

Low Self Worth

Made in God's Image

Genesis 1:1-2:3

Additional praises/significant happenings this past week:

Ice Breaker: What's something that has been invented you think is amazing?

[Read Genesis 1:1-2:3]

1. What's your first impression of God after reading His story of creation?
2. What patterns of words and/or phrases are repeated?
3. What do these patterns tell you about creation? God? The goodness and purpose of creation?
4. What aspect of the created world is most inspiring to you? Why?
5. Reflect on John 1:1-3 and Colossians 1:15-20 and discuss Jesus's role in creation.

6. What does it mean to you that man and woman are created “in the image of God”?

7. How does knowing this affect how God desires for you to feel about yourself?

8. How should this affect your relationship with God? (Psalm 139:13-18)

Wrap up:

In what ways has God used this study to adjust your thinking about yourself?

Prayer:

Ministry to one another through prayer

LIFE Groups

A safe place to build friendships and nurture spiritual growth.

- L** ♦ Learn..... applying Biblical truth for everyday living
- I** ♦ Invite.....welcoming others to our fellowship
- F** ♦ Fellowship.....nurturing Christ centered caring relationships
- E** ♦ Evangelism..... reaching others with the hope of Christ

6. If you were Zacchaeus, how would have you felt when asked to come down and receive Him into his home?
7. Why does it bother others that Jesus dines with him?
8. What do Jesus's actions towards Zacchaeus tell you about His love and acceptance of you?

Wrap up:

From this lesson, how has God affirmed, assured and reminded you of His acceptance and loving relationship He desires to have with you? Is there a response He desires of you?

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Chosen of God

Ephesians 1:1-14

Additional praises/significant happenings this past week:

Ice Breaker: Who do you know that's been adopted?

[Read Ephesians 1:1-14]

1. Who is Paul writing... how are they described (v. 1)?

2. How does it impact you to think of being "chosen" by God? (also John 15:16)

3. In your words, describe the "blessings in Christ" ...what are seven things God has done for us, starting in v. 4?

4. Which of the above seem most significant to you? Why?

5. Discuss why you think the "mystery" of His will is a good word to use.

6. How does knowing you are “adopted” affect your view of God? Yourself?

7. How does the quality and depth of the One who has chosen you make you feel? How openly do you accept His love for you?

8. How does this love affect your love for others?

Wrap up:

What is one thing from this lesson you feel especially grateful to the Lord?

Prayer:

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