

Dear Dr. \_\_\_\_\_,

I am a Hypnotherapist certified by the International Board of Coaches and Practitioners.

Your patient, \_\_\_\_\_ and/or parent/guardian has requested help in the area of \_\_\_\_\_.

Hypnosis is in no way a substitute for conventional medicine. Through hypnosis, one uses the natural faculties of the mind to create a positive attitude and boost the immune system, allowing the client to make the most of any medical help available.

Your signature below allows me to help your patient - through visualization and progressive relaxation, to increase his/her own natural resources.

Thank you,  
Tracy Manning, MHT, MNLP

Doctor \_\_\_\_\_

Patient \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_