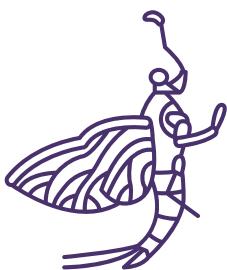




SOAP BIBLE STUDY GUIDE

EXPERIENCING THE WORD

THROUGH THE SENSES



MAYFLY MOMENTS MICRO-MODULES

Copyright 2026

ALL RIGHTS RESERVED

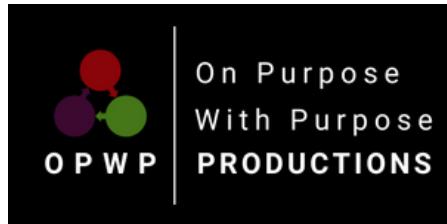
No part of this work may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system without permission in writing from the publisher.

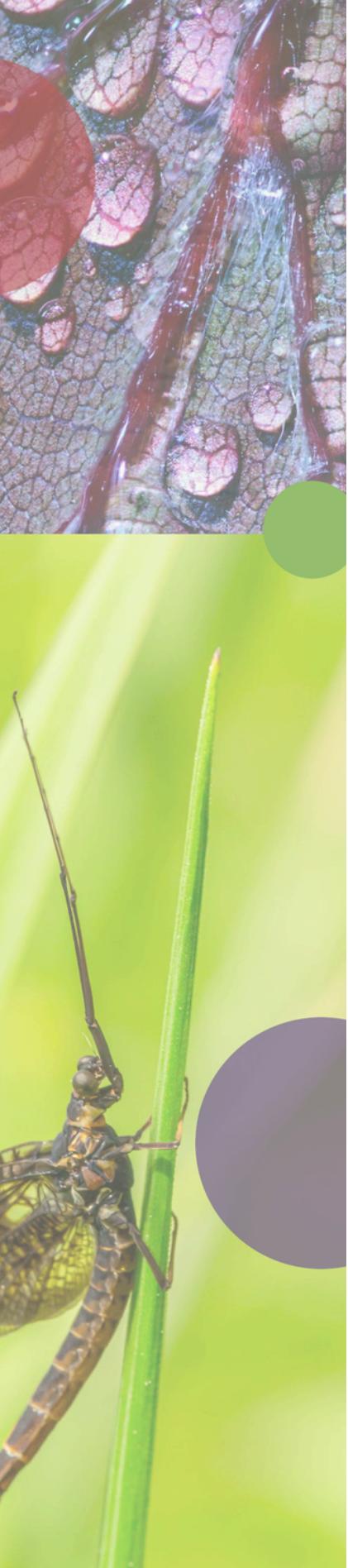
Churches and other noncommercial interests may reproduce portions of this book without the express permission of On Purpose With Purpose Productions, provided that the text does not exceed 300 words or 3 percent of the entire book, whichever is less, and that the text is not material quoted from another publisher. When reproducing text from this book, include the following credit line: Mayfly Moments: SOAP Bible Study On Purpose With Purpose Productions. Used by permission.

Our mission is to produce and distribute inspirational materials to promote the Gospel message.

Please note that we have made every effort to ensure the accuracy of the information presented in this guide. We cannot be liable for errors, omissions, or inconsistencies.

Unless otherwise noted, scriptures are taken from the World English Bible (WEB)
Author: Krystal G. Livingston
Images used under license from iStock photos, Canva.com





Introduction

Welcome to a journey through God's Word unlike any other! As women seeking deeper connections with our faith and each other, we're delighted to introduce you to "Mayfly Moments," a unique Bible study method designed to engage all five senses in our exploration of Scripture.

Let's face it. Even though there are 24 hours in a day, it seems as though those hours fly faster and faster. With the hustle and bustle of our daily lives, it's easy to overlook the beauty and richness of God's Word. Yet, just as the delicate wings of a mayfly grace the surface of a tranquil pond, so too can our moments of reflection upon Scripture leave a lasting imprint on our hearts and minds.

That last paragraph sounded so pretty, didn't it, Sisters? But after reading it, did it make you give a little eye roll? Did it sound like the writer has no idea what a day in your life is like? Seriously, who has the kind of time to sit around gazing at ponds and bugs?

Therefore watch carefully how you walk, not as unwise, but as wise, redeeming the time, because the days are evil. Therefore don't be foolish, but understand what the will of the Lord is. (Ephesians 5:15-17)

Introduction, cont'd

The truth is, life is beautiful. But it's also stressful, messy, and crowded with obligations. Believe me, Sisters. We understand. That's why we created Mayfly Moments - a series of micro-learning modules (micro-mods) to help you take in God's Word uniquely and immersively. We want to help you make the most of the time you have. And in doing that, standing in faith with you that God will make room for more time and deeper communion with Him.

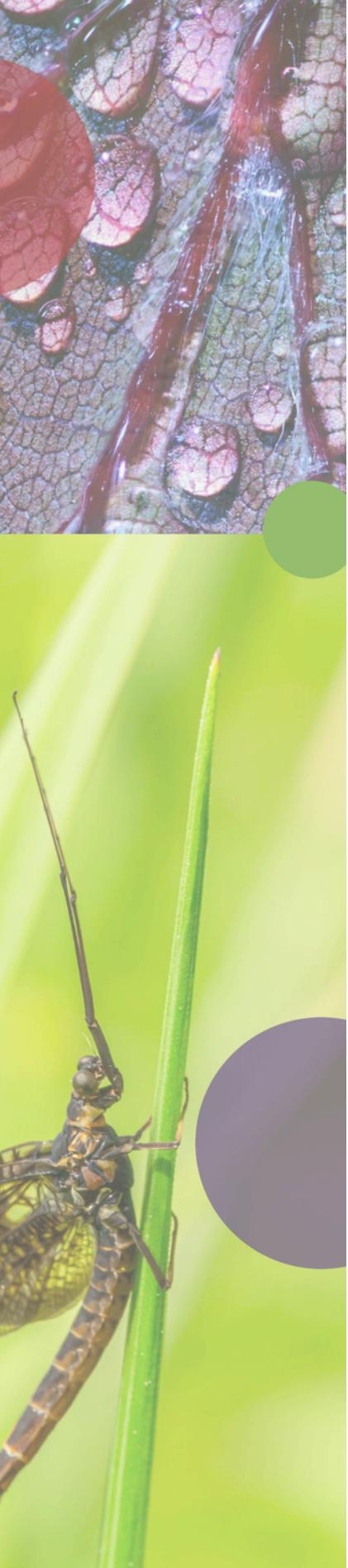
Ever wondered what it would be like to dive into the world of the Bible using all your senses? With "Mayfly Moments," we hope it'll be like stepping into a new world where you can see, hear, taste, smell, and even feel everything around you. It's all about making the Bible come alive in a way you may not have considered before.

The body is carnal and can't understand spiritual things. Every day, we must put our flesh under submission. We must force it to eagerly, deliberately seek the knowledge of God.

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. (Romans 8:5)

With each micro-mod, you will have the opportunity to engage God's Word with your senses. And in doing so, nurture a deeper appreciation for all of the wonders God created that reflect His Glory and demonstrate His love for us.

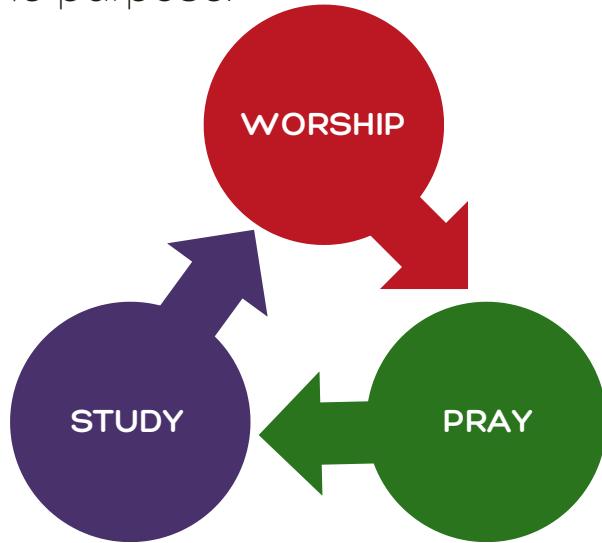




Why the Mayfly?

So, why the mayfly? It's an ugly bug. It's a nuisance. And its life is fleeting. The mayfly, with all its detractors, has a life-giving purpose. Guess what? So do our lives.

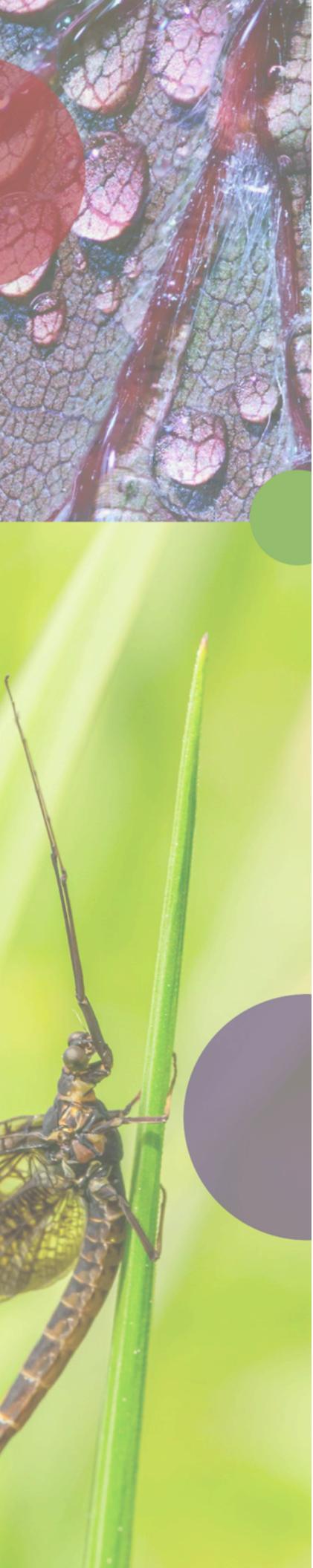
As we live them out, we must study God's Word, worship Him, and stay in constant communion with Him through prayer to fulfill His divine purpose.



The Mayfly Moments micro-mods are just one way to help in that process. These micro-mods won't be for every student of the Word.

If you are here, I trust God that He meant for you to be. So join me as we seek insight into what our Lord desires of us, one chapter, one precious moment at a time.

Take my yoke upon you and learn from me, for I am gentle and humble in heart; and you will find rest for your souls. (Matthew 11:29)



Why the Five?

Studies about learning development support the idea that using your senses benefits knowledge retention. The more you use all of your senses, the more you remember.

Why engage the senses in studying the Bible? God actually provides reasons in His Word. When we use our senses of hearing, touch, sight, taste, and smell, we take in more of Him. And the more we take in, the more we can share with others.

HEARING



So faith comes by hearing, and hearing by the word of God. (Romans 10:17)

TOUCHING



Jesus came and touched them and said, “Get up, and don’t be afraid.” (Matthew 17:7)

SEEING



Open my eyes, that I may see wondrous things out of your law. (Psalm 119:18)

TASTING

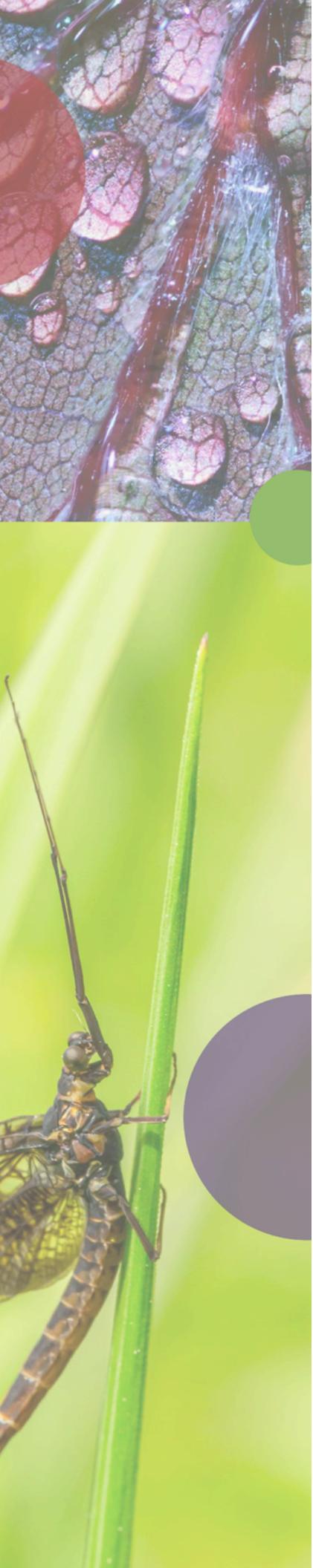


Also that every man should eat and drink, and enjoy good in all his labor, is the gift of God. (Ecclesiastes 3:13)

SMELLING



For we are a sweet aroma of Christ to God, in those who are saved and in those who perish. (2 Corinthians 2:15)



Why SOAP?

We know there are many methods of studying God's Word. It's not about which one is better; it's about which one is best for you.

For Mayfly Moments, the SOAP Bible study method naturally fits with these micro-mods' overall goal of making them easy to understand. Remember, Sisters, it's not about squeezing in time to study God's Word. God takes top priority in all we do. It's about engaging all of your senses throughout the day. It's focusing all of you using what God gave you to help you experience Him.

With this method, we'll review the Bible chapter-by-chapter, examine the Scriptures, make observations, draw practical applications, and seek God's guidance through prayer.

As you gain more appreciation for God and His Holy Word, He'll grant you the desire, time, and the will to develop deeper levels of understanding.

S	Scripture	What it says
O	Observation	What you see
A	Application	How to use it
P	Prayer	What you pray for



To get the most from these micro-mods...

Whether this is your first attempt to read the Bible from cover to cover or this is a refresher for you, follow these three easy steps to get the most from the Mayfly Moments micro-mods.

1

READ

Set aside dedicated time to read each chapter.

2

PRAY

As you read, ask the Holy Spirit for wisdom and insight.

3

SHARE

Share this message with others.



For the Senses...

When using our micro-mods, look for a resources page at the end of each lesson that lists each of the five senses. Some of the resources are free to use and distribute (like this introductory guide). Others present an opportunity to support our ministry financially and allow us to bring Mayfly Moments to others worldwide.

Whether you choose to use our free resources or our Mayfly Moments love-gift offerings, our goal remains the same. We strive to reach other women who are our spiritual sisters. They may be separated by distance, language, or culture barriers but are joined to us in their desire to grow in the Lord.

In all things, we gave thanks to the Lord, and for you for considering Mayfly Moments for your spiritual development.



SOAP BIBLE STUDY

DATE

S M T W T F S

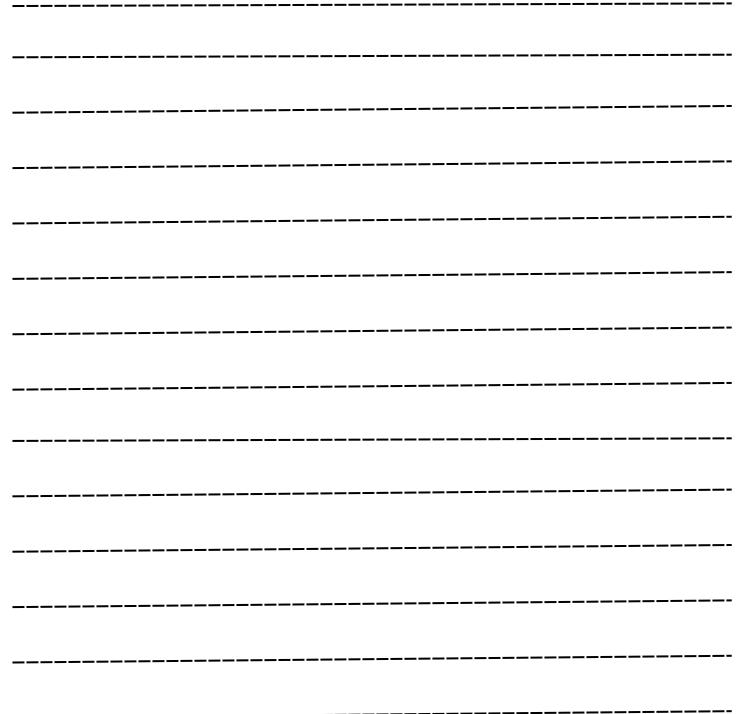
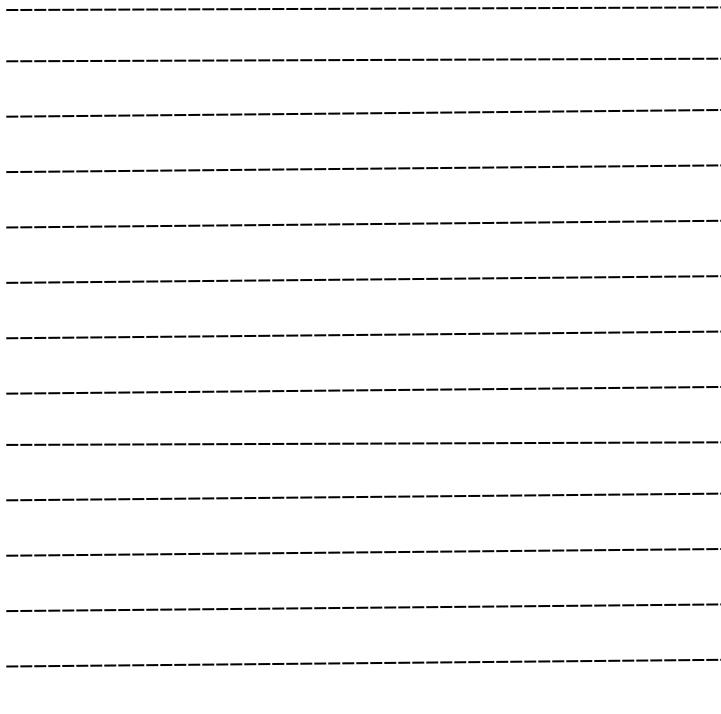


FAVORITE SCRIPTURE

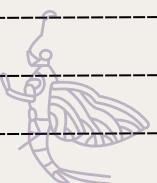


OBSERVATION

APPLICATION



PRAYER



MY NOTES



A 10x10 grid of small, solid purple dots arranged in a perfect square pattern. The grid is centered on a light gray background that has rounded corners at the top and bottom. The dots are evenly spaced both horizontally and vertically, creating a clean, geometric design.



RESOURCES



Scan the QR Code to hear an inspiring word from the latest Mayfly Moments podcast.



Scan the QR Code to explore Bible-inspired items that enrich your faith through touch.



Scan the QR Code for a collection of faith resources you can save and share.



Scan the QR Code to access recipes inspired by food from the Bible to nourish your body and soul.



Scan the QR Code to access our unique selection of scented items to help you meditate and reflect while you study God's Word.





Thank You!

Thank you for exploring this introduction to the On Purpose With Purpose Mayfly Moments Micro-Mods..

We hope this introduction has you excited and committed to studying God's Word through the senses. We pray that it has opened the door to helping you engage in active, positive dialog as you share your learning with others.

Please contact us if you have any further questions or want to explore other chapters. May your continued study of God's Word be filled with wisdom, inspiration, and a renewed passion to fulfill the divine purpose God has for your life.

Kyystal G. Livingston

Servant Leader