

Pouring Out When You Only  
Have a Little

Mini Journal + Puzzle Book





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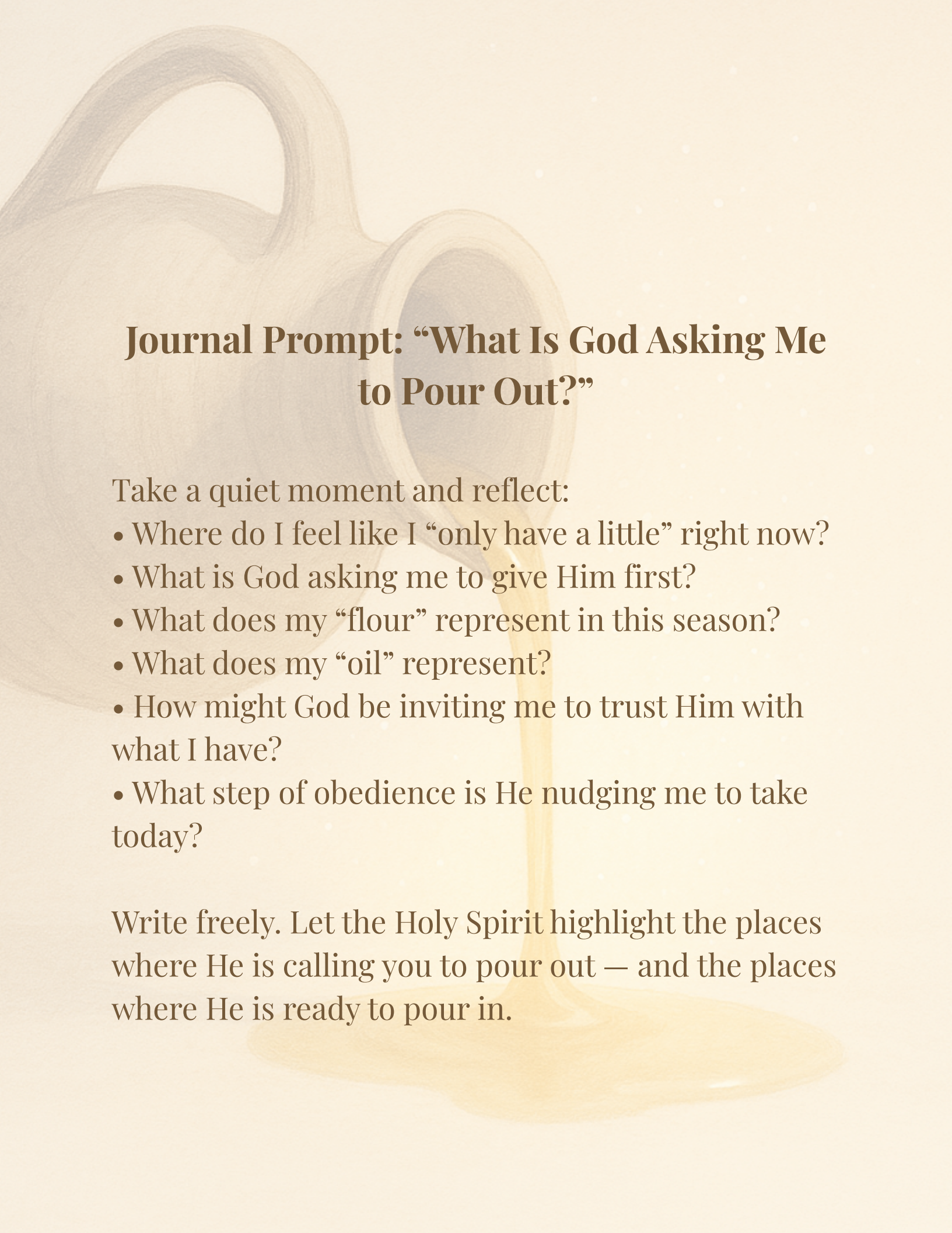
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## Journal Prompt: “What Is God Asking Me to Pour Out?”

Take a quiet moment and reflect:

- Where do I feel like I “only have a little” right now?
- What is God asking me to give Him first?
- What does my “flour” represent in this season?
- What does my “oil” represent?
- How might God be inviting me to trust Him with what I have?
- What step of obedience is He nudging me to take today?

Write freely. Let the Holy Spirit highlight the places where He is calling you to pour out — and the places where He is ready to pour in.

































# Faith in the Famine Word Search

This puzzle is a word search puzzle that has a hidden message in it.

First find all the words in the list. Words can go in any direction and share letters as well as cross over each other.

Once you find all the words. Copy the unused letters starting in the top left corner into the blanks to reveal the hidden message.





P O U R D A N D T R U S T D G  
O D R W M I N F X W X F T E S  
Z O E W I D O W U D P J T D U  
T L A A P B K T B E Y Z L N B  
L U G N Y F G W O R D V C A R  
M I O K I R U O P W O F G M C  
P U B H Q A Z E M Q D O T M O  
D G F W U E T Y G S C A K O I  
O N D G S G O S M Y R A W C M  
V P L W D U Z B U I R Q F I D  
R L F H E O J K S S F D M M J  
W U X I I X X E R T V A U I D  
L I F W R M T Y M G O J L V R  
X S E Y D H T A H P E R A Z O  
E U K C J P V T N T Y B S U L

ARISE

BROOK

COMMANDED

DRIED

DWELL

GO

LORD

OUT

POUR

SUSTAIN

WIDOW

WORD

ZAREPHATH

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## A Final Word for Your Heart

As you finish this mini-journal and puzzle, pause for a moment and breathe in the truth of what God is whispering to you in this season. Just like the widow of Zarephath, you may feel like you only have “a little,” yet God sees something far greater in your hands. Every reflection you wrote, every word you searched for, every moment you spent leaning in – it all becomes part of your pouring out.

May this simple time with Him remind you that obedience is never small, surrender is never wasted, and what you place before God is never overlooked. He multiplies what is given. He sustains what is surrendered. He fills what is poured out. Carry this with you as you step into the days ahead: Your little is enough when it's in His hands.

Let His presence continue to meet you, guide you, and strengthen you – one quiet act of obedience at a time.