

*prayer*  
guide



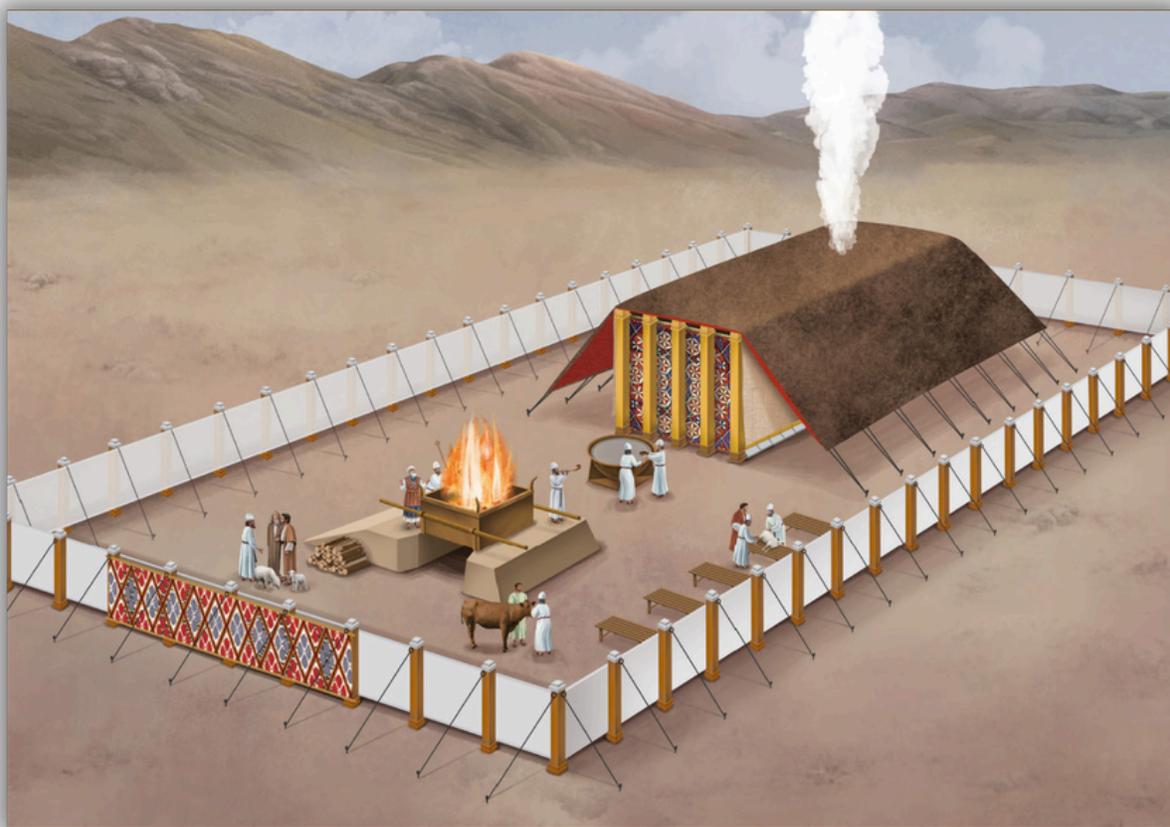
# Journey Into God's Presence: A Powerful Guide to Prayer

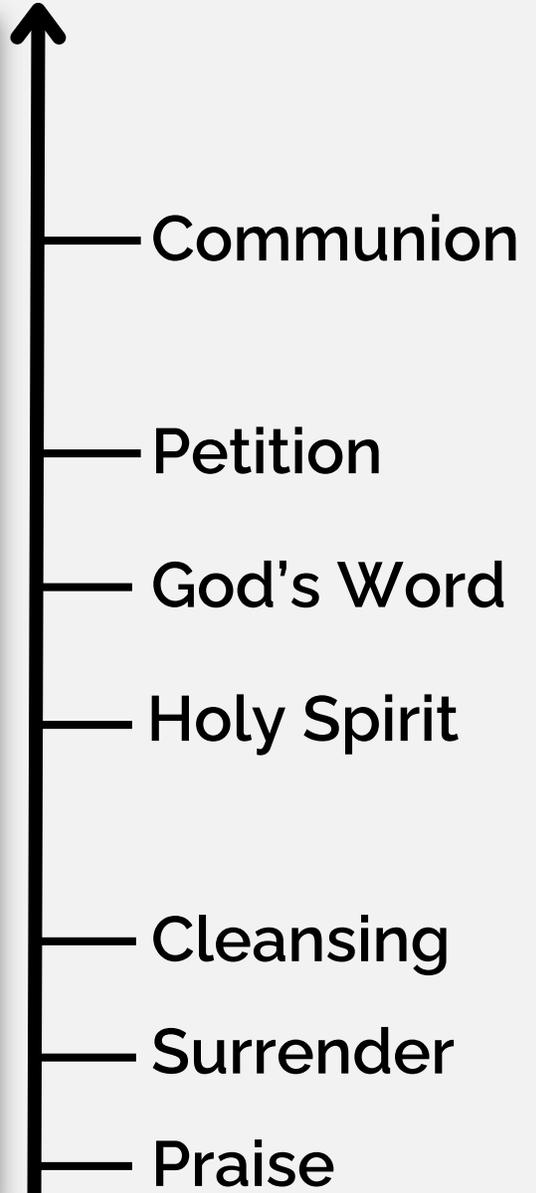
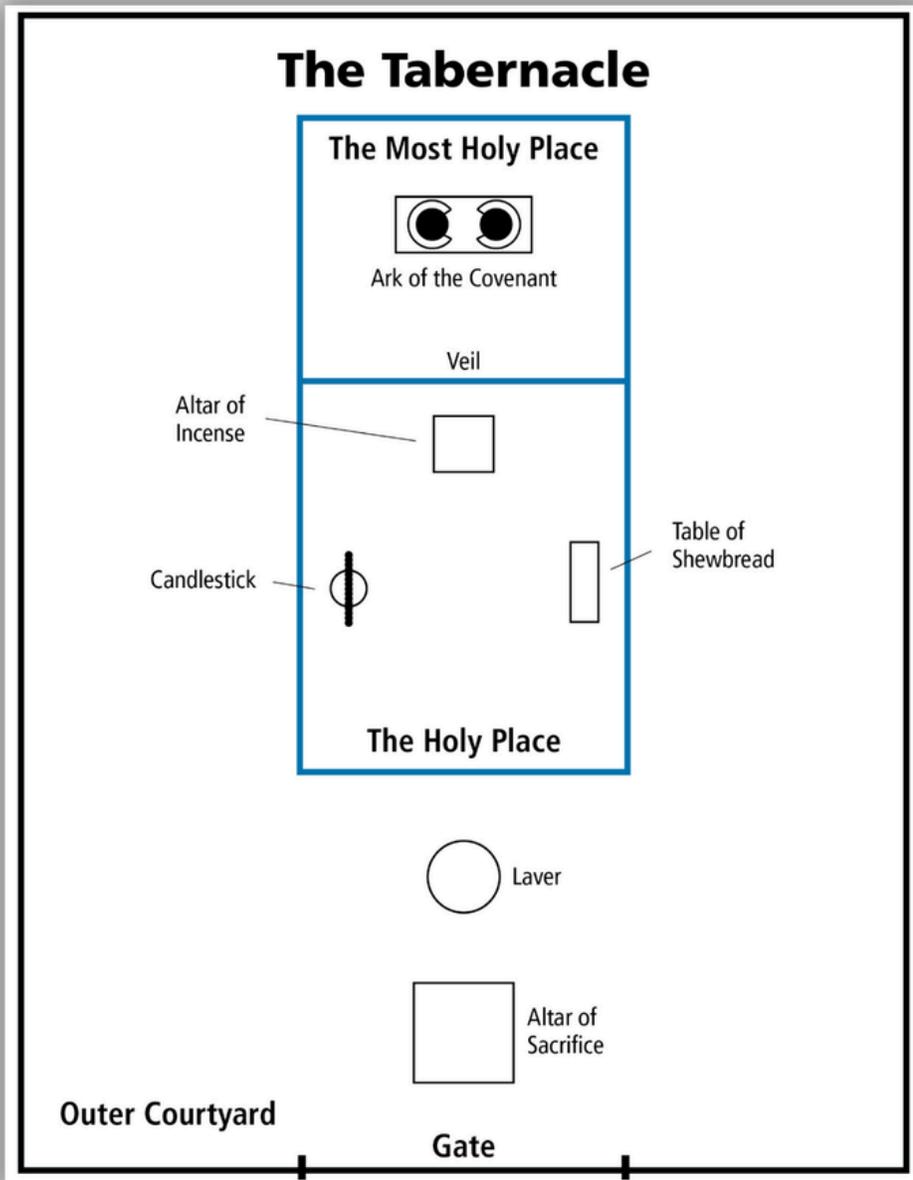
Prayer is one of the most meaningful parts of the Christian life, yet it can also feel challenging. Many wonder: *What should I say? Why do I pray? Am I doing it right?* While entire books have been written on this topic, here's an easy-to-follow pattern from the Bible to help guide your prayer life.



## Prayer Guide

This pattern is inspired by the Old Testament Tabernacle. When priests approached the Holiest Place, they followed a specific path that symbolized a journey deeper into God's presence. As believers, we are all priests before God (*1 Peter 2:9*), and this path can teach us how to connect with Him in prayer.





The pattern includes: **Praise, Surrender, Cleansing, Holy Spirit, God's Word, Petition, and Communion.** Let's explore how each step can deepen your time in prayer.





# Step 1: Praise

## **START WITH GRATITUDE**

Key Verse: “Enter into His gates with thanksgiving, And into His courts with praise. Be thankful to Him, and bless His name.”(Psalm 100:4)

Imagine standing at the entrance of the Tabernacle, ready to meet with God. The first step is to enter with a heart full of gratitude and praise. Thank Him for His blessings and honor Him for who He is. This sets the tone for your prayer and draws you into His presence.



# **Step 2: Surrender and Repentance**

## **LAY YOUR LIFE BEFORE HIM**

Key Verse: “I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.”(Romans 12:1)

Next, the priest would stop at the altar, a place of sacrifice. In prayer, this means offering yourself to God. Your heart, your plans, and your will. It’s also a time to repent and ask God to help you live according to His ways.





# Step 3: Cleansing with the Word

## LET GOD'S WORD WASH YOU

Key Verse: "Christ loved the church and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the word." (Ephesians 5:25-26)

The priest would wash at the laver, a basin of water, to remove impurities. Similarly, we can ask God to cleanse our hearts and minds as we reflect on His Word. The Bible reveals areas where we need His help and reminds us of His promises.



# **Step 4: The Holy Spirit**

## **ASK FOR THE SPIRIT'S GUIDANCE**

Key Verse: “Building yourselves up on your most holy faith, praying in the Holy Spirit,.”  
(Jude 20)

Inside the Holy Place, the priest saw the golden lampstand, fueled by oil to keep its light burning. The oil symbolizes the Holy Spirit. In prayer, ask the Holy Spirit to guide, strengthen, and intercede for you. Even when you don't know what to say, He helps you connect with God.





# Step 5: God's Word as Sustenance

## **BE NOURISHED BY HIS TRUTH**

Key Verse: “Man shall not live by bread alone, but by every word of God.” (Luke 4:4)

The table of showbread in the Holy Place represented God's Word as spiritual nourishment. Reading or recalling Scripture during prayer gives strength and life to your spirit. God's Word sustains us and helps us align our hearts with His will.





## **Step 6: Petitions**

### **PRESENT YOUR REQUESTS TO GOD**

Key Verse: “The smoke of the incense, together with the prayers of God’s people, went up before God.” (Revelation 8:4)

The altar of incense symbolized the prayers of God’s people rising to Him. After offering praise, surrender, and thanksgiving, present your requests to God with confidence. He delights in hearing and answering the prayers of His children.





# Step 7: Communion with God

## ENTER HIS PRESENCE

Key Verse: “We have confidence to enter the Most Holy Place by the blood of Jesus.”  
(Hebrews 10:19)

Finally, the priest entered the Most Holy Place, where God’s presence dwelled. For us, this represents deep communion with God. A time to rest in His love, hear His voice, and enjoy fellowship with Him. This is the ultimate goal of prayer: a closer relationship with our Heavenly Father.



# The Power of Prayer

While this pattern can guide your prayer life, it's not a rigid rule. In times of emergency, celebration, or spontaneous worship, you might skip steps or focus on one part. What matters most is that you connect with God sincerely.

May your prayer life grow richer and deeper as you draw near to God and experience His presence every day.

