



**The Center for
Spiritual Education
and Practice**

-EST. 2026-

Course Syllabus

Usui/Holy Fire® III Reiki Level I

Foundations, Self-Reiki, and Spiritual Practice

Course Overview

Course Provider	The Center for Spiritual Education and Practice
Course Facilitator	Barry Krevokuch, Mhs. M, Usui/Holy Fire® III Reiki Master Teacher
Course #	CSEP-HFR-L1-HYB
Course Format	Hybrid: Online + In-Person
Course Level	Usui/Holy Fire® III Reiki Level I
Course Platform	LearnWorlds
Course Type	Energy & Healing Practices; Non-Clinical Spiritual Education
Course Materials	All course materials available on the LearnWorlds platform, plus one hard copy of the Usui/Holy Fire® III Reiki Master Manual, provided during the in-person portion of the course.

In-Person Placement & Practice

In-Person Course Date: **Sunday, August 30, 2026**

Course Location: 118 N. Main Street | Greensburg, PA 15601

Class Start Time: 10:00am

Class End Time: 12:00pm

Breaks: There are no scheduled breaks; restrooms available when needed.

What to Bring: Journal, Pen/Pencil, Personal refreshments or snacks.

CSEP Will Provide: Small refreshments & a surprise gift for each student.

Additional Instructions: A detailed agenda for the in-person session is provided in Unit 10 of the online course.

Attendance Requirement

Attendance at the scheduled in-person session is required to receive the Usui/Holy Fire® III Reiki Level I Placement. Students who do not attend the in-person session will not receive the Level I Placement and, therefore, will not be eligible to receive the Usui/Holy Fire® III Reiki Level I designation or certificate of completion.

If you are unable to attend your scheduled session due to unforeseen circumstances, please contact contact@SpiritualPittsburgh.com as soon as possible to discuss whether alternative arrangements may be available. Alternative arrangements are made solely at the discretion of The Center for Spiritual Education and Practice, are not guaranteed, and may require the payment of additional fees to cover instructor time, facility costs, or other associated expenses.

Course Description

Usui/Holy Fire® III Reiki Level I introduces students to the foundations of Reiki in a warm, grounded, and spiritually respectful learning environment. This course explores Reiki history, lineage, ethical practice, self-Reiki, spiritual reflection, and personal integration. Students are invited to begin developing a personal relationship with Reiki through reflection, practice, and respectful inquiry.

Level I focuses primarily on self-Reiki, self-awareness, and beginning a steady personal spiritual practice. The course is designed for beginners and supports students in learning at a thoughtful pace while honoring consent, humility, and appropriate boundaries.

Course Learning Objectives

By participating in this course, students will be invited to learn and reflect on the following:

- Understanding Reiki as Universal Life Force Energy
- Understanding the meaning of Rei and Ki
- Learning key Reiki history and lineage
- Understanding Usui Reiki and Holy Fire® III Reiki in a lineage context
- Practicing ethical Reiki language
- Understanding consent, boundaries, and avoiding medical claims
- Beginning self-Reiki practice
- Reflecting on the Reiki principles
- Preparing for Reiki practice with humility, consent, and responsibility

Course Structure

The course is organized into LearnWorlds units. Each unit may include core teaching videos, manual companion readings, printable handouts, reflection prompts, knowledge checks, supplemental videos, worksheets, and practice guides. Students are encouraged to move through the course in order so that each teaching builds naturally on the previous material.

How to Navigate the Course on LearnWorlds:

1. Log into LearnWorlds using your course access information.
2. Open the course dashboard.
3. Begin with Unit 0.
4. Complete activities in order.
5. Watch the core teaching videos.
6. Review printable handouts.
7. Read manual companion materials.
8. Complete knowledge checks.
9. Use reflection prompts for journaling and personal integration.
10. Return to previous materials as needed for review.
11. Contact the facilitator if you experience technical issues or need support navigating the course.

Knowledge checks are not timed unless otherwise stated. They are intended to support learning, reflection, and confidence rather than create pressure.

Course Expectations

Students are expected to participate respectfully, honor confidentiality, and make room for spiritual differences. Each person may move through the online material at their own pace while remaining engaged with required course components. Questions are welcome, and students are encouraged to ask for clarification when needed.

Students are also expected to use ethical Reiki language, avoid medical claims, and practice consent and boundaries in all Reiki-related activities, including touch, no-touch practice, distance Reiki, prayer, intention, and discussion of personal spiritual experiences.

Participation and Completion

Course completion may include online coursework, attendance at the in-person class, review of required materials, completion of knowledge checks, and participation in required experiential components. A certificate of completion may be issued after all stated course requirements are met.

Course completion does not indicate medical licensure, mental health qualification, legal authority, or permission to diagnose, treat, prescribe, or replace licensed care.

Confidentiality and Respect

Personal stories, spiritual experiences, emotional reflections, and sensitive disclosures shared in class should remain private. Students are not required to share trauma, medical history, mental health history, or private spiritual experiences.

Accessibility/Support/Tutoring

Facilitator Contact Information: Barry Krevokuch | contact@SpiritualPittsburgh.com | 412-444-8656

Preferred Contact Method: 1st: Email 2nd: Text

Response Time / Communication Notes: All requests answered within 24 hours

Student Materials

Course materials may include original course content created by The Center for Spiritual Education and Practice, as well as selected third-party, manual-based, lineage-based, or supplemental resources provided for enrolled student educational use.

Original materials created by The Center for Spiritual Education and Practice may include facilitator-created presentations, handouts, worksheets, journaling prompts, practice guides, videos, reflection activities, and course instructions. These original materials are protected by copyright and may not be copied, redistributed, sold, publicly posted, modified, or used to teach others without written permission.

Some course materials, including student manuals, manual companion readings, lineage materials, quotations, images, or supplemental resources, may be owned by other authors, organizations, publishers, or rights holders. These materials remain the intellectual property of their respective owners and are included with attribution, required notices, or other usage information where applicable. Students should review all attribution notices, copyright statements, trademark notices, and usage instructions included with those materials.

Most course materials are provided through the LearnWorlds course platform. If any required hard copy resource is included with this course in addition to the online LearnWorlds materials, students should refer to the Course Overview section at the beginning of this syllabus for details about that item, including whether it is included in the course fee, how it will be distributed, and any replacement or additional cost information.

All course materials are provided for enrolled student educational use only. Enrollment in this course does not transfer ownership rights, copyright rights, trademark rights, teaching rights, reproduction rights, or redistribution rights for any original or third-party course material.

Materials are provided for spiritual education and personal development and are not intended as medical, mental health, legal, or professional advice.

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**DISCLOSURES
&
DISCLAIMERS**

Business and DBA Disclosure

The Center for Spiritual Education and Practice is a DBA/trade name of Shadowhaus Counseling & Holistic Wellness LLC. This course is offered through the spiritual education and holistic learning branch of the business and is separate from clinical counseling, psychotherapy, diagnosis, treatment planning, and mental health services.

Clinical Boundary and Dual Relationship Statement

To protect ethical boundaries, students who are current or former counseling clients of the facilitator or Shadowhaus Counseling & Holistic Wellness LLC should understand that this course is separate from clinical services. Enrollment in this course does not change, replace, or supplement any counseling relationship, treatment plan, clinical documentation, diagnosis, or therapeutic service.

If a potential dual relationship, conflict of interest, or boundary concern arises, the facilitator may discuss appropriate options with the student, which may include declining enrollment, pausing participation, referring the student to another Reiki teacher, or taking other steps to protect ethical boundaries and student welfare.

Continuing Education and Professional Credit Notice

This course is not approved for professional continuing education credit, academic credit, board-approved clinical training, or professional licensure renewal unless explicitly stated in writing. Students who are licensed professionals are responsible for determining whether any portion of this course meets requirements for their own profession, board, employer, or credentialing body.

Course Communication and Privacy

Students should use course communication tools only for course-related questions, learning support, scheduling, and general participation. Students should not submit private medical information, mental health information, trauma details, diagnosis information, or other sensitive clinical information through LearnWorlds or course discussion areas.

Course discussions and reflections are educational in nature and are not part of a medical record, psychotherapy record, counseling chart, or clinical treatment file.

Course Disclaimer

This course is offered for spiritual education, personal development, and holistic learning purposes only. The Center for Spiritual Education and Practice is not representing this course as a state-licensed school, college, university, degree-granting institution, professional licensure program, vocational program, or career-training program.

Participation in this course does not result in state licensure, academic credit, professional licensure, occupational certification, or authorization to practice any licensed profession. Any certificate provided is a certificate of course completion only and reflects participation in this spiritual education course.

This course is not intended to prepare students for entry-level employment in a licensed occupation, skilled trade, regulated profession, or state-approved career pathway. Students are responsible for understanding and

following any laws, regulations, professional standards, or scope-of-practice requirements that may apply to their own personal, spiritual, holistic, or professional activities.

For Pennsylvania-based programs, entities that offer postsecondary entry-level career training may be subject to licensing or registration through the Pennsylvania State Board of Private Licensed Schools. This Reiki course is not being offered as postsecondary career training, occupational licensure preparation, or a state-approved vocational program.

Crisis and Emergency Disclaimer

This course is not monitored as a crisis, emergency, or mental health support service. Students should not use LearnWorlds, course discussion areas, email, text, or course communication tools to seek emergency assistance.

If you are experiencing a medical emergency, mental health crisis, suicidal thoughts, thoughts of harming yourself or others, or immediate safety concerns, call 911, go to the nearest emergency room, or contact 988 for crisis support in the United States.

Ethical Practice Statement

Students are expected to practice Reiki with consent, respect, humility, and appropriate boundaries. Reiki should never be forced, pressured, or presented as guaranteed. Consent applies to touch, no-touch practice, distance Reiki, prayer, intention, and discussion of personal spiritual experiences.

Examples of appropriate language include:

- “Reiki is a spiritual energy practice.”
- “Many people experience Reiki as calming or supportive.”
- “Reiki may support relaxation, reflection, and personal spiritual connection.”
- “Please continue working with your licensed healthcare providers.”

IAOTH Accredited Training Provider

The Center for Spiritual Education and Practice is recognized by the International Association of Therapists (IAOTH) as an Accredited Training Provider. This recognition reflects CSEP’s commitment to structured, ethical, and professional standards in spiritual and holistic education. CSEP was granted Accredited Training Provider status on July 14, 2026, under provider number FR251031.

Important: IAOTH accreditation is a private professional recognition. It does not constitute state licensure, academic accreditation, or approval by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors. Courses offered through CSEP’s spiritual and holistic education branch do not provide Pennsylvania licensing-board continuing education credits or CEUs.

Non-Clinical Role Clarification

Although the facilitator is a Licensed Professional Counselor in Pennsylvania, this course is not counseling, psychotherapy, clinical supervision, mental health treatment, consultation, diagnosis, assessment, or crisis intervention. The facilitator’s role in this course is as a Reiki teacher/facilitator and spiritual education provider, not as the student’s therapist or mental health provider.

Participation in this course does not create a therapist-client relationship, clinical counseling relationship, or professional mental health treatment relationship. Students seeking counseling, psychotherapy, diagnosis, crisis support, or mental health treatment should contact an appropriate licensed provider or emergency resource.

Reiki Practice Disclaimer

“Reiki is a spiritual and holistic energy practice. It is not a substitute for medical care, mental health care, diagnosis, treatment, medication, emergency services, or support from licensed professionals. Students and recipients should consult appropriate licensed providers for medical or mental health concerns.”

This course is offered for spiritual education, personal development, and holistic learning. It does not provide medical advice, mental health advice, legal advice, or professional healthcare instruction.

Safety and Mandated Reporting Notice

Although this course is not counseling or psychotherapy, the facilitator may still have ethical or legal responsibilities if certain safety concerns are disclosed. Confidentiality in this educational setting is limited. If information is shared that suggests abuse, neglect, exploitation, imminent risk of harm, or other reportable safety concerns, the facilitator may need to take appropriate action consistent with applicable law, ethics, and safety responsibilities.

Supplemental Media Disclaimer

From time to time, this course may include links to or embedded videos, articles, websites, or other materials created by independent third parties. These resources are provided solely as optional supplemental educational materials.

Unless expressly stated otherwise, third-party materials are not created, owned, sponsored, endorsed, or controlled by The Center for Spiritual Education and Practice. All copyrights, trademarks, and other intellectual-property rights remain with their respective owners.

The inclusion of a third-party resource does not indicate that CSEP endorses every statement, belief, interpretation, product, service, or claim presented by its creator. Students are encouraged to evaluate supplemental materials critically and compare them with the teachings, ethical standards, and educational framework presented within this course.

Third-party resources may be changed, removed, restricted, or made unavailable by their owners or hosting platforms at any time. CSEP is not responsible for the continued availability, accuracy, accessibility, privacy practices, advertisements, or external content associated with these resources.

Supplemental media is provided for spiritual education and personal development only and is not intended as medical, mental health, legal, or other professional advice.

Touch, No-Touch, and Participation Consent

Some in-person Reiki practice may involve discussion of hand placements or optional hands-on practice. Students may choose hands-on, hands-off, or observation-only participation when appropriate. Consent may be withdrawn at any time. No student is required to give or receive touch-based Reiki practice in order to be treated with respect or included in the learning environment.

Trademark and Attribution Notice

“Holy Fire® is the registered service mark of William Lee Rand.”

Additional manual or lineage materials may include separate attribution or usage notices. Students should review all included manual notices carefully.