

**2026 TVRA Track and Field Championships - 2026-05-14 to 2026-05-15**  
**Western Alumni Stadium**

**Records**

**Event 1 Women 100 Meter Dash Novice**

TVRA	12.54	2023-05-17	Celeste Lugogo - Mother Teresa
TVRA CEC	12.77	2012-05-17	Sydney Fisher - London Central
TVRA CEC OLD	12.30	1985	Val Beckles, Wheable
Tri-County	12.60	1987	Shelley Buchanan - East Elgin SS

**Event 2 Men 100 Meter Dash Novice**

TVRA	11.10	1998	Colin Yates - Norwich DHS
TVRA CEC	11.31	2005-05-11	Elias Granillo - Regina Mundi
TVRA CEC OLD	11.00	1981	Darcy Kay, Saunders
Tri-County	11.10	1998	Colin Yates - Norwich DHS

**Event 3 Women 200 Meter Dash Novice**

TVRA	25.33	2023-05-18	Celeste Lugogo - Mother Teresa
TVRA CEC	26.58	2009-05-15	McKenzie Johnson - Laurier, Sir
TVRA CEC OLD	25.40	1985	Val Beckles, Wheable
Tri-County	25.70	1998	Ayden Olivier - Medway HS

**Event 4 Men 200 Meter Dash Novice**

TVRA	23.05	2012-05-18	Davis Edward - Oakridge SS
TVRA CEC	23.05	2012-05-18	Davis Edward - Oakridge SS
TVRA CEC OLD	22.60	1981	Bernard Whyte, Laurier
Tri-County	23.40	1999	Keith Veldhuis - Ingersoll DCI

**Event 5 Women 400 Meter Dash Novice**

TVRA	58.05	2009-05-14	Taylor Farquhar - London Central
TVRA CEC	58.05	2009-05-14	Taylor Farquhar - London Central
TVRA CEC OLD	57.70	1986	Maureen Cinq-Mars, Lucas
Tri-County	58.90	2000	Cat Lee - Woodstock CI

**Event 6 Men 400 Meter Dash Novice**

TVRA	51.84	2006-05-10	Corey Crawley - Lucas, A.B.
TVRA CEC	51.84	2006-05-10	Corey Crawley - Lucas, A.B.
TVRA CEC OLD	52.00	1999	Alex Alva, Regina Mundi
Tri-County	52.40	1998	Carl Hayes - Parkside CI

**Event 7 Women 800 Meter Run Novice**

TVRA	2:14.96	2012-05-18	Mackenzie Mayers - Banting, Sir
TVRA CEC	2:14.96	2012-05-18	Mackenzie Mayers - Banting, Sir
TVRA CEC OLD	2:17.90	1983	Michelle Bathhurst, Oakridge
Tri-County	2:22.21	2006	Chelsea Lynes - Huron Park SS

**Event 8 Men 800 Meter Run Novice**

TVRA	1:58.62	2023-05-18	Ryan Georgeson - Medway HS
TVRA CEC	2:04.01	2010-05-14	Liam Wilson - Banting, Sir
TVRA CEC OLD	2:02.70	1999	Alex Alva, Regina Mundi
Tri-County	2:06.30	1983	Tim Hoyland - Ingersoll DCI

**Event 9 Women 1500 Meter Run Novice**

TVRA	4:41.84	2012-05-17	Charlotte Prouse - London Central
TVRA CEC	4:41.84	2012-05-17	Charlotte Prouse - London Central
TVRA CEC OLD	4:39.40	1986	Julie Armstrong, South
Tri-County	4:51.60	1978	Jill Purola - Huron Park SS

**Event 10 Men 1500 Meter Run Novice**

TVRA	4:14.86	2012-05-17	Muhumed Sirage - Montcalm SS
TVRA CEC	4:14.86	2012-05-17	Muhumed Sirage - Montcalm SS
TVRA CEC OLD	4:09.30	1979	Chris Brewster, Catholic Central
Tri-County	4:23.20	2000	Adam Eddy - Woodstock CI

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**Event 11 Women 3000 Meter Run Novice**

TVRA	10:06.52	2013-05-17	Jessie Fleming - London Central
TVRA CEC	10:06.52	2013-05-17	Jessie Fleming - London Central
TVRA CEC OLD	9:57.50	1986	Jennifer Armstrong, South
Tri-County	10:59.20	1987	Jen Graham - East Elgin SS

**Event 12 Men 3000 Meter Run Novice**

TVRA	9:23.69	2007-05-17	Thomas devries - London Centr
TVRA CEC	9:23.69	2007-05-17	Thomas devries - London Centr
TVRA CEC OLD	8:53.50	1979	Chris Brewster, Catholic Central
Tri-County	9:38.20	1985	Kevin Mulhern - Glendale HS

**Event 13 Women 80 Meter Hurdles 30" Novice**

TVRA	11.63	2017-05-11	Olivia Gee - Strathroy DC
TVRA CEC	12.18	2014-05-15	Tess Verhoeven - Oakridge SS
TVRA CEC OLD	11.80	1985	Val Beckles, Wheable
Tri-County	12.60	1992	Jen Robinson - Medway HS

**Event 14 Men 100 Meter Hurdles 33" Novice**

TVRA	13.78	2012-05-17	Davis Edward - Oakridge SS
TVRA CEC	13.78	2012-05-17	Davis Edward - Oakridge SS
TVRA CEC OLD	13.50	1998	Paul Whitty, Saunders
Tri-County	13.80	1999	Keith Veldhuis - Ingersoll DCI

**Event 15 Women 300 Meter Hurdles 30" Novice**

TVRA	45.15	2023-05-18	Sarah Jaquith - Lucas, A.B.
TVRA CEC	45.59	2009-05-15	Taylor Farquhar - London Central
TVRA CEC	45.59	2013-05-17	Tatiana Desender - Saunders SS
TVRA CEC OLD	43.70	1997	Jessica Zelinka, Banting
Tri-County	46.20	1992	Jen Robinson - Medway HS

**Event 16 Men 300 Meter Hurdles 33" Novice**

TVRA	41.10	1998	Carl Hayes - Parkside CI
TVRA CEC	41.72	2012-05-18	Davis Edward - Oakridge SS
TVRA CEC OLD	42.50	1993	Jon Cohen, Lucas
Tri-County	41.10	1998	Carl Hayes - Parkside CI

**Event 17 Women High Jump Novice**

TVRA	1.64m	1990	Tawnya Gurchin - Glencoe DHS
TVRA CEC	1.61m	2014-05-15	Tess Verhoeven - Oakridge SS
TVRA CEC OLD	1.66m	1997	Jessica Zelinka, Banting
Tri-County	1.64m	1990	Tawnya Gurchin - Glencoe DHS

**Event 18 Men High Jump Novice**

TVRA	1.91m	2007	Branden Wilhelm - Woodstock CI
TVRA CEC	1.82m	2005-05-12	Eric Neumann - Saunders SS
TVRA CEC OLD	1.87m	1985	Alex Behring, Westminster
Tri-County	1.91m	2007	Branden Wilhelm - Woodstock CI

**Event 19 Women Pole Vault Novice**

TVRA	2.90m	2019-05-15	Daniela Beckett - Mother Teresa
TVRA CEC	2.80m	2016-05-12	Lauren Hurrell - St. A. Bessette
Tri-County	2.15m	2014	Eliza Van Weerdhuizen - St. Mary's HS

**Event 20 Men Pole Vault Novice**

TVRA	3.64m	1982	Don Martynowski - Medway
TVRA CEC	3.30m	2010-05-13	Brian Choja - Oakridge SS
TVRA CEC OLD	3.35m	1975	Mark Campbell, Saunders
Tri-County	3.64m	1982	Don Martynowski - Medway

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**Event 21 Women Long Jump Novice**

TVRA	5.44m	1983	Catherine Bond - Woodstock CI
TVRA CEC	5.03m	2010-05-13	Nicole Settingington - Oakridge SS
TVRA CEC OLD	5.69m	1996	Jessica Zelinka
Tri-County	5.44m	1983	Catherine Bond - Woodstock CI

**Event 22 Men Long Jump Novice**

TVRA	6.35m	1998	Keith Veldhuis - Ingersoll DCI
TVRA CEC	6.17m	2009-05-14	Nick Vanin - Catholic Central
TVRA CEC OLD	6.27m	1979	Ken Berry, Laurier
Tri-County	6.35m	1998	Keith Veldhuis - Ingersoll DCI

**Event 23 Women Triple Jump Novice**

TVRA	10.75m	1990	Tawnya Gurchin - Glencoe DHS
TVRA CEC	10.59m	2010-05-14	Nicole Settingington - Oakridge SS
TVRA CEC OLD	10.44m	1997	Lindsey Elliot, Oakridge
Tri-County	10.75m	1990	Tawnya Gurchin - Glencoe DHS

**Event 24 Men Triple Jump Novice**

TVRA	12.97m	1987	Jason Laur - East Elgin SS
TVRA CEC	12.59m	2012-05-18	Scott Billings - London Central
TVRA CEC OLD	12.57m	1979	Ken Berry, Laurier
Tri-County	12.97m	1987	Jason Laur - East Elgin SS

**Event 25 Women Shot Put 3 kg Novice**

TVRA	13.76m	2024-05-16	Jenna Tunks - Oakridge SS
TVRA CEC	11.41m	2015-05-14	Adele St. John - Banting, Sir
TVRA CEC 4kg	10.02m	2006-05-10	Jessi Pilling - Banting, Sir
TVRA CEC OLD	10.06m	1990	Ayebea Ashong, Laurier
Tri-County	10.69m	2015	Megan Bates - Ingersoll DCI
TriCounty4KG	10.50m	2000	Sara Jibb - Ingersoll DCI

**Event 26 Men Shot Put 4 kg Novice**

TVRA	16.61m	2006-05-10	Drew Welch - Banting, Sir
TVRA CEC	16.61m	2006-05-10	Drew Welch - Banting, Sir
TVRA CEC OLD	16.55m	1957	Brent Mundy, Medway
Tri-County	15.96m	1981	Jeff Watson - East Elgin SS

**Event 27 Women Discus Throw 1 kg Novice**

TVRA	42.44m	2024-05-17	Jenna Tunks - Oakridge SS
TVRA CEC	30.63m	2010-05-14	Kathleen Francis - London Central
TVRA CEC OLD	32.66m	1981	Michelle Vanbargen, Saunders
Tri-County	29.84m	1983	Lynn Kaak - ?

**Event 28 Men Discus Throw 1 kg Novice**

TVRA	48.66m	2008	Jordan Young - St. Joseph's HS
TVRA CEC	42.91m	2006-05-11	Drew Welch - Banting, Sir
TVRA CEC OLD	47.69m	1990	Jason Tunks, Banting
Tri-County	48.66m	2008	Jordan Young - St. Joseph's HS

**Event 29 Women Javelin Throw 600 g Novice**

TVRA	30.85m	1994	Mandy Beck - Lord Dorchester SS
TVRA CEC	29.46m	2010-05-14	Laura Vermeire - Mother Teresa
TVRA CEC OLD	37.04m	1979	Pam McKinnon, Saunders
Tri-County	30.85m	1994	Mandy Beck - Lord Dorchester SS

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**Event 30 Men Javelin Throw 600 g Novice**

TVRA	55.01m	1983	Tony Mucha - Ingersoll DCI
TVRA CEC	44.26m	2005-05-11	Wiley Collins - Westminster
TVRA CEC OLD	52.92m	1981	Jacob Schinkelschoe, Montcalm
Tri-County	55.01m	1983	Tony Mucha - Ingersoll DCI

**Event 31 Women 4x100 Meter Relay Novice**

TVRA	51.26	2011-05-12	Catholic Central - Catholic Central
TVRA CEC	51.26	2011-05-12	Catholic Central - Catholic Central
TVRA CEC OLD	51.45	1996	Banting
Tri-County	52.32	2014-05-13	Lord Dorchester SS - Lord Dorchester SS

**Event 32 Men 4x100 Meter Relay Novice**

TVRA	46.42	2025-05-15	Mother Teresa C S S - Mother Teresa
TVRA CEC	46.83	2012-05-17	St. Thomas Aquinas S S - St. Thomas Aq L Medeiros, A Bosnjak, S Peifer-Dawson, B VanBerlo
TVRA CEC OLD	46.40	1976	Laurier
Tri-County	46.90	2000	Glendale HS - Glendale HS

**Event 33 Women 100 Meter Dash Junior**

TVRA	12.10	2000	Ayden Olivier - Medway HS
TVRA CEC	12.50	2013-05-16	Tiffany Hannam - Banting, Sir
TVRA CEC OLD	12.10	1987	Val Beckles, Wheable
Tri-County	12.10	2000	Ayden Olivier - Medway HS

**Event 34 Men 100 Meter Dash Junior**

TVRA	10.90	1963	Don Duncan - Huron Park SS
TVRA CEC	10.92	2007-05-16	Corey Crawley - Catholic Cen
TVRA CEC OLD	10.70	1989	Trevino Betty, Beal
Tri-County	10.90	1963	Don Duncan - Huron Park SS

**Event 35 Women 200 Meter Dash Junior**

TVRA	25.00	1999	Ayden Olivier - Medway HS
TVRA CEC	25.79	2013-05-17	Tiffany Hannam - Banting, Sir
TVRA CEC OLD	24.60	1998	Jessica Zelinka, Banting
Tri-County	25.00	1999	Ayden Olivier - Medway HS

**Event 36 Men 200 Meter Dash Junior**

TVRA	22.50	1995	Darryl Olczak - St. Joseph's HS
TVRA CEC	22.58	2007-05-17	Corey Crawley - Catholic Cen
TVRA CEC	22.58	2013-05-17	Davis Edward - Oakridge SS
TVRA CEC OLD	22.20	1982	Darcy Kay, Saunders
Tri-County	22.50	1995	Darryl Olczak - St. Joseph's HS

**Event 37 Women 400 Meter Dash Junior**

TVRA	58.10	1981	Denise Fillion - Annandale HS
TVRA CEC	58.82	2006-05-10	Shauna Malek - Banting, Sir
TVRA CEC OLD	56.20	1994	Nadia Schmiedt, John Paul II
Tri-County	58.10	1981	Denise Fillion - Annandale HS

**Event 38 Men 400 Meter Dash Junior**

TVRA	50.10	2000	Carl Hayes - Parkside CI
TVRA CEC	50.63	2013-05-16	Davis Edward - Oakridge SS
TVRA CEC OLD	49.02	2000	Alex Alva, Regina Mundi
Tri-County	50.10	2000	Carl Hayes - Parkside CI

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**Event 39 Women 800 Meter Run Junior**

TVRA	2:14.69	2007-05-17	Jessica Parry - Catholic Cen
TVRA CEC	2:14.69	2007-05-17	Jessica Parry - Catholic Cen
TVRA CEC OLD	2:16.70	1986	Connie Beukeboom, Cath Central
Tri-County	2:17.00	1980	Jill Purola - Huron Park SS

**Event 40 Men 800 Meter Run Junior**

TVRA	1:58.16	2024-05-17	Ryan Georgeson - Medway HS
TVRA CEC	1:58.39	2013-05-17	Muhumed Sirage - Montcalm SS
TVRA CEC OLD	1:57.50	1997	David Thomson, Oakridge
Tri-County	1:59.80	1985	Tyler Hall - College Avenue SS

**Event 41 Women 1500 Meter Run Junior**

TVRA	4:41.71	2007-05-16	Jessica Parry - Catholic Cen
TVRA CEC	4:41.71	2007-05-16	Jessica Parry - Catholic Cen
TVRA CEC OLD	4:41.10	1987	Julie/Jen Armstrong, South
Tri-County	4:43.70	1980	Jill Purola - Huron Park SS

**Event 42 Men 1500 Meter Run Junior**

TVRA	4:06.10	1975	Ron Becht - Glendale HS
TVRA CEC	4:08.92	2013-05-16	Muhumed Sirage - Montcalm SS
TVRA CEC OLD	4:02.50	1986	Andrew Dutz, Central
Tri-County	4:06.10	1975	Ron Becht - Glendale HS

**Event 43 Women 3000 Meter Run Junior**

TVRA	9:56.63	2013-05-17	Charlotte Prouse - London Central
TVRA CEC	9:56.63	2013-05-17	Charlotte Prouse - London Central
TVRA CEC OLD	9:47.70	1988	Jennifer Armstrong, South
Tri-County	10:09.40	1980	Jill Purola - Huron Park SS

**Event 44 Men 3000 Meter Run Junior**

TVRA	8:53.94	2017-05-12	Evan Burke - London South
TVRA CEC	9:09.23	2013-05-17	Muhumed Sirage - Montcalm SS
TVRA CEC OLD	8:44.60	1981	Chris Brewster, Cath Central
Tri-County	8:54.00	1987	Shawn McKay - East Elgin SS

**Event 45 Women 80 Meter Hurdles 30" Junior**

TVRA	11.66	2019-05-15	Tayah De Sousa - Central Elgin
TVRA CEC	11.97	2010-05-13	Christine MacNeill - London Central
TVRA CEC OLD	11.50	1998	Jessica Zelinka, Banting
Tri-County	11.70	1983	Jen Robinson - Medway HS

**Event 46 Men 100 Meter Hurdles 36" Junior**

TVRA	14.00	2008-05-14	Gregory MacNeill - Mother Teresa
TVRA CEC	14.00	2008-05-14	Gregory MacNeill - Mother Teresa
TVRA CEC OLD	13.90	1999	Paul Whitty, Saunders
Tri-County	14.00	1996	Jamie Hollingsworth - Parkside CI

**Event 47 Women 300 Meter Hurdles 30" Junior**

TVRA	45.10	1992	Katie Malone - TriCounty
TVRA CEC	45.34	2014-05-16	Tatiana Desender - Saunders SS
TVRA CEC OLD	43.50	1994	Nadia Schmiedt, John Paul II
Tri-County	45.10	1992	Katie Malone - ?

**Event 48 Men 300 Meter Hurdles 33" Junior**

TVRA	38.45	2013-05-17	Davis Edward - Oakridge SS
TVRA CEC	38.45	2013-05-17	Davis Edward - Oakridge SS
TVRA CEC OLD	40.00	1997	Mike Westgate, Laurier
Tri-County	39.00	1996	Jamie Hollingsworth - Parkside CI

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**Event 49 Women High Jump Junior**

TVRA	1.70m	1985	Catherine Bond - Woodstock CI
TVRA CEC	1.65m	2009-05-15	Ruthie Aideyan - London Central
TVRA CEC OLD	1.73m	1988	Laura Bechard, Oakridge
Tri-County	1.70m	1985	Catherine Bond - Woodstock CI

**Event 50 Men High Jump Junior**

TVRA	1.96m	2008	Branden Wilhelm - Woodstock CI
TVRA CEC	1.87m	2004-05-12	Sander Ratsep - Saunders SS
TVRA CEC OLD	2.07m	1981	Al Hough, Montcalm
Tri-County	1.96m	2008	Branden Wilhelm - Woodstock CI

**Event 51 Women Pole Vault Junior**

TVRA	3.65m	2010-05-13	Alysha Newman - Mother Teresa
TVRA CEC	3.65m	2010-05-13	Alysha Newman - Mother Teresa
Tri-County	2.72m	2015	Katy McGoffin - Woodstock CI

**Event 52 Men Pole Vault Junior**

TVRA	4.35m	2025-05-15	Ethan Atkinson - St. Joseph's
TVRA CEC	3.75m	2011-05-12	Brian Choja - Oakridge SS
TVRA CEC OLD	3.90m	2003-05-13	Josh Kirkpatrick - Saunders SS
Tri-County	3.10m	2015	Nojah Parker - College Avenue SS

**Event 53 Women Long Jump Junior**

TVRA	5.65m	1980	Ruth Pugh - Lord Dorchester SS
TVRA CEC	5.32m	2015-05-14	Claire Larose - Oakridge SS
TVRA CEC OLD	5.57m	1998	Jessica Zelinka, Banting
Tri-County	5.65m	1980	Ruth Pugh - Lord Dorchester SS

**Event 54 Men Long Jump Junior**

TVRA	6.61m	1991	Mike Nolan - Lord Dorchester SS
TVRA CEC	6.39m	2016-05-13	Matt McNeill - Lucas, A.B.
TVRA CEC OLD	6.82m	2003-05-14	Noah John - Beal, H.B. S
Tri-County	6.61m	1991	Mike Nolan - Lord Dorchester SS

**Event 55 Women Triple Jump Junior**

TVRA	11.62m	1992	Tawnya Gurchin - Glencoe DHS
TVRA CEC	11.13m	2008-05-14	Charlotte Crombeen - Mother Teresa
TVRA CEC OLD	10.91m	1992	Brenda Bird, Lucas
Tri-County	11.62m	1992	Tawnya Gurchin - Glencoe DHS

**Event 56 Men Triple Jump Junior**

TVRA	13.89m	1990	Jason Laur - East Elgin SS
TVRA CEC	13.75m	2016-05-12	Matt McNeill - Lucas, A.B.
TVRA CEC OLD	13.50m	1971	Carl Roy, Banting
Tri-County	13.89m	1990	Jason Laur - East Elgin SS

**Event 57 Women Shot Put 3 kg Junior**

TVRA	14.98m	2025-05-16	Jenna Tunks - Oakridge SS
TVRA CEC	12.38m	2016-05-13	Adele St. John - Banting, Sir
TVRA CEC 4kg	11.19m	2011-05-13	Kathleen Francis - London Central
TVRA CEC OLD	13.07m	2003-05-14	Meghan Weaver - Lucas, A.B.
Tri-County	11.57m	2016-05-10	Megan Bates - Ingersoll DCI
TriCounty4KG	11.31m	1986	Sue Barzo - Glendale HS

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**Event 58 Men Shot Put 4 kg Junior**

TVRA	17.87m	2024-05-16	Andrew Urquhart - Dorchester
TVRA CEC	16.24m	2006-05-10	Zack Ford - Banting, Sir
TVRA CEC OLD	17.17m	1992	Jason Tunks, Banting
Tri-County	17.63m	2009	Jordan Young - St. Joseph's HS

**Event 59 Women Discus Throw 1 kg Junior**

TVRA	49.93m	2022-05-12	Julia Tunks - Oakridge SS
TVRA CEC	33.40m	2011-05-12	Kathleen Francis - London Central
TVRA CEC OLD	41.71m	2003-05-13	Meghan Weaver - Lucas, A.B.
Tri-County	37.30m	1999	Rebecca Blane - Strathroy DCI

**Event 60 Men Discus Throw 1 kg Junior**

TVRA	57.86m	2009	Jordan Young - St. Joseph's HS
TVRA CEC	55.28m	2006-05-10	Zack Ford - Banting, Sir
TVRA CEC OLD	50.12m	1992	Jason Tunks, Banting
Tri-County	57.86m	2009	Jordan Young - St. Joseph's HS

**Event 61 Women Javelin Throw 600 g Junior**

TVRA	41.07m	2023-05-18	Taylor Kana - East Elgin SS
TVRA CEC	33.90m	2010-05-14	Sophie Bauer - Saunders SS
TVRA CEC OLD	48.14m	1980	Martha Hart, Saunders
Tri-County	37.66m	1984	Karen Perry - East Elgin SS

**Event 62 Men Javelin Throw 600 g Junior**

TVRA	56.56m	1985	Tony Mucha - Ingersoll DCI
TVRA CEC	53.30m	2008-05-15	Joel Harris - Banting, Sir
TVRA CEC OLD	58.48m	1992	Derek McMillan, Laurier
Tri-County	56.56m	1985	Tony Mucha - Ingersoll DCI

**Event 63 Women 4x100 Meter Relay Junior**

TVRA	49.84	2006-05-10	Sir Frederick Banting S S - Banting, Sir
TVRA CEC	49.84	2006-05-10	Sir Frederick Banting S S - Banting, Sir
TVRA CEC OLD	50.00	1998	Banting
Tri-County	51.00	1989	Medway HS - Medway HS

**Event 64 Men 4x100 Meter Relay Junior**

TVRA	44.47	2016-05-12	London South S S - London South E Martin, C Brown, S Brown, J Beadle
TVRA CEC	44.47	2016-05-12	London South S S - London South E Martin, C Brown, S Brown, J Beadle
TVRA CEC OLD	44.12	2002	CCH
Tri-County	45.20	2000	Parkside CI - Parkside CI

**Event 65 Women 100 Meter Dash Senior**

TVRA	12.05	2002	Richards, Georgea - Sir Wilfrid Laurier
TVRA CEC	12.05	2002	Richards, Georgea - Sir Wilfrid Laurier
Tri-County	12.60	1989	Lydia Froese, Marcia Vanderheyden - East ElginSS/GI

**Event 66 Men 100 Meter Dash Senior**

TVRA	10.50	1996	Bryce Coad - St. Mary's HS
TVRA CEC	10.60	1991	Trevino Betty, Beal
Tri-County	10.50	1996	Bryce Coad - St. Mary's HS

**Event 67 Women 200 Meter Dash Senior**

TVRA	24.78	2019-05-16	Olivia Gee - Strathroy DC
TVRA CEC	24.90	1999	Jessica Zelinka, Banting
Tri-County	25.80	1973	Laura Mitchell - Woodstock CI

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**Event 68 Men 200 Meter Dash Senior**

TVRA	21.50	1996	Bryce Coad - St. Mary's HS
TVRA CEC	21.70	1997	Christian Heffernan - St. Thomas Aquinas
Tri-County	21.50	1996	Bryce Coad - St. Mary's HS

**Event 69 Women 400 Meter Dash Senior**

TVRA	55.60	1995	Nadia Schmiedt - John Paul II
TVRA CEC	55.60	1995	Nadia Schmiedt - John Paul II
Tri-County	57.40	1983	Denise Fillion - Annandale HS

**Event 70 Men 400 Meter Dash Senior**

TVRA	48.46	2025-05-15	Emmett Charles - Banting, Sir
TVRA CEC	49.40	1994	Chris Semenuk - Saunders
Tri-County	50.50	1996	Matt Stephenson - St. Mary's HS

**Event 71 Women 800 Meter Run Senior**

TVRA	2:07.91	2009-05-15	Jessica Parry - Catholic Central
TVRA CEC	2:07.91	2009-05-15	Jessica Parry - Catholic Central
Tri-County	2:13.50	1982	Jill Purola - Huron Park SS

**Event 72 Men 800 Meter Run Senior**

TVRA	1:52.50	2025-05-16	Ryan Georgeson - Medway HS
TVRA CEC	1:52.99	2016-05-13	Ruach Padhal - John Paul II
Tri-County	1:54.90	1990	Shawn McKay - East Elgin SS

**Event 73 Women 1500 Meter Run Senior**

TVRA	4:32.39	2023-05-17	Paige Marchant - Catholic Central
TVRA CEC	4:32.75	2008-05-14	Jessica Parry - Catholic Central
Tri-County	4:47.00	1981	Jill Purola - Huron Park SS

**Event 74 Men 1500 Meter Run Senior**

TVRA	3:54.60	1982	Chris Brewster - Catholic Central
TVRA CEC	3:54.60	1982	Chris Brewster - Catholic Central
Tri-County	3:58.20	2000	Steve Kocsis - St. Mary's HS

**Event 75 Women 3000 Meter Run Senior**

TVRA	9:48.04	2015-05-15	Charlotte Prouse - London Central
TVRA CEC	9:48.04	2015-05-15	Charlotte Prouse - London Central
Tri-County	10:18.80	1981	Jill Purola - Huron Park SS

**Event 76 Men 3000 Meter Run Senior**

TVRA	8:27.46	2023-05-18	Heath McAllister - London Central
TVRA CEC	8:33.20	1982	Chris Brewster - Catholic Central
Tri-County	8:39.20	1989	Shawn McKay - East Elgin SS

**Event 77 Women 100 Meter Hurdles 30" Senior**

TVRA	13.47	2000	Jessica Zelinka - Banting
TVRA CEC	13.47	2000	Jessica Zelinka - Banting
Tri-County	14.80	1983	Denise Fillion - Annandale HS

**Event 78 Men 110 Meter Hurdles 36" Senior**

TVRA	13.80	2010-05-13	Greg MacNeill - Mother Teresa
TVRA CEC	13.80	2010-05-13	Greg MacNeill - Mother Teresa
TVRA CEC OLD	14.00	1997	Jon Cohen, Lucas
Tri-County	14.20	2000	Andrew Vandendool - St. Joseph's HS

**Event 79 Women 400 Meter Hurdles 30" Senior**

TVRA	59.60	1995	Nadia Schmeidt - John Paul II
TVRA CEC	59.60	1995	Nadia Schmeidt - John Paul II
Tri-County	1:03.90	1995	Jen Robinson - Medway HS

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**Event 80 Men 400 Meter Hurdles 36" Senior**

TVRA	54.07	2025-05-16	Kailer Jenney - Medway HS
TVRA CEC	54.56	2008-05-15	Scott Leitch - Banting, Sir
Tri-County	55.80	1998	Jamie Hollingsworth - Parkside CI

**Event 81 Women High Jump Senior**

TVRA	1.73m	1986	Catherine Bond - Woodstock CI
TVRA CEC	1.71m	1986	Lisa Devries - Lucas
Tri-County	1.73m	1986	Catherine Bond - Woodstock CI

**Event 82 Men High Jump Senior**

TVRA	2.10m	2011	Branden Wilhelm - Woodstock CI
TVRA CEC	2.01m	2003-05-13	MITCH VERMUE - London South
Tri-County	2.10m	2011	Branden Wilhelm - Woodstock CI

**Event 83 Women Pole Vault Senior**

TVRA	3.90m	2011-05-12	Alysha Newman - Mother Teresa
TVRA CEC	3.90m	2011-05-12	Alysha Newman - Mother Teresa
Tri-County	3.40m	2011	Karleigh Parker - College Avenue SS

**Event 84 Men Pole Vault Senior**

TVRA	4.60m	2024-05-16	Matthew Piekny - St. Joseph's
TVRA CEC	4.44m	2009-05-14	Mike Lopatowski - Mother Teresa
Tri-County	4.25m	1992	Mike Nolan - Lord Dorchester SS

**Event 85 Women Long Jump Senior**

TVRA	5.55m	2012-05-18	Nicole Setterington - Oakridge SS
TVRA CEC	5.55m	2012-05-18	Nicole Setterington - Oakridge SS
Tri-County	5.53m	1983	Denise Fillion - Annandale HS

**Event 86 Men Long Jump Senior**

TVRA	7.08m	2009-05-15	Taylor Stewart - Regina Mundi
TVRA CEC	7.08m	2009-05-15	Taylor Stewart - Regina Mundi
Tri-County	6.79m	1998	Chris Ripley - East Elgin SS

**Event 87 Women Triple Jump Senior**

TVRA	11.95m	1993	Kim Dykxhoorn - East Elgin SS
TVRA CEC	11.64m	2011-05-12	Krista Sipprell - London South
Tri-County	11.95m	1993	Kim Dykxhoorn - East Elgin SS

**Event 88 Men Triple Jump Senior**

TVRA	14.51m	2003-05-14	Andrew Judge - John Paul II
TVRA CEC	14.51m	2003-05-14	Andrew Judge - John Paul II
Tri-County	14.21m	1985	Sandy Marini - Annandale HS?

**Event 89 Women Shot Put 4 kg Senior**

TVRA	15.53m	2024-05-17	Julia Tunks - Oakridge SS
TVRA CEC	12.72m	2004-05-12	Meghan Weaver - Lucas, A.B.
Tri-County	12.40m	1997	Mandy Beck - Lord Dorchester SS

**Event 90 Men Shot Put 5.443 kg Senior**

TVRA	19.07m	1994	Jason Tunks - Banting
TVRA CEC	19.07m	1994	Jason Tunks - Banting
Tri-County	17.05m	2016-05-12	Mark Bujnowski - Holy Cross CSS

**Event 91 Women Discus Throw 1 kg Senior**

TVRA	54.92m	2023-05-18	Julia Tunks - Oakridge SS
TVRA CEC	43.56m	2004-05-12	Meghan Weaver - Lucas, A.B.
Tri-County	39.50m	2013	Brooke Hoxar - Lord Dorchester SS

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**Event 92 Men Discus Throw 1.613 kg Senior**

TVRA	62.32m	1995	Jason Tunks - Banting
TVRA CEC	62.32m	1995	Jason Tunks - Banting
Tri-County	54.13m	2016-05-11	Mark Bujnowski - Holy Cross CSS

**Event 93 Women Javelin Throw 600 g Senior**

TVRA	46.26m	1981	Martha Hart - Saunders
TVRA CEC	46.26m	1981	Martha Hart - Saunders
Tri-County	44.42m	1997	Mandy Beck - Lord Dorchester SS

**Event 94 Men Javelin Throw 800 g Senior**

TVRA	66.52m	1993	Derek McMillan - Saunders
TVRA CEC	66.52m	1993	Derek McMillan - Saunders
Tri-County	60.12m	1974	Wayne Brennan - Lord Dorchester SS

**Event 95 Women 4x100 Meter Relay Senior**

TVRA	49.56	2000	Banting - Banting
TVRA CEC	49.56	2000	Banting - Banting
Tri-County	50.20	1991	Medway HS - Medway HS

**Event 96 Men 4x100 Meter Relay Senior**

TVRA	41.20	2025-05-15	Sir Frederick Banting S S - Banting, Sir
TVRA CEC	43.30	1997	Banting - Banting
Tri-County	44.70	1977	Huron Park SS - Huron Park SS

**Event 97 Women 2000 Meter Steeplechase 30" Open**

TVRA	7:27.12	2025-05-15	Charlotte Piscione - Woodstock Co
TVRA 1500mSC	4:52.52	2015-05-14	Charlotte Prouse - London Central
TVRA CEC	4:52.52	2015-05-14	Charlotte Prouse - London Central
Tri-County	5:25.90	2007	Lexi Wilson - St. Joseph's HS

**Event 98 Men 2000 Meter Steeplechase 36" Open**

TVRA	5:58.62	2016-05-12	Muhumed Sirage - Catholic Central
TVRA CEC	5:58.62	2016-05-12	Muhumed Sirage - Catholic Central
Tri-County	6:13.45	2012	Jeremy Hick - Strathroy DCI

**Event 99 Women 4x400 Meter Relay Open**

TVRA	4:03.17	2008-05-15	Catholic Central - Catholic Central
TVRA CEC	4:03.17	2008-05-15	Catholic Central - Catholic Central
Tri-County	4:07.59	2016-05-12	Lord Dorchester SS - Lord Dorchester SS

**Event 100 Men 4x400 Meter Relay Open**

TVRA	3:23.80	1982	Laurier, Sir - Laurier, Sir
TVRA CEC	3:23.80	1982	Laurier, Sir - Laurier, Sir
Tri-County	3:30.70	1970	Annandale HS - Annandale HS

**Event 101 Women 100 Meter Dash Ambulatory**

TVRA	14.90	2016-05-11	Madison Wilson-Walker - Lord Dorchester SS
TVRA CEC	16.23	2013-05-16	Sara Albers - St. Thomas Aq
Tri-County	14.90	2016-05-11	Madison Wilson-Walker - Lord Dorchester SS

**Event 102 Men 100 Meter Dash Ambulatory**

TVRA	13.10	2012-05-17	Cody Salomons - London Christian
TVRA CEC	13.10	2012-05-17	Cody Salomons - London Christian
Tri-County	39.23	2014-05-13	Josiah Masters - Woodstock CI

**Event 104 Boys 100 Meter Dash Visually Impaired**

TVRA	18.04	2025-05-15	Samuel Schreiter - Huron Park SS
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**Event 105 Women 100 Meter Dash Intellectually Imp.**

TVRA	13.79	2019-05-15	Kyla Rodrigue - Woodstock
TVRA CEC	17.36	2015-05-14	Sara Albers - St. Thomas Aq
Tri-County	14.36	2016-05-11	Kyla Rodrigue - Woodstock CI

**Event 106 Men 100 Meter Dash Intellectually Imp.**

TVRA	12.70	2023-05-17	Cameron Banerjee - Banting, Sir
TVRA CEC	13.54	2016-05-12	Prince Sulbani - Clarke Road
Tri-County	15.47	2015	Josh Hoogkamp - Woodstock CI

**Event 113 Women 800 Meter Run Ambulatory**

TVRA	3:11.78	2016	Madison Wilson-Walker - Lord Dorchester SS
Tri-County	3:11.78	2016	Madison Wilson-Walker - Lord Dorchester SS

**Event 114 Men 800 Meter Run Ambulatory**

TVRA	2:43.15	2017-05-12	Nick Heffernan - St. Thomas Aq
TVRA CEC	2:46.86	2016-05-13	Nick Heffernan - St. Thomas Aq

**Event 115 Women 800 Meter Run Intellectually Imp.**

TVRA	3:13.04	2025-05-16	Zoey Shantz - Woodstock Co
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**Event 116 Men 800 Meter Run Intellectually Imp.**

TVRA	2:37.08	2025-05-16	Kohlton Scott - Woodstock Co
TVRA CEC	3:23.33	2016-05-13	Vincent Gareau - Bruyere, Mgs

**Event 120 Men Shot Put 4 kg Visually Impaired**

TVRA	6.36m	2025-05-15	Samuel Schreiter - Huron Park SS
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**Event 121 Women Shot Put 3 kg Ambulatory**

TVRA	5.98m	2019-05-15	Charlotte Bolton - Glendale HS
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**Event 122 Men Shot Put 4 kg Ambulatory**

TVRA	5.84m	2025-05-15	Linus Gatzen - Banting, Sir
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**Event 123 Women Shot Put 3 kg Intellectually Imp.**

TVRA	6.68m	2025-05-15	Serenity Scott - Woodstock Co
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**Event 124 Men Shot Put 4 kg Intellectually Imp.**

TVRA	9.89m	2023-05-17	Cameron Banerjee - Banting, Sir
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