



AUDIO TRANSCRIPT

KINDNESS



Kindness

Welcome to Mayfly Moments—a space where we pause long enough to notice God at work in the small, sacred moments of our everyday lives.

February often highlights love—cards, flowers, and grand gestures. But today, we're turning our attention to something quieter, yet just as powerful: kindness.

Not the kind that seeks attention.

Not the kind that keeps score.

But the kind that flows from a heart aligned with God.

Galatians 6:9 reminds us:

“Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up.”

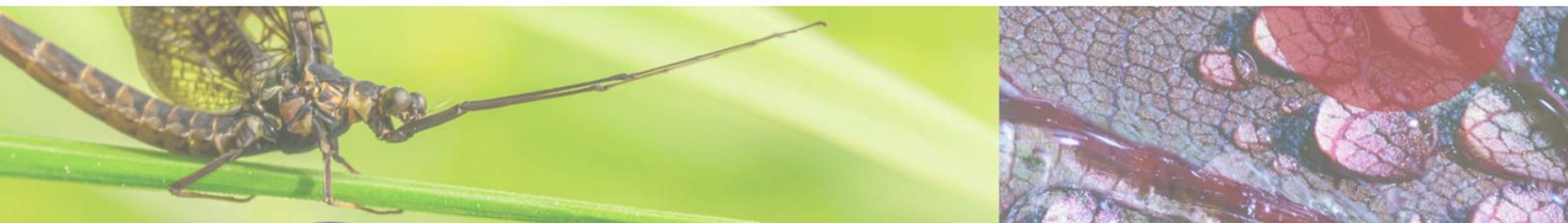
Kindness can feel small in a loud world.

Unnoticed.

Unthanked.

Even exhausting.

But Scripture tells us it is never wasted.



Kindness

In the book of Acts, we briefly meet a woman named Dorcas—also called Tabitha. She wasn't known for sermons or public leadership. She was known for what she made, what she gave, and how she served. Dorcas reminds us that kindness often wears everyday clothes. It looks like sewing. Listening. Showing up. Meeting needs without needing recognition.

Where is God inviting you to practice kindness right now? Maybe it's in patience instead of frustration. Generosity instead of convenience. Compassion instead of silence. You may never see the full impact of your kindness—but God does. And He multiplies it.

Let's pray.

Father God,

Thank You for showing us kindness through Your Son. Teach us to reflect that same love in the way we speak, serve, and respond to others. When kindness feels unnoticed or tiring, remind us that You are faithful to bring the harvest. Use our small acts of good to bring hope, healing, and encouragement to those around us. In Jesus' name, Amen.





Thank You!

Thank you for listening to an encouragement for kindness.

Please contact us if you have any further questions or want to explore other Mayfly Moments resources.

May your continued study of God's Word be filled with wisdom, inspiration, and a renewed passion to fulfill the divine purpose God has for your life.

Krystal G. Livingston

Servant Leader

