



**WHOSE
REPORT
WILL
YOU
BELIEVE?**



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Scriptures are taken from the World English Bible (WEB)

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INTRODUCTION

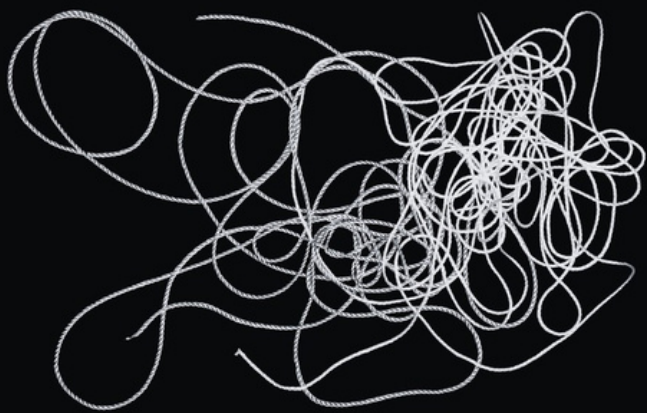
Welcome, beautiful daughter of God!

Have you ever found yourself wondering if God really sees you? If He hears your prayers? If His promises still apply to your life? Sometimes belief comes easily—when life is good, the sun is shining, and doors are opening. But what about the quiet seasons? The uncertain places? The moments when God seems silent or distant? This devotional was written for those moments. It's a gentle reminder that even when you can't see it, God is working. Even when you don't feel strong, He is still faithful. And even when your belief is hanging by a thread, He never lets go.

Belief is not just about trusting God once—it's about learning to trust Him over and over again. Through every chapter, you'll be invited to rediscover what it means to believe: to believe in His promises, to believe in who He created you to be, and to believe that He's not done writing your story. As you journey through these pages, may your faith be reignited and your heart anchored in the truth that your belief—no matter how small—is powerful when placed in the hands of a mighty God.



O you of little
faith, why did
you doubt.
(Matthew 14:31)



01

THE POWER
OF BELIEF IN
GOD





NO FEAR - EASIER SAID THAN DONE?

Jesus said to him, "Don't be afraid, only believe." - **Mark 5:36**

Jesus speaks these words to a desperate father, Jairus, whose daughter had just died. The news was devastating, final. But Jesus didn't address the tragedy. He addressed Jairus' heart. "Don't be afraid, only believe."

This simple yet powerful command reveals the deep relationship between fear and faith. Jesus was inviting Jairus to anchor his trust in divine power, even when the situation looked hopeless. In the same way, God calls us to shift our eyes from what we see to Who He is. Belief in God is not wishful thinking. It's a confident assurance that what God has said, He will do.

And have mercy on those who doubt (Jude 1:22).

It's choosing to trust God's character and promises even when circumstances scream otherwise. When we believe, we allow God's authority to override our anxiety, His truth to silence our doubt, and His presence to calm our fear.

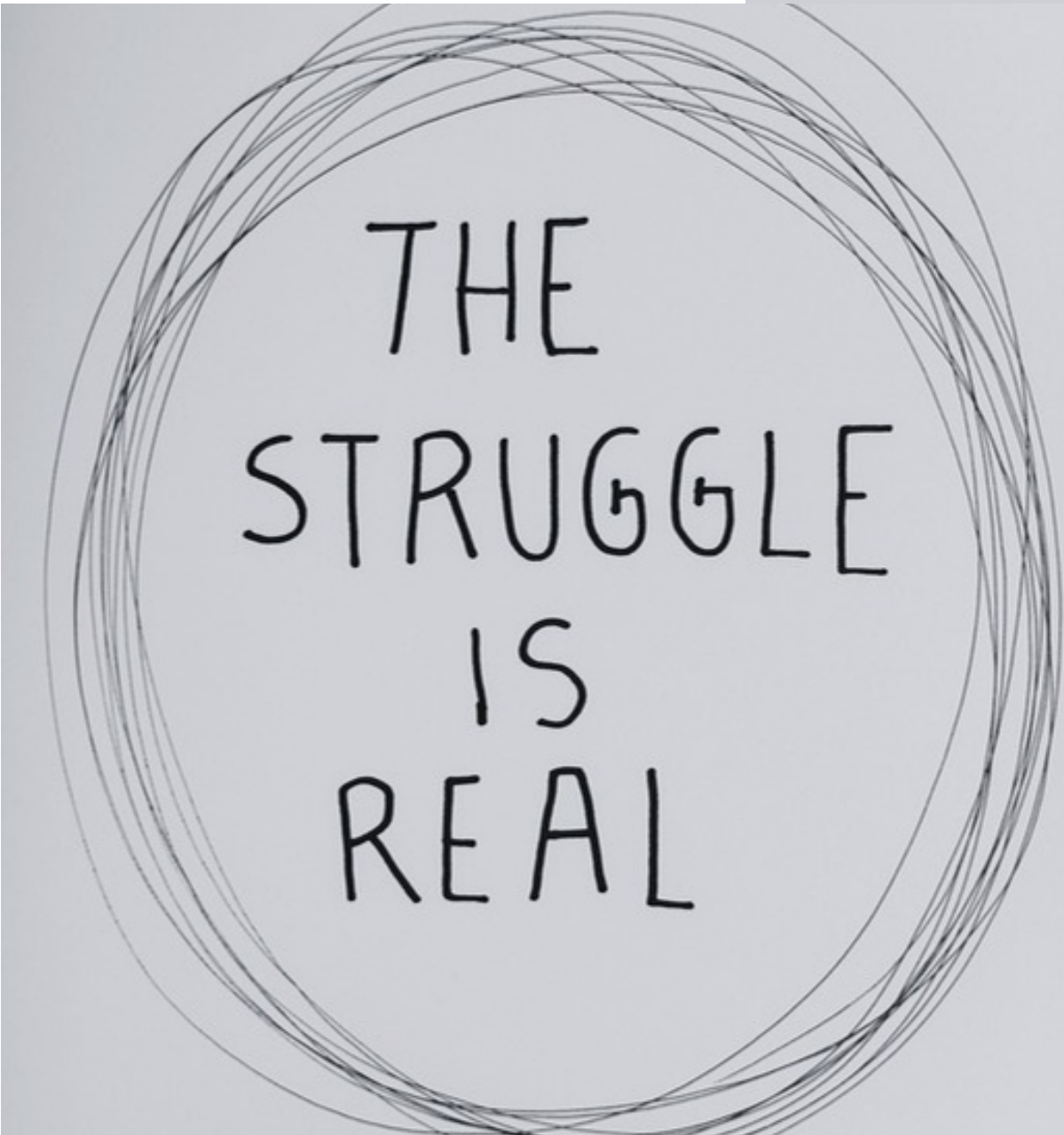
When You're Struggling to Believe

Every sister faces moments when belief feels more like a whisper than a roar or when unanswered prayers, disappointment, or fear make it hard to trust.

If that's where you are, take heart. Start by returning to the basics: read and meditate on God's Word daily, especially scriptures that declare His faithfulness.

Journal your fears and surrender them to God in prayer. Worship, even when you don't feel like it—worship shifts your focus from your problem to your Provider. Seek community.

Sometimes, belief is sustained not by your own strength but by the prayers and encouragement of others. Don't isolate yourself when you doubt. Speak truth aloud, even if your heart hasn't caught up yet. Belief grows when it's practiced, and every time you choose faith over fear—even in small ways—you're building spiritual muscle.



THE
STRUGGLE
IS
REAL

Helping Others Believe

Belief is contagious. As women of faith, we are called to be light-bearers for others who may be walking through darkness. One of the most powerful things you can do to encourage belief in someone else is to share your story. Share the moments when God showed up for you—especially the times He came through when you least expected it.

Be intentional about speaking words of life into the women around you, reminding them of who God is and what He's capable of. Pray with them and for them. Create spaces for open conversations where doubts are met with compassion, not shame.

Sometimes, your consistent faith will be the bridge that leads someone else back to belief. Never underestimate the impact of your encouragement—it may be exactly what another woman needs to take her next step in faith.



Journal Prompt

Where in your life have you struggled to fully believe God—His timing, His goodness, or His ability to come through? What would change if you chose to trust Him with your whole heart in that area?

Prayer



You are faithful and true, even when I feel unsure. Help me to trust You more deeply, especially in the areas where belief has been hard to hold onto. Let my faith rise, not because I see the outcome, but because I know You are trustworthy. I surrender every part of me that still hesitates, and I choose to believe again—today and every day. In Jesus' name,

Amen.

02

WHAT YOU
BELIEVE
ABOUT
YOURSELF





COGITO ERGO SUM...I THINK THEREFORE I AM

Proverbs 23:7-As a man thinks in his heart, so is he.

This scripture gets to the core of identity and mindset. Proverbs 23:7 reveals that our thoughts are more than passing ideas. They shape the very essence of who we are. What you consistently think about yourself becomes the foundation of how you live, love, relate, and pursue your purpose.

If you believe you're unworthy, you'll live guarded and small. If you believe you're loved and called, you'll step out in courage. The enemy knows this, which is why his attacks often start in the mind.

But God invites us to renew our minds with His truth. When we align our thoughts with who God says we are—fearfully and wonderfully made, chosen, redeemed, equipped—we begin to walk in freedom and purpose. Right thinking leads to right living.

Therefore don't be afraid. You are of more value than many sparrows. (Luke 12:7)

When You Struggle to Believe in Yourself

If your inner voice is filled with doubt, shame, or insecurity, know this: you don't have to stay there. Begin by identifying the lies you've believed. Do any of these statements sound familiar? "I'm not good enough," "I always mess up," or "God can't use someone like me."

Write them down, and then write God's truth beside each one. Declare those truths daily. Fill your environment with reminders of God's Word—sticky notes on mirrors, scripture cards in your purse, playlists that build you up in faith. Guard your heart from comparison. Social media and unrealistic standards can blur your vision, so regularly unplug and get grounded in God's voice.

You must practice grace. You're a work in progress, and God isn't finished with you yet. The more time you spend with Him, the more clearly you'll see yourself through His loving eyes.



Helping Other Sisters See Themselves Through God's Eyes

One of the greatest gifts you can offer another sister is the truth about who she is in Christ. Be a mirror that reflects God's heart back to her. When you see her doubting her worth or shrinking in fear, speak life into her.

Affirm her gifts, call out the beauty you see, and gently remind her of what God says. Send her encouraging scriptures, leave voice notes filled with love and truth, and celebrate not just what she does, but who she is.

Refuse to engage in comparison or gossip; instead, model a spirit of sisterhood that lifts others higher. Let your words and actions preach louder than any sermon: "You are worthy. You are loved. You are seen by God." You may never fully know how your belief in her can help awaken her belief in herself.

Journal Prompt

What have you believed about yourself that does not align with God's truth? Write down one lie you've accepted and replace it with a scripture that tells you who you truly are in Christ.

Prayer



Thank You for creating me in Your image and calling me worthy. Forgive me for the times I've believed lies about who I am—lies that make me feel small, unworthy, or unloved. Today, I choose to believe what You say about me. that I am fearfully and wonderfully made, chosen, and deeply loved. Help me to walk boldly in that identity and silence every voice that speaks against it. Remind me daily that my value is rooted in You, not in the opinions of others or the failures of my past. In Jesus' name,

Amen.

03

BELIEVING
WHEN LIFE
DOESN'T
MAKE
SENSE



99 & 1/2 WON'T DO

**Proverbs 3:5 - Trust in THE LORD with all
your heart, and don't lean on your own
understanding..**

All means all.. Proverbs 3:5 is a command. But it's also a comfort. It reminds us that our understanding is limited and often unreliable, especially in moments of pain, confusion, or transition. Life doesn't always follow our plans, and when it doesn't, our natural response is to ask, "Why?" or "How could this be God's will?"

This verse challenges us to release our grip on the need to figure everything out and instead cling to the One who already knows the beginning from the end. Trusting God with all your heart means surrendering control, questions, and even the right to understand. It means choosing to believe that even in chaos, God is still good, still sovereign, and still working everything together for a purpose far greater than what we can see in the moment.

But if any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. (James 1:5)

When You're Struggling to Trust God's Plan

When life doesn't make sense, when the doors close, the diagnosis comes, the dream dies, it can feel like God has gone silent. In those moments, don't isolate; lean in.

First, go back to what you know to be true: God is faithful. Write down times He has come through in the past, and revisit them often. Stay rooted in the Word. God's word anchors your soul when emotions are in turmoil.

Pray honestly. God can handle it. He isn't intimidated by your confusion or pain. Find a moment for an "ugly cry", But don't let it steal your worship. Surround yourself with people of faith who can pray for you when your words run dry.

Sometimes trust looks like taking the next small step. Getting out of bed, showing up in prayer, speaking God's promises out loud even when your heart is aching.

That's belief in action.

Helping Others Find Faith in the Chaos

When someone else is in the storm, your presence can be more powerful than any answer. Be the kind of friend who listens without rushing to fix. Acknowledge their pain. Don't diminish the confusion, but gently point them to the truth that God hasn't abandoned them.

Share your own seasons of not understanding, and how God met you in them. Offer to pray, not just for them but with them. Send scripture-filled encouragement.

Sometimes they need help seeing past the fog, and your faith can help them hold on when theirs feels fragile. Be patient. Everyone processes pain differently, and healing rarely follows a straight line.

Remind them that trusting God doesn't always mean having clarity; sometimes it just means taking His hand and choosing to walk forward anyway.

Journal Prompt

Think of a time when life didn't go the way you expected. How did that experience affect your belief in God? What would it look like to release your need for understanding and trust Him more fully right now?

Prayer



Heavenly Father,

There are so many things I don't understand—so many questions that linger in my heart. But even when life doesn't make sense, I choose to trust You. Help me to let go of my need to have all the answers and instead hold tightly to Your promises. When I can't see the way, be my light. When I can't hear the answers, be my peace. In Jesus' name,

Amen.

04

FINDING
YOUR
PURPOSE IN
CHRIST



HE KNOWS WHAT HE'S DOING

Jeremiah 29:11—"For I know the thoughts that I think toward you," says THE LORD, "thoughts of peace, and not of evil, to give you hope and a future."

How many times have you heard Jeremiah 29:11 quoted? It's for good reason that it's a favorite. It's a promise of divine intention. Spoken to a people in exile, this verse reminds us that God's plans for us remain even when life feels off course. It reassures us that we are not forgotten, not random, and certainly not a mistake. His plans are good, even when we don't see immediate results.

There are many plans in a man's heart, but THE LORD's counsel will prevail. (Proverbs 19:21)



God doesn't just have a plan; He has **your** plan. And it's not a backup plan. Not a plan "A", "B", "C", or even a last resort "Z". It's been designed with precision and love. Finding your purpose isn't about chasing something far off in the distance. It's about tuning your heart to the One who already knows the way.

When you believe that God has a purpose for your life, you stop striving and start surrendering, allowing Him to guide your steps, reveal your gifts, and use your story for His glory.



When You Feel Lost or Uncertain About Your Purpose...

Start with what's in your hands. Sometimes, we wait for the big "aha!" moment, but God often reveals purpose step by step. Ask yourself: What do I love? What burdens my heart? What skills come naturally to me?

These are often clues to your calling. Get into God's Word daily and ask the Holy Spirit to highlight truths about your identity and assignment. Serve others; purpose is often found in giving, not getting.

Also, let go of the idea that your purpose has to be public or flashy. Raising a child, encouraging a coworker, writing in your journal, praying for your community, these are all acts of purpose when done in obedience to God.

And remember: delay doesn't mean denial. If it feels like nothing is happening, trust that God is developing you behind the scenes for something greater.

Helping Others Discover Their Purpose in Christ

One of the most life-giving things you can do to help another sister is to call out purpose in her.

Sometimes we don't see our own gifting because we've become too familiar with it.

When you notice someone's strengths, such as her ability to teach, listen, organize, create, then tell her. Speak it out.

Encourage her to dream with God and pray with her as she seeks clarity.



Helping Others Discover Their Purpose in Christ, cont'd

Share stories of how you've wrestled with your own calling; authenticity creates safe space. Recommend resources, such as books, podcasts, or devotionals that have helped you on your journey.

And most importantly, remind her that she doesn't have to earn her purpose. Res assured. It's already within her, placed there by a loving Father.

Your belief in her might be the spark that helps her walk boldly into the life God designed just for her.

Journal Prompt

What do you believe God has placed in your hands right now—skills, opportunities, passions, or people? How might He want to use those things to serve others and glorify Him?

Prayer



Dear Lord,

Thank You for creating me with purpose and intention. Sometimes I feel lost, unsure of my direction, but I know You are not a God of confusion. Quiet my striving heart and open my eyes to what You've already placed in front of me. Help me to see that my purpose isn't something I have to find—it's something I get to live out in relationship with You. Give me boldness to take small steps, courage to trust Your timing, and a heart that is willing to be used for Your glory. In Jesus' name,

Amen.

05

BELIEVING GOD FOR THE IMPOSSIBLE



POSSIBLE



DON'T ASK WHY ME...ASK WHY NOT ME

Matthew 19:26 - Looking at them, Jesus said, "With men this is impossible, but with God all things are possible."

In this scripture, Jesus is addressing the disciples' astonishment at how difficult it is for the rich to enter the Kingdom of Heaven.

Their question, "Then who can be saved?", was born out of doubt and human limitation.

Jesus reminds us that what seems impossible to people is completely possible with God.

For the word of the cross is foolishness to those who are dying, but to us who are being saved it is the power of God.
(1 Corinthians 1:18)

This wasn't just about salvation; it was a divine declaration over every "impossible" situation. It speaks to healing that seems out of reach, provision that doesn't add up, dreams that feel delayed or denied, and mountains that won't seem to move.

Believing in the God of the impossible doesn't mean ignoring the facts. It means choosing to trust the One who is greater than the facts.

It means remembering that God specializes in resurrection, restoration, and redemption.

There's nothing too hard for Him.



When You're Struggling to Believe for a Miracle

When your prayers seem unanswered and your faith feels stretched thin, take a breath and take it to God.

Start by writing down what you're believing for and pair each one with a scripture that supports God's power in that area. Speak those scriptures out loud each day.

Surround yourself with testimonies. Listen to stories of how God has moved in the lives of others. Testimonies build faith. Limit your exposure to negativity and cynicism, which can slowly erode belief.

Fast and pray if you need clarity or breakthrough. And don't let your delay become your identity. Just because it hasn't happened yet doesn't mean God has said no.

Sometimes the miracle is being prepared while your faith is being refined. Trust the process. Worship while you wait. It is one of the most powerful declarations of belief.

Helping Others Believe for the Impossible

When someone around you feels hopeless, your faith can be a lifeline. Ask how you can specifically pray for them, and follow through.

Send them scriptures that remind them of God's power, and check in regularly. Share your own miracles; especially the ones that came after long seasons of waiting.

Be a gentle voice of truth, reminding them that God sees them, hears them, and is not done with their story. Don't pressure them to "have more faith". Instead, come alongside them in love and agreement.

Be their "faith friend". Be the one who keeps believing even when they can't. Because sometimes, belief for the impossible grows strongest when it's shared.

Journal Prompt

What's something you've labeled as "impossible" in your life? What would it look like to surrender that situation to God and believe again?

Prayer



Lord of the impossible,

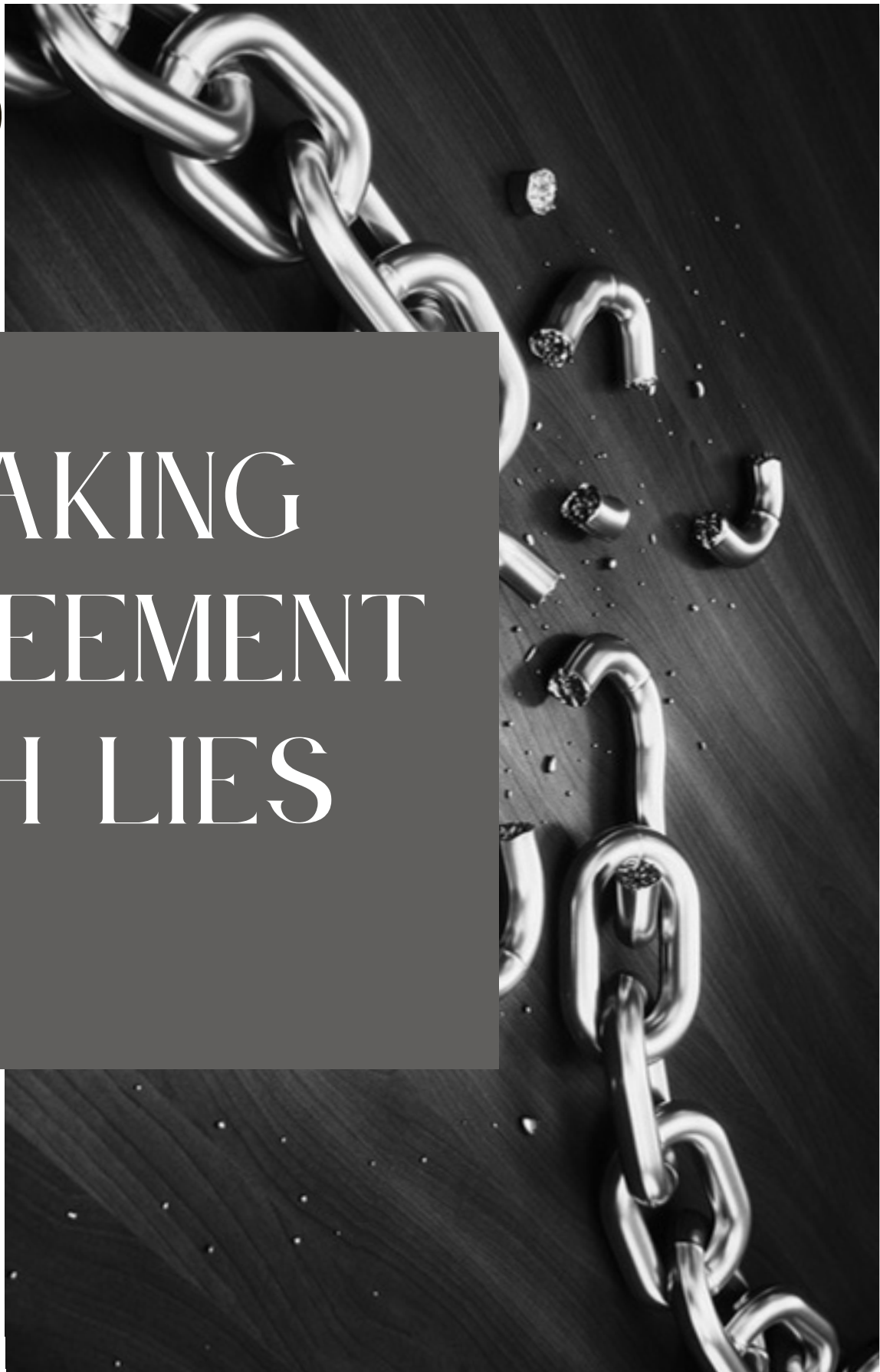
I bring to You every situation that feels too big, too broken, or too far gone. Help me to see with eyes of faith instead of fear. Remind me that no matter what it looks like, You are still in control. I choose to believe that You are working behind the scenes, even when I can't see it.

Stir up courage in me to believe again, hope again, and pray again. Thank You that with You, nothing is impossible. In Jesus' name,

Amen.

06

BREAKING
AGREEMENT
WITH LIES





INFORMATION EQUALS TRANSFORMATION

John 8:32 - You will know the truth, and the truth will make you free.

Jesus spoke these words to new believers, showing that true freedom starts in the mind. The enemy often uses lies to hold us back. He uses lies like "You're not enough," "You'll always be broken," or "God won't help you." If we're not careful, we start to believe them.

But Jesus makes it clear that truth is not just information; it's transformation. When we begin to know. Not just hear but embrace God's truth. It frees us from fear, insecurity, shame, and spiritual paralysis.

Truth isn't passive; it's a weapon. To walk in freedom, we must actively break ties with every lie and replace it with what God says about us.

Put on the whole armor of God, that you may be able to stand against the wiles of the devil. (Ephesians 6:11)

When You're Struggling to Recognize or Let Go of a Lie...

Start by asking the Holy Spirit to reveal any lie you've agreed with. Pay specially attention to those lies that sound and feel like: "it's just the way I am." Lies often masquerade as personality traits or survival tactics. Write them down, and beside each one, write a corresponding truth from scripture.

For example, the lie "I'm a failure" can be replaced with "I am more than a conqueror through Christ" (Romans 8:37). Speak these truths over yourself daily, even when they feel unnatural. Truth renews the mind over time. Avoid reinforcing lies through your words—be mindful of how you speak about yourself.

Surround yourself with truth-tellers and friends who will lovingly correct you when you speak things over yourself that God never has.

Breaking agreement with lies may feel uncomfortable at first, but it's a holy discomfort that leads to freedom.



Helping Others Walk in Truth

Some people carry lies so deeply, they don't even realize it. Be gentle, but speak truth. When a friend puts herself down, remind her, "That's not what God says about you."

Share scriptures, pray with her, and encourage her to journal what she's feeling and compare it to God's Word.

Most of all, remind her often: she is not her past or her pain. She is who God says she is, and that truth brings freedom.

Journal Prompt

What lies have you believed about yourself, your purpose, or your worth? Write them down, then find and write scriptures that speak the truth about each one.

Prayer



Jesus,

Thank You for being the Truth that sets me free. I ask You to shine Your light into every corner of my heart and expose the lies I've unknowingly embraced. Break every false agreement I've made, and replace it with Your living Word. Help me to walk boldly in the truth of who I am in You. And use me to help others walk in freedom, too. In Your name,

Amen.

07

KEEP
BELIEVING
THROUGH
THE STORM





AH. THE GOD OL' DAYS

**Hebrews 10:23 - "let's hold fast the
confession of our hope without wavering;
for he who promised is faithful."**

Belief isn't just for the good days. It's for the hard ones. The days when hope feels fragile, the prayers feel unanswered, and everything in you wants to give up. Holding tightly to hope means choosing to believe God's Word over your circumstances. It's choosing to trust His character when His timing feels slow.

Storms will come: financial setbacks, health crises, broken relationships, seasons of silence.

But God's promises do not get washed away in the rain. This verse encourages us to cling to what we know about God: He is trustworthy. He does not lie. He does not forget. He does not change. And even when everything around us is shaking, His faithfulness remains the anchor of our belief.



Helping Others Believe When Their World is Falling Apart

When someone you love is “going through”, they may not need advice. They may not even want it. They need presence. God’s presence. And you can represent God to them. Be someone who stays. Don’t minimize their pain with quick answers; instead, listen, cry with them, and remind them that they are not alone. Pray out loud with them when they can’t find the words.

Share scriptures that brought you peace in your own storms. Offer to sit with them at church, send a voice prayer or scripture daily, or bring over a meal as a simple reminder of God’s care.

Most of all, point them back to the truth that God hasn’t changed, even if everything else has. Sometimes your consistent belief will hold the space until they can believe again for themselves.

Journal Prompt

What storm are you currently facing—or still healing from? How have you seen God sustain you? What promise do you need to hold onto right now?

Prayer



Father,

You see every wave crashing around me and every tear I've cried. In the middle of this storm, help me to cling to You. Strengthen my belief when it starts to waver. Remind me of Your promises, even when I don't see their fulfillment yet.

Let Your Word be my anchor and Your presence be my peace. And Lord, help me to be a source of comfort to others walking through storms of their own. In Jesus' name,

Amen.

08

LIVING AS A WOMAN OF BELIEF





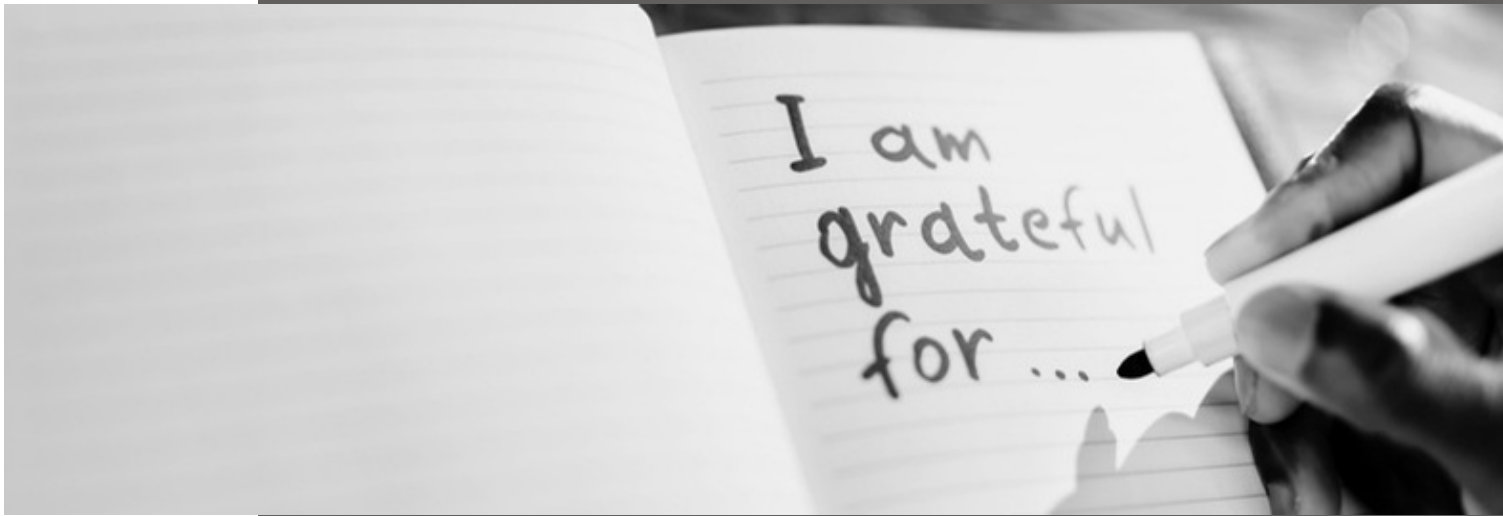
BELIEF + BLESSINGS

**Luke 1:45 - Blessed is she who believed,
for there will be a fulfillment of the things
which have been spoken to her from the
Lord!**

Spoken to Mary, the mother of Jesus, this verse captures the beauty of a woman who dares to believe. Mary was a young, ordinary girl given an extraordinary promise. And she believed it, despite how impossible or risky it seemed. Luke 1:45 doesn't just celebrate belief; it reveals the blessing that follows it.

There's a deep joy and strength that comes when we take God at His Word. Living as a woman of belief means not letting fear speak louder than faith. It's saying, "Lord, I don't have all the answers, but I trust You." Belief isn't passive. It's active trust. It influences how you speak, how you move, and how you respond to life. When belief shapes your life, you don't just endure life's challenges, you overcome them with purpose and power.

And God is able to make all grace abound to you, that you, always having all sufficiency in everything, may abound to every good work. (2 Corinthians 9:8)



How to Walk Boldly in Belief Daily:

Begin each day by declaring what you believe about God, about yourself, and about the season you're in. Speak it aloud before doubt has a chance to whisper.

Write down the promises God has spoken over your life and review them often. Ask the Holy Spirit to show you what belief looks like today: Is it making a phone call? Applying for a new job? Forgiving someone? Saying yes when you feel scared? Belief is built in daily decisions. Guard your heart from voices that feed fear or unbelief. Instead, seek wise, faith-filled voices that sharpen you and speak life.

And most of all, make time for God.. Not out of obligation but relationship. When you stay close to the Promise Maker, you'll find the strength to keep believing in the promise, even in the waiting.

Helping Others Become Women of Belief

Empower the women around you by affirming the faith you see in them. Encourage them to dream boldly, pray specifically, and walk courageously. If someone's belief is struggling, don't shame her, stand beside her.

Share what God has done in your life and how your belief has grown through struggle. Invite her into spaces where faith is nurtured, such as Bible studies, worship nights, or prayer groups. Speak life into her calling when she forgets it. When you model belief in action, you give other women permission to rise up, too.

Be the kind of woman who helps others dust off their hope, pick up their promises, and say again with conviction, "I believe."

Journal Prompt

What promise from God do you need to start believing in again? What would change in your life if you chose to live each day as a woman of unshakable belief?

Prayer



Lord,

Thank You for calling me to be a woman of belief. Strengthen my heart to trust You, even when it's hard. Help me to walk boldly in faith, holding tightly to Your promises. Let my belief shine in every area of my life—how I speak, how I love, how I live. And use me, Lord, to inspire belief in other women around me.

Let my life be a reflection of Your goodness and faithfulness. In Jesus' name,

Amen.



Go Be The Light

Sister, you were never meant to live a life of hesitation, fear, or doubt. You were created to believe boldly, walk confidently, and trust completely in the God who holds your future.

As you close this devotional, carry the truth of God's promises with you. Let your belief be fierce, unshakable, and rooted in His faithfulness. Rise up as a woman who chooses faith over fear, truth over lies, and purpose over passivity. The world is waiting for your light.

So step forward, heart full of belief, and live like you know who your God is. Because you do. And He is more than enough.



THANK YOU!

Thank you, friends, for taking this journey with me. Creating this ebook has been a labor of love, and my prayer is that it has encouraged you to deepen your belief in a more intentional way. Your heart for God and for others matters, and every small act of faith you show is making a difference in this world.

I pray that as you move forward, you continue to let the conviction of your beliefs be a reflection of God's love in your life. Keep shining, keep loving, and keep being the light He has called you to be.

Thank you for allowing me to be a part of your journey. May God bless you abundantly as you walk in renewed faith!

With love and gratitude,

Krystal G. Livingston

Servant Leader, Mayfly Moments