

Videography Internship Course (60 Hours)

Duration : 20 Days

Internship Time : 3 Hours per Day

Medium : Hindi / Hinglish

Mode : Theory + Practical + Assignment

◆ DAY 1 – Videography Introduction (3 hrs)

- Videography kya hai
- Film, Video & Digital Cinema ka difference
- Types of Videography
- News
- Documentary
- Wedding
- YouTube / Reels
- Career Scope & Income Sources
- Famous Videographers ke kaam
- **Practical : Camera handling demo**

◆ DAY 2 – Camera Basics (3 hrs)

- Camera types (DSLR, Mirrorless, Video Camera, Mobile)
- Sensor size & effect
- Resolution (HD, FHD, 4K)
- Frame rate (24fps, 30fps, 60fps)
- **Practical: Resolution & FPS change practice**

◆ DAY 3 – Exposure Triangle (3 hrs)

- Aperture (f-stop)
- Shutter Speed
- ISO
- Exposure balance
- **Practical : Manual mode shooting**

◆ DAY 4 – Lens Knowledge (3 hrs)

- Prime vs Zoom lens
- Wide, Standard, Telephoto
- Depth of Field
- Lens selection for different shoots
- **Practical : Lens comparison shoot**

◆ DAY 5 – Focus & White Balance (3 hrs)

- Auto Focus vs Manual Focus
- Focus modes
- White Balance types
- Color temperature
- **Practical : Indoor & outdoor WB test**

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◆ DAY 6 – Camera Movement (3 hrs)

- Pan, Tilt
- Zoom in / Zoom out
- Dolly & Truck
- Handheld techniques
- **Practical : Smooth movement practice**

◆ DAY 7 – Composition & Framing (3 hrs)

- Rule of Third
- Headroom & Lead room
- Symmetry & Balance
- Shot sizes (WS, MS, CU)
- **Practical : Framing-based shots**

◆ DAY 8 – Lighting Basics (3 hrs)

- Light types (Natural / Artificial)
- Hard & Soft light
- 3-Point Lighting
- Indoor lighting setup
- **Practical : Interview lighting setup**

◆ DAY 9 – Audio Recording (3 hrs)

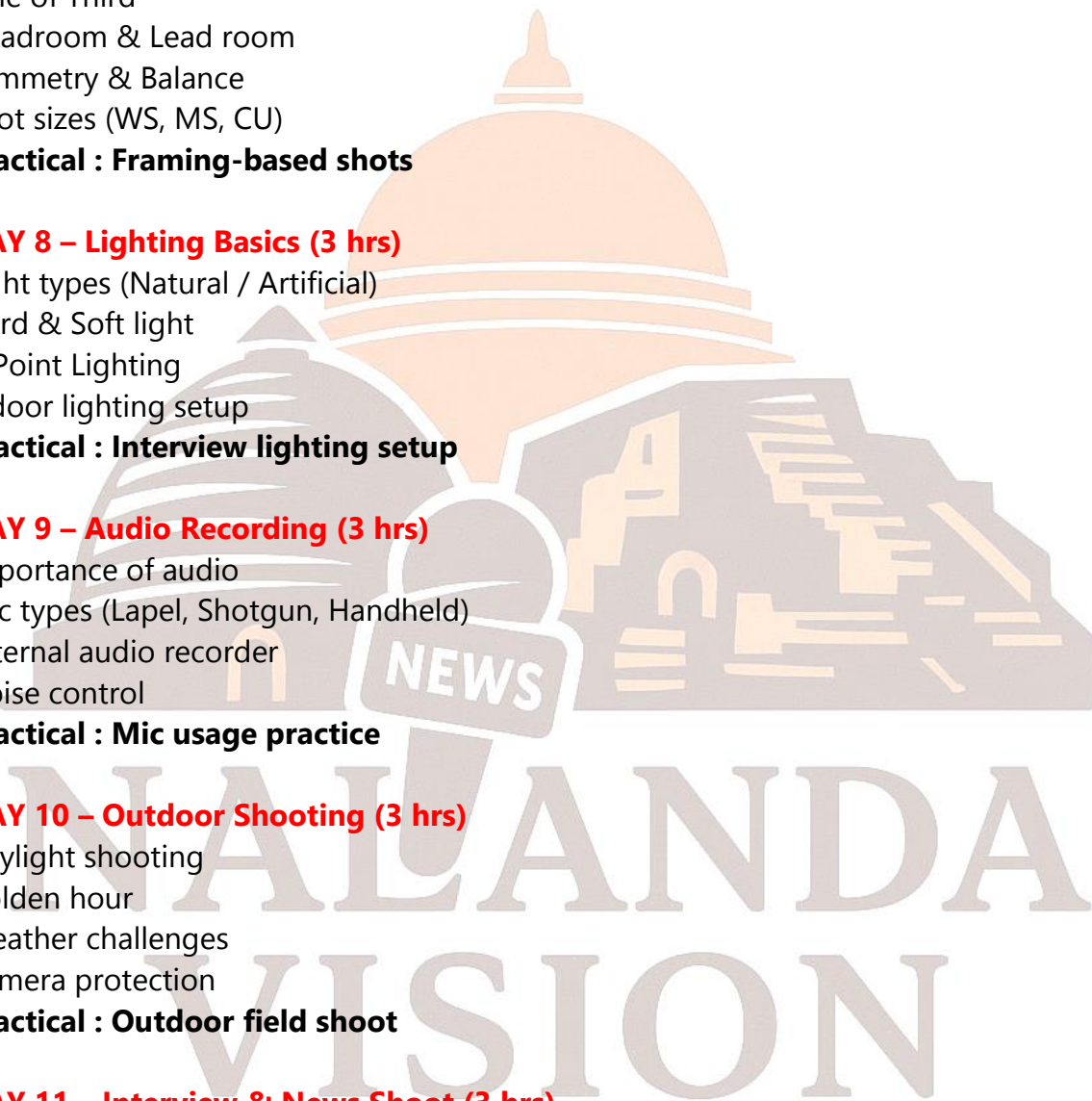
- Importance of audio
- Mic types (Lapel, Shotgun, Handheld)
- External audio recorder
- Noise control
- **Practical : Mic usage practice**

◆ DAY 10 – Outdoor Shooting (3 hrs)

- Daylight shooting
- Golden hour
- Weather challenges
- Camera protection
- **Practical : Outdoor field shoot**

◆ DAY 11 – Interview & News Shoot (3 hrs)

- Interview framing
- Background selection
- News-style shooting
- On-camera interview
- **Practical : Mock interview shoot**



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◆ DAY 12 – Documentary Videography (3 hrs)

- Story research
- Shot planning
- B-roll importance
- Real-life storytelling
- **Practical : Short documentary shoot**

◆ DAY 13 – Event & Wedding Videography (3 hrs)

- Event coverage style
- Entry, rituals & emotions
- Multi-angle shooting
- Crowd handling
- **Practical : Event simulation shoot**

◆ DAY 14 – Mobile Videography (3 hrs)

- Mobile camera settings
- Mobile stabilization
- Vertical video (Reels/Shorts)
- Apps for shooting
- **Practical : Reel shooting**

◆ DAY 15 – Introduction to Video Editing (3 hrs)

- Editing workflow
- Software intro (Premiere Pro / CapCut / DaVinci)
- Import & timeline
- **Practical: Basic editing**

◆ DAY 16 – Editing Tools & Cuts (3 hrs)

- Cut, Trim, Ripple
- Transitions
- Audio sync
- Export settings
- **Practical : Short video edit**

◆ DAY 17 – Color Correction & Grading (3 hrs)

- Color correction vs grading
- LUTs
- Skin tone balance
- Cinematic look
- **Practical : Color grading practice**

◆ DAY 18 – YouTube & Social Media Video (3 hrs)

- YouTube video structure
- Thumbnails basics
- Reels & Shorts strategy

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- Algorithm basics
- **Practical : YouTube-style video**

- ◆ **DAY 19 – Freelancing & Client Work (3 hrs)**
- Client dealing
- Budget & quotation
- Portfolio creation
- Copyright basics
- **Practical: Portfolio discussion**

- ◆ **DAY 20 – Final Project & Evaluation (3 hrs)**
- Final video project
- Presentation
- Review & feedback
- Certificate guidance

COURSE OUTCOME

- ✎ **Professional camera handling**
- ✎ **News, Documentary, Event videography**
- ✎ **Editing & color grading skills**
- ✎ **Freelancing & YouTube readiness**



NALANDA
VISION