



Updated for Summer 2026

Europe Summer Packing List (Mens)

Everything I Pack for Stress-Free Europe Trips



Europe Unpacked

Packing Guide



Tick items as you pack — everything here fits in a medium suitcase or trolley bag

TRAVEL ESSENTIALS

<input type="checkbox"/> Passport	<input type="checkbox"/> AirTags
<input type="checkbox"/> Travel bag / Suitcase	<input type="checkbox"/> Inflatable Pillow + Pillowcase
<input type="checkbox"/> Travel Locks	<input type="checkbox"/> Eye Mask
<input type="checkbox"/> Portable Charger + Phone Cables	<input type="checkbox"/> Headphones (Airpods)
<input type="checkbox"/> Universal Plug Adapter	
<input type="checkbox"/> Satchel Bag & Belt Bag	
<input type="checkbox"/> Packing Cubes	

CLOTHING

<input type="checkbox"/> Socks & Underwear (7)	<input type="checkbox"/> Linen Pants (1)
<input type="checkbox"/> T-shirts (5)	<input type="checkbox"/> Track Pants (1)
<input type="checkbox"/> Singlets (2)	<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Jumper (1)	<input type="checkbox"/> Hat
<input type="checkbox"/> Linen shirts (4)	<input type="checkbox"/> Walking Shoes + Casual Shoes
<input type="checkbox"/> Shorts (2 Activewear + 2 Linen)	<input type="checkbox"/> Sandals + Slides
<input type="checkbox"/> Bathers (2)	<input type="checkbox"/> Belt

TOILETRIES

<input type="checkbox"/> Toothbrush	<input type="checkbox"/> Small First Aid Kit
<input type="checkbox"/> Toothpaste	<input type="checkbox"/> Skincare / Creams
<input type="checkbox"/> Body wash & shampoo (small bottles)	<input type="checkbox"/> Hair Product
<input type="checkbox"/> Sunscreen	<input type="checkbox"/> Medication

OPTIONAL BUT LIFE-SAVING

<input type="checkbox"/> Anti-wrinkle Spray	<input type="checkbox"/> Sink Plug
<input type="checkbox"/> Laundry Detergent Sheets	<input type="checkbox"/> Pegless Clothesline
<input type="checkbox"/> Foldable Backpack	<input type="checkbox"/> Dry Bag
<input type="checkbox"/> Travel Towel	<input type="checkbox"/> Cable Ties
<input type="checkbox"/> Airfly	

