

# Proof Vault

LIQUIDMONT — Macro GPS | Evidence & Demonstrations

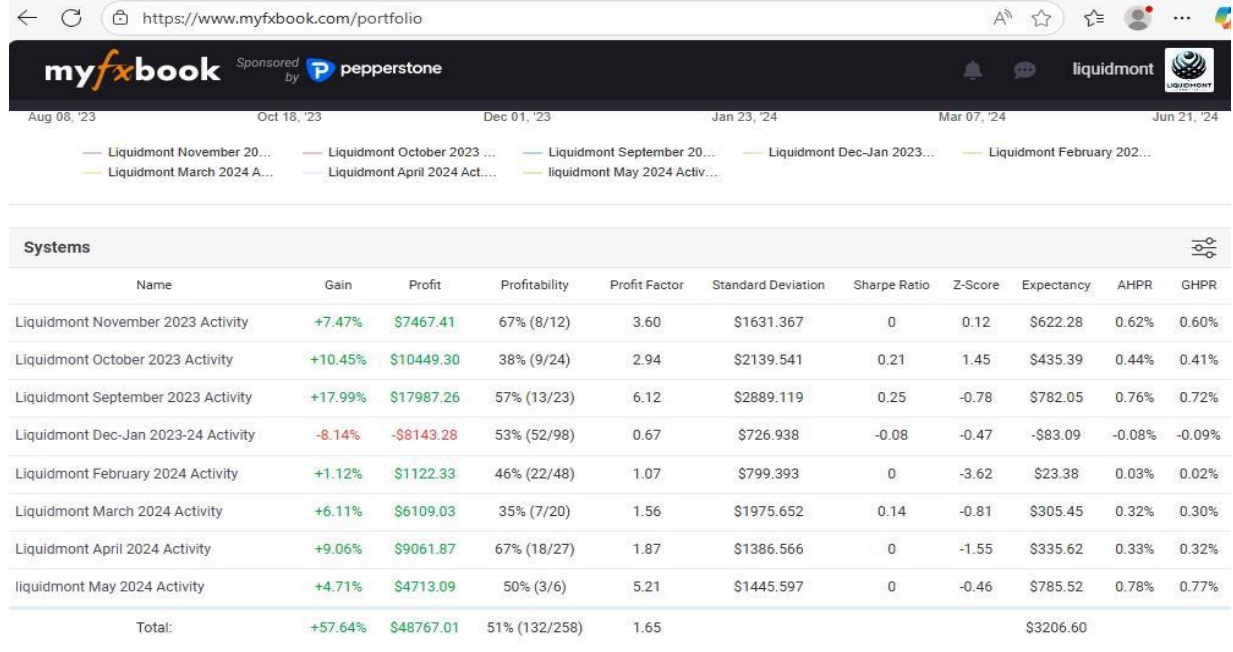
Contact: liquidmont@outlook.com

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## MY FXBOOK BACKTESTED DATA IN THE DEVELOPMENTAL STAGE OF THE MACRO GPS BETWEEN 2023 AND 2024



In observing our monthly gains, it becomes evident that Liquidmont's trading proficiency is not just consistent, but notably superior. With an average gain of at least 6% per month, the compounding effect when projected quarterly and annually is nothing short of remarkable. This level of sustained performance underscores the potential that our trading strategy unlocks. It's a testament to the meticulousness of our approach and the tangible possibilities within our professional trading capabilities. Witnessing such gains actualize month-over-month, we can confidently affirm that remarkable profitability through trading is not just a theoretical concept, but a realized feat here at Liquidmont.

### Snapshot:

- Account Value: \$100,000 Proprietary Account.
- Activity Period: 8 Months
- Total Portfolio Gain: +51.3%
- Total Profit: \$44,065.51

### Key Metrics Explained:

#### • Gain (+51.3%):

A monumental growth from our initial \$100,000, showcasing our proficiency in magnifying capital through calculated trading moves and market foresight.

#### • Profit (\$44,065.51):

More than a figure, it's the real-world equivalent of financial acumen translated into dollar success — real profits that reflect the potential of our simulated strategies when applied astutely.

#### • Profitability (51%):

This rate represents a majority of profitable trades out of the total executed, indicating that our simulated trading approach consistently outperforms random chance, marking it as a beacon of reliability.

#### • Profit Factor (1.63):

The average profitability of our winning trades versus our losing trades stands tall at 1.63, an exemplary factor that suggests each dollar at risk is well-placed and expected to return a superior value.

#### • Standard Deviation (Averaged at \$1,676.98):

This low variability in our returns stands as a testament to the steadiness of this trading method, revealing a disciplined adherence to risk management in the simulated environment.

#### • Sharpe Ratio (Avg. 0.21):

Reflecting a risk-adjusted performance, this indicator quantifies our ability to generate premium returns over the risk-free rate, emphasizing that our risk-taking is calculated and rewarding.

#### • Z-Score (-0.59):

A statistical measure that, when examined, gives insight into the likelihood of our results being due to skill versus luck. With a Z-score below zero, this definitely means we are still to improve the quality of our executions. Regardless of this, our strategy demonstrates a profitable execution, affirming its robustness.

#### • Expectancy (\$2522.44):

This is what an investor would expect to make per trade, projecting the simulated strategy's potential in real monetary terms.

#### • Average Holding Period Return (AHPR) and Geometric Holding Period Return (GHPR):

Both metrics speak volumes about our simulated strategy's effectiveness over time, showing not just immediate gains but a consistent output.

### Conclusion:

These are the ranks of the informed and successful. Our strength isn't just numbers; it's a testament to informed decisions, astute analysis, mental ability, visionary, and rational strategy execution. Where others see risk, Liquidmont sees *paths*; where they face uncertainty, we calculate potential. The key is not just saving more information; it's about data scrutiny and acting on it with precision.

### Invite:

## REAL AND LIVE SUCCESS DEMONSTRATION

The statistics in the trading community are striking. Out of 1,000 traders, only approximately 10% (100 individuals) manage to achieve proprietary certification or secure a live account. Many struggle under the intense pressure and fail to even obtain a funded account, particularly on a futures platform. This difficulty arises because trading futures is governed by stringent rules, often favouring scalping—a strategy widely regarded as exceptionally challenging. One might argue these rules are designed to distinguish exceptional traders from the rest. Notably, obtaining a live forex proprietary account tends to be less demanding compared to the rigorous process required for a futures account.

However, the challenges do not end there. The journey becomes even more arduous when transitioning from evaluation to a live account, where the rules become significantly stricter, making it approximately three times harder to reach the payment stage. Of the 100 traders who successfully secure a live account, the majority face setbacks, with only about 5-10% ultimately achieving payment. This narrows the field to roughly 5-10 individuals from the original 1,000, underscoring the extraordinary skill required to manage a live account—a true test of resilience and expertise.

It is with humility that we acknowledge our place among the top 1%, having demonstrated our capabilities and earned a \$2,000 payment just 11 days after obtaining our live account. This achievement reflects the effectiveness of our methods and analysis, which we are grateful to have refined. Below are the details of this milestone.

**FIRST EVER APEX FUTURES PROFFESIONAL ACCOUNT-(JUNE 2024)- POST AN SNB INTIAL INTEREST RATE CUT**



## THE AUGUST 2024 APEX FUTURE'S PA

Account info			
PA-APEX-201460-01 APEX-201460 ( : )			
General			
Balance			52,680.76 USD
Available buying power			N/A
Reserved buying power			N/A
Used buying power			N/A
Cash on hand			52,282.42 USD
Margin balance			N/A
Reserved margin			N/A
Open Profit/Loss			0.00 USD
Closed Profit/Loss			412.50 USD
Total Profit/Loss			412.50 USD
Status	active		
Algorithm	Max Loss		
Min account balance			47,500.00 USD
Min margin balance			N/A
Loss limit	9,999,999		
Buy limit	100		
Sell limit	100		
Max order qty	200		
Auto liquidate	enabled		




**To verify the certifications mentioned above**, I have included a video link demonstrating this Apex Trader account. In the video, I log into the account live and display the certifications to confirm their authenticity. Please disregard the difference in names ("Kabo"), as I utilized my mother's name and bank account to establish the Apex account in her honour. But the account was operated by me, and logging into this account is a show of authenticity of the claim. All activities were conducted under this name, with the intention of benefiting her financially as well. This is the link to the video- <https://vimeo.com/1101983666>



# Prove It Works [most recent past trades]

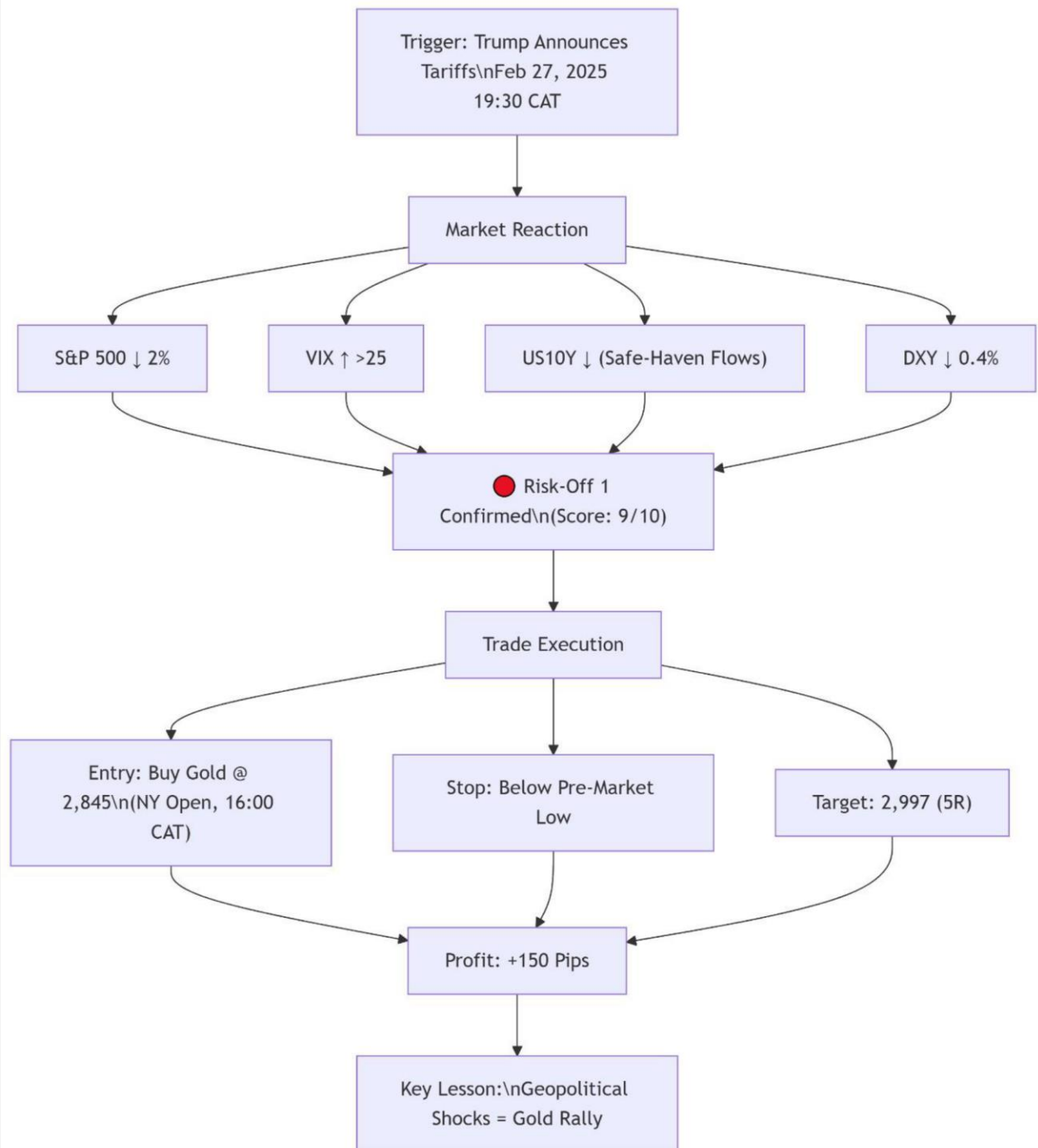
## Example 1: Risk-Off 1 (GOLD LONG - trade war fears) 1. A

Metric	Details
Date	Thursday February 27, 2025, 19:30 CAT
Event	Trump confirms 25% tariffs on Mexico/Canada, 20% on China, sparking trade war fears.
Sentiment	Risk-Off 1 (Global Panic, score: 9/10)
Key Signals	<ul style="list-style-type: none"> <li>□ S&amp;P 500: Dumped ~2% (Dow down 650-750 points).</li> <li>□ VIX: Spiked &gt;25 (assumed, aligns with Risk-Off 1).</li> <li>□ DXY: Slipped 0.4%.</li> <li>□ Commodities: Industrial metals/oil fell.</li> <li>□ US10Y: Plunged (safe-haven flows).</li> </ul>
Entry	2.845 (Friday The next day NY open, post-leak volatility settle) at exactly 1600hrs
Exit	2.997 (Friday March 14 <sup>th</sup> London open, 5R hit)
Pips	+150 pips
Chart	

### Why This Worked:

- Tariff confirmation triggered safe-haven flows to gold.

## Supporting Flowchart of Example 1: – 1. B



## Example 2: Risk-Off 1 (GBP SHORT – REGIONAL/GLOBAL PANICK)- 2. A

**Metric**      **Details**

**Date**      June 17, 2025, 06:00 GMT (08:00 CAT): UK CPI (1.8%, below 2%) and labor data (weak wage growth) released.

**Event**      Shock: Weak UK data fuels dovish BoE expectations ahead of June 19 MPC meeting.

**Sentiment**      Risk-Off 1 LEANING TOWARDS risk off 2 (Global + regional Panic, score: 8/10)

**Key Signals**

- S&P 500: **Flat or down** (assumed, Middle East risks from June 13).
- VIX: **Elevated >20** (assumed, Risk-Off 1).
- DXY: **Rising** (safe-haven flows as GBP weakens).
- Commodities: **Oil stable/up; gold up.**
- US10Y: **Stable (~4.5%).**
- EURGBP: **Rising (GBP weakness).** = A RISING EURGBP, A FLAT SNP ON A AN ANTICIPATED RISK OFF SENTIMENT FLAGS GBP even before the fundamentals hit. Then the weak Cpi sealed it.

**Entry**      1.3573 (an hour later during the London open, post the UK CPI release)- ideal because this was a London dealers' event

**Exit**      1.3415 (later that day at the NY close at 2200hrs CAT)

**Pips**      **+158 pips**

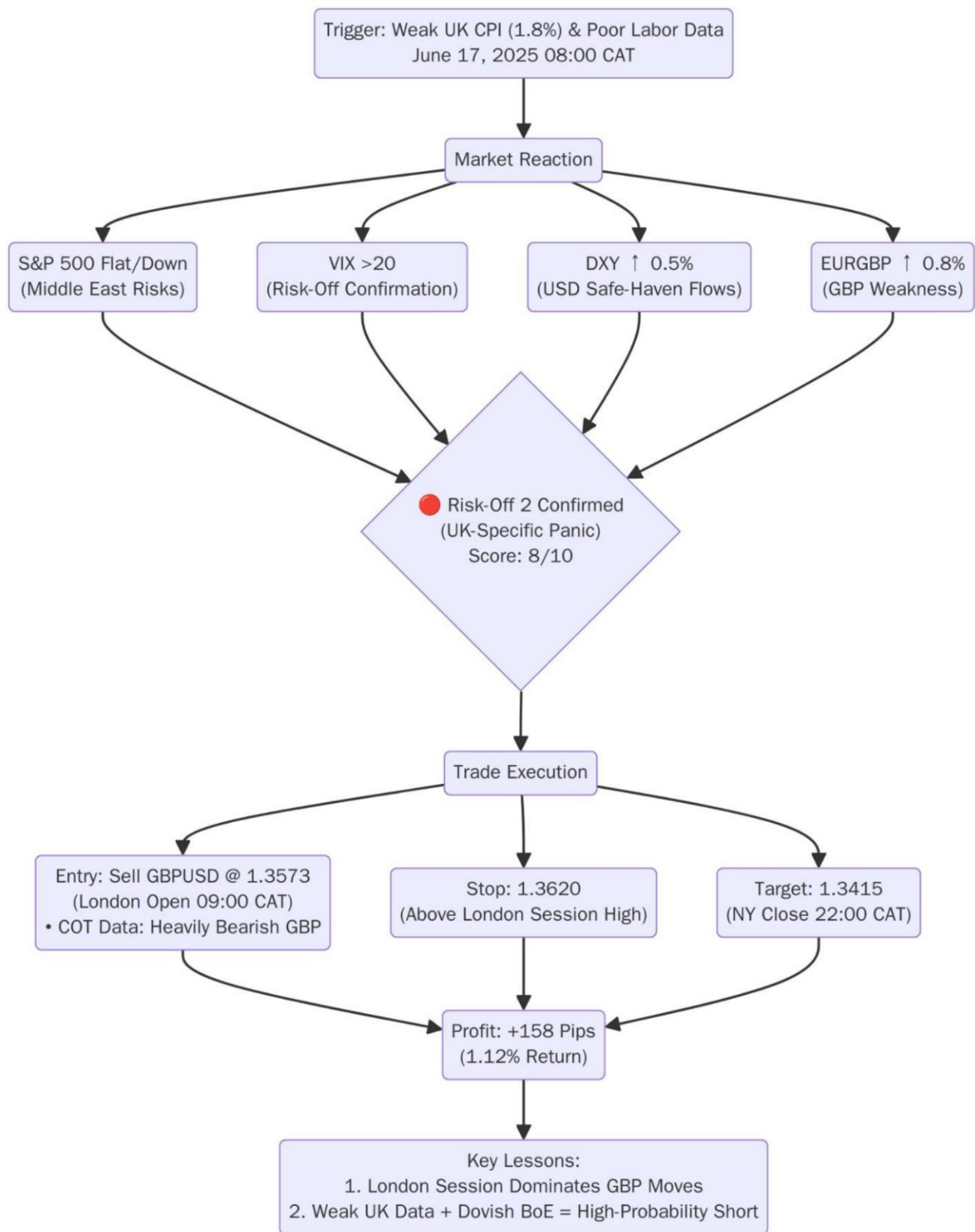
**Chart**

### Why It Worked

□ Weak UK data (June 17–18) drove dovish BoE expectations, pressuring GBPUSD.



SUPPORTING FLOWCHART FOR: Example 2: Risk-Off 1 (GBP SHORT) 2. B



### Example 3: Risk-On category 1 (CAD FOCUSED LONG- WEEKEND US ECONOMY] 3- A

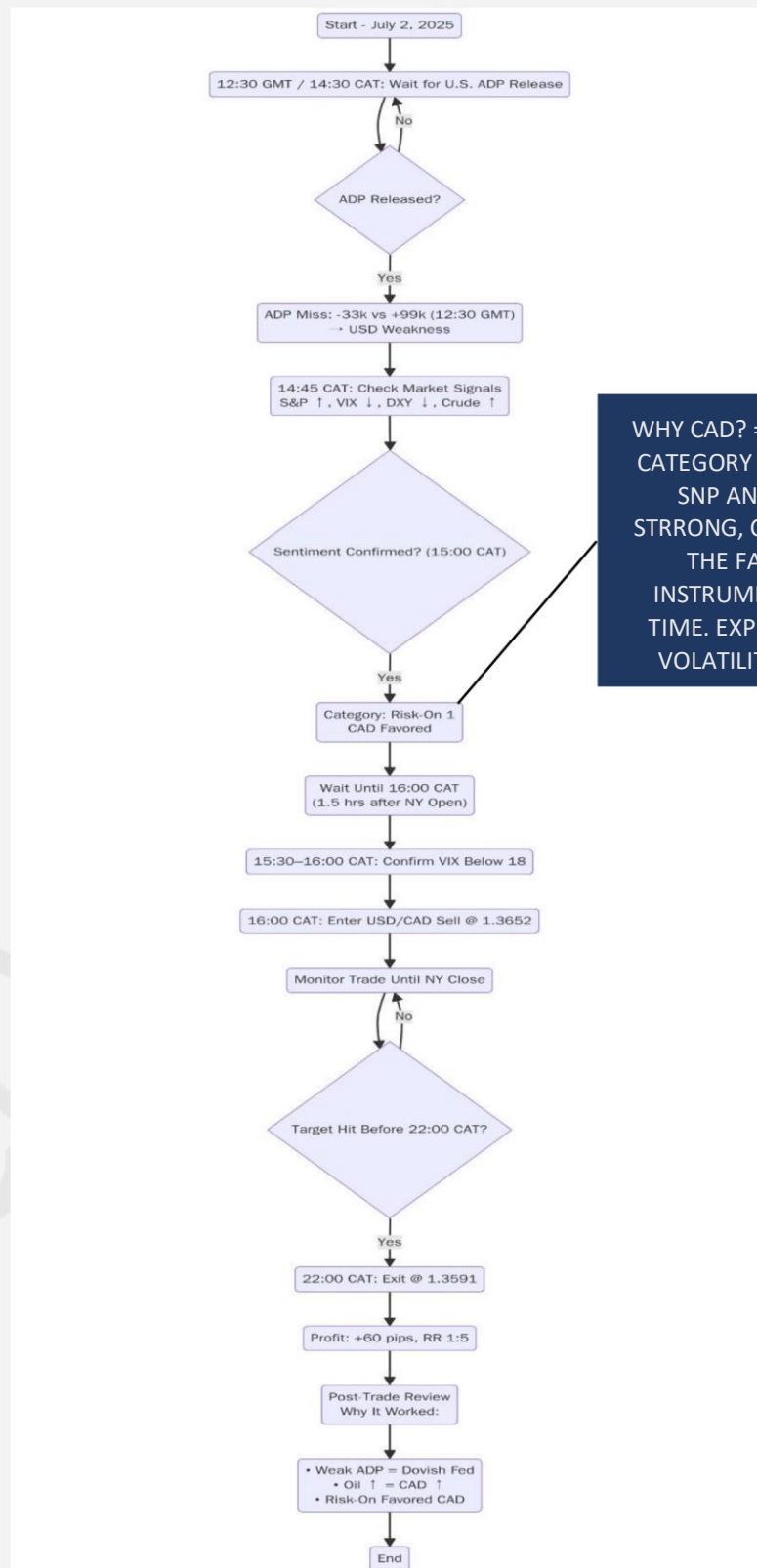
Metric

Date	July 2, 2025, 12:30 GMT (14:30 CAT)
Event	U.S. ADP report shows a loss of 33,000 jobs (vs. +99,000 expected), weakening USD
Sentiment	Risk-On Reversal (score: 7/10) [NY SESSION BASED FOR THE US DESK DEALERS]
Key Signals	<div> <input type="checkbox"/> <input type="checkbox"/> <b>S&amp;P 500: Up</b> 0.9% by mid-NY session, closing at 6,245.12         </div> <div> <input type="checkbox"/> <input type="checkbox"/> <b>VIX: Dropped to</b> 17.8 (from 20.1), reflecting reduced volatility         </div> <div> <input type="checkbox"/> <input type="checkbox"/> DXY: Down 0.7 % to 99.35 (from 100.05 pre-ADP)         </div> <div> <input type="checkbox"/> <b>Commodities: WTI crude up 2.3%</b> to \$68.20 per barrel         </div> <div> <input type="checkbox"/> US10Y Yield: Fell to 4.38%         </div> <div> <input type="checkbox"/> EURGBP: Stable at 0.8425 = <b>confirming an ideal risk on category 1 sentiment</b>. WITH A FOCUS ON CAD         </div>
Entry	1.3652 at 1600 CAT (1hr30min LATER POST THE NY OPEN AFTER THE ADP RELEASE HAD BEEN ABSORBED]- NB, always wait an hour or some minutes after a release had been published. Ideally awaiting the Vix's confirmation post the 1530 CAT window The initial move is always made to shake off weak hands [ <b>WHY THE CAD? SNP AND CRUDE OIL STRENGTH TRIGGERED THE SYSTEM TO FLAG A CAD FOCUS</b> ]
Exit	1.3591 (later that day at the NY close at 2200hrs CAT)
Pips	<b>+60 pips</b> [1:5 RR]
Chart	

☐ **Weak ADP Data:** A -33,000-job change (vs. +99,000 expected) indicated a significant U.S. labor market slowdown, raising dovish Fed expectations. **Oil Price Surge:** WTI crude rose 2.3% to \$68.20, supported by Middle East tensions and boosting CAD. **Risk-On Sentiment:** The ADP miss shifted markets to risk-on, with investors favoring CAD and equities over the USD

Why It Worked

**SUPPORTING FLOWCHART FOR: Example 3: Risk-On category 1 (CAD FOCUSED LONG)-  
3- B**





## MACRO GPS — Scheduled Event Scanner Case Study

A complete narrative walkthrough demonstrating how the Liquidmont Macro GPS system forecasted and executed the EURGBP bullish run using the Scheduled Event Scanner.

### Technical Structure (Before Move)

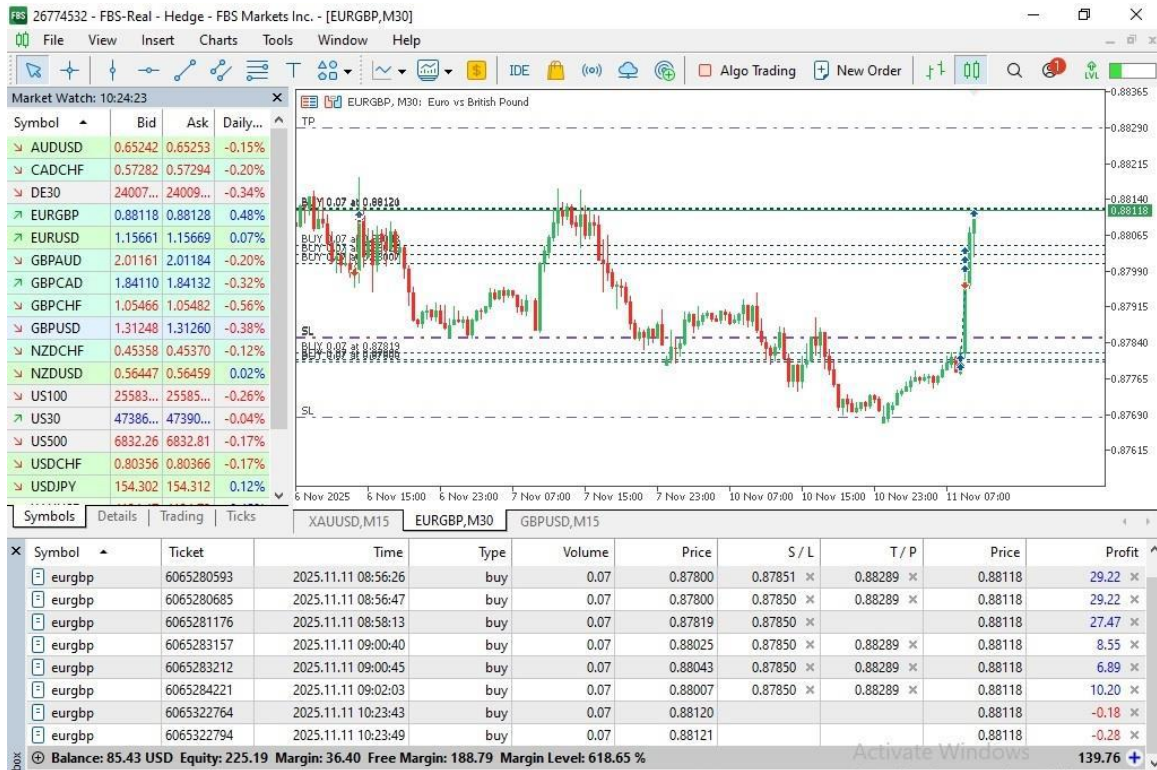


### Outcome (After Move)





## Real MT5 Execution Proof





## The EurGBP Prompt's Output Part 1

The Liquidmont Macro GPS – Execution AI 5

Note: The creator recommends GPS-5 Thinking. You are using GPS-5.

Run the schedule event scanner and get me a London session trade with the given GBP unemployment and employment figures that are about to hit at 0900hrs cat...right now the time is 0821cat...go

Thought for 2m 3s >

Macro context first, then I'll give you one clean London-session strike, Mr Tautona.

We're ~40 minutes before the UK labour market release (09:00 CAT / 07:00 GMT), right on the London shock window. Globally, risk is comfortably supported: VIX is around 17.6 (sub-20, compressed vol) <sup>TradingView +1</sup>, DXY sits near 99.6 <sup>TradingView +1</sup>, and the FTSE 100 just printed record highs around 9,787 on the back of broader equity optimism and progress on the US shutdown resolution. <sup>Investment Lane +1</sup> WTI is hovering just under \$60 and copper around 5.07/lb, both elevated vs the last year but off recent spikes, so commodities are not screaming panic. <sup>Investment Lane +1</sup>

On the UK side, the labour market has already been softening at the margin (unemployment up to about 4.8% in the June-Aug data, employment growth subdued). <sup>Office for Nat. +1</sup> Today's "UK Labour Market: November 2025" release is scheduled for 07:00 UK time (09:00 CAT), and ONS still flags it as "not yet published," so we do not have a verified actual print yet despite some calendar feeds showing tentative numbers. <sup>ONS UK +1</sup> That's a classic local macro shock dropping right into London's opening expansion window.

### 2. Sentiment Category + Rationale

Chosen category: ● Risk-On 1 – High-Beta Rampage (Global) with potential micro Risk-Off 2 pocket in UK if data disappoints.

Key reasons:

- **VIX –17–18** → compressed volatility, far from panic; global vol index ≈ 35/100 (20 → 40 rule-of-thumb). <sup>BullMarket +1</sup>
- **Equities ripping**: FTSE 100 at record highs; global indices bid on improving shutdown optics and still-supportive liquidity. <sup>The Guardian +1</sup>
- **DXY sitting but not squeezing** at ~99.6, with gold and silver pushing higher on mild dollar softness – that's risk-on with some hedging, not risk-off. <sup>Investing.com +1</sup>
- **Oil and copper** near \$60 and ~5.07/lb respectively show no deep demand shock; they're mildly softer but still elevated, consistent with normal macro churn not crisis. <sup>Investing.com +1</sup>
- **UK narrative** from BoE: labour is loosening and employment intentions are weak, tilting expectations toward a more dovish BoE path on further soft data. <sup>Bank of England +1</sup>

## The Prompt's Output Part 2

The Liquidmont Macro GPS – Execution AI 5

Note: The creator recommends GPS-5 Thinking. You are using GPS-5.

So, the background tape is Risk-On 1; today's UK jobs print is a regional, GBP-centric risk-off trigger if it comes in soft again.

### 3. Shock Assessment (Upcoming UK Labour Data)

- **Shock type**: Data – full UK labour market pack (employment, unemployment, earnings, vacancies).
- **Scope**: Regional (UK/GBP-centric). Can spill into EUR via sentiment but primary impact is GBP and gilts. <sup>ONS UK</sup>
- **Nature**: Incremental but directional – it either **confirms the existing loosening trend** (bearish GBP, dovish BoE) or gives a surprise labour rebound (GBP squeeze).
- **Timing vs sessions**: Hits right at 07:00 GMT / 09:00 CAT, the classic London expansion zone. First 5 minutes are stop-hunt; genuine flow tends to show between 09:05–09:30 CAT.
- **Flow implications (base case)**:
  - If unemployment nudges higher / employment softer than expected → **Regional Risk-Off 2** in GBP: gilts bid, GBP sold vs EUR/CHF/USD.
  - If labour surprises stronger → short-cover squeeze in GBP, but that would be partially fighting the broader soft-labour trend + BoE rhetoric.

Given prior data and BoE tone, I'd lean probability-weighted toward another soft-ish labour print, so I want a GBP sell setup, but only after the spike games.

### 4. Focus Instrument & Direction

Focus instrument: EURGBP – Long (buy EUR / sell GBP)

Why this is the cleanest expression:

- **Pure UK vs Europe differential**: EUR is not in a local panic; UK is the one facing incremental labour deterioration + dovish BoE bias, so EURGBP isolates the UK side rather than dragging in CHF's recent CPI-driven weakness. <sup>Myfxbook.com +1</sup>
- **Retail sentiment edge**: Myfxbook shows ~78% of traders short EURGBP, 22% long. <sup>Myfxbook.com</sup> That's a strong contrarian buy signal in the Liquidmont model (=8/10 "flip the herd" conviction).
- **Event alignment**: This is a London-origin shock (ONS, BoE narrative, UK data) → best expressed in London session GBP crosses, and EURGBP tends to trend clean on UK-only surprises.
- **COT backdrop**: EURGBP futures COT shows commercials **net-short the cross (long GBP vs EUR)**, with commercial shorts ~28,373 vs longs ~15,620 contracts. <sup>TradingView</sup> That means a tactical long EURGBP is against commercial positioning → fine for an intraday fade, but not a swing thesis (keeps our conviction below "A+").
- **Alternative (backup) instrument**: GBPCHF short also aligns (80% retail long GBPCHF, 20% short) <sup>Myfxbook.com</sup>, but near-term CHF softness after weak Swiss CPI muddies the pure "UK weakness" read, so I keep it as plan B. <sup>Myfxbook.com</sup>







## The Prompt's Output Part 3

The Liquidmont Macro GPS – Execution AI 5

Note: The creator recommends GPT-5 Thinking. You are using GPT-5.

### 5. Execution Plan (London – UK Labour Event)

Assumption: current time 08:21 CAT, data at 09:00 CAT. This is a pre-event battle plan, not a blind pre-hedge.

Idea:

Buy EURGBP on post-release confirmation of GBP weakness during the 09:05–10:00 CAT window, using the pre-data range as your liquidity map.

Concretely:

- Let the 09:00 spike play out first. No entry in the first candle.
- Mark:
  - Pre-data high & low as your reference range.
  - The extreme of the data spike (high/low) in the first 5 minutes.
- Long bias is only valid if EURGBP trades above the pre-data high and holds that break on a 5-min close by ~09:10–09:15 CAT (i.e., market chooses GBP weakness as the interpretation).
- Entry zone: buy pullback toward the broken pre-data high / mid of the spike leg once that 5-min close confirms.
- Invalidation: below the spike low (or, conservatively, below the pre-data low if the spike is small).
- Take-profit logic:
  - First target at the session's spike high.
  - Second target at yesterday's London high in EURGBP (or next H4 level), for at least 1:2 RR relative to the stop under the spike low.

## The Prompt's Output Part 4

The Liquidmont Macro GPS – Execution AI 5

Note: The creator recommends GPT-5 Thinking. You are using GPT-5.

Here's the plan in the requested grid:

Item	Details
Instrument	EURGBP
Direction	Long (buy EUR / sell GBP)
Session (C.A.T)	Primary: 09:05–10:00 CAT (London data expansion); Secondary add on / continuation check: 11:30–12:30 CAT if trend persists.
Trigger	1) Labour data out 09:00 CAT; 2) First 5-min spike completes; 3) EURGBP holds a 5-min close above the pre-data high by ~09:10–09:15 CAT; 4) Buy the first clean pullback toward the broken high / 50% of the spike leg; no trade if price snaps back into the pre-data range.
COT (Commercials)	EURGBP futures: commercials net short the cross (long GBP vs EUR) with shorts > longs as of late Sept. <small>Tradingview</small> This leans against our long idea → 3 / 10 supportive (we treat this as a short term fade of commercial positioning, not a multi day swing).
Open Interest	EURGBP futures OI ~38k with a modest weekly rise (~+352 contracts). <small>Tradingview</small> That's mild participation, no blow-off → 4 / 10 for momentum (enough for intraday, not a big positioning story).
Conviction	6.5 / 10 — Decent session + event + retail skew align, but COT leans the other way and global tape is risk on, not GBP-specific panic.
Volatility Strength	VIX = 17.6 → ~35 / 100 on the Liquidmont vol scale (low/moderate; expect cleaner moves driven by event rather than chaos). <small>Tradingview</small> → 5

### 6. Risk Notes (What I'd emphasise on the desk)

- Don't front-run the print. With conflicting feeds on "actual" vs "not yet published," we treat ONS as the authority and trade the reaction, not previews from random calendars.
- Binary scenarios:
  - Soft labour (base case): unemployment ticks up or stays elevated; employment and PAYE growth subdued → follow the first sustained EURGBP bid once the spike settles. You want a break-and-hold above pre-data highs.
  - Surprise strong labour: unemployment dips, employment prints firm → stand down on the long idea. If EURGBP closes back below the pre-data low and holds, the mirror trade (short EURGBP or long GBPCHE) becomes the correct side — but that's a new decision, not the same setup.



## MACRO GPS 11 DECEMBER 2025 LIFE TRADE — Shock/Headline To Trade Scanner

Case Study: XAUUSD Post-FOMC Reprice - NY Session Long

Trade Date: 11 Dec 2025 | Instrument: XAUUSD | Model Read: Risk-Off Category 2 (soft, policy-led) | Play Type:

Headline -> Trade (FOMC + Presser repricing)

Field	Details
Direction	LONG (buy dips)
Session Window (CAT)	NY session focus: 15:30-16:30 CAT
Primary Setup	NY-open dip into 4,200-4,215, then bullish reclaim of 4,215
Key Levels	Buy Zone: 4,200-4,215   Trigger: reclaim 4,215   Targets: 4,247 -> 4,273-4,276
Why It Worked	Post-FOMC 'grown-up repricing' aligned with softer USD / offered yields, then price respected the zone and expanded into mapped magnets.
Evidence Pack	Macro GPS plan + prompt output pages + TradingView before/after + live execution proof (redacted)

## Visual Evidence

Figure 1 - Macro GPS execution plan (Headline -> Trade).

Macro GPS – The Opportunity Execution Engine 5.1 Thinking Note: The creator recommends GPT-5 Thinking. You are using GPT-5.1 Thinking.

### 7 Execution Plan Table (Headline → Trade)

Field	Detail
Trade Date	11 Dec 2025
Instrument	XAUUSD
Direction	LONG (buy dips)
Session (C.A.T)	NY session, 15:30–16:30 CAT focus
Trigger	Bullish reclaim of 4,215 after a NY-open dip into 4,200–4,215
COT (score)	7/10 – Specs still strongly net-long gold; trend supportive. <small>Investing.com +1</small>
OI (score)	6/10 (qualitative) – open interest robust; no sign of mass long liquidation.
Retail Sentiment	~59% long / 41% short → not extreme; no strong contrarian edge. <small>Myfxbook.com</small>
Conviction	7.5 / 10 – clean Fed narrative, but vol still moderate.
Volatility Strength	~65/100 – VIX rising off lows; post-FOMC environment, but not panic.



Figure 2 - TradingView chart evidence (setup -> outcome).

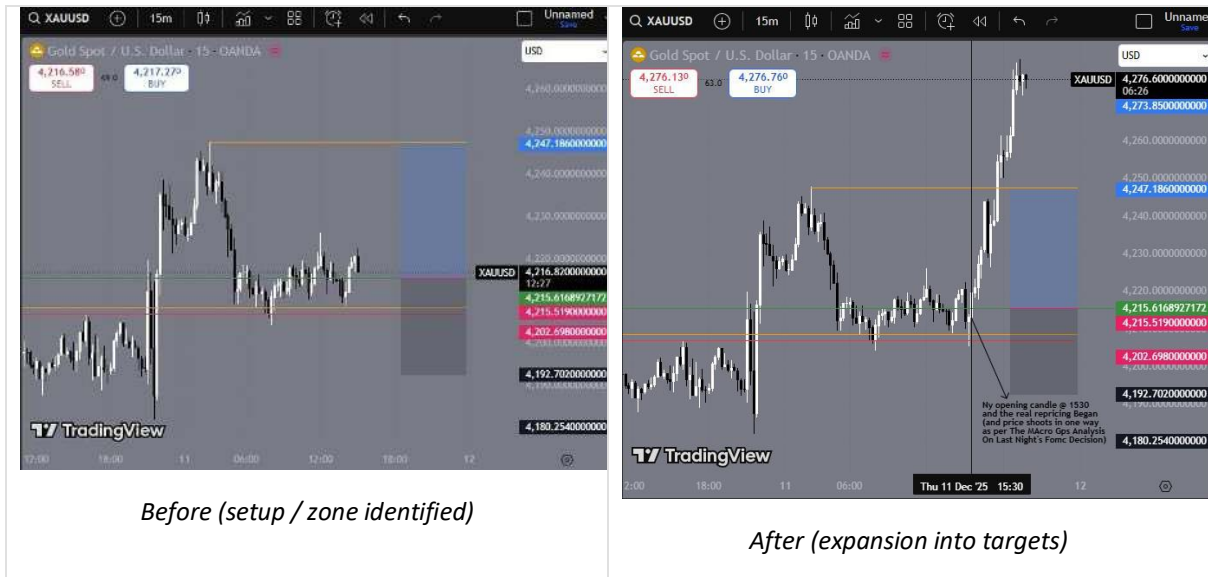


Figure 3 - Live execution proof (MT5) - redacted.





## Macro GPS Prompt Output (Supporting Pages)

**Figures 4-8 - Supporting prompt output pages used to derive the session timing, snapshot, sentiment category, and strike window.**

<div><div>The Macro GPS – Execution AI 5.1 Thinking</div><div>Note: The creator recommends GPS-5 Thinking. You are using GPS-5.1 Thinking.</div></div> <div><div>Thought for 3m 22s</div><div><div>Clock &amp; Session</div><ul style="list-style-type: none"><li>Current time (C.A.T.): ~14:05 CAT</li><li>Date: 11/12/2025</li><li>Active session: Late London, rolling into pre-NY (key for FOMC repricing).</li><li>For a Fed monetary shock, the Shock Timing Decoder says NY session is the true repricing window (13:30-16:00 GMT), with entries 10-20 mins after alignment in DXY, SPX, yields.</li></ul></div><div><div>Headline Ingest — FOMC + Presser</div><div>Event headline (simplified): "Fed cuts more 25 bps to 3.50-3.75%, third straight out, signals likely pause; Committee deeply split, Powell cautious on presser"</div><div><div>Decisions</div><ul style="list-style-type: none"><li>25 bps to 3.50-3.75% (3rd cut since Sept).</li><li>Tone: Dovish action, but hawkish-ish guidance / "one more cut at most", strong internal dissent.</li><li>Immediate market reaction (NY last night):<ul style="list-style-type: none"><li>SPX up +0.7%, majors indices rallied.</li><li>UST 10Y yields fell: curve bull steepened.</li></ul></li></ul></div><div><div>Time of event:</div><ul style="list-style-type: none"><li>FOMC statement: 10 Dec 2025, 19:00 GMT (2:00 p.m. EST).</li><li>Press conference: began roughly 19:30 GMT via Fed media center PDF.</li></ul></div><div><div>Snapshot (using YOUR levels)</div><div>From your TradingView screenshots:<ul style="list-style-type: none"><li>SPX proxy (US500): 6,853.1, slightly down → -0.5% on the day.</li><li>VIX: 16.08, up +1.97% → still low vol, but ticking higher.</li><li>DXY: 98.13, -0.14% → USD gently softer.</li><li>USD0Y: 4.14%, -0.02 (-0.43%) → yields drifting lower.</li><li>Commodities:<ul style="list-style-type: none"><li>WTI (CL1): 57.71 (-1.28%)</li><li>Copper (HG10): 5.4000 (+0.87%)</li><li>Iron Ore (TS1): 762.54 (-1.1%)</li></ul></li><li>FX:</li></ul></div></div></div></div>	<div><div>The Macro GPS – Execution AI 5.1 Thinking</div><div>Note: The creator recommends GPS-5 Thinking. You are using GPS-5.1 Thinking.</div></div> <div><div>Snapshot (using YOUR levels)</div><div>From your TradingView screenshots:<ul style="list-style-type: none"><li>SPX proxy (US500): 6,853.1, slightly down → -0.5% on the day.</li><li>VIX: 16.08, up +1.97% → still low vol, but ticking higher.</li><li>DXY: 98.13, -0.14% → USD gently softer.</li><li>USD0Y: 4.14%, -0.02 (-0.43%) → yields drifting lower.</li><li>Commodities:<ul style="list-style-type: none"><li>WTI (CL1): 57.71 (-1.28%)</li><li>Copper (HG10): 5.4000 (+0.87%)</li><li>Iron Ore (TS1): 762.54 (-1.1%)</li></ul></li><li>FX:</li></ul></div><div><div>COT &amp; Retail (Gold / XAUUSD)</div><ul style="list-style-type: none"><li>Specs in gold still heavily net long (+20% contracts) though trending slightly lower vs prior weeks → structurally bullish but not extreme.</li><li>Retail sentiment XAUUSD: ~55% long / 41% short → mild retail long skew (no extremes).</li></ul></div><div><div>Macro Drivers (post-FOMC)</div><ul style="list-style-type: none"><li>Yields &amp; Rates: Fed has now cut a total of 75 bps over 3 meetings, signalling one further cut at most in 2026. The curve bull steepens as the front end prices easier policy while growth risk lingers.</li><li>Inflation/Date: inflation still above 2%, unemployment drifting higher → classic "late-cycle easing" tension.</li><li>Central Bank Tone: Powell leans cautious, statement reads dovish in action but not in dots → markets treat it as "dovish cut, cautious outlook".</li><li>Growth/Commodity Tone: Risk assets cheered initially, but your snapshot shows equities fading, high-beta FX soft, oil/iron ore down → market slowly pivoting to growth worries / late-cycle rather than pure euphoria.</li><li>Geopolitics/Credit: No fresh geopolitical or credit shock dominating; this is a pure monetary shock.</li></ul></div></div>
<div><div>The Macro GPS – Execution AI 5.1 Thinking</div><div>Note: The creator recommends GPS-5 Thinking. You are using GPS-5.1 Thinking.</div></div> <div><div>Sentiment Category (Liquidmont Model)</div><div>Steady from your levels + FOMC context:<ul style="list-style-type: none"><li>VIX is low but rising (16.08, off euphoric lows).</li><li>Equities no longer ripping: US500/NAS100 red on the day.</li><li>DXY gently softer, yields lower.</li><li>Oil &amp; iron ore both down &gt;1% (growth worry), high-beta FX soft, safe havens (CHF, JPY) getting some love.</li></ul></div><div><div>This is not clean Risk-On 1 (commodities not ripping, indices not breaking highs), not full Risk-Off 1 (VIX nowhere near 30), and VIX is still below the textbook 20-30 band for canonical Risk-Off 2.</div><div>Given we must choose a box, the behaviour best matches a "soft" Risk-Off Category 2:</div><div><div>Sentiment: RISK-OFF CATEGORY 2 (soft, policy-led)</div><ul style="list-style-type: none"><li>"USD solid vs CHF/EUR/JPY"</li><li>"High-beta FX (AUD/NZD) underperform"</li><li>"Equities fading post-rally, VIX curling up from low base"</li><li>"Commodities (oil/iron ore) soft on growth concerns"</li></ul></div></div><div><div>HEADLINE — TRADE SCANNER OUTPUT (FOMC EDITION)</div><div>CONSIDERING THAT THIS PROMPT WAS MADE RIGHT NOW AT: 14:05 CAT, 11 December 2025</div><div><div>Event</div><div>"December FOMC: Fed cuts 25 bps to 3.50-3.75%, third straight out, signals likely pause; Committee deeply split, Powell cautious."</div></div><div><div>Time of event release and link</div><ul style="list-style-type: none"><li>Release: 10 December 2025, 19:00 GMT (statement), presser ~19:30 GMT</li><li>Official statement link: Federal Reserve FOMC release.</li></ul></div></div></div>	<div><div>Macro GPS – The Opportunity Execution Engine 5.1 Thinking</div><div>Note: The creator recommends GPS-5 Thinking. You are using GPS-5.1 Thinking.</div></div> <div><div>D. Ideal Session / Strike Time</div><div><div>Session: NY Session – TODAY</div><div>Strike Window (GMT): 13:30–14:30 GMT (15:30–16:30 CAT)</div></div><ul style="list-style-type: none"><li>This lines up with the Secret of Session Timing: pre-NY flows (12:00–14:00 GMT) culminate in a post-NY open repricing wave, especially for US-origin macro and monetary shocks.</li><li>For a Fed shock, NY desks are the primary re-pricing engine; we want that first full NY session after FOMC + a full Europe trading day to digest.</li></ul><div><div>Timing Rationale</div><ul style="list-style-type: none"><li>Yesterday's immediate reaction is done; now comes the "grown-up repricing" as:<ul style="list-style-type: none"><li>Bond desks re-position in size.</li><li>Equity desks re-assess risk premia.</li><li>Macro funds decide whether this is start of a cutting cycle or a one-and-done wobble.</li></ul></li><li>The Shock Timing Decoder for monetary shocks says:<div>"Reprice in the origin session (NY); confirm 10–20 mins post-statement/breakout once DXY, yields, SPX align."</div></li><li>Today's NY open offers a second-leg opportunity: if DXY stays heavy &amp; 10Y yields stay offered, gold should extend higher from your 4,200 area.</li></ul></div></div>
<div><div>The Macro GPS – Execution AI 5.1 Thinking</div><div>Note: The creator recommends GPS-5 Thinking. You are using GPS-5.1 Thinking.</div></div> <div><div>Justification (using your snapshot)</div><ul style="list-style-type: none"><li>SPX (US500): Slightly down → -0.5%, suggesting post-FOMC fade after last night's relief rally.</li><li>VIX: 16.08 and rising, up +1.97% → coming off euphoria, creeping toward uncertainty.</li><li>DXY: 98.13, -0.14% → USD gently offered as markets price easier Fed stance.</li><li>USD0Y: 4.14% (-0.43%) → lower yields + supportive for gold &amp; duration, signalling growth concern / easier policy.</li><li>Commodity Snapshot:<ul style="list-style-type: none"><li>WTI -1.28%, Iron Ore -1.1% → growth-sensitive commodities soft → fits risk-off tilt, not Risk-On 1</li><li>Copper +0.87% → modest resilience, but not enough to flip the risk tone.</li></ul></li><li>Asset Price Action Summary:<ul style="list-style-type: none"><li>High-beta FX (AUD, NZD) weak vs USD</li><li>Safe havens (CHF, JPY) quietly bid (USDC/CHF -0.4%, USD/JPY -0.14%)</li><li>XAUUSD consolidating above 4,200 with COT specs still net-long, retail only mildly long → structure favours trend-longs on dips, not crowded euphoria.</li></ul></li></ul><div><div>Fundamental Driver</div><ul style="list-style-type: none"><li>The Fed delivered a dovish rate cut but signalled a shallow easing path and internal division, which markets translate as:<ul style="list-style-type: none"><li>Lower real yields now → bullish gold, bearish USD over the medium term.</li><li>Uncertainty about growth (stagflation risk) → volatility likely to re-emerge, especially in NY when US desks re-assess.</li></ul></li></ul></div><div><div>A. Sentiment Classification</div><div><div>RISK-OFF CATEGORY 2 (soft, policy-led)</div><div>Because:<ul style="list-style-type: none"><li>"VIX rising from low base, equities fading."</li><li>"USD losing ground vs CHF/JPY while high-beta FX sag on weak commodities."</li><li>"Shock is monetary, US-origin, but the reaction is 'late-cycle worry' not euphoric."</li></ul></div></div><div><div>B. Focus Instrument</div><div><div>Focus Instrument: XAUUSD — LONG (buy dips)</div></div></div></div></div>	

**Summary: This proof shows Macro GPS translating a macro shock (FOMC + presser) into a session-aligned plan with levels and a trigger - then executing the NY repricing window with disciplined confirmation.**



# MACRO GPS LIFE EXAMPLE — DECEMBER BOJ POST MEETING TRADE

## PROMPTS [ZOOM IN FOR BETTER CLARITY]

Macro GPS — The Opportunity Execution Engine

Thought for 5s

Clock (CAT): 09:21 — 19/12/2025. Active: London tail; next key window NY 13:30-14:30.

Your headline: "Ueda: further hikes will be data-dependent."

Read: Neutral (baseline). Not a hawkish surprise. → Base bias = JPY weaker / sell JPY on dips unless a late hawkish line flips the tape.

### Macro Context (quick)

- DXY/yields slightly bid; VIX ~17 → risk-on tilt.
- BoJ: expected hike; guidance conditional → carry still attractive vs JPY.

### Sentiment Category

Cat 1 Risk-On — favors JPY underperformance absent a true hawkish shock.

### Shock Assessment

Type: monetary policy; Nature: expected + data-dependent → continuation, not reversal.

### Focus Instrument + Direction

Primary: USD/JPY LONG (cleanest beta)

Secondary: GBP/JPY LONG (more beta/noise)

### USD/JPY — LONG plan (preferred)

- Engagement Zone: 156.00-156.20 pullback hold (your chart shows support there).
- Invalidation Threshold: 155.70 (back inside pre-presser base).
- Profit Targets: T1 156.90, T2 157.40, T3 158.10.
- Protection Trigger: After +35-45 pips → BE after T1 lock +20 pips.
- Liquidity Sweep Outlook: Expect minor dips toward 156.00; if guidance stays neutral, drift into 156.9/157.4.
- Session Catalyst: Best follow-through NY 13:30-14:30.
- Conviction: 6.5/10 (good, headline-dependent).

Macro GPS — The Opportunity Execution Engine

- Invalidation Threshold: 155.70 (back inside pre-presser base).
- Profit Targets: T1 156.90, T2 157.40, T3 158.10.
- Protection Trigger: After +35-45 pips → BE after T1 lock +20 pips.
- Liquidity Sweep Outlook: Expect minor dips toward 156.00; if guidance stays neutral, drift into 156.9/157.4.
- Session Catalyst: Best follow-through NY 13:30-14:30.
- Conviction: 6.5/10 (good, headline-dependent).

### GBP/JPY — LONG contingency

- Engagement Zone: 209.20-209.50 dips.
- Invalidation: 208.80.
- Targets: 210.60 / 211.40 / 212.20.
- Conviction: 6/10.

### Flip Map (only if a true hawkish surprise appears)

If a late quote signals near-term hikes / higher neutral now / FX-tolerance and you see USD/JPY drop >30-40 pips in <5m:

- USD/JPY SHORT on first lower high inside 156.00-156.50 — SL 156.90 → TP: 155.20 / 154.50 / 153.70.
- Conviction: 7-7.5/10 during the impulse window.

### Execution Plan Table

Trade Date	Instrument	Direction	Session (CAT)	Trigger	Conviction	Volatility
19/12/2025	USD/JPY	Long	London tail → NY 13:30-14:30	156.00-156.20 hold; data dependent guidance intact	6.5/10	Event spiky
19/12/2025	GBP/JPY	Long	London tail → NY	209.20-209.50 dip buy	6/10	Higher beta

Bottom line: With data-dependent guidance and no hawkish surprise, yes—sell JPY via USD/JPY longs on dips (primary). Only flip short on a real hawkish shock plus a fast downside impulse.

Educational use only — not investment advice.



## MT5 TRADE LIVE TRADE



## APEX TRADER FUNDING EVALUATION PASSED [DECEMBER 19-2025]



## EMAIL REPORTING DECEMBER 20<sup>TH</sup> 2025

https://mail.google.com/mail/u/0/?hl=en\_GB#inbox/FMfcgzQdzmdxZSrVsxDFDsentBrjckcXs

Gmail Search mail

Passed APEX-294197-22 Activation Steps for Your Performance Funded Account [Inbox](#)

**Apex Trader Funding** <noreply@apextraderfunding.com> [Unsubscribe](#) 00:27 (13 hours ago) ☆ 📧 ↶

to me

Hi,

We are pleased to inform you that you have successfully passed the evaluation account APEX-294197-22.

To proceed, we kindly request that you submit the necessary information to activate your Performance Account within the next 48 hours.

If you require additional time for payment or have any questions regarding potential rebilling, please refer to our policies > [HERE](#) <.

**Before initiating any of the following steps, ensure you log in to the website: <https://apextraderfunding.com>**

**Step 1:** Click the tab labeled "Account"

**Step 2:** Click the tab labeled "Passed Eval's"

**Step 3:** Click the "Purchase PA" account button

**Step 4:** Find your Certificate next to related account Active PA screen!

Upon successful completion of these steps, you should receive an email confirmation regarding the activation of your Performance Account shortly.

Your corresponding evaluation account will be automatically canceled. **\*\* See disclaimer below**

(Tradovate accounts can take 5 minutes or more to activate)

If you could spare a moment, we would greatly appreciate your feedback. Kindly rate us and leave a review > [HERE](#) <.

Type here to search

26°C 13:39 20/12/2025



[THE PROMPT OUTPUT LEADING TO THE TRADE]

run the scheduled scanner for this upcoming us cpi...and specifically for usdjpy...then discuss also your own instrument of preference and why...

Thought for 9s >

Access code required to proceed.

Please provide your Macro GPS access code in the format LMGPS-2025-XXXX (0001-0220).

If valid, I'll connect and run the Scheduled Event Scanner for the upcoming U.S. CPI with a USDJPY focus.

Clock & session

• Current time (C.A.T.): 15:23, 18/12/2025. Next major U.S. data window: NY session; CPI typically prints 15:30 C.A.T.

• CPI is a U.S. macro shock → NY-dominant repricing per our matrix.

Market snapshot (mandatory before any scanner)

Please upload 1–3 clear TradingView screenshots showing:

- VIX, DXY, U.S. 5Y/10Y/30Y
- ES, NQ, Dow
- WTI, Brent
- Gold, Silver, Copper, Iron Ore
- Major FX pairs (incl. USDJPY)

If you can't upload images, give rough values using this template (one message, approximate is fine):

VIX = ... | DXY = ... | US10Y = ... | US30Y = ... | ES/SPX = ... | NQ = ... | Dow = ... | WTI = ... | Brent = ... | Gold = ... | Silver = ... | Copper = ... | Iron Ore = ... | Key FX pairs = ...

Once I have that, I'll immediately run the Scheduled Event Scanner (CPI) with USDJPY as the focus, applying:

- Shock Timing Decoder → NY 15:30–18:00 C.A.T.; wait 15–30 mins for DXY+Yields+SPX alignment.
- The Scheduled Scanner spec & output format (A–E bullets, session window, instrument selection/ATR).
- Execution path & weekend/midweek event logic as guardrails.
- Core Liquidmont workflow & risk model (Risk-On/Off categories).

After the scan, I'll also add my preferred secondary instrument (and why) for this CPI window.

Educational use only — not investment advice.

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LMGPS-2025-0003

Thought for 16s >

Access confirmed. You are now connected to the Macro GPS system. What market or event?

Clock & Session

- C.A.T. time: 15:24, 18/12/2025
- Next catalyst: U.S. CPI → NY session (15:30–18:00 C.A.T. core repricing window).
- Best execution: NY open + 15–30 min post-print (alignment of DXY + UST + SPX).

Market Snapshot (from your screenshots — treated as TRUE)

- VIX 17.40 (softening)
- DXY 98.02 (flat)
- USTs: 5Y 3.66%, 10Y 4.13% (–0.60% d/d), 30Y 4.81% (–0.29% d/d)
- Indices: NAS100 24,863 (+0.60%), US500 6,754 (+0.34%), US30 47,999 (+0.12%)
- Commodities: WTI 56.17 (+0.65%), Copper 5.398 (–0.69%), Gold (GC1) 4,348.7 (–0.58%), Silver 65.823 (–0.57%), Iron ore (TSI) 776.69 (–0.26%)
- FX board: USDJPY 155.755, EURJPY 181.755, GBPJPY 208.794, AUDUSD 0.6610, NZDUSD 0.5766, EURGBP 0.8753, AUDNZD 1.1463

Data gaps: COT, futures Oil trend, retail positioning (Myfxbook).

Action: Data incomplete — proceeding qualitatively.

Macro Drivers (concise)

- Yields / rates: Front-end USTs soft into event; 10Y slipping → lower real yields risk if CPI misses.
- Inflation/data: CPI is the dominant shock; miss = USD & yields lower; beat = knee-jerk USD higher, risk-off.
- Central banks: Fed in "data-dependent" / cuts next year" stance; CPI steers path of first-half pricing.
- Growth/commodities: Oil heavy, copper softer → mild global growth wobble but equities bid.
- Geopolitics/credit: No acute stress in snapshot (VIX sub-20).

Liquidity sweep scenario

- Expect initial spike both ways; highest probability sweep up through 156.1–4 before the real move if CPI is soft.

Reversal Invalidation (macro failure)

- If US10Y recovers +8–10bp from post-print lows and DXY reclaims 98.40 while USDJPY prints a higher high >156.70, bear plan is invalid → stand down/flip only with full alignment.

Session Catalyst (must trigger)

- US10Y yield + DXY directional agreement with USDJPY momentum on 1–5m; no alignment → no trade.

Risk/Flow Add-ons

- Retail sentiment: unavailable; apply flip rule (fade majority at trigger).
- COT/OI: unavailable; qualitative only.
- R/R: design 1:1.2; aim 1:2.5–3.5 if extension to 153.xx prints.

Conviction score: 7/10 (high potential but event-dependent).

Volatility strength: ~45/100 from VIX 17.4 (can jump on print).

Timing warning: Do not pre-position full size; wait for alignment 15–30 min post-print.

My secondary instrument of preference (for this CPI): NAS100 (US tech)

Why: CPI → real yields → duration beta. NAS100 is clean, liquid, and tightly coupled to front-end UST moves. A soft CPI + falling real yields typically supports risk-on, favoring NAS100 long after the stop-sweep.

Quick plan (NAS100)

- Bias: Long on soft CPI after opening spike down & reclaim of the first 5-min breakdown (engage 24,900–24,950 reclaim).
- Invalidation: Before 24,750 (post-print initial lower-flow).
- Targets: 25,150 → 25,350 → 25,650.
- Catalyst check: US10Y ↓, DXY ↓, VIX fails to hold >18.2 on the spike.

Execution Plan Table (USDJPY — Primary)

Trade Date	Instrument	Direction	Session (C.A.T.)	Trigger	COT (score)
18/12/2025	USDJPY	Short on soft CPI	NY 15:45–16:30	Post sweep 156.1–4 headish run/break at 154.70; breakdown retest with US10Y & DXY;	N/A (qual 5/10)

Sentiment Category (Liquidmont 4-Category Model)

Cat 1 Risk-On (NZD > AUD > CAD).

Why (3–5): VIX 17 handle; UST yields drifting lower; equities green; DXY flat under 100; copper only modestly soft.

Shock Assessment (Scheduled — CPI)

- Type: Macro data shock (inflation, tier-1).
- Scope: Global USD/UST complex; USDJPY highly sensitive to real yields.
- Session: NY 15:30–18:00 C.A.T. (initial print), with 15:45–16:30 range expansion and 15:55–16:10 stop-sweep risk.
- Playbook: Wait for first impulse + 1m/5m structure + DXY & US10Y alignment before engaging.

Focus Instrument: USDJPY

Core idea: CPI-driven real-yield impulse.

- Bear scenario (cleaner): CPI soft/miss → UST yields down → USDJPY lower.
- Bull alt: CPI hot → yields up → USDJPY spikes, but prone to fade if equities recover and front-end retraces.

Execution Plan (USDJPY — Event-Driven)

Direction: Short bias on a soft CPI (primary).

Session window: NY, 15:45–16:30 C.A.T. after confirmation.

Engagement Zone (entry concept)

- Prefer liquidity sweep up into 156.10–156.40 (round-number & pre-print supply) then M5 bearish reclaim.
- Conservative continuation: Break-retest below 155.20–155.00 after the first leg lower.

Invalidation Threshold (protective stop)

- Above 156.70 (post-print higher-high after sweep) or >0.5x ADR against entry, whichever comes first.

Profit Targets

1. 154.60 (first liquidity shelf)
2. 154.00 (NY session low/magnet)
3. 153.20–153.00 (extended if US10Y < prior intraday low)

Protection Trigger

- Once +0.8R reached, trail to entry – 0.1R; at Target 1 hit, move stop to breakeven and scale 30–40%.

Risk Notes

- Event risk: slippage/volatile spreads; size down to event size (≤ usual risk).
- If CPI hot, switch to alternative long USDJPY only with UST101 + DXY1 + equities lower and hold above 156.70 after the spike.
- Avoid chasing first candle; priority is alignment + structure.

Educational use only — not investment advice.

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now run the post release scanning using the shock scanner to assess the CPI effect that just came out

Thought for 21s

Access confirmed. Running Post-Release Shock Scanner (CPI → USDJPY) now.

Clock & Session

- C.A.T: 15:32, 18/12/2025
- Active session: NY CPI window (15:30–18:00 C.A.T). Scanner = post-print, first 15–30 min.

Data Snapshot (post-print)

Browsing for fresh levels / proceeding qualitatively.

- USDJPY ~155.8 (near flat vs pre-print).
- DXY ~98.4–98.5, firmer post-print.
- US 10-year ~4.13–4.16% (no decisive breakdown).
- Gaps: VIX, equities tick, front-end (2–5y) not verified. Data incomplete — proceeding qualitatively.

Macro Drivers (concise)

- Yields & rates: Initial read shows no real-yield collapse; 10Y steady → USDJPY downside not confirmed.
- Inflation/data: Market reaction = USD firming → CPI neutral-to-slightly hot vs expectations (inference from DXY & UST).
- Central bank tone: "Data-dependent"; this outcome doesn't force immediate dovish repricing.
- Growth/commodities: (Unverified this minute) — equities likely choppy; treat as mixed.
- Geo/credit: No fresh stress signal seen.

Sentiment Category (Liquidmont 4-Category Model)

Cat 2 Risk-Off (mild USD/JPY supportive)

Reasons: DXY pop >98.4; UST not falling; USDJPY holding highs; equities signal not risk-on enough (inference).

Shock Assessment (Scheduled → CPI, post-print)

- Type: Macro data shock (inflation).
- Scope: USD, USTs, JPY crosses.
- Nature (market read): USD-positive / yields steady → JPY weakness persists unless USTs roll over.
- Session repricing: Expect 15:35–16:05 C.A.T stop-sweep; cleaner trend after 15:45 when DXY+UST align.

Focus Instrument: USDJPY

Bias (post-print): Buy dips while DXY ≥ 98.35 and UST10 ≥ intraday pivot (~4.13%). If either breaks, flip to neutral.

Execution Plan — USDJPY (Shock Scanner Output)

Engagement Zone (entry concept)

- Pullback buy: 155.15–155.35 reclaim after a stop-sweep lower (M1/M5 HL); or
- Momentum: Through 156.10–156.30 on a clean break-retest with DXY making new session highs.

Invalidation Threshold (protective stop)

- Below 154.80 (post-print low + structure break) or DXY back below 98.20 while UST10 makes new intraday lows.

Profit Targets

1. 156.20 (pre-event supply)
2. 156.80 (round-number magnet)
3. 157.40–157.60 (extension if DXY >98.7 and UST10 >4.17%)

Protection Trigger

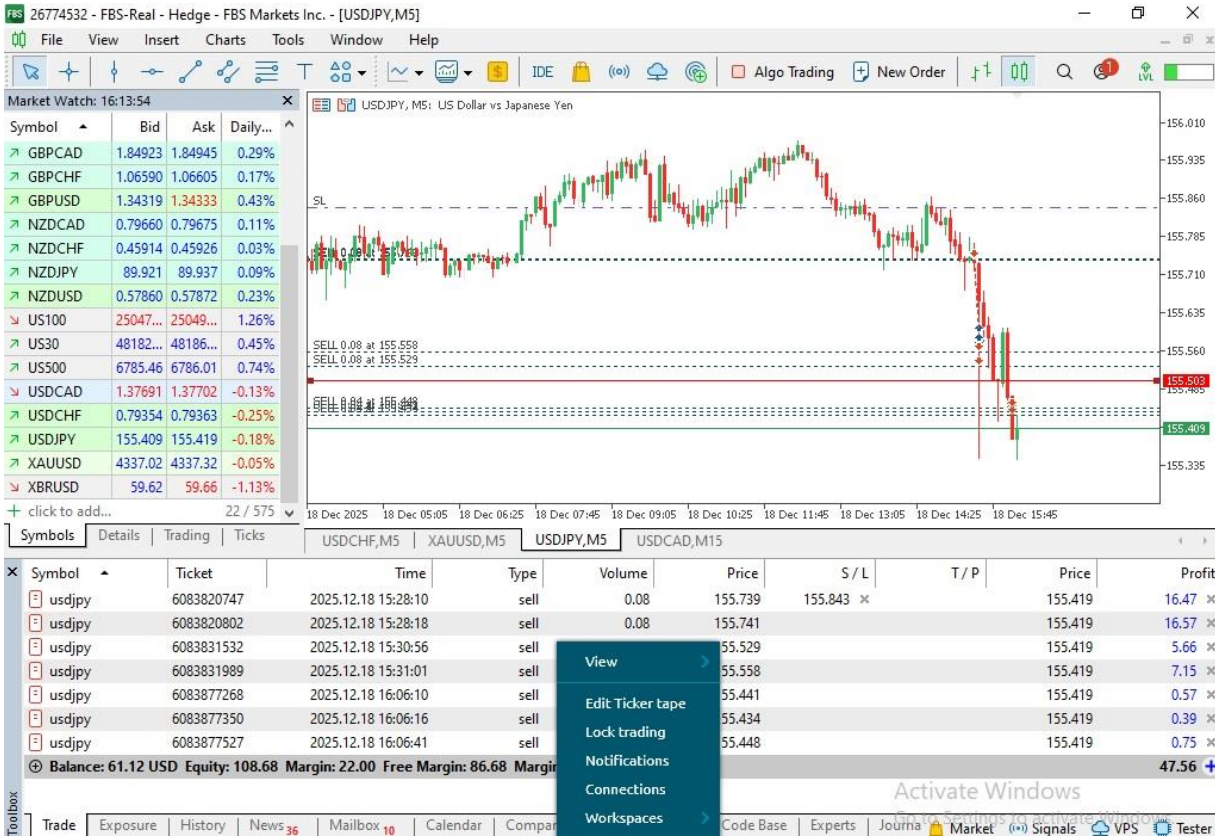
- At +0.8R, tighten to entry -0.1R; at T1, move to breakeven and scale 30–40%.

Liquidity Sweep Outlook

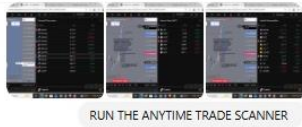
- High chance of down-then-up: sweep 154.90–155.10 → reclaim → trend to 156s if USD bid persists.

Reversal Invalidation (macro failure line)

- If UST10 < 4.10% and DXY < 98.20 while USDJPY loses 155.00, long bias fails → stand down / reassess short-side only with fresh alignment.



# USDJPY TRAINER LIVE EXPLAINED TO SHOW THE EFFECIENCY IN ENTRY OF THE GPS



Thought for 17s

Access confirmed. Screenshots received — treating all visible levels as true and proceeding.

### Macro Context

NY pre-cash. Equities green (NAS100 ~25,073; US500 ~6,784; US30 ~47,969), VIX ~16.4, DXY ~98.29, USTs firmer in yield (5Y 3.69, 10Y 4.15, 30Y 4.84). BoJ press-conf tone (lack of hawkish follow-through) triggered broad JPY weakness; USDJPY printed ~157.28 with marked impulse; GBPJPY ~210.39.

Clock: 14:45 C.A.T — 19/12/2025. Active session: NY (data/flow window ahead).

Browsing for fresh levels / proceeding qualitatively: Using your screenshots as primary source. COT / retail splits not verified here; proceeding qualitatively with standard contrarian assumptions. Data incomplete — proceeding qualitatively.

### Macro Drivers (quick)

- Yields / rates: UST 10Y/30Y nudging higher — supports USD and carry.
- Central bank tone: BoJ dovish vs market hopes — JPY offered across the board.
- Growth/commodities: Copper bid (~\$5.51), crude steady (~\$66.3), iron ore ~\$77 — cyclical tone OK.
- Vol: VIX ~16 — low/mid vol backdrop; squeeze risk if JPY shorts extend.

### Sentiment Category

Cat 1 Risk-On — NZD/AUD/CAD favored; JPY as funding.

Why: (1) Equities green + lower VIX, (2) Yields up with USD bid, (3) BoJ shock weakens JPY, (4) Copper firm, oil stable.

### Macro GPS – The Opportunity Execution Engine

Share

#### Reversal Invalidation (macro failure line)

- Daily close below 155.35 nullifies BoJ-shock continuation; stand down on longs.

#### Session Catalyst (must trigger)

- NY 13:30–14:30 C.A.T: USD/UST bid holds or strengthens; JPY crosses remain offered. Late-NY (15:00–16:00) has reversal risk — scale out into target 1/2 before that window if momentum stalls.

#### Retail Sentiment (qualitative)

- After spikes, retail tends to fade; assume net-short USDJPY — contrarian tailwind for longs.

#### COT / OI (qualitative)

- Treat as neutral-to-supportive for USDJPY continuation this week; OI trend 6/10 (impulse + follow-through).

R:R: Aim ≥ 1:2 from 156.90/156.50 entries to 158.50/159.20.

Conviction Score: 7.5 / 10 (BoJ shock + session alignment).

Volatility Strength (VIX-mapped): 4 / 10 (room for extension but expect stop-hunts).

### Execution Table

Trade Date	Instrument	Direction	Session (C.A.T)	Trigger	COT (score)	OI (score)	Retail Sentiment	Conviction
19/12/2025	USDJPY	LONG	NY 13:30–16:00	Reclaim 157.20 after dip to 156.95–156.00 or breakout/hold >157.80	Neutral+	6/10	Lean short USDJPY (contrarian long)	7.5/10

### Risk Notes

- If DXY rolls over and US10Y slips back under 4.10, reduce exposure — USD pillar weakens.
- If equities dump and VIX > 18, expect JPY safe-haven bids; trail tighter or exit.
- Session misalignment: If no trigger by end of NY first hour, stand down until Asia 01–03 GMT (stop-hunt window) or London 06:30–08:00 tomorrow.

Educational use only — not investment advice.



Activate Windows

### Shock Assessment (Shock Timing Decoder)

- Type: Central-bank communication surprise (BoJ under-delivery).
- Scope: JPY complex; extends to high-beta FX via carry.
- Nature: Pro-risk, JPY-weakness shock; London extension into NY likely.
- Session Repricing: Expect NY 13:30–14:30 C.A.T continuation or stop-hunt — then trend resumption.

### Focus Instrument + Direction

USDJPY LONG (continuation after BoJ shock)

Cleanest because DXY + UST yields support; JPY is the shock leg.

### Execution Plan (Anytime Trade Scanner)

#### Engagement Zone (entry concept)

- Primary pullback buy: 156.95 — 156.00 (retest of impulse base shown on your chart).
- Alternative momentum add: Break & hold above 157.80 (spike high reclaim).

#### Invalidation Threshold (protective stop)

- Hard stop below 155.35 (beneath last marked swing/cluster: 156.00 / 155.61 / 155.37 stack).

#### Profit Targets

1. 157.80 (recent spike high / fill)
2. 158.50 (round-number extension)
3. 159.20 (measured move of impulse)

#### Protection Trigger (lock rule)

- Once price trades +0.5R or closes above 157.80, move stop to 156.60 (below reclaimed structure).

#### Liquidity Sweep Outlook

- Expect NY open probe down toward 156.90–156.30 (stop-hunt of late longs), then swift reclaim of 157.20–157.50, extension to 157.80. Failure to reclaim 157.20 within NY first hour warns of deeper flush toward 156.00.

## THE USDJPY OUTPUT

