






Protect yourself online: Quick checklist

Quick “Don’t Do This” List

-  Don’t reuse passwords across sites
-  Don’t click links in unsolicited emails/texts
-  Don’t download software from shady sites
-  Don’t use public Wi-Fi for banking or shopping
-  Don’t give out passwords, SSN, or codes to unexpected calls/texts

10-Second Safety Checklist

- Password manager installed?
- MFA on email, bank, and social media?
- Auto-updates on for OS and apps?
- Antivirus/anti-malware running?
- Social media privacy settings tightened?

Share this with someone who might need it. One weak habit can put your whole network at risk—including your family and friends.