	Dan Oyefuga	Sir Frederick Banting S S	5.67m
13	Lucas Mueller	Stratford District S S	5.30m
14	Darren Prentice	F.E. Madill S S	5.27m
15	Danny Switzer	St. Marys D C & V I	5.24m
16	Zach Clarke	Stratford District S S	5.02m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 87 Women Triple Jump Senior

Thursday 2026-05-21 - 1:00 PM

WOSSAA: 12.28m 1992

Kim Dyxhooren East Elgin SS

	Name	School	Seed Mark
1	Breanna Sloetjes	Strathroy D C I	11.42m
2	Joanna Wang	London Central S S	10.70m
3	Viola Foster	St. Andre Bessette	10.62m
4	Julia Reid	A.B. Lucas S S	10.52m
5	Abbey Dogar	Mother Teresa C S S	10.35m
6	Rylen Mount	Oakridge S S	10.22m
7	Ella Otterbein	St. Thomas Aquinas S S	10.05m
8	Ainsley Berendsen	St. Michael C S S	10.00m
9	Alex Jones	Glendale H S	9.94m
10	Nadia Adams	Saunders S S	9.80m
11	Sophie Pullen	Huron Park S S	9.69m
12	Gabby Monsere	Glendale H S	9.57m
13	Katie Legg	Medway H S	9.46m
14	Sophie Smith	Stratford District S S	9.41m
15	Payton Irwin	Parkside C I	9.41m
16	Summer Kollman	St. Michael C S S	9.25m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 88 Men Triple Jump Senior**Thursday 2026-05-21 - 9:30 AM****WOSSAA: 14.31m 2008-05-23 Taylor Stewart, Regina Mundi**

	Name	School	Seed Mark
1	Elisha McDonald	A.B. Lucas S S	13.14m
2	Nagil Asamoah	Mother Teresa C S S	13.11m
3	Aiden Hartmann	Lord Dorchester S S	12.72m
4	Fraser Waun	Strathroy D C I	12.51m
5	Darren Prentice	F.E. Madill S S	12.45m
6	Yoyo Yu	London Central S S	12.39m
7	Raunaq Sharma	Oakridge S S	12.37m
8	Kieran Drouin	Oakridge S S	12.30m
9	Alex Vasquez	Regina Mundi College	12.28m
10	Kem Kelly	Clarke Road S S	11.78m
11	Alex Winger	St. Thomas Aquinas S S	11.67m
12	Seamus Dowler	St. Thomas Aquinas S S	11.21m
13	Tyler McPherson	F.E. Madill S S	10.96m
14	Anadi Mishra	Stratford District S S	10.88m
15	Dustin Burton	Central Huron S S	10.78m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 89 Women Shot Put 4 kg Senior

Friday 2026-05-22 - 1:00 PM

WOSSAA: 14.80m 2024-05-24 Julia Tunks, Oakridge SS

	Name	School	Seed Mark
1	Jenna Tunks	Oakridge S S	13.24m
2	Madeline Mullin	Oakridge S S	10.67m
3	Riley Puddicombe	Sir Frederick Banting S S	9.79m
4	Payton Blight	St. Marys D C & V I	9.32m
5	Eve Jackson	Lord Dorchester S S	8.56m
6	Lauren Stewart	Mother Teresa C S S	8.17m
7	Bronwyn Soward	Esc Notre Dame - Woodstock	8.03m
8	Selena Brown	Catholic Central	8.01m
9	Addison Trepanier	Woodstock Collegiate Institute	8.00m
10	Giuby Brule	Sir Frederick Banting S S	7.95m
11	Izabela Butryn	Mother Teresa C S S	7.82m
12	Oakley Saari	F.E. Madill S S	7.80m
13	Sofia Kluz	St. Anne's C S S	7.61m
14	Ava Alexander	Listowel D S S	7.53m
15	Leanna Solaka	Regina Mundi College	7.43m
16	Regina Martinez	St. Andre Bessette	7.38m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 90 Men Shot Put 5.443 kg Senior

Friday 2026-05-22 - 11:00 AM

WOSSAA: 19.33m 2009-05-22 Zack Russell-Ford, Banting, Sir

	Name	School	Seed Mark
1	Noah Mitoraj	St. Thomas Aquinas S S	17.17m
2	Andrew Urquhart	Lord Dorchester S S	16.21m
3	Finne O'Leary	Sir Frederick Banting S S	15.37m
4	Dollan Brown	Central Elgin C I	14.02m
5	Colton Stanley	St. Thomas Aquinas S S	13.66m
6	Rex Onasanya	Mother Teresa C S S	13.36m
7	Harrison Hulbert	St. Thomas Aquinas S S	12.96m
8	Tijn Duijsters	Strathroy D C I	12.77m
9	Caleb Koch	F.E. Madill S S	12.42m
10	Karim Alary	Esc Gabriel-Dumont	11.59m
11	Seth Kennedy	Mother Teresa C S S	11.58m
12	Donovan McGregor	St. Marys D C & V I	11.54m
13	Maddox Anderson	Stratford District S S	11.33m
14	Stephen Wang	Sir Frederick Banting S S	11.18m
15	Smith Oladejo	Regina Mundi College	11.06m
16	Joel Hogger	St. Michael C S S	10.67m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 91 Women Discus Throw 1 kg Senior

Friday 2026-05-22 - 9:30 AM

WOSSAA: 56.72m 2024-05-24 Julia Tunks, Oakridge SS

	Name	School	Seed Mark
1	Jenna Tunks	Oakridge S S	51.74m
2	Madeline Mullin	Oakridge S S	41.73m
3	Izabela Butryn	Mother Teresa C S S	29.11m
4	Selena Brown	Catholic Central	28.77m
5	Payton Blight	St. Marys D C & V I	28.08m
6	Katie Heath	Sir Frederick Banting S S	26.51m
7	Lauren Stewart	Mother Teresa C S S	24.67m
8	Alysia Graves	Westminster S S	23.59m
9	Bronwyn Soward	Esc Notre Dame - Woodstock	23.29m
10	Grace Rotermann	Sir Frederick Banting S S	23.12m
11	Jaymini Sharma	Oakridge S S	22.68m
12	Mikaela Runstedler	Woodstock Collegiate Institute	22.32m
13	Giuby Brule	Sir Frederick Banting S S	21.75m
14	Ava Alexander	Listowel D S S	19.88m
15	Macie Russwurm	Mitchell D H S	19.34m
16	Macy Kollman	St. Michael C S S	19.13m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 92 Men Discus Throw 1.613 kg Senior

Thursday 2026-05-21 - 1:00 PM

WOSSAA: 62.64m 1995

Jason Tunks Banting

	Name	School	Seed Mark
1	Noah Mitoraj	St. Thomas Aquinas S S	54.27m
2	Andrew Urquhart	Lord Dorchester S S	44.67m
3	Solomon Jackman	Westminster S S	42.56m
4	Tijn Duijsters	Strathroy D C I	41.72m
5	Caleb Koch	F.E. Madill S S	41.57m
6	Harrison Hulbert	St. Thomas Aquinas S S	40.58m
7	Tyler Burns	F.E. Madill S S	39.82m
8	Cole Stevens	Oakridge S S	39.08m
9	Maksim Tomicevic	St. Thomas Aquinas S S	39.01m
10	Uriel Nijjaya	Catholic Central	37.23m
11	Nate Travis	Mother Teresa C S S	36.72m
12	Samuel Moore	Oakridge S S	35.42m
13	Dollan Brown	Central Elgin C I	33.86m
14	Donovan McGregor	St. Marys D C & V I	33.75m
15	Sam McClelland	A.B. Lucas S S	33.74m
16	Joel Hogger	St. Michael C S S	30.80m

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 93 Women Javelin Throw 600 g Senior**Thursday 2026-05-21 - 11:00 AM****WOSSAA: 46.51m 1999****Deanna Zelinka Banting**

	Name	School	Seed Mark
1	Eden Fraser	Woodstock Collegiate Institute	38.38m
2	Abigayle Van Bakel	St. Michael C S S	37.29m
3	Jamieson Goertz	Strathroy D C I	34.99m
4	Nicoletta Kotsovos	St. Thomas Aquinas S S	33.46m
5	Lily Rutherford	Saunders S S	32.33m
6	Olivia Elias	Huron Park S S	31.34m
7	Jocelyn Davidson	Listowel D S S	29.59m
8	Maggie Proulx	Medway H S	28.62m
9	Grace Rotermann	Sir Frederick Banting S S	26.07m
10	Macy Kollman	St. Michael C S S	26.02m
11	Eva Wilson	College Avenue S S	25.57m
12	Summer Kollman	St. Michael C S S	25.27m
13	Sophia Beley Camara	Mother Teresa C S S	24.83m
14	Emily Muir	London Central S S	24.45m
15	Mikaela Runstedler	Woodstock Collegiate Institute	23.26m
16	Lucie Panschow	Glendale H S	22.98m

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 94 Men Javelin Throw 800 g Senior

Thursday 2026-05-21 - 9:30 AM

WOSSAA: 65.82m 1979

R. Dowswell Sarnia Central

	Name	School	Seed Mark
1	Finne O'Leary	Sir Frederick Banting S S	53.56m
2	Zackary (Zack) Molinaro	Woodstock Collegiate Institute	50.74m
3	Sam McClelland	A.B. Lucas S S	49.60m
4	Mason Vadenberg	Holy Cross	44.46m
5	Owen Chambers	Stratford District S S	44.20m
6	Landon Van Bakel	St. Michael C S S	43.85m
7	Karim Alary	Esc Gabriel-Dumont	41.07m
8	Tyler Burns	F.E. Madill S S	39.40m
9	AJ Davis	Catholic Central	38.28m
10	Nicholas Rauwerda	Oakridge S S	37.63m
11	Will Hishon	Strathroy D C I	37.57m
12	Morgan Gleason	Catholic Central	37.32m
13	Carson Brown	Mitchell D H S	37.22m
14	Maksim Tomicevic	St. Thomas Aquinas S S	37.05m
15	Nicholas Oudekerk	Sir Frederick Banting S S	36.61m
16	Nathan Halls	St. Thomas Aquinas S S	36.40m

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 95 Women 4x100 Meter Relay Senior**Thursday 2026-05-21 - 3:15 PM****WOSSAA: 48.84 1999****Banting**

	Team	Relay	Seed Time
1	St. Thomas Aquinas S S	A	49.54
2	St. Michael C S S	A	50.46
3	Medway H S	A	50.81
4	Catholic Central	A	51.04
5	A.B. Lucas S S	A	52.21
6	Sir Wilfrid Laurier	A	52.77
7	Mother Teresa C S S	A	52.97
8	St. Thomas Aquinas S S	B	53.65
9	Oakridge S S	A	54.66
10	Glendale H S	A	54.84
11	Sir Frederick Banting S S	A	55.01
12	London Central S S	A	55.40
13	Holy Cross	A	56.01
14	St. Marys D C & V I	A	58.70
15	Listowel D S S	A	58.95
16	Stratford District S S	A	1:01.04

WOSSAA - 2026-05-21 to 2026-05-22
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Western Alumni Stadium
Performance List

Event 96 Men 4x100 Meter Relay Senior**Thursday 2026-05-21 - 3:15 PM**

WOSSAA: 42.46 2025-05-22 Catholic Central, Catholic Central
M Fleury, T Wilson, B Rose, C McLeod

Team	Relay	Seed Time
1 Sir Frederick Banting S S	A	42.89
2 Mother Teresa C S S	A	43.77
3 Catholic Central	A	44.68
4 A.B. Lucas S S	A	44.77
5 Regina Mundi College	A	45.29
6 St. Andre Bessette	A	45.36
7 St. Thomas Aquinas S S	A	46.66
8 Oakridge S S	A	46.68
9 Sir Wilfrid Laurier	A	47.06
10 Strathroy D C I	A	47.12
11 St. Marys D C & V I	A	47.52
12 Strathroy D C I	B	47.75
13 Stratford District S S	A	48.03
14 Holy Cross	A	48.11
15 F.E. Madill S S	A	48.94
16 Stratford District S S	B	52.36

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 97 Women 2000 Meter Steeplechase 30" Open**Thursday 2026-05-21 - 9:30 AM****WOSSAA: 7:19.86 2025-05-22 Charlotte Piscione, Woodstock Co****WOSSAA1500SC: 4:52.89 2015-05-21 Charlotte Prouse, London Central**

	Name	School	Seed Time
1	Hallie Turpin	Woodstock Collegiate Institute	7:43.26
2	Jaydin Askey	Mother Teresa C S S	7:47.84
3	Catharine Robinson	Sir Wilfrid Laurier	8:09.11
4	Flourish Nmor	St. Joseph's H S	8:21.12
5	Asha Nazarewicz	London Central S S	8:21.13
6	Charlotte Bothwell	St. Thomas Aquinas S S	8:26.92
7	Megan Jean	St. Thomas Aquinas S S	8:32.76
8	Zoë Hartill	Woodstock Collegiate Institute	8:40.88
9	Zion DeBoer	Holy Cross	8:55.90
10	Makinlee Phillips	St. Michael C S S	8:59.34
11	Meredith Dwyer	London Central S S	9:02.76
12	Naomi Pryce	Central Huron S S	9:07.69
13	Alaina Scheurwater	F.E. Madill S S	9:08.12
14	Avery Toll	F.E. Madill S S	9:11.47
15	Ainsley Minten	Holy Cross	9:15.03
16	Melina Roelands	Holy Cross	9:17.88

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 98 Men 2000 Meter Steeplechase 36" Open**Thursday 2026-05-21 - 10:30 AM****WOSSAA: 5:53.00 2016-05-19 Muhumed Sirage, Catholic Central**

	Name	School	Seed Time
1	Myles Clinton	St. Marys D C & V I	6:20.02
2	Jacob Jansen	St. Thomas Aquinas S S	6:34.98
3	Noah Cann	Ingersoll D C I	6:36.98
4	Sam Stinson	Strathroy D C I	6:37.20
5	Linden Spence	Saunders S S	6:51.75
6	Braden Eltervoog	Huron Park S S	7:00.29
7	Colton Campbell	St. Michael C S S	7:14.88
8	Gabriel Loveday	Sir Wilfrid Laurier	7:15.20
9	Jack Rice	Parkside C I	7:15.30
10	Andrew Seebach	St. Marys D C & V I	7:22.85
11	Mason Denison	Sir Frederick Banting S S	7:26.88
12	Teo Vogel	Catholic Central	7:27.49
13	Brayden Wells	Saunders S S	7:27.81
14	Justin Clarke	Ingersoll D C I	7:32.47
15	Robert Woolford	Oakridge S S	7:35.89
16	Kane Dobben	F.E. Madill S S	7:45.69

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 99 Women 4x400 Meter Relay Open

Friday 2026-05-22 - 2:30 PM

WOSSAA: 3:58.04 2016-05-20 Lord Dorchester S S, Dorchester

	Team	Relay	Seed Time
1	St. Thomas Aquinas S S	A	4:12.99
2	A.B. Lucas S S	A	4:20.80
3	Sir Frederick Banting S S	A	4:31.35
4	Sir Wilfrid Laurier	A	4:34.26
5	St. Andre Bessette	A	4:34.88
6	St. Thomas Aquinas S S	B	4:35.65
7	Catholic Central	A	4:37.88
8	London Central S S	A	4:38.28
9	Strathroy D C I	A	4:39.69
10	St. Marys D C & V I	A	4:47.85
11	Glendale H S	A	4:49.82
12	Mitchell D H S	A	4:52.65
13	Central Huron S S	A	5:03.71
14	St. Anne's C S S	A	5:05.45
15	Lord Dorchester S S	A	5:08.75

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 100 Men 4x400 Meter Relay Open

Friday 2026-05-22 - 2:30 PM

WOSSAA: 3:21.90 1979

Saunders

	Team	Relay	Seed Time
1	Lord Dorchester S S	A	3:37.33
2	Sir Frederick Banting S S	A	3:42.11
3	A.B. Lucas S S	A	3:45.93
4	St. Thomas Aquinas S S	A	3:50.79
5	Sir Wilfrid Laurier	A	3:51.20
6	Catholic Central	C	3:54.48
7	Catholic Central	B	3:54.55
8	Sir Frederick Banting S S	B	3:55.29
9	St. Joseph's H S	A	3:59.81
10	Strathroy D C I	A	4:01.56
11	London Central S S	A	4:02.14
12	St. Marys D C & V I	A	4:14.88
13	Catholic Central	A	4:16.03
14	Stratford District S S	A	4:21.93
15	Stratford District S S	B	4:21.93
16	St. Michael C S S	A	4:24.32

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 104 Men 100 Meter Dash Visually Impaired

Thursday 2026-05-21 - 2:10 PM

WOSSAA: 17.58 2025-05-22 Samuel Schreiter, Huron Park SS

	Name	School	Seed Time
1	Samuel Schreiter	Huron Park S S	15.18
2	Linus Gatzen	Sir Frederick Banting S S	15.19

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 105 Women 100 Meter Dash Intellectually Imp.

Thursday 2026-05-21 - 2:10 PM

WOSSAA: 13.44 2018-05-24 Kyla Rodrigue, Woodstock

	Name	School	Seed Time
1	Zoey Shantz	Woodstock Collegiate Institute	14.55
2	Avary Shawnoo	St. Thomas Aquinas S S	15.30
3	Serenity Scott	Woodstock Collegiate Institute	15.40
4	Victoria Regier	Clarke Road S S	18.02
5	Neva Foley	St. Marys D C & V I	24.50

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 106 Men 100 Meter Dash Intellectually Imp.

Thursday 2026-05-21 - 2:10 PM

WOSSAA: 13.12 2018-05-24 Austin Cornish, College Avenue

WOSSAA: 12.32 2025-05-22 Ezekiel Kerr, Clarke Road

	Name	School	Seed Time
1	Ezekiel Kerr	Clarke Road S S	12.06
2	Kohlton Scott	Woodstock Collegiate Institute	13.33
3	Evan Langley-Hennessy	H.B. Beal S S	13.63
4	Joseph Kalala	St. Andre Bessette	13.94
5	Quintin Steffler	St. Marys D C & V I	14.27
6	Jaelon Baker	A.B. Lucas S S	14.32
7	Channing Marchan	Clarke Road S S	14.61
8	Johnathan Dapaah	St. Michael C S S	14.94
9	Noah Wilson	Clarke Road S S	16.58
10	Owen Fickling	St. Marys D C & V I	16.74
11	Jack MacKenzie	Goderich D C I	17.93

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 112 Men 800 Meter Run Visually Impaired

Friday 2026-05-22 - 11:30 AM

	Name	School	Seed Time
1	Linus Gatzen	Sir Frederick Banting S S	2:45.07
2	Angel Lovaton-Puga	Listowel D S S	4:24.70

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 115 Women 800 Meter Run Intellectually Imp.

Friday 2026-05-22 - 11:30 AM

WOSSAA: 3:13.97 2025-05-23 Zoey Shantz, Woodstock Co

	Name	School	Seed Time
1	Zoey Shantz	Woodstock Collegiate Institute	3:14.96
2	Avary Shawnoo	St. Thomas Aquinas S S	3:15.09
3	Serenity Scott	Woodstock Collegiate Institute	3:32.97

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 116 Men 800 Meter Run Intellectually Imp.

Friday 2026-05-22 - 11:30 AM

WOSSAA: 2:42.40 2024-05-24 Noah Haddad, Banting, Sir

	Name	School	Seed Time
1	Kohlton Scott	Woodstock Collegiate Institute	2:37.87
2	Jack MacKenzie	Goderich D C I	3:05.72

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 119 Women Shot Put 3 kg Visually Impaired

Thursday 2026-05-21 - 11:00 AM

	Name	School	Seed Mark
1	Emma Percy	Parkside C I	4.77m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 120 Men Shot Put 4 kg Visually Impaired**Thursday 2026-05-21 - 9:30 AM****WOSSAA: 6.35m 2025-05-22 Samuel Schreiter, Huron Park SS**

	Name	School	Seed Mark
1	Samuel Schreiter	Huron Park S S	7.23m
2	Linus Gatzen	Sir Frederick Banting S S	6.89m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 121 Women Shot Put 3 kg Ambulatory

Thursday 2026-05-21 - 11:00 AM

WOSSAA: 6.07m 2019-05-23 Charlotte Bolton, Glendale HS

	Name	School	Seed Mark
1	Julia Zbaracki	St. Andre Bessette	3.17m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 123 Women Shot Put 3 kg Intellectually Imp.

Thursday 2026-05-21 - 11:00 AM

WOSSAA: 6.33m 2025-05-22 Serenity Scott, Woodstock Co

	Name	School	Seed Mark
1	Avary Shawnoo	St. Thomas Aquinas S S	6.43m
2	Cheyenne Harman	London Central S S	5.98m
3	Serenity Scott	Woodstock Collegiate Institute	5.76m
4	Neva Foley	St. Marys D C & V I	4.84m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 124 Men Shot Put 4 kg Intellectually Imp.

Thursday 2026-05-21 - 9:30 AM

WOSSAA: 11.21m 2023-05-25 Cameron Banerjee, Banting, Sir

	Name	School	Seed Mark
1	Matthew Prestwich	Oakridge S S	9.50m
2	Hassan Alfadel	Oakridge S S	8.32m
3	Kohlton Scott	Woodstock Collegiate Institute	7.29m
4	Quintin Steffler	St. Marys D C & V I	6.76m
5	Jack MacKenzie	Goderich D C I	6.03m
6	Channing Marchan	Clarke Road S S	4.43m
7	Owen Fickling	St. Marys D C & V I	2.47m

WOSSAA - 2026-05-21 to 2026-05-22
Track and Field Championship
Western Alumni Stadium
Performance List

Event 125 Mixed 4x400 Meter Relay (M-F-M-F) Open

Friday 2026-05-22 - 2:30 PM

	Team	Relay	Seed Time
1	Medway H S	A	3:41.66
2	A.B. Lucas S S	A	3:44.04
3	Sir Frederick Banting S S	A	3:47.69
4	Catholic Central	A	3:51.07
5	St. Andre Bessette	A	3:54.46
6	Sir Wilfrid Laurier	A	3:55.54
7	Medway H S	B	3:55.76
8	Oakridge S S	A	3:56.28
9	St. Thomas Aquinas S S	A	3:57.76
10	Saunders S S	A	4:00.27
11	Mother Teresa C S S	A	4:02.74
12	H.B. Beal S S	A	4:03.40
13	St. Anne's C S S	A	4:12.07
14	St. Michael C S S	A	4:14.53
15	Stratford District S S	A	4:15.92