

KID'S HIKING ACTIVITY SHEET

Bring this fun activity sheet on your next family hike to keep kids engaged, curious, and excited on the trail!

Nature Scavenger Hunt

Check off each item as you find it:

- A leaf bigger than your hand
- A smooth rock
- A bird or butterfly
- A fallen pinecone or acorn
- Something that smells good
- Something shaped like a heart
- A tree taller than the others
- A plant with tiny leaves

I Spy on the Trail

Take turns spotting things you see:

- I spy something **green**
- I spy something **moving**
- I spy something **rough**
- I spy something **quiet**
- I spy something **tiny**



Wildlife Watch

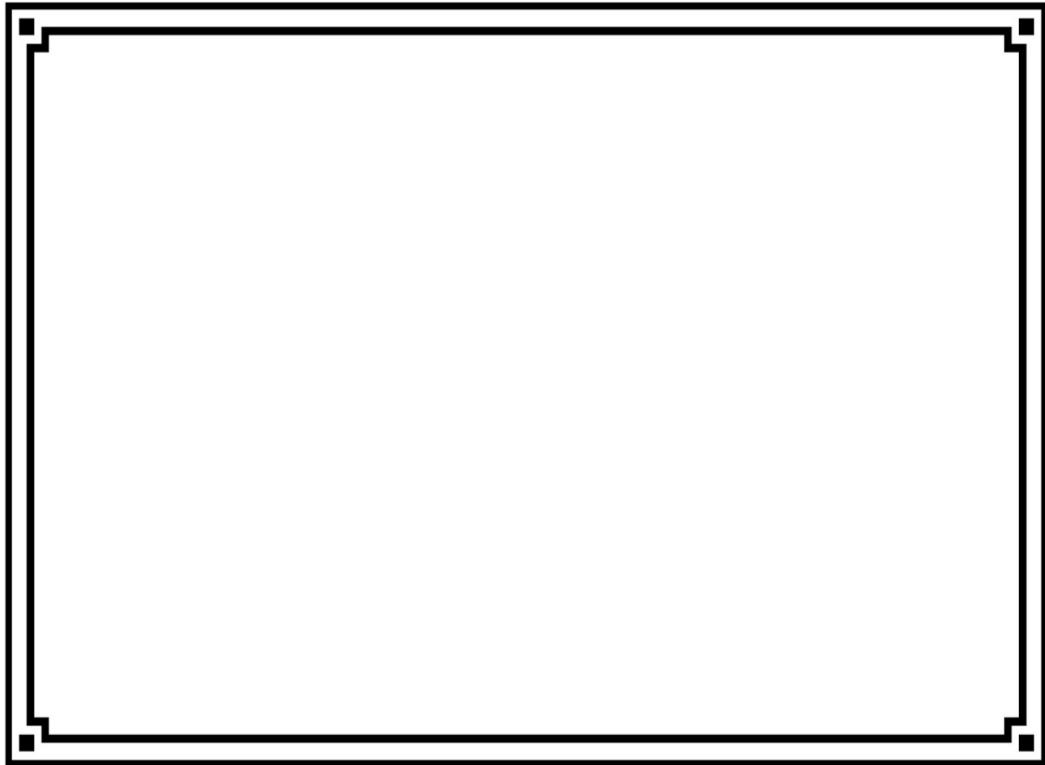
Circle what you spot today:

- Bird
- Butterfly
- Squirrel
- Lizard
- Ants
- Animal tracks
- Spider web



Draw What You See

Draw your favorite thing you see on the trail today:





Trail Challenges

Complete these challenges during your hike:

- Walk quietly for 1 minute
- Count 10 different plants
- Take 20 steps without stopping
- Spot a trail marker
- Take a deep breath and listen to nature

★ My Hiking Adventure

- Trail Name: _____
- Date: _____
- Weather: _____
- Best Part of the Hike: _____

