

FOALING KIT CHECKLIST

Everything We Prepared for Our Mare's First Foal



Preparing ahead brings peace of mind. Here's everything we packed in our foaling kit based on what experienced breeders recommended and what our veterinarian advised. Every mare and every foaling is different—always work with your veterinarian.



MONITORING

- ☐ **Digital Thermometer**
Important information for you and your veterinarian.
- ☐ **pH Test Strips**
Test milk when she's close—when pH is 6.4 or less, foaling is usually within 12–72 hours.



MARE CARE

- ☐ **Baling Twine**
Tie up the placenta when passed to keep it from being stepped on or pulled.
- ☐ **Vet Wrap**
Useful for wrapping the tail, but wait until very close to labor—may cause her to rub it off or interfere with a Foal Alert.
- ☐ **Banamine (Paste)**
For pain relief if needed. Do not give until placenta has passed. (Use only under vet guidance.)
- ☐ **Oxytocin (IV)**
May help pass placenta (if it hasn't passed after 2–3 hours) or in cases of mare rejecting foal. (Use only under vet guidance.)



COMFORT & CLEANUP

- ☐ **Gloves (Disposable)**
Regular and long (elbow-length) for cleanliness and protection.
- ☐ **Towels (Lots!)**
For drying foal, mare, and yourself.
- ☐ **Baby Blanket**
For cold months—keeps foal warm while wet.
- ☐ **Straw or Clean Bedding**
Fresh, dry bedding for mom and baby. Sanitation is key.
- ☐ **Muck Bucket**
For placenta, manure, and other waste.



FOAL CARE

- ☐ **Iodine (7%)**
For dipping the navel to help keep it clean and dry.
- ☐ **Syringes (3–10 ml)**
Fill with iodine to easily dip the navel.
- ☐ **Enemas**
Meconium (first manure) should pass within the first few hours.
- ☐ **Baby Bottle**
In case the foal is unable to nurse or is separated from mom.
- ☐ **Mineral Oil & Spray Bottle**
Spray foal's hind end to help prevent meconium from sticking.
- ☐ **Salt**
Encourages drinking. Can also help stimulate baby—sprinkle on foal to encourage mom to start licking.



Important Info

Mare's Name: _____

Due Date: _____

Foal Alert Installed: ☐ Yes ☐ No

Milk pH Started: _____

Vet Clinic: _____

Vet Phone: _____

Emergency Contact: _____

Emergency Phone: _____

Notes

You've got this! ♥

Trust your preparation,
trust your mare,
and don't hesitate to call
your veterinarian.



Prepared is peaceful.

The best foaling kit is one that sits mostly untouched. We were beyond thankful for an easy and healthy foaling.