



GOD'S PURPOSE FOR YOUR LIFE

FREE CHRISTIAN
DEVOTIONAL + REFLECTION
GUIDE

MAYFLY MOMENTS

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You will seek
the Lord your
God and you
will find Him...

INTRODUCTION

Purpose isn't something we stumble upon by accident—it is something lovingly designed by God. In every season of life, He invites us to discover who we are in Him and how our lives can reflect His glory. Purpose gives meaning to our days, steadiness to our faith, and hope when the path ahead feels uncertain.

This Mayfly Moments resource is an invitation to pause, reflect, and realign your heart with God's intention for your life.

As you read, pray, and reflect, may you be encouraged to trust God's timing, embrace His calling, and walk forward with confidence—on purpose, with purpose.

01

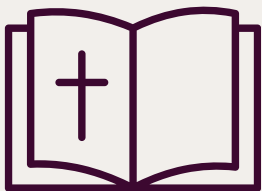
WHY
PURPOSE
MATTERS



CREATED WITH INTENTION



Purpose is not an accident. From the opening pages of Scripture, we see a God who creates with order, meaning, and intention. Your life carries that same intentional design. Purpose gives direction to our days and anchors our faith when life feels uncertain.



For we are His workmanship, created in Christ Jesus for good works.”

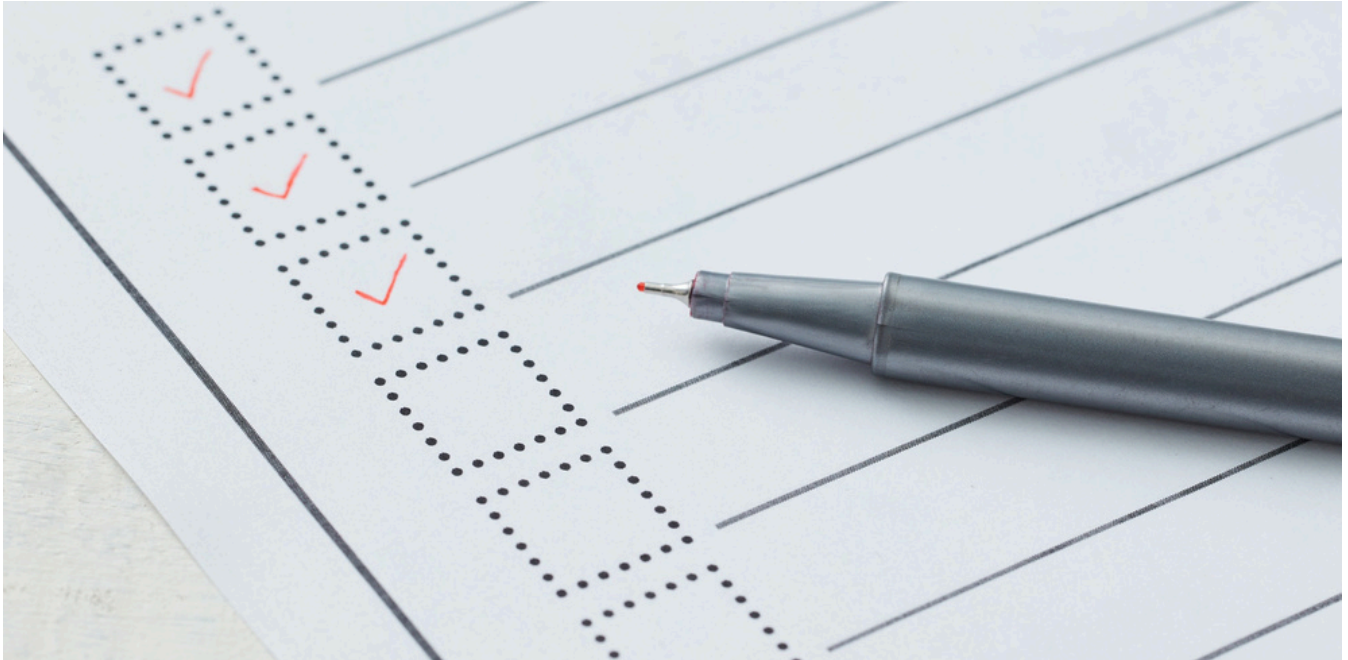
– Ephesians 2:10

02

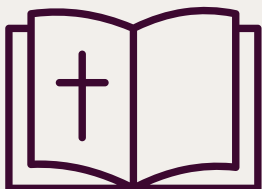
GOD IS A
PURPOSEFUL
GOD



ORDER DESIGN INTENTION



Nothing God does is random. From the stars in the sky to the details of your personality, God works with divine precision. Understanding God's nature helps us trust that our lives are not wandering stories, but guided journeys.



THE LORD will fulfill that which concerns me.

– Psalm 138:8

03

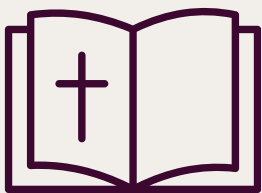
YOU WERE
CREATED ON
PURPOSE



KNOWN - SEEN - CALLED



You are not a backup plan. Before you were formed, God knew you. Your gifts, experiences, and even your challenges can be used to fulfill His plan. Purpose often unfolds as we faithfully follow Him one step at a time.



Before I formed you in the womb, I knew you.

– Jeremiah 1:5

04

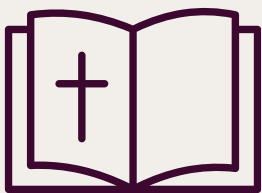
PURPOSE VS PRESSURE



GRACE OVER GRIND



Purpose is not about striving to prove your worth. God's purpose flows from grace, not pressure. When we confuse purpose with performance, we risk burnout and discouragement. True purpose is rooted in obedience and trust.



For my yoke is easy, and my burden is light.

– Matthew 11:30

05

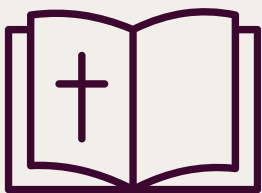
SEASONS
OF
PURPOSE



PLANTING WAITING HARVEST



Purpose doesn't look the same in every season. There are times to plant, times to wait, and times to step boldly forward. Trust that God is working in every season, even when progress feels slow.



For everything there is a season.

– Ecclesiastes 3:1

06

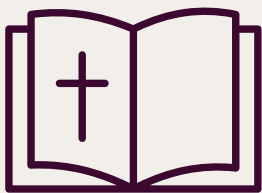
WALKING IN
PURPOSE
DAILY



FAITHFUL STEPS



Purpose is lived out in everyday faithfulness. Small acts of obedience, kindness, and prayer align our hearts with God's will. You don't have to know the whole plan—just the next faithful step.



Your word is a lamp to my feet.

– Psalm 119:105

07

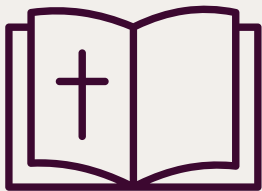
OVERCOMING
OBSTACLES
TO PURPOSE



FAITH OVER FEAR



Fear, doubt, and comparison can distract us from our calling. Remember that God equips those He calls. When obstacles arise, lean into prayer and Scripture for renewed strength.



For God hasn't given us a spirit of fear.

– 2 Timothy 1:7

08

REFLECTION
&
PRAYER



A MOMENT OF CLARITY

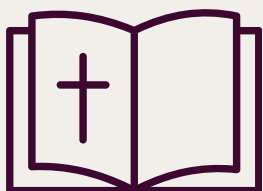


Take a moment to reflect: Where do you sense God leading you? What gifts has He placed within you? Invite God to clarify your purpose and give you courage to walk it out.



Lord, help me trust Your plan and walk confidently in the purpose You have for my life.

Amen.



For we are his workmanship, created in Christ Jesus for good works, which God prepared before that we would walk in them.

– Ephesians 2:10

Take a quiet moment to invite God into your thoughts. Purpose is often revealed in reflection, not rushing.

Journal Prompts

When I think about purpose, what emotions come to the surface (peace, fear, excitement, uncertainty)? Why?

What gifts, talents, or experiences has God placed in my life that may be connected to my purpose?

Are there fears, distractions, or past disappointments that have kept me from fully walking in purpose?

In this current season, what do I sense God asking me to do—or trust Him with?



Lord, help me to see myself the way You see me. Reveal Your purpose for my life and give me the courage to walk in it, one faithful step at a time. Align my heart with Your will and teach me to trust You fully.

Amen.

One small step I can take this week to live on purpose is:

09

LIVING
ON
PURPOSE



ON PURPOSE WITH PURPOSE



Purpose is not a destination—it is a journey with God. As you continue seeking Him, trust that He will guide your steps and use your life for His glory.



THANK YOU!

Thank you for taking the time to read, reflect, and seek God through this resource. Your willingness to pause and lean into His purpose is an act of faith, and it matters more than you may realize.

May you be encouraged to continue walking forward with confidence, trusting that God is guiding every step. Thank you for being part of the Mayfly Moments community and choosing to live on purpose—with purpose.

Kyystal G. Livingston

Servant Leader